

Head band for limp vellum bindings, going into each section.
Make a loop of thread and tie on alum tawed made
head band.

Into first section + recurry to spine of book, bind thread
twice as filler between each tie down (if sections are
thick, three times) into middle of section, out the back
twist thread around index finger + slip over end
of head-band, pull up tight + this will form bead
at back. Then around 2 or 3 times + into middle
of next section.