

THE DRINO POLAR BEAR CHALLENGE

(90 DIFFERENT SWIM COURSES IN 90 DAYS)

OPEN TO ALL DOLPHIN CLUB MEMBERS WHO WANT TO PARTICIPATE IN THE LAST FULL POLAR BEAR SWIM OF THE MILLENNIUM AND REMEMBER IT AS A SPECIAL ACHIEVEMENT IN THEIR LIVES.

THE PURPOSE OF THE CHALLENGE :

- A. TO HAVE FUN!**
- B. TO PUSH YOURSELF TO A HIGHER DEGREE OF MENTAL AND PHYSICAL TOUGHNESS AND ACHIEVEMENT.**
- C. TO ADD A VARIETY OF COVE SWIM COURSES FOR CLUB MEMBERS.**
- D. TO BE GASTRONOMICALLY REWARDED FOR A "POLAR BEAR" SEASON.**

PRIZES: COMPLIMENTS OF AND PREPARED BY PETER DRINO

LEVEL OF ACHIEVEMENT:

50 TO 59 MILES - BOTTLE OF EXCELLENT WINE

60 TO 69 MILES - BAR - B- Q CHICKEN DINNER

70 TO 79 MILES - SALMON DINNER

80 TO 89 MILES - STEAK DINNER

90 TO 99 MILES - DRINO'S SPECIAL "LOBSTER PESTO LINGUINI"

100 + MILES - CUBAN CIGAR + DINNER OF YOUR CHOICE

*** ALL DINNERS INCLUDE APPETIZER, SALAD, ENTREE, DESERT AND BEVERAGES (WINE, BEER ETC.) ***

*** THE OFFICIAL LIST OF 90 SWIMS WILL BE POSTED BY THE TIDE & TEMPERATURE CHART ON DECEMBER 18TH ***

*** THERE WILL BE 15 HALF MILE, 15 THREE QUARTER MILE, 30 MILE, 15 MILE AND ONE QUARTER, AND 15 MILE AND ONE HALF SWIMS - TOTAL DISTANCE FOR ALL SWIMS = 90 MILES**

THE RULES:

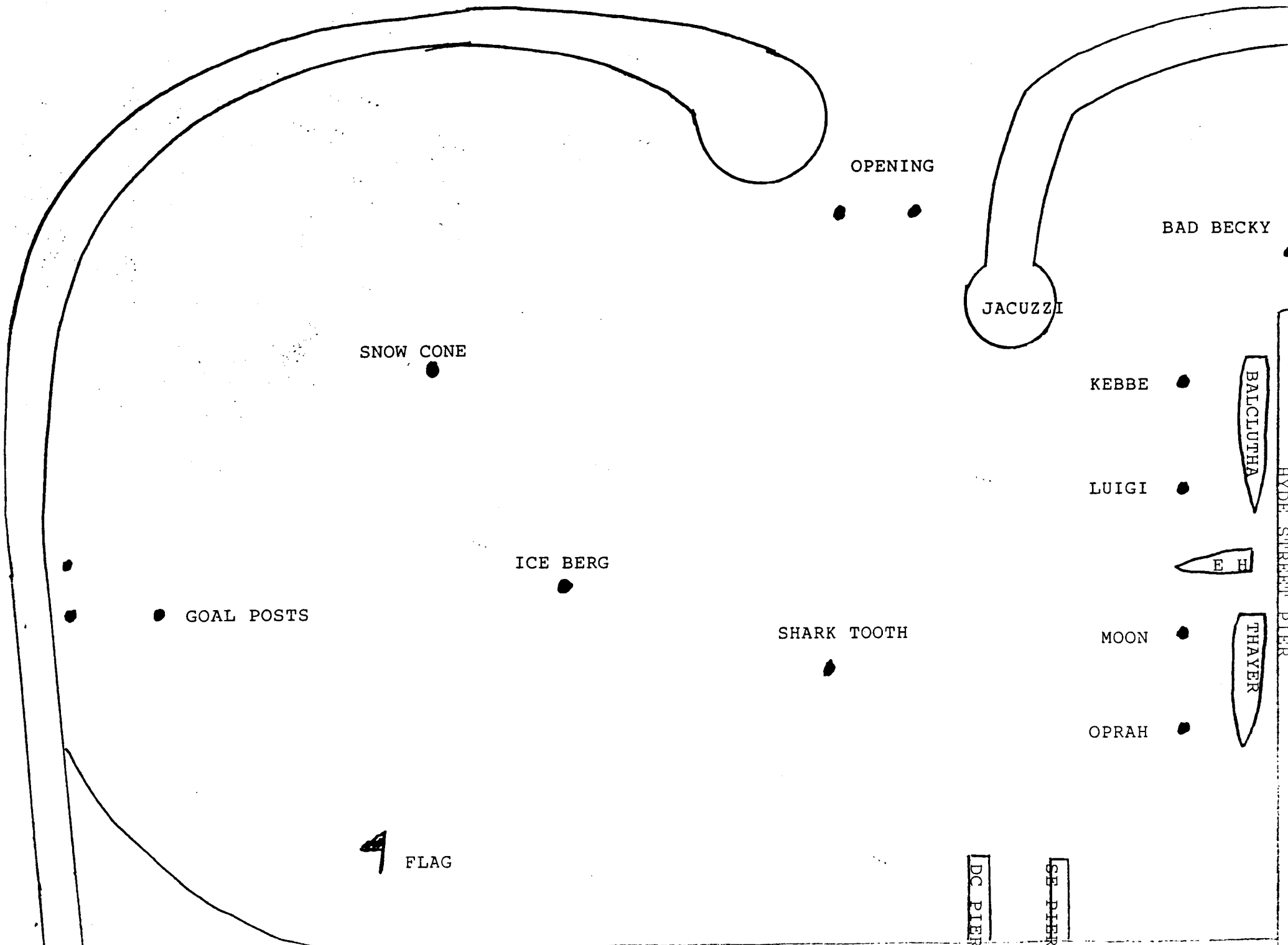
1. ALL SWIMS MUST BE COMPLETED DURING THE "POLAR BEAR" SEASON (DECEMBER 21, 1998 TO MARCH 20, 1999).
2. NO SWIM MAY BE REPEATED UNTIL ALL 90 SWIMS ARE COMPLETED.
3. YOU MAY SWIM AS MANY SWIMS AS YOU DESIRE ON ANY DAY.
4. ANY SWIM MAY BE COMPLETED IN A REVERSE DIRECTION (TIDE CONSIDERATION SHOULD BE OBSERVED).
5. FINS ARE PERMITTED.
6. YOU MAY TAKE A SAUNA BREAK DURING ANY SWIM BUT THE SWIM MUST BE COMPLETED ON THE SAME DAY.
7. ALL SWIMS START AND FINISH AT THE DOLPHIN CLUB BEACH.
8. ALL SWIMS MUST BE RECORDED BY FILLING IN YOUR 1/4 MILE BLOCKS ON THE "POLAR BEAR" SWIM CHART WITH THE RESPECTIVE NUMBERED SWIM FROM "THE OFFICIAL SWIM LIST".

EXAMPLE: SWIM # 28 = 3/4 MILE 28 28 9
 SWIM # 9 = 1/2 MILE 28 9
9. YOU ARE ON YOUR HONOR TO COMPLETE AND RECORD EACH SWIM.
10. ALL DOLPHINS PARTICIPATING IN THE DRINO CHALLENGE MUST PUT AN ASTERISK BY THEIR NAME ON THE POLAR BEAR CHART WHEN THEY SIGN UP.

**GOOD LUCK TO ALL DOLPHINS WHO TAKE THE
CHALLENGE**

SWIM COURSE DESTINATION POINTS

FLAG:	THE FLAG. SWIM AROUND IT.
GOAL POSTS:	THE TWO PILINGS AT THE BEGINNING OF THE MUNI PIER. YOU MUST SWIM BETWEEN THE GOAL POSTS.
OPENING:	YOU MUST SWIM AROUND BOTH BUOYS AT THE AQUATIC PARK ENTRANCE.
JACUZZI:	THE JACUZZI IS THE OPEN SET OF PILINGS LOCATED AT THE END OF THE SEA WALL - STRAIGHT OUT FROM THE DOCK. YOU MUST SWIM THRU THE MIDDLE OF THE JACUZZI.
OPRAH:	THE BIG WHITE BUOY AT THE BOW OF THE THAYER.
MOON:	THE WHITE STERN BUOY OF THE THAYER.
LUIGI:	THE WHITE BOW BUOY OF THE BALCLUTHA.
KEBBE:	THE WHITE STERN BUOY OF THE BALCLUTHA.
BAD BECKY:	THE ORANGE BUOY AT THE ALMA (END OF HYDE PIER).
SNOW CONE:	THE TALL FAR WHITE BUOY.
ICE BERG:	THE MIDDLE WHITE BUOY.
SHARK TOOTH:	THE CLOSEST TALL WHITE BUOY BETWEEN THE DOCK AND THE SNOW CONE.
THAYER:	THE THAYER IS THE BIG BLACK SHIP.
EPPLETON HALL:	THE EPPLETON HALL IS THE GREEN BOAT.
BALCLUTHA:	THE BALCLUTHA IS THE BALCLUTHA.
NOTE:	ALL DISTANCES ARE APPROXIMATE.
FURTHER NOTE:	THE SNOW CONE, ICE BERG AND SHARK TOOTH BUOYS MAY ON OCCASION HAVE A BOAT MOORED. SWIM AROUND THE BOAT.



OPENING

BAD BECKY

JACUZZI

SNOW CONE

KEBBE

BALCLUTHA

LUIGI

E H

ICE BERG

GOAL POSTS

SHARK TOOTH

MOON

THAYER

OPRAH

FLAG

DC PIER

SE PIER

HYDE STREET PIER

THE DRINO POLAR BEAR OFFICIAL LIST OF SWIMS

HALF MILE SWIMS:

1. ICE BERG - BAD BECKY - SHARK TOOTH
2. FLAG - ICE BERG
3. SWIM ON THE EAST SIDE OF THE THAYER - EPPLETON HALL -
BALCLUTHA (WEST OF THE HYDE STREET PIER) - JACUZZI - ICE BERG
4. SNOW CONE - ICE BERG - LUIGI
5. OPENING - SHARK TOOTH - MOON
6. JACUZZI - SNOW CONE
7. KEBBE - OPENING - ICE BERG
8. OPRAH - EPPLETON - ICE BERG
9. OPRAH - ICE BERG - KEBBE - JACUZZI
10. MOON - FLAG
11. FLAG - SHARK TOOTH - LUIGI
12. SHARK TOOTH - MOON - OPRAH - ICE BERG
13. KEBBE - BEHIND THE BALCLUTHA - EPPLETON HALL - THAYER - ICE
BERG
14. BAD BECKY- SHARK TOOTH - KEBBE
15. BAD BECKY- JACUZZI - OPRAH - SHARK TOOTH

THREE QUARTER MILE SWIMS:

16. FLAG - OPENING - SHARK TOOTH
17. GOAL POSTS - FLAG - SNOW CONE
18. OPENING - SHARK TOOTH - OPRAH - SHARK TOOTH
19. KEBBE - GOAL POSTS - FLAG
20. GOAL POSTS - BAD BECKY - SHARK TOOTH
21. LUIGI - SNOW CONE - OPENING - ICE BERG - OPRAH
22. FLAG - GOAL POSTS - ICE BERG - SNOW CONE
23. SHARK TOOTH - JACUZZI - BAD BECKY - ICE BERG - OPENING
24. MOON - FLAG - ICE BERG - SHARK TOOTH - KEBBE
25. SWIM ON THE EAST SIDE OF THE THAYER - EPPLETON HALL -
BALCLUTHA (WEST OF THE HYDE STREET PIER) - BAD BECKY - SHARK
TOOTH - SNOW CONE - OPENING - ICE BERG
26. FLAG - GOAL POSTS - OPENING - JACUZZI - KEBBE - LUIGI - MOON
27. MOON - FLAG - GOAL POSTS - FLAG - ICE BERG
28. KEBBE - SHARK TOOTH - SNOW CONE - FLAG
29. ICE BERG - SNOW CONE - OPENING - MOON - ICE BERG
30. KEBBE - FLAG - KEBBE - SHARK TOOTH - KEBBE

ONE MILE SWIMS:

31. GOAL POSTS - OPRAH - FLAG - LUIGI
32. SNOW CONE - GOAL POSTS - FLAG - BAD BECKY
33. MOON - ICE BERG - FLAG - BAD BECKY - FLAG
34. KEBBE - SHARK TOOTH - SNOW CONE - GOAL POSTS - FLAG
35. OPRAH - FLAG - LUIGI - KEBBE - ICE BERG - MOON
36. BAD BECKY - SHARK TOOTH - OPRAH - SNOW CONE
37. FLAG - GOAL POSTS - FLAG - OPENING
38. LUIGI - SNOW CONE - OPRAH - ICE BERG - KEBBE
39. FLAG - JACUZZI - BAD BECKY - SNOW CONE - MOON
40. GOAL POSTS - LUIGI - ICE BERG - OPRAH - SHARK TOOTH
41. ICE BERG - MOON - FLAG - GOAL POSTS - SNOW CONE
42. JACUZZI - OPENING - SNOW CONE - GOAL POSTS - KEBBE - OPRAH
43. SHARK TOOTH - ICE BERG - SNOW CONE - OPENING - LUIGI - FLAG
44. FLAG - BAD BECKY - FLAG
45. SWIM ON THE EAST SIDE OF THE THAYER - EPPLETON HALL -
BALCLUTHA (WEST OF THE HYDE STREET PIER) - JACUZZI - GOAL
POSTS - OPENING
46. SWIM ON THE EAST SIDE OF THE THAYER - EPPLETON HALL -
BALCLUTHA (WEST OF THE HYDE STREET PIER) - FLAG - GOAL POSTS
SNOW CONE - MOON
47. OPRAH - GOAL POSTS - FLAG - GOAL POSTS - SNOW CONE
48. OPENING - SNOW CONE - SHARK TOOTH - FLAG - ICE BERG - OPRAH
49. LUIGI - SHARK TOOTH - MOON - GOAL POSTS - OPENING
50. FLAG - KEBBE - JACUZZI - GOAL POSTS
51. SHARK TOOTH - BAD BECKY - JACUZZI - SNOW CONE - OPENING -
FLAG
52. ICE BERG - FLAG - SHARK TOOTH - SNOW CONE - OPENING - FLAG
53. MOON - FLAG - LUIGI - ICE BERG - KEBBE - OPRAH
54. BAD BECKY - GOAL POSTS - OPENING
55. OPENING - OPRAH - SNOW CONE - MOON
56. LUIGI - GOAL POSTS - LUIGI - BAD BECKY
57. OPRAH - MOON - SHARK TOOTH - LUIGI - KEBBE - BAD BECKY - GOAL
POSTS - FLAG - OPRAH
58. SNOW CONE - FLAG - GOAL POSTS - OPENING
59. FLAG - OPENING - GOAL POSTS - MOON
60. SHARK TOOTH - ICE BERG - FLAG - GOAL POSTS - SNOW CONE -
JACUZZI - KEBBE - SHARK TOOTH

MILE AND ONE QUARTER SWIMS:

61. GOAL POSTS - OPENING - FLAG - BAD BECKY
62. BAD BECKY - GOAL POSTS - MOON - FLAG
63. OPENING - OPRAH - FLAG - OPENING
64. ICE BERG - KEBBE - GOAL POSTS - OPENING
65. SNOW CONE - LUIGI - FLAG - SNOW CONE
66. KEBBE - SHARK TOOTH - GOAL POSTS - SHARK TOOTH - FLAG - LUIGI
67. FLAG - SNOW CONE - BAD BECKY - GOAL POST
68. SWIM ON THE EAST SIDE OF THE THAYER - EPPLETON HALL -
BALCLUTHA (WEST OF THE HYDE STREET PIER) - BAD BECKY - FLAG -
OPENING - GOAL POSTS
69. MOON - SNOW CONE - FLAG - GOAL POSTS - JACUZZI - KEBBE - ICE
BERG
70. FLAG - OPRAH - SWIM ON THE EAST SIDE OF THE THAYER - EPPLETON
HALL - BALCLUTHA (WEST OF THE HYDE STREET PIER) - GOAL POSTS
71. FLAG - MOON - GOAL POSTS - OPENING
72. LUIGI - JACUZZI - OPENING - FLAG - SNOW CONE - GOAL POSTS
73. BAD BECKY - FLAG - LUIGI - OPENING - SNOW CONE
74. GOAL POSTS - FLAG - MOON - OPENING - SNOW CONE
75. ICE BERG - OPENING - GOAL POSTS - FLAG - KEBBE

MILE AND A HALF SWIMS:

76. FLAG - OPENING - OPRAH - SNOW CONE - GOAL POSTS
77. OPENING - GOAL POSTS - KEBBE - GOAL POSTS - SNOW CONE - MOON
78. KEBBE - FLAG - OPENING - OPRAH - SNOW CONE
79. GOAL POSTS - MOON - FLAG - OPENING - SNOW CONE
80. BAD BECKY - GOAL POSTS - LUIGI - FLAG - ICE BERG - MOON
81. OPENING - FLAG - OPENING - GOAL POSTS - BAD BECKY
82. BAD BECKY - FLAG - BAD BECKY - GOAL POSTS - BAD BECKY
83. OPENING - GOAL POSTS - BAD BECKY - FLAG - OPENING
84. GOAL POSTS - MOON - GOAL POSTS - LUIGI - SNOW CONE
85. GOAL POSTS - OPENING - FLAG - OPENING - GOAL POSTS
86. LUIGI - FLAG - GOAL POSTS - OPENING - FLAG - BAD BECKY
87. SWIM ON THE EAST SIDE OF THE THAYER - EPPLETON HALL -
BALCLUTHA (WEST OF THE HYDE STREET PIER) - GOAL POSTS -
KEBBE - FLAG - OPENING
88. BAD BECKY - SNOW CONE - FLAG - OPENING - GOAL POSTS - MOON
89. FLAG - BAD BECKY - FLAG - OPENING - GOAL POSTS
90. GOAL POSTS - JACUZZI - KEBBE - FLAG - BAD BECKY - GOAL POSTS