

# DOLPHIN BULLETIN BOARD

## News and Notes for the Dolphin Club Membership

### On the Cover

Looking appropriately regal, Freddy Herms as Queenie and Jimmy Cronin as Rex (King Neptune), preside over the Dolphin Club Initiation circa 1951. Check out the pictorial article by Gary Ehrsam on page 8.

### Boundless Thanks

The Club applauds the selfless efforts of life member Rich Antonchuk, who along with J.P. Pierre and his son, replaced the aging linoleum floor in the Staib Room with oak wood. Generations of appreciative Dolphins will enjoy the fruits of this labor, provided at no charge to the Club.



### Pilot of the Year Trophy Still Missing

Last issue we reported that the Pilot of the Year Trophy was missing and suspected stolen. So far, it has yet to be returned.

If you have any information on its whereabouts, please contact the the Boat House Captain or the Board of Governors immediately. Please help us retrieve this invaluable piece of Dolphin history.

### Dolphin Branding

Show your Dolphin colors in style, either with a baseball-style cap (\$20), decal (\$2), assorted silk-screened t-shirts, sweatshirts or swim caps (assorted prices). Contact Dolphin fashion gurus Lou Marcelli or David Zovickian to begin your career as a Dolphin fashion plate.

### Correction

The following are the correct spellings of two Life Members listed in the last edition of the *Log*: James Guldbeck and Rollin Schroth.

### Dods Needs You!

This summer, between the dates of August 6 - 15, Dolphin Club swimmer Suzie Dods will be the latest Dolphin to attempt a crossing of the English Channel. After long months of training in the Bay's cold waters, she will be heading to Dover, England in early August.

In case you missed the delightful fundraiser and oyster feed held in early June, it's not too late to contribute to the cause. Donations are still being accepted to help defray the cost of the attempt.

Checks should be made out to Suzie Dods and can be left in Pat Howard's box in the Staib room or mailed to: PO Box 671 Larkspur, CA 94977.



Suzie Dods and her support team

### eCircles

Get online with the Dolphin Club eCircle! If you have Internet access at home or at work, you can join the Dolphin Club eCircle—a free, fun, private online community for Dolphin members only. The eCircle provides access to an online calendar, discussions, group email, swim results, board minutes, and interesting Web links for rowers, swimmers, and kayakers. We even have online photo albums! More than 100 Dolphins have joined the eCircle so far.

You can check out eCircles at [www.ecircles.com](http://www.ecircles.com), but to join, you must be invited by a current eCircle member. Sign the list at the Club, ask a member to invite you, or email Nancy Friedman, [nancyf@dnai.com](mailto:nancyf@dnai.com), to receive your e-invitation. P.S. Check out the Dolphin Club Web site, too—[www.dolphinclub.org](http://www.dolphinclub.org)—and watch for site renovations during 2000.

—Nancy Friedman

### Escape Training Starts Now!

How time flies! Only six months to go until the Escape From Alcatraz Triathlon! Beginning this spring, there's a new way to motivate yourself to train for the event: The Several Hundred Mile Club. Here's how it

works: there's a mileage log posted at The Club (it's around the corner to the left as you enter the front door). You check off squares for the miles you run just as you would for the 100 Mile Swim, but you get to check off extra squares if you run after you swim (at least one mile), after you bike (at least 10 miles), or if you run on a hilly trail (like the Dipsea!). If any one of these applies, you multiply your mileage by 1.5. If two or more apply, you double your mileage! If you run a little bit and train for the event, your mileage will add up *fast*! There will be trinkets for everyone who participates, but the true "reward" will be completing the Escape! (And then you get a cool belt buckle...) The mileage log will be up for 6 months, from April 23rd through October 22nd, the day of the race. Train hard and have fun!

—Ben Owen