

The Strenuous Life



A STRENUOUS PERFORMANCE

Professor Roosevelt (in his great trust act); "Ladies and gentlemen: In order to demonstrate the possibility of controlling these powerful creatures, not all of them equally tractable, I will now descend into their midst."



THE DOLPHIN LOG

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"We are face to face with our destiny and we must meet it with a high and resolute courage. For us is the life of action, of strenuous performance ... let us live in the harness, striving mightily; let us rather run the risk of wearing out than rusting out."

- Theodore Roosevelt, 1898.

Teddy had the right idea and his words are as timely today as they were at the turn of the century. Pampered as we are by modern luxury and convenience, Dolphins find rough water swimming to be a convenient and exhilarating way to strain physically and test our endurance and discipline. A strenuous swim with a varying course against tide and weather is what open water swimming is all about.

That's why it really bugs many of us to hear some members groaning and moaning and complaining when our scheduled swims are not idyllic little jaunts through perfect conditions on perfect tides. Swimmers who want such swims should stick to their swimming pools or find a nice lake where the wind doesn't blow.

We say "BULLY" for strenuous swimming and salute our swim commission for their challenging courses like the Twilight Swim and the Crazy Cove of '86. Let's enjoy our races for the challenge of the course -- no matter what the conditions might bring! J.H.



Herman Zahler displays the new Troneum sign.

LAKE MERCED BOAT HOUSE NAMED IN HONOR OF TRONEUM

Late Sunday morning, June 22, the champagne flowed along with good memories as the Dolphin Club's Lake Merced boat house was named in honor of the late Tom Troneum. Attending the ceremony were Tom's widow and two daughters. A beautiful new sign carved by Bob Hoff was mounted over the boathouse and will serve as a lasting tribute to Tom's devotion to the Dolphin Club.



The Troneum family enjoys some of the bubbly at the celebration.