



R.M.R. INTERCOM

May 2024

The INTERCOM is the RMR family's newsletter, which originally started as "The Bugler" in 1914 on the troopship carrying the 14th Bn (RMR) overseas. Censorship quickly squashed the initiative, but the RMR tried again in 1916 with "The Growler" (which was also squashed!).

In WW2 the RMR had two battalions, one overseas from 1939-45, and a second 'Home' unit stationed in Westmount. In an effort to boost morale and keep the lines of communication open between the two battalions, the "Intercomn" ("n" intentional) was born.

The current "Intercom" (the masthead is from the the 1950's) is published monthly and is intended to keep the friends & family of the Regiment up to speed with the accomplishments of the current serving members of the Regiment and all affiliated organizations.



Comrade Georges Gohier (left) representing the Branch 14 (RMR Association) at the Canadian Citizenship Ceremony held 23 April 2024 at the RMR, along with other dignitaries like Terry Young, Knowledge Keeper, Anna Gainey, Member of Parliament for Notre-Dame-de-Grâce – Westmount, and Christina Smith, Mayor of Westmount. Photo credit: Colin Robinson.

Greetings,

What a month April was! There was a Cadet mess dinner, the Warrant Officers & Sergeant's Mess dinner, and there was the Junior Ranks Club mess dinner - and there were promotions, appointments, a citizenship ceremony hosted at the RMR's armoury by Branch 14 (RMR Association) and some great training, too - lots to read about below.

Sign of the times: Back in the stone age when I joined the Cadets we were practising old fashioned things like orienteering, fieldcraft, and marksmanship. While the Cadets still train on these important skills as they develop the next generation of Canadian leaders, they've added a very modern twist: Cybersecurity. There's an excellent article below about 'Maple Defender', a cyber competition for Cadets.

May will prove to be an equally busy month. Please join the RMR at our Church Parade on Sunday 05 May 2024 (Saint Matthias), immediately followed by the Battalion Review which starts at noon. Branch 14 (RMR Association) will be hosting their annual Honours & Awards night on Friday 24 May 2024, and they will also be taking part in the Last Post parade on Sunday 26 May 2024. Most of the RMR's affiliated Cadet units will also be holding their Annual Cadet Review parades this month, as well. And the Individual Training cycle begins, with soldiers and Cadets heading off to summer training in various military installations across the country. We wish them all well and remind them that the **RMR sets the standard** - work hard and make us proud!

There is a large collection of stories below. Please take a moment to read this selection of the accomplishments & news of the RMR Family over the past month that are shown below. As well, please take a few moments to think of or utter a prayer for deployed RMR members and those of our extended regimental family who are battling illness or disease.

On behalf of Honorary Lieutenant-Colonel David Bensadoun, the Commanding Officer, Lieutenant-Colonel Maciej Jonasz, and the Regimental Sergeant-Major, Master-Warrant Officer James Quesnel, please accept our continued best wishes.

Honi Soit Qui Mal Y Pense.



LCol (ret'd) Colin Robinson, CD
Editor

Articles from the past month:



Canadian Forces Decoration for WO Carson

Westmount, Quebec - 09 April 2024: The RMR's Commanding Officer, Lieutenant-

Colonel Jonasz presented the Canadian Forces Decorations to Warrant Officer Jonathan Carson on the 107th anniversary of the Battle of Vimy Ridge. Fittingly, the presentation was conducted in front of the RMR's memorial tablet which is dedicated to the regiment's fallen.



FIRST EXPEDITION

Pointe-Claire, Quebec – 02 April 2024:
Please take a moment to read the article posted by C/WO Haowen Lu retelling his experience during a five-day expedition in Mont-Valin that he completed during the March break week.

The article is posted below but is better read in the [original web blog format](#) which includes many photos. Five-days of tough slogging through the snow, up & down mountains, sleeping outside without a tent or shelter, this story has it all!

You can [read the entire story here..](#)



Branch 14 (RMR Association) Hosts Citizenship Ceremony

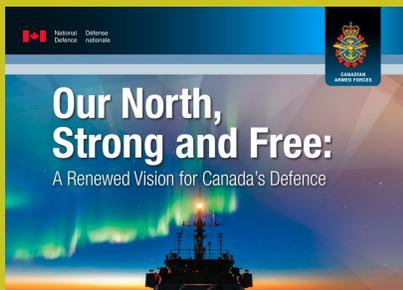
Westmount, Quebec – 24 April 2024: Branch 14 (RMR Association) of the Royal Canadian Legion was honored to host a Canadian Citizenship Ceremony on 23 April 2024. This event took place at the regiment's armoury, located at 4625 Ste-Catherine Street West, Westmount, Quebec. The ceremony occurred on the parade square and began at 11h00 sharp. The RMR Museum was open for tours before and after the ceremony and there was a long queue to enter, as the new Canadians were quite curious to learn more about the sacrifices made by soldiers like those of the RMR in making Canada what it is today.

[Read the full article and see more photos here](#)



Appointment to Master-Corporal

Westmount, Quebec – 22 April 2024: On Sunday 08 April 2024, the RMR's Commanding Officer, Lieutenant-Colonel Jonasz, appointed Corporal Lapore to Master-Corporal at the RMR's armoury at the end of the Infantry Basic Machine Gun (IBMG) course that the RMR are running on behalf of the 34th Brigade Battle School.



Updated Defence Policy

Westmount, Quebec – 17 April 2024: The government of Canada released a policy document titled "Our North, Strong and Free." Canada's government is promising a historic investment of \$73 billion over the next 20 years to modernize the Canadian Armed Forces and reinforce its defence infrastructure.



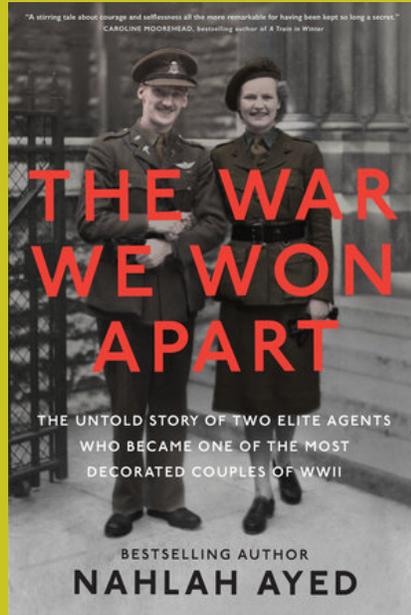
RCACC 2806 POINTE-CLAIRE COMPETES IN 'MAPLE DEFENDER' CYBER COMPETITION

Pointe-Claire, Quebec – 02 April 2024: On Saturday 23 March 2024, RCACC 2806 Pointe-Claire's cyber team competed in Maple Defender, a dynamic competition designed to engage and challenge cadets in the cyber realm and to cultivate the next generation of digital guardians.

Maple Defender is a national cadet competition where cadets working as a team were

tasked with using a virtual operating windows system to find and fix cybersecurity vulnerabilities within a four-hour time-limit. Our cadets performed tasks like installing updates, verifying authorized users, and enforcing password policies. This was the first time the corps has competed in a cyber challenge. At the competition's closing ceremony our team was presented with the Cyber Spirit Award and two of our cadets were recognized for their hard work and contributions during the challenge. Congratulations to 2806 team's Most Valuable Player, Corporal Abdullaev and their Cyber Sapling Award recipient Cadet Bernier.

[Read the full story here](#)



Tuesday 04 June 2024

COURTESY ANNOUNCEMENT – For the Atwater Library Lunchtime Series, Nahlah Ayed is discussing her new book *The War We Won Apart: The Untold Story of Two Elite Agents Who Became One of the Most Decorated Couples of WWII* in conversation with journalist Julian Sher.

To REGISTER and get the Zoom link, click here, fill out and submit the form.

No need to register for in-person attendance; it's first come, first seated. *Everyone is welcome and admission is free.*

You can **learn more about the story here.**

About the RMR Foundation



The RMR Foundation is a non-profit incorporated body with charitable status, designed to

"Serve the best interests of The Royal Montreal Regiment and accept such tasks designated by the Trustees to help any member body of the Regimental Family."

Donations help with providing emergency financial assistance to RMR soldiers identified by the chain of command, and providing relief to veterans of the RMR.

Beyond direct veteran support, the RMR Foundation provides assistance for the needs of the RMR family, advises on request, the CO of the RMR or any of its affiliated units, promotes the role of the Reserve Forces within the Canadian Armed Forces and the Regiment's affiliated municipalities, lobbies for the promotion of a more effective

Canadian Defence Force, funds the operation of the RMR Museum's annual exhibitions, and supports the *Je Me Souviens* education program providing free materials to supplement Quebec's curriculum.

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