



## Sept 2024

*The INTERCOM is the RMR family's newsletter, which originally started as "The Bugler" in 1914 on the troopship carrying the 14th Bn (RMR) overseas. Censorship quickly squashed the initiative, but the RMR tried again in 1916 with "The Growler" (which was also squashed!).*

*In WW2 the RMR had two battalions, one overseas from 1939-45, and a Home unit stationed in Westmount. In an effort to boost morale and keep the lines of communication open between the two battalions, the "Intercomn" ("n" intentional) was born.*

*The current "Intercom" (masthead from above is from the 1950's) is published monthly and is intended to keep the friends & family of the Regiment up to speed with the accomplishments of the current serving members of the Regiment and all affiliated organizations.*



*The RMR's Commanding Officer, Lieutenant-Colonel Maciej Jonasz presenting Her Worship Christina Smith the Regiment's annual rent payment as part of the Westmount Family Day celebrations. The mayor was accompanied by her council to receive the payment.*

Greetings,

The RMR Family is getting back into the swing of things now that September is here. The summer individual training cycle has been wrapped up and now the collective training cycle of exercises and training begins anew. In two weeks the unit will be welcomed by Honorary-Colonel David Bensadoun to his property in Potton for a "Call to Arms" exercise featuring a challenging forced march circuit that will culminate in a BBQ. Nothing like some good food and refreshments to make the pain of the marching subside!

Speaking of which, next week will be the annual 'RMR Army Run' being held on the

banks of the Lachine Canal. Members of the serving battalion will join Cadets from our affiliated units for this fitness challenge, and again a lunch & refreshments will be served afterwards as a reward for those who have pushed themselves.

Yesterday was the annual Branch 14 (RMR Association) 'Smoker' (reunion BBQ) held at the Kahnawake Marina. Despite the threatening weather, attendance was strong, with more than 50 people from the RMR Family in attendance. Members of the serving battalion, affiliated Cadet unit officers, veterans, and many members of Branch 14 made it a success. Thanks again to Comrade Sue Guerin, President of Branch 14, and her band of volunteers who put such energy and drive into producing another memorable event. Photos and a write-up will be featured in next month's Intercom.

**Update on the RSM Mitchell medals:** They are safely back in Canada and have been delivered to the RMR Museum. After evaluating their condition it was decided to have the ribbons replaced to ensure that the medals will be displayed at the high standards expected by RSM Mitchell. Once they are refurbished in the coming weeks, the medals will be on display in the RMR Museum as part of the permanent exhibit - stop on by and check them out!

The RMR Museum is planning a temporary exhibition for this year's Remembrance Week which will focus on the Battle of Leopold Canal as part of the Liberation of Europe 80 years ago. Details will be announced this month.

On behalf of Honorary Colonel David Bensadoun, Honorary Lieutenant-Colonel Isabelle Racicot, the Regiment's Commanding Officer, Lieutenant-Colonel Maciej Jonasz, and the Regimental Sergeant-Major, Chief Warrant Officer James Quesnel, please accept our continued best wishes.

*Honi Soit Qui Mal Y Pense.*



LCol (ret'd) Colin Robinson, CD  
Editor, Intercom

## Article from the past month:



## TENTS, TACTICS, TASTY MEALS: LESSONS IN LEADERSHIP FROM THE HONORARY COLONEL

Congratulations to Cadet Master-Corporal Abdullaev, who has been honoured as the Top Cadet in the Cyber Safety and Security Team Leader (CSSTL) course. This

recognition highlights Abdullaev's exceptional aptitude and leadership in the field of cybersecurity, a crucial area in today's digital landscape. She is a member of one of the Regiment's affiliated Cadet units: RCACC # 2806 Pointe-Claire (RMR).

The CSSTL course is a challenging program aimed at developing the skills necessary to defend against cyber threats. This achievement is a significant milestone in Cadet Master-Corporal Abdullaev's journey and reflects the Cadet movement's dedication to nurturing future leaders. The accomplishment of being named Top Cadet is a proud moment for the regimental family and serves as an inspiration to other cadets to pursue excellence in their training.

## About the RMR Foundation



Foundation

The RMR Foundation is a non-profit incorporated body with charitable status, designed to

*"Serve the best interests of The Royal Montreal Regiment and accept such tasks designated by the Trustees to help any member body of the Regimental Family."*

Donations help with providing emergency financial assistance to RMR soldiers identified by the chain of command, and providing relief to veterans of the RMR.

Beyond direct veteran support, the RMR Foundation provides assistance for the needs of the RMR family, advises on request, the CO of the RMR or any of its affiliated units, promotes the role of the Reserve Forces within the Canadian Armed Forces and the Regiment's affiliated municipalities, lobbies for the promotion of a more effective

Canadian Defence Force, funds the operation of the RMR Museum's annual exhibitions, and supports the ***Je Me Souviens*** education program providing free materials to supplement Quebec's curriculum.

**[Please DONATE to support the RMR Family](#)**

Tax receipts issued automatically.

Charitable BN: 891421844RR0001

**[royalmontrealregiment.com](http://royalmontrealregiment.com)**



Fondation RMR Foundation | 4625 Ste-Catherine Street West | Westmount, QC H3Z 1S4 CA

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!