

2024: Year in Review

The Royal Montreal Regiment



Fondation RMR Foundation



31 December 2024

Greetings,

The end of the year is always a good time to reflect upon what has been accomplished in the previous year, as well as to evaluate the predictions of what would come. Given what happened in 2024 (Donald Trump's decisive election results, North Korean soldiers fighting in Ukraine, Taylor Swift's economic impact on Canada, Japan landing on the moon, Syria finally imploding, Hezbollah cell/pager service dramatically affected... etc.), I would be a fool to try and predict what will happen in 2025, so I will focus on what happened with the RMR family in 2024!

One thing that I can predict with certainty is that 2025 will be the 100th anniversary of the RMR's armoury being constructed. Watch this space for commemorative activities.

I am abusing my role as your Intercom editor to shamelessly plug a new podcast ([The Rum Ration Podcast](#)) that I have started with another former RMR comrade, Rejoy Chatterjee. We are heavily influenced by the RMR's history & culture and you can expect episodes that discuss the human aspect of warfare, often using the First World War as the benchmark for the evolution of weapons, tactics, strategy, and leadership. Topics will vary but will always bring in the aspects that your average soldier, sailor, and aviator had to endure when giving their all for their cause. If you're wondering about the name, [Rum Ration](#) is a nod to the RMR's official Regimental drink: dark rum.

Thankfully 2024 was as much a 'regular' a year for the RMR in peacetime as one could hope for. Customary events like Levée, Church Parade, and Remembrance Day parades all occurred. Collective and individual training continued apace. The Regiment still deals with the fact that producing such talented leaders means that inevitably they will be siphoned off by the demands of the full-time military, which means that the RMR has to struggle to operate. The circle of Reserve Army life?

As you scroll through this edition of the 'Year in Review' for 2024 you will read many 'ordinary' stories that are still the triumph of leadership, despite appearing as 'ordinary'. Each exercise, social event, parade, or regimental gathering still took

someone to 'seek and accept responsibility' - the very military definition of leadership - by raising their hand and saying "I will take care of it." After all, these things don't happen automatically, do they?

As we enter our 111th year of service to Canada, please take a few moments to think of or utter a prayer for deployed RMR members and those of our regimental family who are battling illness or disease. We have seen many RMR's deployed in 2024 to help counter Russian aggression, and there are many more preparing to deploy in 2025 - please keep them in your thoughts.

On behalf of the Honorary Colonel, David Bensadoun, and the Honorary Lieutenant-Colonel, Isabel Racicot, as well as the Regiment's Commanding Officer, Lieutenant-Colonel Maciej Jonasz, and the Regimental Sergeant-Major, Chief-Warrant Officer James Quesnel, please accept our best wishes for a Happy New Year.

Sadly, family commitments will prevent me from seeing you tomorrow at Levée, but I look forward to seeing you soon in 2025!

Honi Soit Qui Mal Y Pense.



LCol (ret'd) Colin Robinson, CD
Editor, The Intercom

Enjoy this collection of stories from 2024!

Rum Ration Podcast

Two passionate amateur military historians who both served in the RMR, Rejoy Chatterjee and Colin Robinson have a shared love and admiration of the camaraderie and selflessness of combatants the world over, and are eager to bring to life the stories of ordinary folks who achieved the extraordinary.

[Episodes here](#)



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First Aid Training

Early in 2024, the serving battalion conducted its annual First-Aid refresher training right within the historic walls of its own armoury on Ste-Catherine Street. This vital training ensures that our members are equipped with the necessary skills to respond effectively in emergencies, both on and off the battlefield.

Citizenship Ceremony

In February 2024, 588 Eric Simms Squadron hosted the first of two citizenship ceremonies held by entities from the RMR Family.

[View More](#)



"Visitor of the Year"

On 25 January 2024, in a dignified but lighthearted ceremony held within the armoury, the RMR Museum presented their "Visitor of the Year Award" to Corporal Marcel Likeng who was the most frequent visitor throughout 2023.

[View More](#)



Polish Scouts visit RMR, tour armoury & museum

On 23 February 2024, a group of scouts from the Polish Scouts Association visited the RMR today. They were given a tour of the Officers' and NCO's messes and learned about the RMR – our work and our history. Afterwards, they were split into two groups with one group given a tour of the Museum by Ron Zemancik and the other an introduction to SATS under the supervision of Cpl Yeoung and Cpl Calixte. The scouts enjoyed the visit enough that their leader was keen to develop a deeper relationship with the RMR family through cooperation with our affiliated Cadet corps.



Annual Cadet Games

On Saturday, January 20, 2024, all of the four RMR affiliated cadet units joined over 200 cadets from 15 different cadet corps and squadrons from the western half of Montreal competed against one another in this year's Cadet Games



Second Citizenship Ceremony

Branch 14 (RMR Association) of the Royal Canadian Legion was honored to host a Canadian Citizenship Ceremony on 23 April 2024 at the regiment's armoury. The museum was open and the Mayor of Westmount was present for the ceremony.

RIP: Comrade Les Newman

Les Newman, a longtime active member of RMR Association (Branch 14), Royal Canadian Legion, died on 13 February 2024.

A memorial service and tribute ceremony was held in his honour in May 2024 as part of the Branch 14 Honours & Awards evening.

[Read More](#)



Church Parade at St. Matthias

On Sunday morning 05 May 2024, the RMR, along with Branch 14 (RMR Association) and the affiliated Cadet units, marched in a steady rain to their regimental church, Saint Matthias, for their annual tradition.

[View More](#)



EX IRON BOOT 2024

01 May 2024: Over the weekend, the Royal Montreal Regiment took part in EX IRON BOOT, a demanding field exercise simulating a daring raid behind enemy lines. The scenario involved neutralizing remnants of a defeated enemy force. B Company was tasked with infiltrating and dismantling an enemy command and control (C2) defended by RMR's Depot Platoon, setting the stage for an upcoming major offensive.

The exercise also highlighted the Depot Platoon. The new recruits demonstrated significant motivation and readiness, particularly in their individual tasks and collective training. Their performance suggests they are well-prepared for upcoming career courses, whether it be the DP1 for soldiers or Phase 2 for the officers. Their conduct throughout the exercise shows promise for their continued development.



MCpl Mai Thanked for Volunteering

In this photo, Master-Corporal Mai is receiving the RMR gift box for his voluntary service during the live-fire range exercise held in Valcartier from 22-24 March 2024. Master-Corporal Mai was serving full-time in Valcartier as he prepared to deploy to Latvia.

[Click Here](#)



RMR TEWT: The Battle of Ste-Eustache

In May 2024, the RMR officers conducted a Tactical Exercise Without Troops (TEWT) in Saint-Eustache, the site of one of Canada's last rebellions which occurred in 1837 between British troops and Patriote rebels.

Barré Trophy for Private Aktas

The Major P.H. Barré, ED, C ST S Trophy (TOP RECRUIT) award is given to the most deserving soldier who received the highest ranking on his/her Basic Military Qualification / Soldier Qualification course. The RMR Foundation funds this award with a Bursary to assist winners with their studies.



Westmount Family Day

The RMR participated in the Westmount Family Day held at Westmount Park on a sunny Saturday, 25 May 2024. Soldiers in combat uniform showed off equipment, rations, vehicles, and even helped them try on the gear.



Tents, Tactics, and Tasty Meals: Lessons in Leadership from the RMR's Honorary Colonel

Article written by HCol David Bensadoun

Westmount, Quebec - 01 May 2024: Last weekend I had the privilege of observing exercise Iron Boot at CFB Valcartier. **Capt Sergey Perchun detailed the exercise in an [article here](#)**. My goal here is to share my own observations. I brought along our nominee for HLCol, Isabelle Racicot. We both had a great time learning about the operational side of the RMR. We stayed at the base camp which was set up to house the Ops element and the Recruit Depot soldiers. It was impressive to see how well equipped we were. I did not expect lighting within the tents, let alone heating, and I certainly didn't expect the meals to be so good! We received hayboxes (large insulated boxes filled with food) from the CFB Valcartier kitchen and I was really surprised at how good the food was. Everything tastes better when your dinner table is the hood of an army vehicle!

[Read the full article here](#)



Cadet CyberSecurity Competition

In March 2024, RCACC 2806 Pointe-Claire participated in a competition designed to engage and challenge cadets in the cyber realm and to cultivate the next generation of digital guardians.

CD for WO Carson

On Tuesday 09 April 2024, the RMR's Commanding Officer, Lieutenant-Colonel Jonasz presented the Canadian Forces Decoration (CD) to Warrant Officer Jonathan Carson on the 107th anniversary of the Battle of Vimy Ridge. Fittingly, the presentation was conducted in front of the RMR's memorial tablet which is dedicated to the regiment's fallen.



The CD is awarded to officers and Non-Commissioned Members of the CAF who have completed twelve years of service. Awarded to all ranks, who have a good record of conduct.

Sgt Brigitte O'Driscoll completes Ironman

In June 2024, Sergeant Brigitte O'Driscoll demonstrated extraordinary endurance and determination by completing the gruelling Mont-Tremblant Ironman 2024 competition in six hours and six minutes. Known for its demanding combination of a 1.9 km swim, 90 km bike ride, and a half marathon of 21.1 km, tested the limits of even the most seasoned athletes. For Sergeant O'Driscoll, it was not just about personal achievement, but a testament to the physical robustness essential for Infantry soldiers. She raised \$1,190 for Wounded Warriors Canada, bravo!



RMR Members Train on 81mm Mortar

In March 2024, some lucky members of the RMR had the opportunity to train with the 2nd Field Artillery Regiment qualify to operate the 81mm mortar in a variety of shooting tasks. There are now 14 members of the RMR qualified on the 81mm mortar. The weapon is a versatile and potent indirect fire weapon used by the Canadian Army, including both regular and reserve units. This medium mortar system is designed to provide infantry units with high-angle fire support, bridging the gap between the maximum range of hand-thrown grenades and the minimum range of artillery.



RSM Mitchell's Medals Preserved for History

In July 2024, the RMR Foundation quickly launched a fundraising appeal to secure the medals which were up for auction.

Medals secured!

United Kingdom.

12 May 2024

Dear Curator,

I have enclosed the cutlery as a gift to the museum. It is very probable that it was illegally acquired in the first place. It has been lying in my attic for at least 47 years and I can remember seeing it when I was a boy more than 60 years ago. It may have been "acquired" by a soldier called Fred Charlebois and if you find out that he was in the RMR then please let me know. He will be over 100 years old if he is still alive so, please do not try to prosecute him!

I have made no attempt to clean off any corrosion. If the cutlery is sent to a plating company, then they could possibly bring them up almost as good as new.

Please keep safe and thank everyone there for helping to keep the world a safer place.

Yours

Jim McHardy

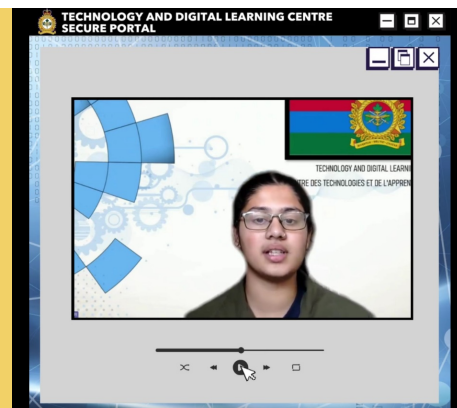
"Liberated" RMR Cutlery returned after 80-Years

In July 2024, the RMR Museum's Curator, Mr. Ron Zemancik, received an interesting donation along with an explanation and request for pardon for the suspected perpetrator.

Four pieces of silver RMR officers' mess cutlery from when the Regiment was stationed in the UK in WW2 are now part of the RMR Museum's permanent collection.

RMR Cadet is Top Candidate on new CyberSecurity Course

Congratulations to Cadet Master-Corporal Abdullaev, who was the Top Cadet in the Cyber Safety and Security Team Leader (CSSTL) course. This recognition highlights her exceptional aptitude and leadership in the field of cybersecurity, a crucial area in today's digital landscape. She's a member of one of the RMR's affiliated Cadet units: RCACC # 2806 Pointe-Claire (RMR).





RMR pays their "rent"

The Royal Montreal Regiment participated in the Westmount Family Day held at Westmount Park on a sunny Saturday, 25 May 2024. Later in the day the Commanding Officer, Lieutenant-Colonel Maciej Jonasz presented the Mayor with the Regiment's annual rent payment of a dollar in a short ceremony held before the citizens of Westmount.

The tradition of the RMR paying Westmount 'rent' stems from the strong relationship between the two ever since the RMR was raised for service in the First World War. The RMR was known as "Westmount's regiment" for many decades after it was added to the Militia List in 1920, when the army was reorganized after the First World War. In 1925 Westmount granted the RMR a 99-year lease of land for the Regiment's armoury located at 4625 Ste-Catherine, and the armoury was built with private funding raised by the Westmount Armoury Association (now known as the RMR Foundation). In 1954, to celebrate its 40th anniversary, the unit was awarded the "freedom of the city" by Westmount, an old tradition that allows it to march through the streets with colours flying, drums beating and bayonets fixed.



Captain Ross McLaughlin earns Commendation

As part of the CO's parade held at the armoury on Tuesday 23 September 2014, Captain Ross McLaughlin was presented with the 34th Canadian Brigade Group Commander's Commendation for his actions during Ex XERUS AGUERRI.



EX BACK BREAKER 2024

On Sunday 15 September 2024, 70+ soldiers of the RMR were fortunate to conduct their annual 'BACK BREAKER' forced march and "welcome back to the training year!". Honorary Colonel David Bensadoun welcomed the Regiment to his home for a post-march BBQ.

RMR Badges New Soldiers

In September 2024, the Honorary Colonel David Bensadoun and the Honorary

Lieutenant-Colonel Isabelle Racicot, individually replaced each soldier's generic Infantry Corps cap badge with the RMR's cap badge, welcoming each soldier to the regimental family.



CD for MCpl Fils-Aimé

The Canadian Forces' Decoration is awarded to officers and Non-Commissioned Members of the Canadian Forces who have completed twelve years of service. The decoration is awarded to all ranks, who have a good record of conduct.



New Honoraries for the RMR

On Sunday 15 September 2024, the 34th Brigade Commander, Colonel David Shane, promoted David Bensadoun from his appointment as Honorary Lieutenant-Colonel to become the RMR's Honorary Colonel, and welcomed Isabelle Racicot as the RMR's new Honorary Lieutenant-Colonel.

ABOUT THE ROLE OF HONORARIES: Honorary ranks in the Canadian Forces have been modeled on British traditions. The first honorary appointment was in 1895, and the RMR's first Honorary Colonel in 1914 was Right Honourable Lord Mount Stephen, with the first appointment of an Honorary Lieutenant-Colonel in 1936 (Lieutenant-Colonel Fisher, VC – the original CO of the 58th Westmount Rifles).

Prior to the mid 1970s, honorary rank in the Reserves was confined to former officers, generally officers of the Regiment. Since then honorary status may also be conferred on distinguished Canadian citizens and the RMR has led the way in maintaining a "balanced approach" to their honorary appointments: One member from a purely civilian background, and the other from a Regimental background.

The Canadian Armed Forces handbook covering honorary appointments lists the following as the principal responsibilities for Militia Honoraries: act as an advisor to the Commanding Officer on all matters pertaining to regimental dress and traditions; provide advice on regimental charities and associations; help to maintain close liaison with allied regiments; encourage the Regiment's Cadet Corps; attend formal parades and social functions in which the unit is involved; occasionally attend unit training including field training exercises; take an active part in efforts to improve the Militia, and indeed the Canadian Armed Forces; attend the Honorary Colonels' and Lieutenant-Colonels' conferences, and generally keep abreast of policy developments affecting the Militia.

The Minister of National Defence is the approving authority for all honorary appointments. Once approved by the Minister the appointment is promulgated in Army Orders, and is signified by the issuance of a Commission Certificate signed by the Governor-General and the Minister of National Defence acknowledging the appointment.

The Honorary Colonel and Honorary Lieutenant-Colonel personalize the institutional structure of the regiment, assist in the promotion of regimental affairs when the attention of the serving officers is normally focused on training and operational matters, and add a further dimension to the concept of the regimental Family. Within the RMR, the Honorary Colonel and Honorary Lieutenant-Colonel serve as on the board of the RMR Foundation.

Two RMR's Qualify RECCE

MCpls Archer & Calixte qualified RECCE in September 2024, demonstrating their exceptional perseverance and resilience and their unwavering commitment to the regiment and its operational excellence.

Their accomplishment serves as an inspiration to all of us.



Branch 14 Smoker

More than 50 attendees from all parts of the regimental family attended the annual event (originally started for the RMR's centennial in 2014) held at the Kahnawake Marina.



2024 Poppy Campaign

On 25 October 2024, the RMR Association (Branch 14) kicked off the 2024 annual poppy campaign in Westmount with the help of the Mayor of Westmount, Her Worship Christina Smith. She was pinned by the President of the RMR Association, Comrade Sue Guerin, CD in a ceremony held outside the IGA in Alexis-Nihon plaza marking the start of the 2024 campaign in Westmount..



IN COMMEMORATION OF THE 80TH ANNIVERSARY OF THE BATTLE OF LEOPOLD CANAL
THE RMR MUSEUM PRESENTS

A REGIMENT'S SACRIFICE : DEFEATING HITLER'S ARMY

MEET THE MEN WHO FOUGHT FOR NORTH WEST EUROPE'S FREEDOM

NEW EXHIBIT

NOVEMBER 1ST - 10TH 2024
10H00 - 18H00

4625 SAINTE-CATHERINE ST W.
WESTMOUNT

FREE ADMISSION

COME EXPLORE THE DETAILS OF THE BATTLE, THE WEAPONRY
AND MORE SPECIFICALLY, THE MEN WHO GALLANTLY FOUGHT
FOR CANADA AND THE LIBERATION OF NORTH WEST EUROPE.

SCHOOL/GROUP VISITS WELCOME
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CONTACT : INFO@RMRMUSEUM.COM
(514) 496-2003 EXT. 2328



New Exhibit for RMR Museum

In October 2024, the RMR Museum, an institution dedicated to the preservation of the rich military and cultural heritage of the RMR, launched 'A Regiment's Sacrifice: Defeating Hitler's Army', a temporary museum exhibition marking the contribution of Canada's citizen soldiers in defeating the evils of the Nazi domination of Europe.



Ex LYNX ADVENTURE

In a classic story, new recruits face challenging land navigation and obstacle course on a cold windy day in Farnham.

First-hand account written by OCdt Axmed.



RMR's Honorary Colonel Visits 588 Eric Simms Squadron

During this visit to the Squadron in Saint-Laurent on 17 December 2024, he participated in presentations marking the squadron's final training activity before the holiday season.

Honorary Colonel's Christmas Parade

On Saturday 07 December, the RMR family came together once again for the traditional Honorary Colonel's Christmas Parade, a cherished annual tradition that celebrates camaraderie, achievements, and holiday cheer among serving soldiers and veterans..



RMR supports Last Post

The RMR's command team represented



the Regiment on Remembrance Day ceremony at the National Field of Honour in Pointe-Claire, Quebec, which serves as a solemn and significant place dedicated to honoring Canadian veterans and military personnel.



Captain Robert Schwob: Hero of the Battle of Leopold Canal

At only 29 years old, Schwob led his men through a terrifying and bloody battle, and managed to hold onto an allied bridgehead for three full days. While the bridgehead was small and the RMR were constantly fighting off counter-attacks, Captain Schwob's determination and organization allowed for Allied access to enemy territory, eventually leading to an Allied victory over the Germans.

After the war ended in August 1945, the RMR men came home and were celebrated for their sacrifices, strength and bravery. Schwob was awarded a Military Cross in October 1945, for *"gallant and distinguished services in the field"*.

After the war, he met and married Ms. Muriel Garrow Brotherton on June 20, 1951 in Westmount, Quebec. Muriel was born in 1921 and she also had a background in the Canadian Military, being a member of the Royal Canadian Air Force Women's Division (R.C.A.F. W.D.) between 1943-1946. She was a part of the 6th Group in Yorkshire, England. Captain Schwob continued to climb the ranks at the Royal Montreal Regiment, eventually rising to the rank of Lieutenant Colonel. He and Muriel had one child, Susan, and lived in Kingston, Ontario at the end of their lives. Robert passed away on March 6th, 1989 at 74 years old, and is buried with his wife in Kingston.



RMR Commemorates 2024 Remembrance Day

The RMR participated in the Pointe-Claire, Westmount, Hampstead, and Montreal services.

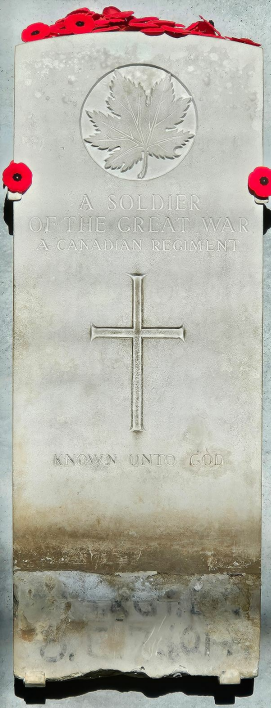
War Museum

Article written by Private Noah Reich

Our visit to the Museum of War in Ottawa included a variety of exhibits and video presentations depicting Canada's involvement in conflicts over its many years and its role in the intertwined history of the British Empire.

The reservists from the Royal Montreal Regiment who attended the open event held by the museum on the 16th of November 2024 had the privilege of participating in three unique tours of the museum, all of which were truly fascinating and immersive.

[Read full article here](#)



Command Team Coin for Mr. Ron Zemancik

On 06 November 2024: Mr. Ron Zemancik, Curator of the RMR Museum, was awarded the RMR's Command Team Coin. He has provided exemplary service to the RMR for more than a decade and his passion for preserving the regiment's history is contagious. The commendation for Ron Zemancik reads:

"Ron Zemancik, a dedicated retiree, devotes his time to volunteering with the Royal Montreal Regiment (RMR) Museum and the Ahuntsic 1st David Thompson Scouts. He is renowned for his expertise in repairing and repurposing camping equipment, giving it new life for the Scouts while promoting environmental sustainability by reducing landfill waste.

Since 2000, Ron has actively engaged the youth community through guided tours of the RMR Museum, and for the past 11 years, he has served as its Director. His leadership has been instrumental in the museum's renewal, including the installation of custom displays and interpretative panels that bring the regiment's history to life.

Ron's voluntary efforts extend to preserving regimental artifacts, such as rescuing WWI commemorative plaques and stained glass windows from defunct churches, safeguarding these historical treasures for future generations. He also fosters youth engagement through the Je me Souviens program, helping students and RMR members understand and

take pride in their shared history and service to Canada.

For over 50 years, Ron has been an active volunteer with the Ahuntsic 1st David Thompson Scouts, playing a pivotal role in mentoring countless young people. His efforts have helped shape generations of responsible, community-minded citizens who embody the values of leadership and service.

Through his tireless dedication, Ron has made a profound impact on preserving Canadian military heritage and nurturing the next generation of leaders."



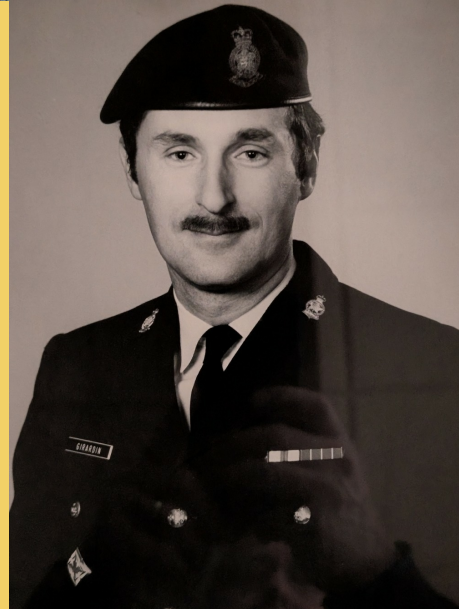
French Village Honours RMR's Sacrifice

Sains-les-Marquion, France, held its annual Remembrance Day service, honoring the RMR for liberating their town on September 27, 1918. This tradition began in 2008 when a bronze commemorative plaque was installed in the town, a gift from donors through the RMR Foundation.

RIP: LCol (ret'd) Jacques Girardin

December 2024: The RMR Foundation regrets to announce the death of Lieutenant-Colonel (retired) Jacques Girardin, CD (1940–2024). His military service culminated in three important roles:

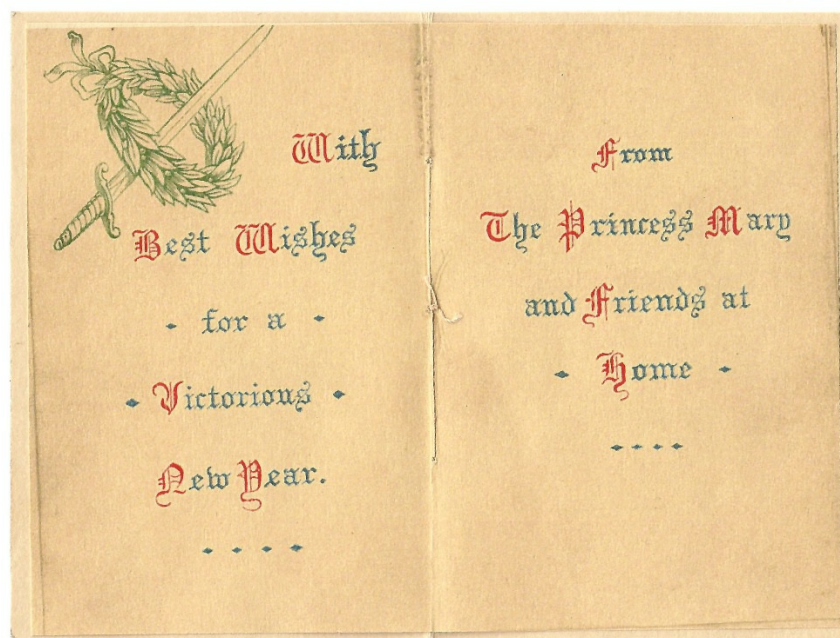
- Commanding Officer of The Royal Montreal Regiment (1976–1978)
- Commanding Officer of the 4th Battalion, Royal 22e Régiment (Châteauguay) (1983–1986)
- Honorary Lieutenant-Colonel of the 4th Battalion, Royal 22e Régiment (Châteauguay) (2010–2014)



Enduring Acts of Remembrance

This is an update to the original story about 'the kindness of strangers' that highlights the importance and strength of inter-regimental bonds.

In October 2020, the Royal Montreal Regiment (RMR) Museum received an unexpected inquiry from Jill Scahill, a dedicated volunteer at St. John's Parish in Upperthong, West Yorkshire, England. While tending to the churchyard, Jill discovered the grave of Private Clarence B. Denman, a young soldier from Montreal who had served with the RMR during the First World War. Moved by his story, she reached out to the museum to learn more about him. [Read more here.](#)



Silent Nights: The Survival of Christmas Traditions during WWI and WWII

24 December 2024: In a special pre-Christmas post, RMR Museum Assistant Curator, Amynte Eygun, has written about the survival of Christmas traditions during the two world wars.

The use of Christmas cards during the First World War and into the Second World War demonstrated the strong christian and familial values that soldiers thought were worth protecting even during wartime. Cards were usually sent from officers to the troops, wishing them a happy Christmas and fruitful new year. The cards would usually be military themed, with the regiment's crest, detailed with the regiment's colours and sometimes with regiment-themed Christmas scenes. Cards would also be sent back home from soldiers to their families, and vice versa. The tradition of giving Christmas cards to the troops served to give the men hope, to encourage them, and to show them that there were people who thought of them and wished them well from home. It is important to notice the humanity behind the simple gesture of Christmas cards, humanity that these men had not seen for months.

You can [read more about the history of Christmas cards here](#)



You're Invited! 2025 Levee Day

The RMR invites you to join us for Levee Day, Wednesday 01 January 2025. Start the New Year off right by reconnecting with old friends and colleagues – and make new ones! All ranks and members of the RMR's Regimental Family are welcome. Breakfast served by the RSM. Dress for Service Members: 1A (DEU with Medals) or 1C (Patrols). Dress for Civilian Guests: slacks, jacket and tie, or collared shirt.

Happy New Year!

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