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**Nov  
2019**



The Royal Montreal Regiment Foundation  
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*Fondation RMR Foundation*



Comrade Sue Guerin pins the Honourable Marc Garneau with a poppy to formally recognize the start of the 2019 campaign.

# The INTERCOM

*The INTERCOM is the RMR family's newsletter, which originally started as "The Bugler" in 1914 on the troopship carrying the 14th Bn (RMR) overseas. Censorship quickly squashed the initiative, but the RMR tried again in 1916 with "The Growler" (which was also squashed!).*

*In WW2 the RMR had two battalions, one overseas from 1939-45, and a Home unit stationed in*

*Westmount. In an effort to boost morale and keep the lines of communication open between the two battalions, the "Intercom" ("n" intentional) was born.*  
*The current "Intercom" is published monthly and is intended to keep the friends & family of the Regiment up to speed with the accomplishments of the current serving members of the Regiment and all affiliated organizations.*

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Greetings,

October was another busy month for the RMR Family, and November is shaping up to be even busier! Here's a list of some key events over the coming weeks:

1. "Remembering Afghanistan: Reflections of Canadian Soldiers" - museum exhibition, open daily at the RMR armoury until 10 November 2019.
2. Hampstead Remembrance Day service: Thursday 07 November 2019 at 11h00 (community centre).
3. RMR Officers' Mess 99th annual reunion dinner: Friday 08 November 2019 at 19h00.
4. Pointe-Claire Remembrance Day service: Sunday 10 November 2019 at 10h00 (city hall).
5. Westmount Remembrance Day service: Sunday 10 November 2019 at 14h00 (city hall).
6. RMR battalion review: Sunday 10 November 2019 at 15h00 (RMR armoury) - rededication of the armoury ceremony, promotions, recognitions, as well as a formal handover of honoraries.

Please take a moment to read this selection of the accomplishments & news of the RMR Family over the past month that are shown below. As well, please take a few moments to think of or utter a prayer for deployed RMR members and those of our extended regimental family who are battling illness or disease.

On behalf of Honorary Lieutenant-Colonel David Bensadoun, the Regiment's Commanding Officer, Lieutenant-Colonel John Shone, and the Regimental Sergeant-Major, Master-Warrant Officer Stephan Leroux, please accept our continued best wishes.

*Honi Soit Qui Mal Y Pense.*

A handwritten signature in black ink, appearing to be 'Colin Robinson', with a large, sweeping flourish underneath.

LCol (ret'd) Colin Robinson, CD  
Honorary Colonel  
The Royal Montreal Regiment



Brigadier-General Chris Mercier introducing the new Honorary Lieutenant-Colonel David Bensadoun (left) and Honorary Colonel Colin Robinson (right) in front of the memorial tablet. Photo credit: Corporal Yeung.

## New Honoraries for the RMR

### Introduced to the troops on a training night

Westmount, Quebec - 02 October 2019: In an informal ceremony held at the armoury last night, the new Honoraries of the RMR were introduced to the Regiment by Brigadier-General Chris Mercier. Lieutenant-Colonel (ret'd) Colin Robinson, the outgoing Honorary Lieutenant-Colonel, has been appointed as the RMR's Honorary Colonel and was subsequently 'promoted' by Brigadier Mercier. Mr. David Bensadoun, the CEO of Aldo Group, was appointed as the Honorary Lieutenant-Colonel and was formally introduced by Brigadier Mercier and the Commanding Officer, Lieutenant-Colonel John Shone.

[Read more here](#)



Comrade Sue Guerin, President of Branch 14 (RMR Association), flanked by the co-guests of honour: CWO (ret'd) Brian Colgan (left) and Colonel (ret'd) Charles Hamel (right). Photo credit: Comrade Gary Donovan.

## RMR ASSOCIATION'S 100th ANNIVERSARY PARTY

**125+ gathered to celebrate the milestone**

Westmount, Quebec - 17 October 2019: The RMR Association (Branch 14, Royal Canadian Legion) held a dinner dance last night in the armoury to celebrate their 100th anniversary. Approximately 125 people gathered on the parade square to break bread together, enjoy each other's company, catch up with old friends, and listen to some entertaining speeches.

[Read the full article and see pictures here](#)



Captain Alan Vincent visiting the exhibition. Photo credit: Pierre Obendrauf, Montreal Gazette

## New RMR Museum exhibition launched

25 October - 10 November 2019

Westmount, Quebec - 25 October 2019: The RMR Museum launched their latest travelling exhibition "REMEMBERING AFGHANISTAN: REFLECTIONS OF CANADIAN SOLDIERS" last night with a cocktail reception held in the officers' mess. After an introduction by the RMR's Commanding Officer, Lieutenant-Colonel John Shone, the museologist who produced the exhibition, Melanie Presseau-Dumais, gave everyone an overview of the exhibition including video testimonials. Highlights of the launch were remarks given by two RMR members who served in Afghanistan: Lieutenant-Colonel George Siket and Captain Alan Vincent. They reflected on their motivations to serve and the lasting impact their service in Afghanistan has had on them.

[Read more about the exhibition here](#)



6 Platoon troops navigating an obstacle in Farnham. Photo credit: 2Lt Pulliam-Therrien

## *6 Platoon spends the day in Farnham*

### **Obstacle course competition**

Westmount, Quebec - 29 October 2019: The Royal Montreal Regiment's (RMR) 6 Platoon, known as Depot Platoon, had an eventful Saturday. It conducted stove and lantern training, and each recruit had a turn at lighting both under Mcpl Carroll's watchful eye. Since winter is creeping onto the horizon, the recruits will soon have the opportunity to test their skills in sub-zero weather. Hopefully, they will all have the same success as they did on Saturday.

Then, with rucksacks on their backs, the troops stepped off to complete a short ruck march to the Gladius Obstacle course. Anticipation grew as the course's obstacles appeared in the distance as most of the Depot troops never had the opportunity to run the obstacle course before. After a brief explanation, the first relay of obstacle course runners prepared for their turn. Two teams would run the course head to head in a test of team-work, physical fitness, and skill. The teams lined up and Sgt Oleshko yelled "Go!". Without missing a beat, each group sprinted off to complete the course.

[Discover which section won and see many more photos here!](#)



## VETERAN'S SERVICE CARD AVAILABLE

### Apply through online portal

Westmount, Quebec - 10 October 2019: The Royal Canadian Legion announced that the final stage of the Department of National Defence's distribution of the Veteran's Service Card has begun. Applications from Canadian Armed Forces Veterans released before February 2016 are now being accepted for processing.

You are eligible to receive a Veteran's Service Card if you have:

- completed basic training and
- been honourably released from the Canadian Armed Forces.

Please visit the link to apply: <https://www.canada.ca/en/department-national-defence/services/benefits-military/transition/service-card.html>



Volunteers from the RMR Association being briefed on the activities for the 2019 poppy campaign.  
Photo credit: BRAYDEN JAGGER HAINES GLOBAL NEWS

## *2019 Poppy Campaign launched*

### **Annual campaign of Remembrance**

Westmount, Quebec - 26 October 2019: The RMR Association (Branch 14) kicked off the 2019 annual poppy campaign in Westmount with the help of the Member of Parliament for Westmount, the Honourable Marc Garneau, CD. He was pinned by the President of the RMR Association, Comrade Sue Guerin, CD in a ceremony held outside the IGA in Alexis-Nihon plaza marking the start of the 2019 campaign in Westmount.

[Read more about the campaign here](#)



RMR members preparing to navigate

## Civilian navigation course competition

### Extra navigation training for keen "B" Coy members

Ile-Perrot, Quebec - 7 October 2019: B-Coy's participation in a civilian orienteering event that took place in Ile Perrot, West Island on October 6th 2019 to further enhance their navigation skills. The participating members met up at 0845 at the Royal Montreal Regiment to head towards the destination and begin the event at 10h00. Before the activity began, we were all briefed by OC B on what it consisted of and what was the objective to achieve. The exercise offered 4 levels of difficulty; novice (2.4km), intermediate (3.1km), short advanced (4.7km) and long advanced (8km). Our goal was to finish the long advanced level by navigating through the forests and cornfields of Ile Perrot to reach 18 points designated on the map given to us by the civilian personnel hosting this event.

[Learn who the top RMR finisher was here](#)

## Contact

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## Stay Connected

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The RMR Foundation is a non-profit incorporated body, designed to

*"Serve the best interests of The Royal Montreal Regiment and accept such tasks designated by the Trustees to help any member body of the Regimental Family."*

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