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**June
2019**



The Royal Montreal Regiment Foundation
4625 Ste-Catherine Street West
Westmount, Quebec H3Z 1S4
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Fondation RMR Foundation



RMR soldiers preparing sandbag defences against rising flood waters

The INTERCOM

The INTERCOM is the RMR family's newsletter, which originally started as "The Bugler" in 1914 on the troopship carrying the 14th Bn (RMR) overseas. Censorship quickly squashed the initiative, but the RMR tried again in 1916 with "The Growler" (which was also squashed!).

In WW2 the RMR had two battalions, one overseas from 1939-45, and a Home unit stationed in Westmount. In an effort to boost morale and keep the lines of communication open between the two battalions, the "Intercom" ("n" intentional) was born.

The current "Intercom" is published monthly and is intended to keep the friends & family of the Regiment up to speed with the accomplishments of the current serving members of the Regiment and all affiliated organizations.

Greetings,

May was another busy month for the Regiment (and our affiliated cadet units) as the training year wound down with the customary awards, trophies, and promotions being presented to deserving members. Due to the flood relief operations (Op LENTUS), the Commander of 2nd Division cancelled all public ceremonial activities, which meant that the RMR had to forego our annual church parade at Saint Matthias. The battalion review was still held within the armoury, and you can read about all the awards, promotions, and trophies (and much more!) below.

A lot more was going on in May than had time to be recorded and reported upon in the Intercom: Westmount Family Day, deployments, cadet annual inspections, top honours on BMQ courses, and more. You will be able to read about them in the next issue of the Intercom.

The RMR Association has announced two important dates for you to take note of (pricing & ticket availability to be communicated this summer), both activities are open to all ranks and all members of the extended RMR family:

1. RMR Smoker: Saturday 31 August 2019 at Kahnawake Marina

2. RMR Association 100th Anniversary Ball: Saturday 12 October 2019 at the armoury

Please take a moment to read this selection of the accomplishments & news of the RMR Family over the past month that are shown below. As well, please take a few moments to think of or utter a prayer for deployed RMR members and those of our extended regimental family who are battling illness or disease.

On behalf of Honorary Colonel Andrew Molson, the Regiment's Commanding Officer, Lieutenant-Colonel John Shone, and the Regimental Sergeant-Major, Master-Warrant Officer Stephen Leroux, please accept our continued best wishes.

Honi Soit Qui Mal Y Pense.

A handwritten signature in black ink, appearing to read 'Colin Robinson', with a large, sweeping flourish underneath.

LCol (ret'd) Colin Robinson, CD
Honorary Lieutenant-Colonel
The Royal Montreal Regiment



Day in the Life of an RMR soldier helping Canadians

Flood relief operations

Westmount, Quebec - 10 May 2019: MCpl Laurent Ene was one of the RMR soldiers deployed on Op LENTUS, the flood relief operations to help out damaged municipalities. He and others such as Master-Corporal Cordeiro and Corporal Doughty sent a series of situation reports (SITREP) back to the unit in order to keep them up to date, and it provides an interesting look into the lives of RMR soldiers deployed on domestic operations, supporting and protecting their fellow Canadians.

[To read the full diary and view all the images, click here](#)



RMR ETHOS EXPLAINED

Open letter from Captain Alan Vincent

Westmount, Quebec - 28 May 2019: The Commanding Officer of The Royal Montreal Regiment, Lieutenant-Colonel John Shone, has requested that this letter from the outgoing Officer Commanding Bravo Company, Captain Alan Vincent, be published as it is a good summary of the ethos and values that make up the RMR.

[Read the letter here](#)



MND VISITS RMR'S IN UKRAINE

Second visit to RMR's in a month, people are beginning to talk...

Westmount, Quebec - 29 May 2019: Canada's Minister of National Defence visited the five RMR's currently serving on Operation UNIFIER in the Ukraine on 21 May 2019. The photo of them holding the RMR camp flag was taken in Desna, Ukraine.

[Read more about the visit here](#)



2806 POINTE-CLAIRE'S ANNUAL REVIEW

And change of command between Captains Simon & Thomas

Westmount, Quebec - 28 May 2019: The cadets of the RMR's affiliated cadet corps in Pointe-Claire held their Annual Cadet Review outside last Saturday 25 May 2019, and they also used the occasion for a change of command ceremony between Captains Eric Simon and Kim Thomas.

[See the pictures of the award winners here](#)



FIVE COMMAND TEAM COINS AWARDED

For service above & beyond the call of duty

Westmount, Quebec - 09 May 2019: As part of the RMR's battalion review parade held at the armoury on Sunday 05 May 2019, five deserving leaders were presented with the Command Team's challenge coin. The citations can be read in the article on the RMR website ([link below](#)).

[Read the individual commendations here](#)



MCPL LOEVEN CHOSEN AS RMR'S 'BEST SOLDIER'

Earns the McKean Trophy

Westmount, Quebec - 09 May 2019: THE CAPTAIN G.B. MCKEAN, VC, MC, MM TROPHY (BEST SOLDIER) award is given to the most deserving soldier who displayed the best attendance, technical ability, leadership potential, relations with peers and superiors, dress, and the extent to which he/she embodies the Regimental spirit. The Regiment's Commanding Officer, Lieutenant-Colonel Shone, and the Regimental Sergeant-Major, Master Warrant Officer Leroux, were pleased to announce at the Regiment's battalion review parade held on 05 May 2019 that Master-Corporal Alexander Loeven had earned the McKean Trophy for the 2018-19 training year.

[Read more about the award here](#)



PRIVATE HIPSON WINS THE "RIENDEAU REWARD"

RMR hockey team VIP for 2018-19 season

Westmount, Quebec - 10 May 2019: THE RIENDEAU REWARD trophy is awarded to the RMR Hockey Team's Most Valuable Player. The Regiment's Commanding Officer, Lieutenant-Colonel Shone, and the Regimental Sergeant-Major, Master Warrant Officer Leroux, were pleased to announce at the Regiment's battalion review parade held on 05 May 2019 that Private Ryan Michael Hipson had earned the Riendeau Reward trophy for the 2018-19 training year.

[Read more about the award here](#)



PROMOTIONS AT THE RMR

Mess bells were rung: a Lieutenant, six Master-Corporals and four Corporals!

Westmount, Quebec - 10 May 2019: The Regiment's Commanding Officer, Lieutenant-Colonel Shone promoted a Lieutenant, six Master-Corporals and four Corporals at the Regiment's battalion review parade held on 05 May 2019. Busy day for bell rings!

[See the pictures of all the promotions here](#)



CAPTAIN HOULE EARNs BRIGADE COMMANDER'S COMMENDATION

Reorganized the RMR's administration into a smoothly functioning cell

Westmount, Quebec - 09 May 2019: As part of the RMR's battalion review parade held at the armoury on Sunday 05 May 2019, the Adjutant was presented with the 34th Canadian Brigade Group Commander's Commendation. The citation can be read in the article on the RMR website (link below) .

[Read the commendations here](#)



CANADIAN FORCES DECORATIONS

CD1 (McNair) and CD2 (Robinson)

Westmount, Quebec - 10 May 2019: The Regiment's Commanding Officer, Lieutenant-Colonel Shone presented two Canadian Forces Decorations at the Regiment's battalion review parade held on 05 May 2019. The Canadian Forces' Decoration is awarded to officers and Non-Commissioned Members of the Canadian Forces who have completed twelve years of service. The decoration is awarded to all ranks, who have a good record of conduct.

[Read more about the decoration here](#)



Trophy is named after Major (ret'd) Paul Barre, pictured circa 2003 holding a pith helmet signed by his uncle, Major Hercule Barre, in 1914. Serving in the Regiment is a family affair!

BARRÉ TROPHY AWARDED TO PRIVATE ELLI CRUZ

Top recruit for 2018-19 training year

Westmount, Quebec - 09 May 2019: The Major P.H. Barré, ED, C ST S Trophy (TOP RECRUIT) award is given to the most deserving soldier who received the highest ranking on his/her Basic Military Qualification / Soldier Qualification course, and the Regiment's Commanding Officer, Lieutenant-Colonel Shone, and the Regimental Sergeant-Major, Master Warrant Officer Leroux, were pleased to announce at the Regiment's battalion review parade held on 05 May 2019, that Private Elli Cruz had earned the Barré Trophy for the 2018-19 training year. **No photo of the award being presented is available as Private Cruz was deployed on Op LENTUS as part of the flood relief operations.** He will be presented with the trophy at a later date.

[Read the commendation here](#)



MND VISITS RMR'S DEPLOYED ON FLOOD RELIEF

Left to right: Corporal Doughty, the Honourable Harjit Singh Sajjan, and Corporal Giraldo.



THREEPEAT FOR WO ANCTIL!

Wins the Colonel Trent Cup for a third time in a row

Westmount, Quebec - 10 May 2019: The Regiment's Commanding Officer, Lieutenant-Colonel Shone, and the Regimental Sergeant-Major, Master Warrant Officer Leroux, were pleased to announce at the Regiment's battalion review parade held on 05 May 2019 that Warrant Officer Andrew Anctil had earned the Colonel Trent Cup for the 2018-19 training year - the third year in a row!

[Read the commendation here](#)



MCPL COWLING WINS THE "SOLDIER TROPHY"

Trophy donated by two former Regular Force Support Staff to the RMR

Westmount, Quebec - 10 May 2019: THE SOLDIER TROPHY (MOST IMPROVED SOLDIER) award is given to the most deserving soldier who made great improvements in attendance, fitness, professional competence, dress, drill, and discipline. The Regiment's Commanding Officer, Lieutenant-Colonel Shone, and the Regimental Sergeant-Major, Master Warrant Officer Leroux, were pleased to announce at the Regiment's battalion review parade held on 05 May 2019 that Master-Corporal Kevin Cowling had earned the Soldier Trophy for the 2018-19 training year.

[Read more about the award here](#)

Contact

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"Serve the best interests of The Royal Montreal Regiment and accept such tasks designated by the Trustees to help any member body of the Regimental Family."

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