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Junior Kynlie Freeman makes musical debut page 11

Students sign up for clubs in unprecedented numbers

Khadijah Naeem
Staff Writer

The club fair kicked off a new year of co-curricular activities on Sept. 15. There were familiar clubs such as ACTnow, Knitting Club and Playmakers, but there were plenty of new clubs as well.

The club fair was a perfect opportunity to showcase the new clubs and show students what each club had to offer.

Women in Medicine, a new club founded by junior Kathleen Lang, helps to inform students about all types of medicine from doctors and nurses around Nashville.

"After freshman year, I shadowed some doctors, and I really enjoyed it," said Lang. "There will be plenty of speakers coming to talk to us about medicine throughout the year."

Another new club this year is JustWorld International, started by sophomore Reid Patton. The club is based on a charity striving to help children in countries all across the world, including Cambodia, Honduras, Guatemala and Brazil.

"I was inspired by the horseback rider who founded the charity," said Patton.

"Astronomy Club was created as a replacement for the astronomy class that used to be offered at Harpeth Hall," said senior Leah Shaw, cofounder of the new club. According to Leah, anyone can join, even without knowing much about astronomy.

"The club's purpose is to educate people about astronomy, so if they have interest in it, they should join," said Shaw.

ART, which stands for Art Reaching Thousands, is a new club dedicated to using all artistic talents at Harpeth Hall. The club hopes to go to Vanderbilt's Children's Hospital and share some art and music with the patients.

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Senior Julia Alexander, Vice President of the Astronomy Club, displays her sign at the club fair. Almost 100 students signed up for Astronomy Club. Sophomore Ashley Lanquist and junior Katie Hong also advertised for their respective clubs at the fair. Although Chess Club and Knitting Club had been established in the past, both welcomed new members this year. *Photos courtesy of Ms. Marie Maxwell*

Ward Belmont alumnae return to campus for reunion

Katherine Deal
Sports Editor

Fifty-four alumnae of Ward Belmont gathered on Sept. 25 to celebrate their years together. They were treated to coffee and breakfast in the Marnie Sheridan Gallery, as well as a performance by the Chamber Choir, several speakers, and a special archive exhibition created by Dr. Mary Ellen Pethel, Upper School history teacher.

Senior Mary Liza Hartong was chosen to speak on behalf of the current Harpeth Hall community because her grandmother, Ms. Joan Chaffin Daugherty, was a student at Ward Belmont. Ms. Sue Winters Edwards, Class of 1951, also spoke, offering reflections on her time at the school.

The women were able to browse the archives presentation in the Gallery, entitled "Bells of Ward Belmont." Dr. Pethel's exhibit focused on the music that students listened to and included a box of records from that time period. Also on display was other memorabilia including the china that Ward Belmont students used in the dining hall during their days on campus.

"They love the fact that their history is being preserved," said Dr. Pethel.

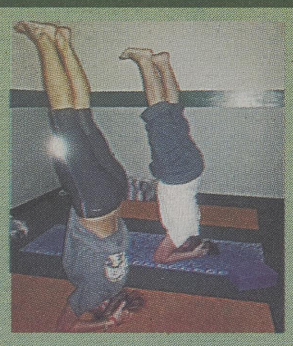
Additionally, the alumnae visited the library and listened to senior Caitlin Casey speak about her love for the library and her appreciation for the Bear Cave faculty and librarians.

The alumnae were able to view digitized versions of their Milestones yearbooks, entitled "Clicking Down Memory Lane," and were shown how to access the pictures by themselves.

"We try to have some sort of Ward Belmont reunion annually," said Ms. Lisa Harrison, Alumnae Relations Coordinator, who helped organize this event, "but we have started getting smaller groups of Ward Belmont alums together to tell their stories for archival purposes so that we don't lose their stories."

Among the 54 women, the oldest was Ms. Adelaide Shull Davis, Class of 1931, who had recently celebrated her 98th birthday. The youngest, Ms. Susan Joy Moore, Class of 1953, was one of the first students to begin at Ward Belmont and graduate from Harpeth Hall.

This coffee reunion was an opportunity for alumnae to see how their school has changed and the traditions that have been passed down through Ward Belmont to Harpeth Hall. The Alumnae Relations staff gave out coasters with Ward Belmont's insignia on one side and Harpeth Hall's on the other as a gift to the former students.



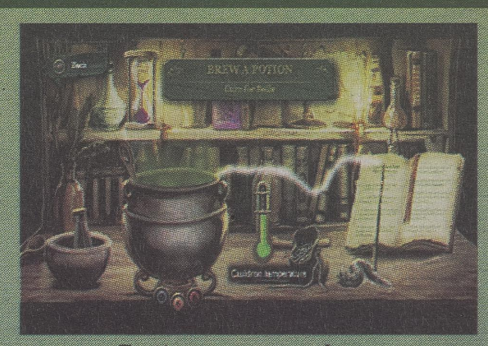
Yoga pose of the issue page 15



What the school eats pages 8-9



The art of Ragan Wilson page 13



Pottermore preview page 10

Teacher Q&A: Middle East update with Dr. Art Echerd

Natalie Gideon
News Editor

What is the current situation in Libya?

Right now, virtually the whole country is in the hands of the rebel group that calls itself the National Transition Council. It's a motley collection. The town of Sirte, the hometown of Qaddafi, still has not fallen, and supposedly Qaddafi is telling his followers in Sirte to hold on. Already, money is starting to flow back in to Libya. European banks have unfrozen assets and are letting oil and money flow into the country. Water and other services are being restored in Tripoli. So far, the different rival rebel groups haven't started fighting each other. As in almost every Arab society, there are these clans that people are very loyal to. The eastern part of the country rebelled first, and the ones that finally took over in the western half have a different view of things than the eastern rebels.

Was there a turning point in the struggle between the rebels and Qaddafi?

I don't know. Clearly, no one would have said the rebels would have won until they took the capital, but many say the turning point was earlier.

How did the protests turn into armed conflict?

I think when they started having protests, and Qaddafi said they needed to "kill the rats" and called for unequivocal slaughter of the rebels.

How is the rest of the world responding?

I found it surprising how quickly NATO and the EU responded, but even more so, how quickly the Arab League voted to support the rebels, this National Transition Council. Generally, the Arab League stood behind any established rule, but I think their turning against Qaddafi is in part because Qaddafi [upset] many in the Arab League. During The Cold War, Qaddafi was close to the USSR, so maybe he didn't realize how diplomatically isolated he would be. US and European banks unfroze rebel assets and are waiting for the rebel government to change into a legitimate government. Aid to help restore prosperity is expected.

How is it looking for the rebels?

One thing Libya has going for it is its former exiled Libyans who fled the country under Qaddafi. This group is made up of incredibly westernized, well-read individuals, and this bodes well for Libya since these people are coming back to the country. It helps that they're not a really populous country; they have lots of oil and relatively few people. Some say if Qaddafi had distributed the oil wealth in any equitable way, almost everyone in the country would have been middle class. The first protests were originally about a lawyer who wanted to find out what happened to some prisoners. Over 1000 people were slaughtered. This lawyer tried to take up the case and was imprisoned. This event sparked protest, and Qaddafi got angry and violent. Everyone is hoping it'll turn out well. Pessimists say a civil war is possible, but certainly we want to see them succeed.

Do you have any idea of what the framework of the new rebel government is?

Rebels at least pay lip service to a constitutional, parliamentary government. The transition council has tried to bring in different factions, and generally Libya has a fairly homogeneous population, almost 100 percent Sunni Muslim. More regional and tribal differences cause factional splits. Because of the Berber groups present in Libya who aren't, technically, Arabs, the Transition Council is making a point of not calling Libya an Arab or Islamic republic because there are groups that aren't Arabs. Libya was a monarchy when it became independent in 1951, and the WWII allies helped establish a monarchy led by King Idris. The monarchy was very pro-West, and the US had a large military base in Libya. In 1969 Qadaffi overthrew Idris when he was a colonel in the army, and Libya became a dictatorship and anti-Western. The flag the rebels are using is the old flag of Libya's monarchy.

> "There's almost no corner of the Arab world that hasn't been affected."

How will this affect the US?

The US has been friendly towards the Transition Council and will continue to be unless the council does anything strikingly bad. Not too much aid has been given, but pretty early on US condemned Qaddafi and has gotten on better terms over the past few years and has encouraged Europeans to address aid to Libya themselves.

It seems every day that there is a new revolution in a different country across North Africa or the Middle East. Can you give Logos an update?

In **Egypt** Mubarak is basically under house arrest. The new government wants to put him on trial, but he is old, and I think they'd rather go after members of his family accused of corruption. Elections are coming soon to Egypt and **Tunisia,** and there is some jockeying for advantage between the Islamist and other political parties in the electoral process. Some worry that these Islamist parties want to create a theocracy. These parties have an advantage because they've existed for a while and already have a strong following. However, some of these Islamist parties have claimed to be moderate and ask not to be grouped with al-Qaeda. If there's going to be a functioning democracy, you can't discount Islamist parties. They can't be excluded automatically.

The **Syrian** and **Yemeni** dictators are trying to hold on and are using violent repression against their people. These countries appear to be diplomatically isolated now. The dictator of Yemen is injured and is actually receiving treatment in Saudi Arabia currently, but he claims he will return to his government.

In **Saudi Arabia** the Saudi government is trying to use subsidies, basically giving out money to the people. Saudi women will be able to vote in 2015. The Saudi government postponed the vote because they needed gender segregated polling areas. The Saudi Arabian government seems to be trying to preempt any rebellion, and so far there haven't been any protests.

The **Moroccan** king agreed to a constitution, and so did the king of **Jordan**.

Bahrain had demonstrations, and the Saudi Kingdom sent soldiers to help. The U.S. didn't say anything about Saudis helping in the repression because of US oil interests. The ruler of Bahrain has been very pro-American, and Saudi and American interests tend to be same. In both Bahrain and Saudi Arabia, the majority of people are Shi'ite, and the monarchs are Sunni.

There's almost no corner of the Arab world that hasn't been affected.

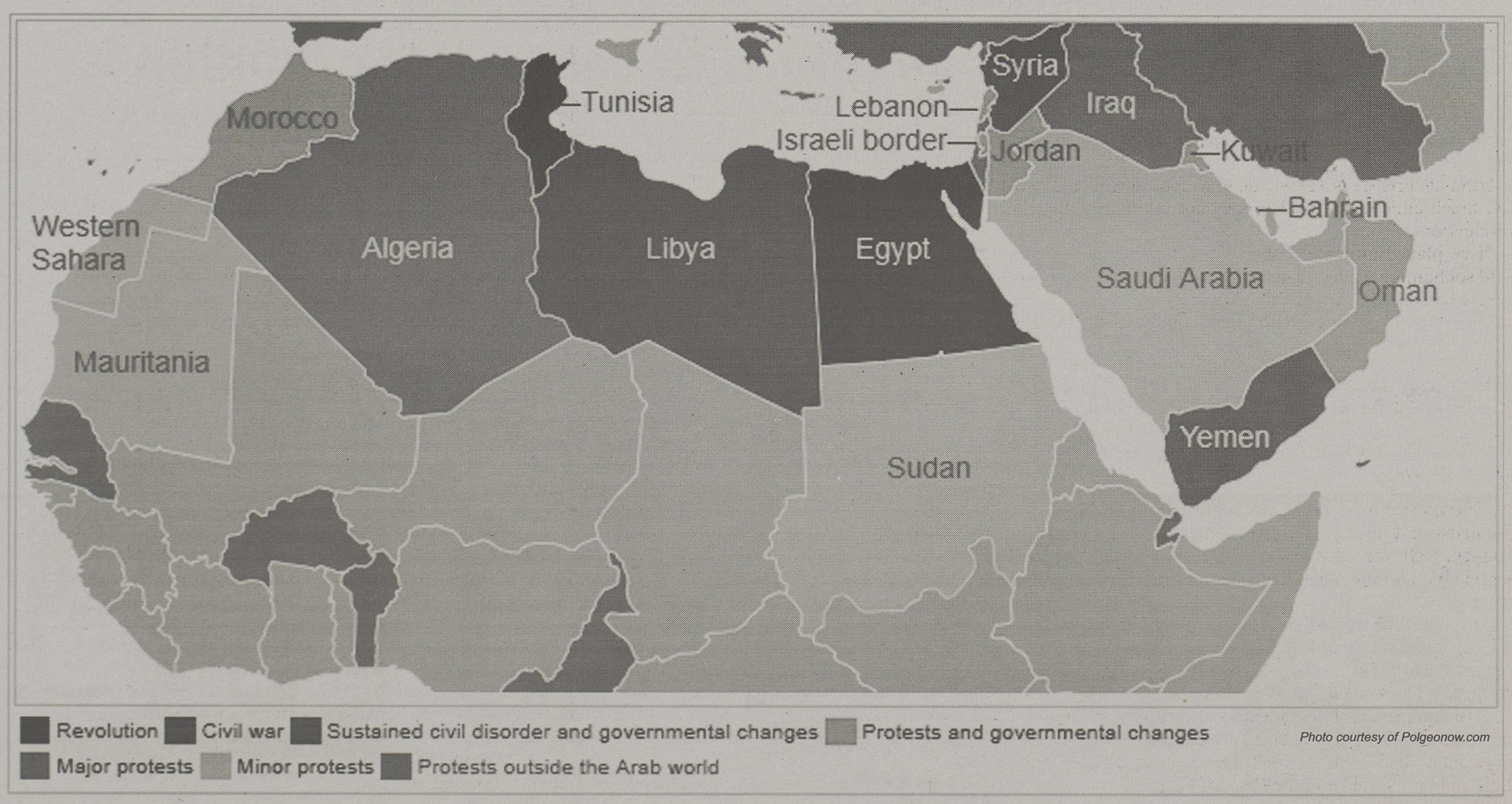


Photo courtesy of Polgeonow.com

Green Hills' Parnassus Books opening in November

Caitlin Casey
News Editor

The closure of both Davis Kidd in Green Hills and Borders in Brentwood left Nashvillian book lovers concerned. The Harpeth Hall community of students and faculty were also troubled, voicing their concerns to librarian Alice Bryant.

"Students and their parents would come in and ask us where they could buy books now," Ms. Bryant said. "More students have visited the library since the closure of Davis Kidd."

However, Parnassus Bookstore, opening in November 2011 at 3900 Hillsboro Pike, will fill Nashville's bookless void.

Renowned author Ann Patchett and friend Karen Hayes partnered after Davis Kidd's closure in the fall of 2010. Recognizing the need for a bookstore in Nashville, Ms. Patchett generated interest in developing a Nashville bookstore during the summer book tour of her latest novel, Stae of Wonder. Meanwhile, Ms. Hayes bought fixtures for the store and gathered prospective staff members. Ms. Hayes will continue to manage the bookstore's day-to-day affairs. Ms. Hayes expects the bookstore to open in late November, as construction has yet to begin.

"We would like to get another couple of weeks under our belts before the holiday rush starts," she said. "But the response so far in Nashville has been really amazing. There has been a tremendous amount of local, national, and even international media attention for the store. We have over 1,600 Facebook fans."

"We are so excited!" said Ms. Bryant about the opening of Parnassus. "It will be fantastic for the Nashville community."

In Greek mythology, Mt. Parnassus is the home of literature, learning and music. Similarly, Parnassus bookstore promises to provide a refuge for the book lovers of Nashville, the Athens of the South. Parnassus plans to partner with local writers, artists, businesses and institutions to bring readers fiction, nonfiction, children's books, films, and music.

The bookstore is projected to be 2,500 square feet, similar to the original Davis Kidd bookstore. Ms. Hayes hopes to create a friendly, small, neighborhood bookstore that serves as a community gathering place. However, Parnassus plans to partner with the Downtown Public Library and schools for special programs and events.



Parnassus bookstore, opening in October, will be located beside Donut Den and Signature Nail Spa. *Photo by Delaney Royer*

Both Ms. Hayes and Ms. Patchett recognize that the age of the "superstore bookstore" has passed. Although the eBook has drastically altered the bookstore industry and its audience, they believe that Parnassus will cater to Nashvillians who still enjoy perusing printed materials.

"Many people use bookstores as a showroom for finding the books they will download onto their eReader," said Ms. Hayes. "We hope you will come to the store to discover things that you would not find any other way. We ask that if you find something in our store you want, please buy it there. If you are someone who wants a local bookstore, you have to support it by buying books there."

Senior Frances Dean said, "I'm so thrilled I won't have to buy books online anymore. It will be nice to support a local bookstore."

Students sign up for clubs in unprecedented numbers *continued from page 1*

"We want to try and create meaningful art," said junior Jessica Goldenring.

Discovery is a club focused solely on music. From concerts and small shows to creating music playlists, the club hopes to tackle almost everything music related. The purpose of the club is to discuss music and find bands and artists that suit student's tastes.

Senior Sarah Allen Ray is the founder and president of the new club IMAGINE: I'm a Girl in Engineering. According to Ray, the purpose of the club is to get girls excited about engineering and STEM fields. The club prepares for a competition called JETS, which is similar to Science Olympiad, but it is geared specifically towards engineering.

Ultimate Frisbee is a new club in which students can play a sport that does not require too much athleticism. It also does not interfere with regular sports, dance or theater productions.

"I've played ultimate frisbee a few times and discovered that I really enjoyed it," said sophomore Amna Asad. "I'm really excited because although I'm not an extremely sporty person, this is probably a sport for me."

There are many new exciting clubs this year that all have goals. However, there are also a few clubs that did not return from last year. According to Ms. Maxwell, those clubs did not return because they were considered disorganized.

"Clubs must meet at least once a quarter," she said.

Art Club is no longer at Harpeth Hall this year. Even though Art Club only met a few times last year, it held meetings including decorating water bottles. Some students were sad to see the club go, but others agreed with the decision.

"I enjoyed Art Club, but I didn't feel like the activities were organized, so I feel that it is best that it's not a club anymore," said junior Jenna Moses.

There is no longer a Cooking Club due to its inconsistent meetings. There are many people sad to see the cooking events go.

"I think Cooking Club was great for special events," said sophomore Cici Rutherford. "I wish it was still here." An example of an event that Cooking Club hosted last year was a Halloween cook-off.

Clubs will start meeting this quarter and already have many things planned for students. Although Harpeth Hall had to say goodbye to clubs that held a great deal of promise, they are welcoming many new clubs that look fun and interesting.

Rest in peace, FirstClass: Switch to Gmail made permanent

Claire Perrone
Staff Writer

"Sorry, there is no FirstClass server with that name on the network. Check your connection set up." The girls of Harpeth Hall were sent into a tizzy at the sight of this interminable pop up. What happened to the beloved email server?

After multiple trips to the Bear Cave – whose operators sizzled at the sound of FirstClass complaints – it was announced that FirstClass was no more. Approximate time of death? The evening of Wednesday, August 24, 2011. This announcement left students and faculty with lingering questions. Will my old emails be restored? What about my contact lists? Will Harpeth Hall survive without the Lost and Found folder or the Dean of Frosh?

It should serve as a comfort to students that Harpeth Hall existed long before FirstClass, or the internet for that matter, and its students will continue to thrive with or without their usual email provider.

Harpeth Hall teaches its students to be open to change and new ideas. Students learn to be flexible and to handle unforeseen challenges. Therefore, HH promptly introduced its new email server: Google Mail, also known as Gmail.

The middle school students seemed thrilled by this new prospect, as many of them already owned Gmail accounts and were familiar with its features. The high school and faculty, on the other hand, were less eager to make the switch.

"It's upsetting that I've lost all my old emails and am unfamiliar with the format of Gmail," said junior Katherine Deal. " I miss being able to make folders on my desktop."

However, other students and faculty alike have adapted to their new email system.

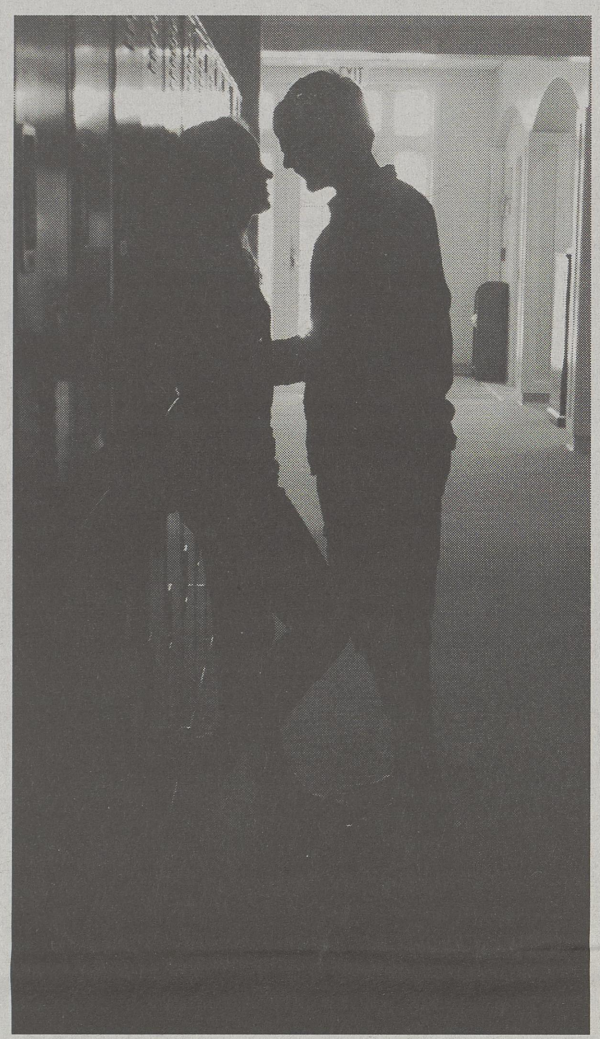
The hesitation by students and faculty did not stem from an apparent hatred for Gmail (as it can be organized and personalized), or even from a love for FirstClass, but rather from a fear of the unknown. It was simply inconvenient and unfamiliar. As is true with any new relationship, time is needed to settle these qualms.

Eventually, students will become better acquainted with their new email accounts. Harpeth Hall's wireless community is like a well oiled jet. Just because students no longer fly FirstClass, it doesn't mean that they won't arrive at their destination.

To date or not to date:

Are high school relationships worth the effort?

Sarah Oppenheimer
Copy Editor



A high school couple still finds time for each other in their hectic schedules. *Photo by Delaney Royer*

"Text me when you get home," said the vague text message I received one dreary Wednesday. Unsure what to expect, I followed these instructions, and I was surprised to find my boyfriend holding a bouquet of flowers when I arrived home.

"What are these for?" I asked with a puzzled smile on my face.

"Well," he said, "I know you've been having a bad week, and I wanted to make you feel better."

Moments like these make me really appreciate the genuine kindness of some boys, but what exactly is the point of having a high school relationship? I'm sure that every girl wonders this at some point in her high school career. Is it the guaranteed Winter Formal date? Is it a guaranteed body to snuggle with while you watch reruns of Modern Family? Is it just the guarantee that someone is thinking of you?

Back when our parents were young, relationships were solely for finding that special someone you wanted to marry. It was common for girls to get married right out of high school to their high school sweethearts. They decided that college was not right for them and that they would rather spend the next (hopefully) many years married to that boy they thought of every minute of every day.

These days, more and more girls are going to college. Even though high school girls do not spend their time deciding which boy in their grade to marry, the high school relationship has continued to thrive.

Despite the opinion that girls shouldn't get deeply involved with one person in high school, there are still many benefits to having a high school relationship. You learn valuable lessons about dating that you can use later in life. You discover what types of people you enjoy being around, and you learn what qualities you like and don't like in a boyfriend. There is absolutely no expectation that you will marry your significant other and that you only have to date one person for all four years. Basically, a high school relationship has turned into a mutual agreement that, through each other, each person will ultimately learn more about themselves.

However, there are still some negatives. One danger of having a boyfriend is forgetting who you are and trying to be who he wants you to be. You may try so hard to keep your man that you end up compromising your own individuality, the quality that made him want to date you in the first place. You also may end up spending so much time with your boyfriend that you neglect your relationships with your friends, the people who really will be there forever. Boys come and go; your friends will be there for the years to come.

As a senior who has been in a relationship for three years, let me tell you, having a long term relationship in high school isn't easy. We have definitely had our fair share of fights, and there are times that I don't even want to think of him. It has been a challenge trying to balance spending time with my boyfriend, relaxing with my friends and passing school classes. There are times when I wish I didn't have a boyfriend and I could focus more time on other responsibilities. Ultimately, though, I wouldn't change a thing. By the end of my senior year, we will have exchanged more music than can possibly fit on an iPod. I will have attended 11 dances with him and accumulated enough of his clothing to clothe a small family. He always has a shoulder to lean on and knows exactly what to say to brighten my day. Most importantly, through this relationship, I have learned valuable lessons about who I am and what I want for my life. I would have to say that choosing to have a high school relationship is one of the best choices I have made. Regardless of what is going to happen after high school ends, he will always be a huge part of my life. Through my relationship, I tested personal boundaries I didn't know existed and gained a lifelong best friend.

Heard it in the hallway:

Students give their opinions on high school relationships

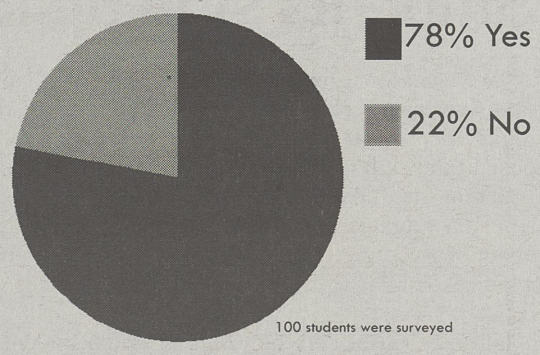
"I think that dating in high school can be either a good thing or a bad thing. It really depends on the relationship between the two people. If the relationship is extremely demanding, it can put a strain on school, family and other social aspects for both. But if the couple understands the need for a balance between school, family, friends and the relationship, then that can be a great thing."
Anonymous

"I believe that dating while you're in an all-girls school can benefit you by giving you social skills with boys you wouldn't have otherwise."
Haley Caulkins

"I think having a boyfriend at least one time in high school is a good thing. It is a good experience to prepare you for more serious relationships after high school."
Ellen DeWitt

"While the boys are still a bit immature, the girls have grown up some and know who would make a good boyfriend and who is just a complete idiot."
Devin Graham

Do you think that there are benefits to dating in high school?



100 students were surveyed

The Pursuit of Hipsterdom

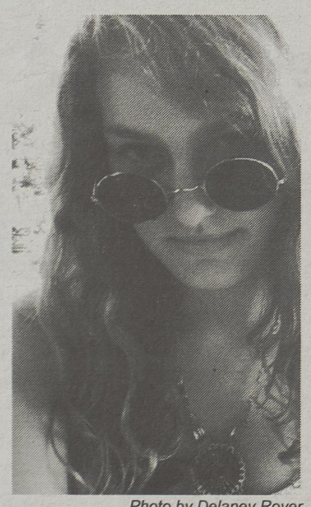


Photo by Delaney Royer

Bonnie Scott
Columnist

Have you ever found yourself sitting in a coffee shop sipping a latté containing only organic soy milk with a pair of wide-rimmed, non-prescription glasses in one hand, and a thick, Russian novel in the other? Or perhaps you've strolled through the streets of downtown, Walkman in hand, pensively recalling that one time in eighth grade when you and your pseudo-intellectual friends dabbled in anarchy. Well, friends, these signs would indicate that you are in fact a hipster. Now, in the rare case that you have acknowledged this, I have embedded in this finely constructed column some tips on how to live a totally ironic lifestyle.

Let's start off with the basics. Fashion, anyone? In order to fight consumerism like a true hipster, you have to, of course, give into it. Shopping is always number one on a hipster's everyday to-do list. Small boutiques and vintage shops are the best places to start (malls are way too mainstream).

Local Honey, located next to Bongo Java on Belmont Avenue, receives five gold stars in any hipster handbook. Small and locally owned, Local Honey offers well-priced and original clothes you can't find anywhere else. Fashionable plaid shirts for fall, floral skirts for spring, long dresses for summertime romances, and colorful coats for winter are just the beginning of it all.

Clothing X Change in Hillsboro Village is a unique vintage store which usually falls right under the radar. One of the best finds here is the jewelry, though the quality fluctuates and the local art which lines the walls.

U.A.L. on West End at first appears like a messy, Hannah Montana sized closet. Shoes, coats, jeans, dresses, bathing suits and heels line the walls in no particular order. But upon further investigation, hipster classics lie like gems beneath piles of rubble. Though things tend to get a little pricey, some amazing pieces can be found in the sale section in the back.

To set the mood for a perfect day of shopping, ride a vintage bike around and, of course, grab coffee in between stores. Now, off you go! Exercise your rights to life, liberty and the pursuit of hipsterdom.

Staff Editorial

Debt ceiling article attracts attention

It has been brought to our attention that a student was dissatisfied with the tone of the Back-to-School edition's news article concerning the debt ceiling bill. She perceived liberal bias in the article and believed that it attacked the National Tea Party and Republican Party for characterizing them for being "contentious." However, national politics are always contentious, and people on both sides of the aisle would agree that the debt ceiling debate is particularly polarizing.

The Congressional Research Service reports that the debt ceiling has been raised 74 times since 1962. However, according to The Washington Post, this legislation usually "prompts partisan posturing, but little real drama. This time is different." With the national debt at its highest level in 50 years, the Tea Party's stated purpose, according to their own website, is to "stand up so our children inherit as great a nation as we did—not a socialist paradise crippled by debt."

While most high school papers focus solely on high school news, Logos feels that we have a responsibility to inform our school community about national and world issues. Therefore, Logos will continue to cover these news stories.

Logos seeks to involve the Harpeth Hall community by interviewing students and faculty about these issues. We consult faculty members based on their areas of expertise, not on their political convictions. For example, in the recent article on the debt ceiling, Dr. Mary Ellen Pethel was interviewed because she is the Economics teacher. In other articles covering world news, Dr. Art Echerd and other members of the history department have been consulted. When interviewing students, Logos includes different viewpoints and different grade levels.

Logos will continue to publish timely and objective coverage of world and national news as well as news from the school. It is not the intention of Logos to alarm or upset; however, we believe that the students and teachers must be kept informed about world events. Logos seeks to cover these events in an appropriate and thought-provoking way.

Logos encourages any student or faculty member who wishes to respond to an article to submit a letter to the editor on www.logosnow.org.


Debt ceiling raised, tension remains

Caitlin Casey and Natalie Gideon
Co-News Editors

After weeks of contentious battles in both the House of Representatives and the Senate, President Obama signed a bill to raise the debt ceiling into law on Aug. 2. According to The New York Times, provisions of the bill include a $2.1 trillion dollar cut in government spending over 10 years, coupled with a new congressional committee designed to reform and curtail spending.

The bill also calls for extended borrowing authority for the Department of the Treasury. The bill passed in the House of Representatives by a margin of 269-161, signifying a compromise between the two parties, although partisan tensions remain. The Obama administration would have been forced to default on its debt and incapable of paying the government's daily bills if the current 14.29 million debt ceiling had not been raised.

Following the passage of the bill on Aug. 5, credit rating agency Standard & Poor's downgraded the U.S. government's AAA credit rating to a AA+ rating, the first downgrade in U.S. history. Reductions in credit rating occur when an entity, in this case the U.S. government, could possibly not repay loans or become an 'uncertain' risk.

Although this is the country's first reduction, the debt ceiling has been raised 74 times since the Congressional Research Service. Since 2001, the debt ceiling has been raised 10 times.

Never before has the debt ceiling become such a contentious topic in national politics. Many attribute the heightened national interest to recent party politics.

The Tea Party gained prominence after the 2010 elections when, for the first time, Tea Party candidates gained seats in the House and Senate. The more conservative Republicans [illegible] served as a polarizing force in [illegible] political.

Dr. Pethel decodes the debt ceilin
An interview with the economics guru

What does the term "debt ceiling" mean?

According to The New York Times, the "Federal law requires Congress to authorize the government to borrow any money that is needed to pay for the programs that Congress has passed. As the national debt has grown, the Treasury has periodically bumped against this debt limit or debt ceiling." When this happens, Congress raises the limit. The debt ceiling has been raised numerous times under both Republican and Democratic presidents. However, this year the debt ceiling issue became a battleground for House Republicans led by the latest wave of Tea Party Republicans elected in 2010) and the Democrats who control the Senate and the Presidency.

Had the debt ceiling not been raised, what would have happened to the U.S. and the world?

The debt limit prior to this latest compromise was $14.29 trillion, the highest in United States' history. Government spending was fueled by two wars (Iraq and Afghanistan), health programs (marked by a rapidly growing senior population, and additional money spent by the government to combat the financial crisis). Without raising the debt ceiling, the federal government would not have enough money to fund programs like Social Security and to repay the debt owed to other countries.

The bill passed to both raise the debt ceiling and cut spending for future years, appeasing both the Democrats and Republicans. However, bickering between parties resulted in a credit downgrade of the U.S. government.

Why did S&P downgrade the U.S. credit rating?

The S&P which is a credit rating agency, downgraded the credit "score" of the U.S. based on prior spending, our GDP (how much we produce and earn), and short-long-term financial planning. In other words, the agency does not believe the U.S. is in a good financial place and lowered the U.S. credit score to reflect their assessment.

Glossary of Terms

Debt ceiling: the maximum amount the U.S. government can borrow at a time

Default: to fail to pay a debt

Standard and Poor's: an agency that studies financial markets and rates credit of companies and governments, determining whether or not the company or government is a good credit risk

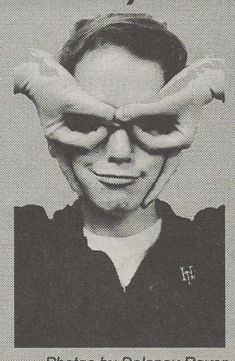
Credit rating: a number that measures a borrower's ability to pay back a debt. A high credit rating shows that borrowers are able to pay back what they borrowed

In the previous issue of Logos, students and teachers reflected on the debt ceiling crisis.

THE BANTER

"I love MBA, how 'bout you?"





Photos by Delaney Royer

Maggie Patterson and Jane Winsett
Columnists

Maggie: Could you give me a ride home after school on Friday?

Jane: I wish I could, but I'm busy! First I need to run by Hobby Lobby to get red paint and glitter, then I'll cruise over to Dick's to get pompons, and then I'm going to a friend's house to get ready for the MBA carnival, after which I will wander around during the football game, and then...

Maggie: All right, stop. How can you justify spending your time and money on those chauvinists? Those guys would never go out of their way to support Harpeth Hall events. Let me ask you a question. How much MBA paraphernalia do you own?

Jane: Well, that might take me a while to determine, but six sweatshirts, two pairs of sweatpants, gym shorts, eight t-shirts, a baseball cap, a foam finger, toe socks and one pack of MBA football themed temporary tattoos.

Maggie: That is quite a large collection, Jane. I can tell that your admiration for your sexist little friends is immense. I ask you, just how long will girls continue to fling themselves at boys who wouldn't spare a second of their time to support their sisters?

Jane: I go to the games for my own enjoyment, not so I can throw myself at any passing boy wearing MBA attire.

Maggie: You paint your stomach for yourself? You wear false eyelashes for YOURSELF? Jane, you nut, you are selling your soul to MBA bit by bit. As a friend, I can't let you do this without speaking up.

Jane: I understand, you little feminist friend o'mine. Since you need a ride, would you like to accompany me to Hobby Lobby Friday? You could pick up some more hot glue sticks for your collection.

Maggie: Okay. And then I guess you can just take me to the game so you don't have to make an extra trip. And I can probably bring the false eyelashes I got for my birthday. But I'll have you know, I'm only wearing them to make a mocking statement.

Caught in Charlotte's Web

The disparity between arts and sports



Photo by Delaney Royer

Charlotte Hughes
Columnist

Why does Harpeth Hall require all students to take three and a half years of PE, but only one of art? Why do we have numerous events celebrating athletic achievement, but a precious few student art shows?

I don't go to the sport games we have every other day, but I always look forward to seeing the student art shows at the end of the year. Who decided that fitness was more important than artistic expression? Yes, we have the option to continue taking art, but we do not have the option to stop taking PE. Why aren't we given this choice? Making PE optional would let the artistic students follow their creative passions.

Athletic students can drop art after one year and have a study hall or take an extra class, but it is impossible to take two art classes at the same time, or have art and a study hall. Why aren't we forced to take multiple years of art? Shouldn't we be learning how to create original works when most of our classes force us to regurgitate memorized information?

I think we need to appreciate the arts more. We have amazing facilities and fantastic teachers at our disposal. All we need is more confidence in our artistic abilities. Art II shouldn't just be for the kids who are "really good" at drawing. It should be for any girl who wants to express herself. We would learn to think creatively, instead of just critically.

LOGOS
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Quick fixes for laptop viruses

Miranda Ronnow
Staff Writer

One of the most terrifying moments in the life of a Harpeth Hall student is the discovery that she has become the latest victim of a computer virus. Many students are targeted by computer malware regularly, while fewer students have not yet had this experience.

"I've gotten to know the Bear Cave staff really well, and they're very good at getting your laptop back to you quickly with all of your files still on it," said junior Haley Caulkins. The members of the Bear Cave, Mr. Allen Karns and Ms. Ann Webb Betty, are the lifesavers for many computer addicted students.

In the words of senior Anna Russell Thornton, "Allen Karns is actually a superhero in disguise."

"What we deal with most is malware, which is generally created not to take information from you, but to try to make you buy something like antivirus software," Mr. Karns explained. "A virus is a program created to capture information that they will use to impersonate you."

'Virus' has become a blanket term for all evil programs that are transmitted to a computer, when actually most of us are dealing with malware," said Ms. Betty. "Also, some programs are created just to damage your computer for no particular reason."

Students must be cautious while using the internet because, according to Mr. Karns, "There is generally a bigger problem [with viruses and malware] with high school and college age kids."

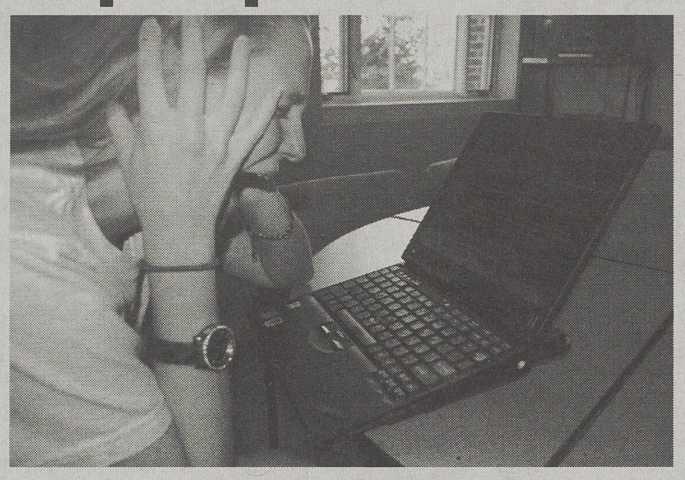
Teenagers are typically subject to viruses because of their frequent visits to websites that offer free music, games, and picture downloads.

"Any time you search for something free, your chances of getting a virus rise exponentially," explained Mr. Karns.

There are ways that viruses can be avoided. Besides steering clear of questionable websites, Mr. Karns and Ms. Betty advised using caution before clicking on anything in a pop-up.

"When you see a pop-up, read what you are presented with. If you are not sure what you are agreeing to, then do not agree," warned Mr. Karns.

Another tip that the Bear Cave gives is to reboot your computer frequently, especially when it asks to install updates.



STUDENT IN STRESS Members of the Harpeth Hall community often panic when they witness the newest effects of computer malware. No worries, Honeybears. The Bear Cave will be here to provide a quick fix. *Photo by Delaney Royer*

Some of these updates may be for antivirus software.

"It may take three minutes," said Mr. Karns, "but it's better than the three or four hours it will take to send it to the Bear Cave to be reimaged."

According to a recent survey, a reported 87 percent of the Harpeth Hall community has acquired at least one computer virus on their school computer. Because of this, tips and tricks from the student body have become helpful to avoid the cyberworld's plagues.

"I got a virus freshman year, and after that, my computer (named Norman) became much more susceptible, almost to the point where I would get a virus every couple of months. However it has been a lot better since we switched to Windows 7," said junior Martha Schull. "Plus, I have been turning my computer off every night, which really helps it unwind after a long day at school. After all, Norman needs his sleep too."

If your computer does contract malicious programming of some sort, "Shut it down immediately," Ms. Betty said. "The more you try [to fix it] and the more clicking you do, the worse it gets."

Moral of the story? Take your computer to the Bear Cave. It's out of the way, and you may have to get your computer reimaged, but it is worth it in the end to have a healthy computer.

Out with old, in with new

Battle between modernization and nostalgia

Delaney Royer
Photography Editor

Over the course of time, the world has moved towards modernization and pushed for further innovation. Though many people long to live in the olden days, technology steadily advances and evolves into a key tool for success.

Students constantly face this dilemma between cherishing the old and embracing the new. The words "paperless," "recycle," and "online textbooks" ring in students' ears as they travel through the hallways.

"I don't mind online textbooks," said junior Natalie Green as she walked through the library. "Actually, I kind of like them, but I personally think Kindles stink. Everyone should be able to feel a book when they read and run their fingers over the writing. Kindles just take that away."

Students have varrying opinions about the value of online textbooks, but many understand Green's perspective. Recently, teenagers like Green, who remains loyal to the past, have become more common.

Such nostalgics often celebrate vintage clothing, film photography and record players, and they frequently visit stores like Grimey's New & Preloved Music or McKay's Used Books. However, with the rise of eBooks and iTunes, finding those remnants of the past has become more and more difficult in Nashville.

Could private online schools be the next rare commodity? The rise in enrollment for online schools is notable. These electronic institutions first appealed to college students, but the trend is slowly developing in high schools.

"Honestly, I don't like it as much as I enjoy sitting in a class," said junior Cat Weiss, a student of the Online School for Girls. "It's very difficult, and things can go wrong easily if you don't know what you are doing. The only reason I am in AP Music Theory online is because Harpeth Hall doesn't offer it, and it's the only way I can take this subject."

Though junior Kayleigh Land takes a different online course, AP Psychology, she provides a similar opinion of the digital material.

"It's really hard, and I have to miss out on some activities I would want to participate in because of it," said Land. "Otherwise, I really enjoy the material I'm learning, so I would say it's worth the challenge."

Weiss and Land are just two of the students enrolled in an online course outside of their regular schedule. The Online School for Girls offers various classes that are accessible from home through the Internet.

With screencasts instead of lectures, online homework and Google Docs, Harpeth Hall has incorporated more digital elements into the curriculum, leading some students to lament and others to rejoice.

When it comes to whether or not students should embrace the past or the future, there appears to be no single right answer. In the Upper School, a push for modernization coexists with a desire to preserve the past. The world may be advancing toward a futuristic era, but that does not mean the past will be forgotten.



MUSIC MAJESTY Junior Natalie Green peruses the endless rows of records and CDs at Grimey's New & Preloved Music. *Photo by Delaney Royer*

Hitting the right note:

Myrick's musical ensemble sings out

Sarah Oppenheimer
Copy Editor

The Pop/Rock Ensemble, led by physics teacher Mr. Scott Myrick, has been practicing all year. They have been dedicating hours both inside and outside school.

"It's instruments. It's vocal. We've got lots of harmony," explained Myrick.

The singing group was started by Mr. Myrick as a result of the cancellation of the Rock Band. He was asked by Upper School Director Ms. Jess Hill to start a group that would not count for school credit and would meet regularly as an extracurricular activity.

During practices, singers and musicians separate into group to practice their specialized parts. Then, they combine their portions to create complete songs.

"I like getting to know people I didn't know as well beforehand," said senior Lilly Carver.

The group meets in the orchestra room every Wednesday and Friday morning. Occasionally, members of the group meet in Mr. Myrick's classroom.

Mr. Myrick is no stranger to leading a student band, as he has led bands both at Martin Luther King Jr. Magnet High School and Hume-Fogg High School. The Harpeth Hall community recognizes him as both teacher of the Winterim songwriting class and the founder of an acappella group that began in Winterim 2009.

In his new singing group, he arranges the sheet music; however, the group mostly plays by ear.

"We don't buy music or look up charts online," Mr. Myrick said.

He is confident that the musical group will be a success.

"I just want it to be as high quality as it can be musically, which I really think it will be because there's a lot of talent in that group," continued Mr. Myrick. "I'm really pleased with them so far, and I think they will be really good."



TWIST AND SHOUT Senior Lilly Carver and junior Lizzie Boston, two of Mr. Myrick's singers, involve the crowd with lively dance moves to complement their vocals during their first performance. *Photo courtesy of Ms. Marie Maxwell*

Behind the SPOTLIGHT



Jessica Goldenring
Staff Writer

Butterflies, jitters, queasiness and goose bumps. Most people experience these feelings of anxiety before they face a challenge. Whether for a play, sport, dance or even a test, everyone becomes nervous. For each activity, there are many traditions. In the following interviews, various members of the school community describe their secret stresses and behind-the-scenes rituals.

Millie Wert

Dancer

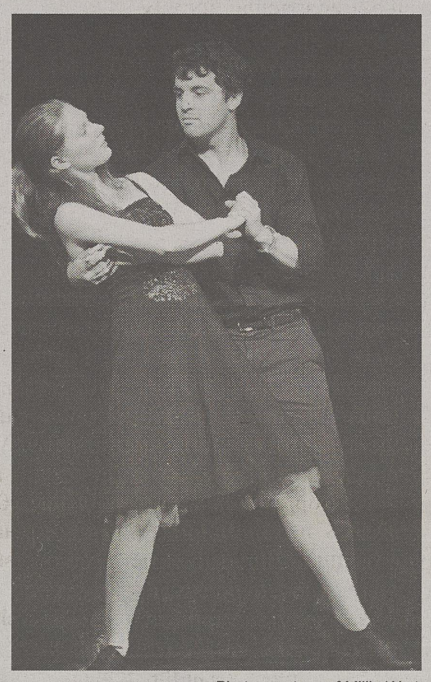


Photo courtesy of Millie Wert

Do you have any traditions as a dance company that you do before a big concert?
Well, on opening nights we always have star cookies that the seniors bake for the entire company. Eat a star be a star!
How do you feel before you step on stage for a performance?
A huge adrenaline rush. It's exciting but scary at the same time. It's like jumping off the high dive!"
Do you have a "lucky charm" that you wear during every performance?
A heart necklace that I wear to every audition.
What do many people misunderstand about dancing?
It's a huge façade. Our whole job is to make everything look easy.

Meg Mitchell

Athlete

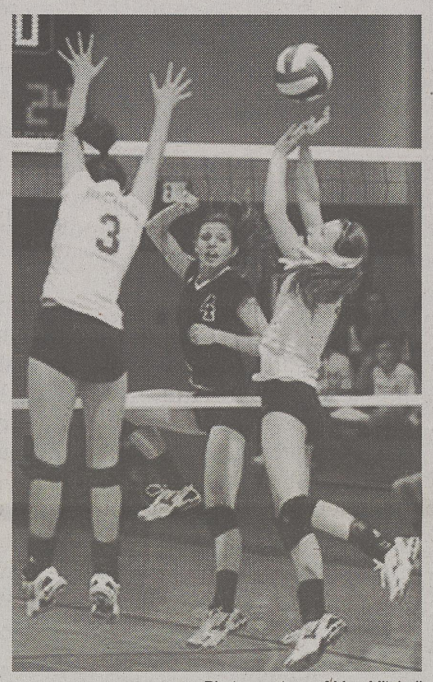


Photo courtesy of Meg Mitchell

Do you have any traditions as a volleyball team that you always do before a big game?
We do this cheer called OH-TELL-LAY-LAY and this hand clap thing.
How do you feel before you start a game?
Nervous, but a good nervous. We can't wait to dominate the other team. Solid.
What do many people misunderstand about volleyball?
They don't realize the amount of strategy it takes. People think it's just hitting a ball back and forth, but we study different plays.
Who inspires you when you feel self-conscious?
Partly myself because I've played for so many years and I want to live up to expectations, but also our seniors. This is their last year, and I want to make it worth it.
What song pumps you up before a big match?
'World's Greatest' by R. Kelly.

Lizzie Boston

Actress

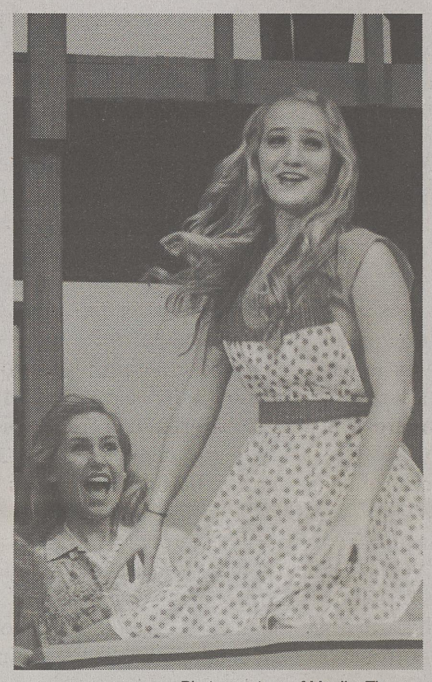


Photo courtesy of Mr. Jim Thomas

Do you have any traditions as a cast that you do before a play?
We gather in a circle and the directors give us a pep talk—inspirational talk, if you will. We get excited and freak out!
How do you feel before a performance?
Butterflies in my stomach, but usually anxious [because I] want to get out there and do it. It's a good kind of anxiety
What do people misunderstand about acting?
A lot more work is put into it than people would think. There are more aspects than just knowing the lines.
Who inspires you when you feel self-conscious?
Usually Ellie Hitt who has been doing Harpeth Hall theater with me since ninth grade.
What songs pump you up before the curtain rises?
'Party Rock Anthem' and 'The Final Countdown.'

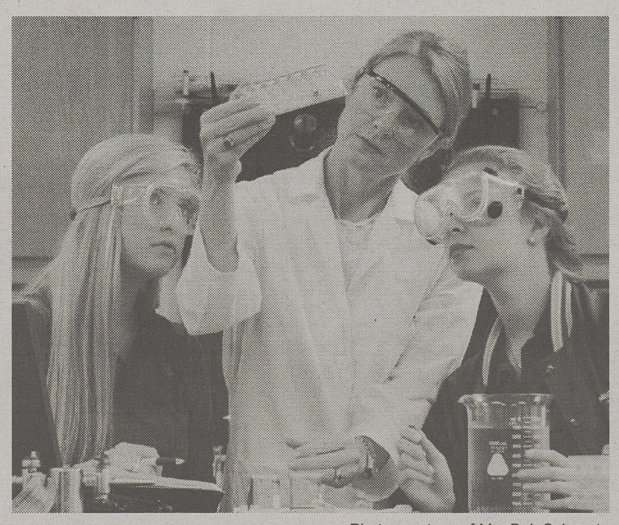


Photo courtesy of Mr. Bob Schwartz

Legare Vest

Teacher and Coach

How do you decide what to teach?
There is a set curriculum agreed on by the department. We plan ahead when we look at the curriculum and plan ahead for the students on a daily basis.
Do you ever feel nervous before you teach?
I'm comfortable with the material, so I don't really think anybody would get nervous. I would probably guess that none of my colleagues get nervous either.
Do you get more nervous when you coach lacrosse?
Definitely because the anticipation is so high, and every time we go on the field, it's like a test. There are certain factors that you can't control, so yes, I definitely get nervous—can't-eat nervous—before games.
What do you do to calm your worries?
Nothing! I will be nervous until the first goal is scored, or until I feel comfortable. You can bet that I am as nervous as you are when you take the field, but I don't get to run around and release the adrenaline.
Who inspires you if you ever feel self-conscious?
My family inspires me to be the best person I can be. I want them to be proud of me.

What the school eats: A

Dude, where's my food?

Upper School students and faculty who regularly eat in the dining hall have noticed that portions are getting smaller, and less food is available during the Upper School lunch hour than last year.

Upper Schoolers have complained that soups seem to be disappearing. Ms. Robin Cross, Food Service Director, explains that most soups are extremely high in sodium and have been cut from the menu in efforts to provide healthier options.

Some believe that Middle Schoolers are to blame for the shortage of other foods. Upper School students and faculty have complained that since Middle Schoolers eat earlier than Upper Schoolers, the amount of food left for Upper Schoolers depends on how much the Middle School consumes. Some say that Middle Schoolers take unreasonable portions and end up throwing away large amounts of uneaten food.

Ms. Cross explains that the shortage of food on certain days is due to fluctuations in student consumption. For instance, the first day that barbecue sandwiches were served this year, 40 pounds of pork was cooked. Enough pork for 20 sandwiches was left over. The next time pork sandwiches were served, Ms. Cross again cooked 40 pounds. This time, all 40 pounds worth of sandwiches were eaten.

Sometimes more students bring their lunch or opt for another bar option. Due to these uncontrollable variables, day-to-day student consumption is unpredictable.

Sometimes food is being taken out of the oven and is on the way to the bar. If a certain dish seems to be gone, talk to or email Ms. Cross to alert her about the outage.

Ms. Cross advised, "The next time you find that a dish is unavailable, ask a dining hall staff member if it's actually out. We might have more in the back!"

Are these cookies getting smaller?

I love the new yogurt bar!

How do they make this much pasta?

Where did the mushroom brie soup go?

Are these veggies local?

HARPETH HALL
MENTEM SPIRITUMQUE TOLLAMUS
NASHVILLE, TN
1951

What's new?

- One soup available each day instead of two due to sodium content
- Greek yogurt instead of non-Greek yogurt
- Listing vegetarian and gluten-free soups on the menu
- Ensuring there are food options for students and faculty with allergies
- Eventually, soups will be made from scratch as opposed to heated from a can

All we need is grub

Tina Qian and Maddi D'Aquila
Editors-in-Chief

From farm to tray: The journey of your food

As the sun rises, Ms. Donna Green opens the dining hall kitchen. It is 6 a.m., and it is time to begin making enough salad to feed an entire student body. As Ms. Teresa Harrison prepares the cart meals—only available to juniors, seniors, and the faculty— others fire up the tilting skillet to prepare 114 pounds of ground beef. Before the first student sets foot on campus, the dining hall staff is hard at work preparing the noontime meals.

Origins

The long and perilous journey of our food begins at local and corporate farms.

Harpeth Hall orders some of its meats and vegetables from Sysco Nashville. According to www.robertorrsysco.com, Sysco Nashville, a full service distributor founded in 1859 on the historic Second Avenue in Nashville by two Irish brothers, provides three states with fresh produce, meats and seafood.

When possible, food is ordered from Delvin Farms, which is a local Franklin farm that provides seasonal produce like squash and cantaloupe. Vegetables are also ordered from a local farm in Kentucky called Creation Gardens. Bread comes from Provence and Sysco.

Groceries arrive twice a week—every Monday and Thursday. Groceries are stored in two large walk-in freezers and a walk-in pantry. Every morning, Ms. Cross leaves a production sheet for the staff, detailing how much of each food item is needed for the day.

Quantities

The menus and amounts of food are based on past experiences for each dish. If a particular meal is served and has a large amount of leftovers, a smaller quantity of that meal is prepared the next time. However, each dish is tried twice before being deemed a failure or success.

"I try to balance the menu with what the faculty likes and what the students like," said Ms. Cross. "For instance, the faculty loves baked tilapia which the students don't. So I try to pair that with something students like, such as nacho bar."

When the staff completes each dish, they mark it on the production sheet. Also on the log is the amount of food left over and notes about the lunch day. For example, if a large amount of fried chicken was left over, a note would be left so that Ms. Cross can edit amounts for next time or investigate explanations for strange occurrences.

"One time, we served fried chicken, and only a fraction was consumed. Turns out, the science classes had dissected chickens earlier that day," said Ms. Cross.

Appliances

The dining hall staff utilizes industrial kitchen appliances to produce the large quantities of food necessary for a 5-12 school. Tools include three ovens, including one specifically for cookies; steamers for vegetables; tilting kettles for steaming 10 pounds of pasta; three fryers and a tilting skillet for 114 pounds of food.

A magical tour of Pottermore

Anna Russell Thornton
Staff Writer

When J.K. Rowling hinted at the launch of a new project called "Pottermore," Harry Potter fans world wide made enthusiastic conjectures as to what this "Pottermore" would be. Some fans thought Rowling would be publishing another book series, perhaps about Harry's parents' experiences at Hogwarts. Others thought it would be a release of exclusive material providing deeper insight into the series. Some even thought it would be an online social network exclusively for Harry Potter fans. All eagerly awaited J.K. Rowling's official announcement.

When the announcement finally came, fans were more confused than ever.

Rowling released a video addressing the remarkably loyal and passionate Harry Potter readership and said, "I'm thrilled to say that I'm now in a position to give you something unique: an online reading experience unlike any other. It's called Pottermore…the digital generation will be able to enjoy a safe, unique, online reading experience built around the Harry Potter books."

Many fans were put off by this cryptic statement, thinking that the long-anticipated Pottermore would be nothing more than, as senior Lilly Carver put it, "some kind of dumb Neopets thing."

Fortunately, the Harry Potter fans decided to give Pottermore a chance, and if Lilly Carver's experience is any indication, they are overjoyed with the result.

Carver is one of the few who solved a series of riddles and was granted early access to Pottermore. Fans answered trivia questions such as "How many breeds of owl are featured on the Eeylops Owl Emporium sign?" and were then sent on a hunt to find the "Magic Quill." Once the quill was found, the user would be given a username and the opportunity to enter Pottermore as a "beta tester." These beta testers served as guinea pigs, providing feedback to Rowling and her staff as to what can be changed or improved before the website is made open to the public in October.

The immediate reaction has been overwhelmingly positive. Social networks like Facebook and Tumblr were flooded with posts proclaiming the wonders of being able to enter the world of Harry Potter.

So what exactly is this "safe, unique, online reading experience" Rowling described? Pottermore is a website that allows users to step into Harry's shoes and experience Hogwarts as he did. Essentially, Pottermore walks the user through the books by creating virtual experiences of three or four scenes from each chapter. As Harry prepares to leave for his year at Hogwarts in "Harry Potter and the Sorcerer's Stone," the user is sent to buy school books, acquire a pet of choice (owl, toad or cat) and open a Gringott's account in Diagon Alley.

When Ollivander sells Harry his wand, users answer questions about their personality and physical appearance, and they are sold a wand as well. Most importantly, users are sorted into one of the four Hogwarts Houses: Gryffindor, Ravenclaw, Hufflepuff or Slytherin.

To be sorted, the user completes an extensive survey that asks questions like "Do you prefer a sunrise or sunset?" and "Would you vacation to the mountains or the beach?"

Some users are given a choice between two clubs if they are suited equally for both. For those who are not Harry Potter aficionados, Gryffindors are typically known for bravery and loyalty; Ravenclaws for intelligence and wit; Hufflepuffs for kindness and serving; and Slytherins for ambition and cunning.

Upon being sorted, Lilly Carver found herself in Hufflepuff. Carverwas initially disappointed, since Hufflepuff has long been thought as the weakest of the four clubs.

"After I read the description about the Hufflepuff house and the people that get sorted into it, I came to realize what a solid house it is. I'm proud to be a badger!" said Carver.

In addition to the interactive activities, Rowling provides exclusive background information on characters or items that had been left up to speculation. For example, it turns out McGonagall was once married (who knew?) and the intriguing topic of wand lore is explored in great detail.

Throughout the reading experience, the user collects items for her trunk: galleons, chocolate frog cards or items useful for making potions or casting spells.

Potion-making, Carver said, has been her primary frustration with Pottermore. Sadly, she is not the spells and potion master she thought she would be. Snape would not be pleased.

Carver is not alone; most of the users on Pottermore have lamented the difficulty of potion-making. Such constructive criticism, is the only type of criticism the site has received.

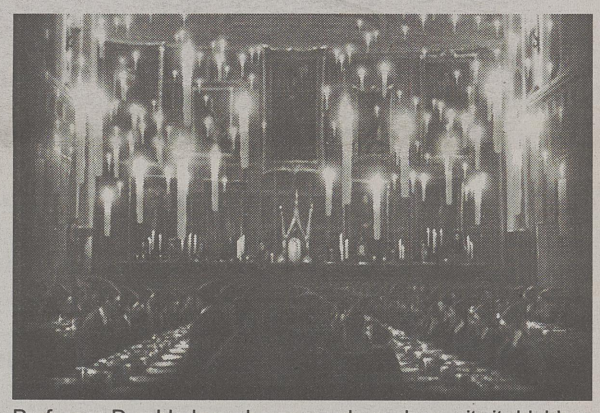
Despite initial apprehension, fans of all ages are thrilled with the realistic and three-dimensional animation, the exciting interactive experience and the opportunity to attend Hogwarts alongside Harry. The rest of the Harry Potter fan base who remain locked out of this wondrous virtual world anxiously await the general admission in late October. For more information, see the Pottermore Insider, a blog about all things relating to the site or follow Pottermore on Twitter.



An owl sits on the headmaster's desk, beckoning young witches and wizards to the magic quill.



The sun rises over Diagon Alley as the shops open for the day.



Professor Dumbledore shares words such as nitwit, blubber, oddment, and tweak at the start of term feast. *Photos courtesy of Lilly Carver*

'Help!': Which Beatles songs to purchase on iTunes

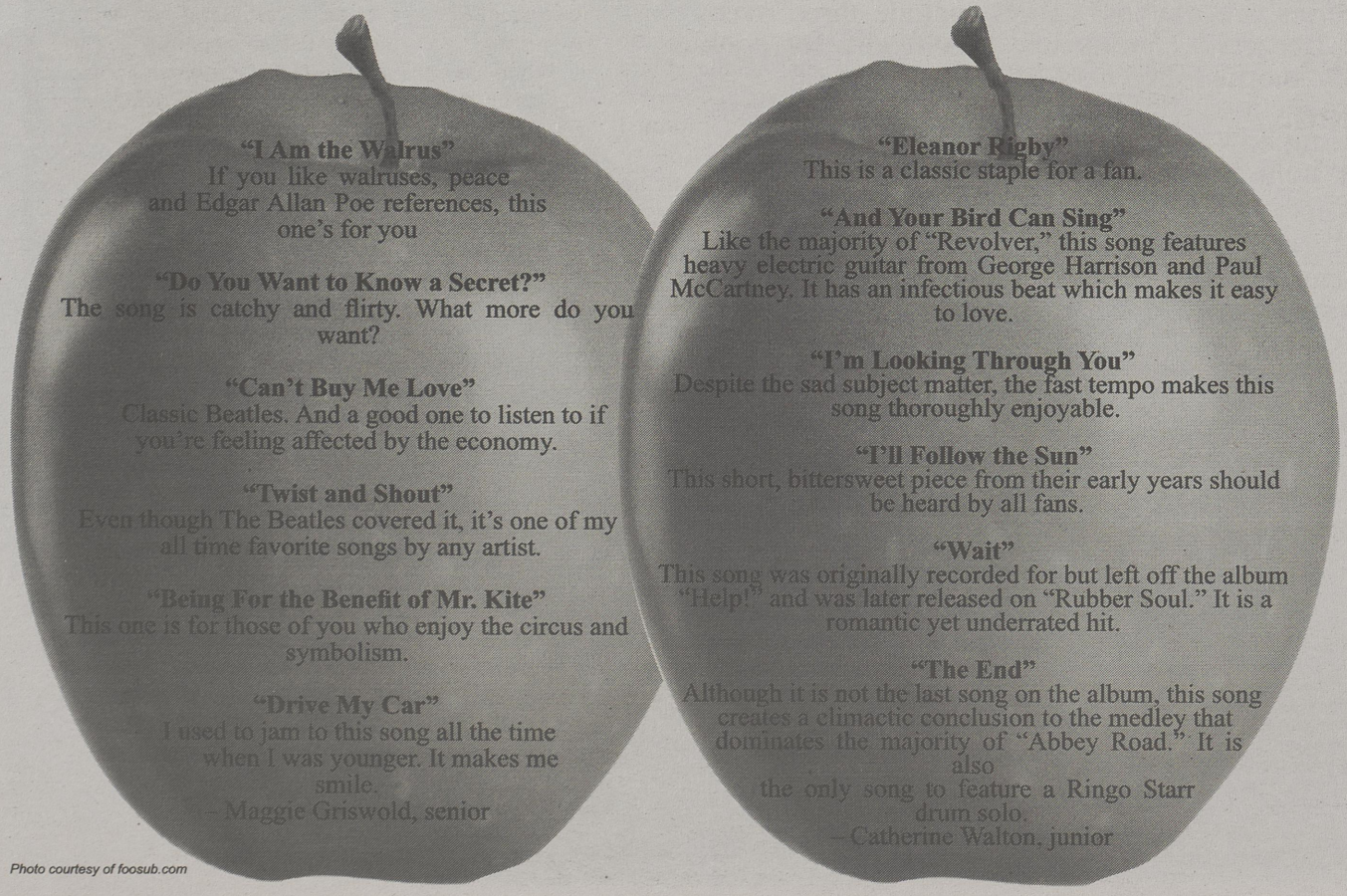


Photo courtesy of foosub.com

Julie Wilson
Entertainment Editor

For years, The Beatles were not on iTunes due to a long-standing conflict between Apple Inc., the company that produces computers and iPods, and Apple Records, a record company founded by The Beatles.

The record company was frustrated when Apple Inc. was created, and the two made an agreement to let Apple Inc. keep the name as long as the computer company never got involved in music.

In 2001, Apple Inc. released the iPod, and it was declared that The Beatles music would never be put on iTunes. Almost ten years later, a new agreement was reached and The Beatles music was released on iTunes to great success.

With 13 studio albums, The Beatles have plenty of variety for their fans. However, some fans are overwhelmed with the vast amount of Beatles music and do not know which songs to get.

"I'm so happy that The Beatles are finally on iTunes and everything got resolved. I can't wait to download some of their peaceful music and add it to my hippie playlist," said sophomore Juliana D'Eredita.

Logos asked two ultimate Beatles fans, Maggie Griswold and Catherine Walton, to face off and decide what are six Beatles songs that fans should purchase on iTunes.

Faculty iPod
Dr. Jeffrey Canter

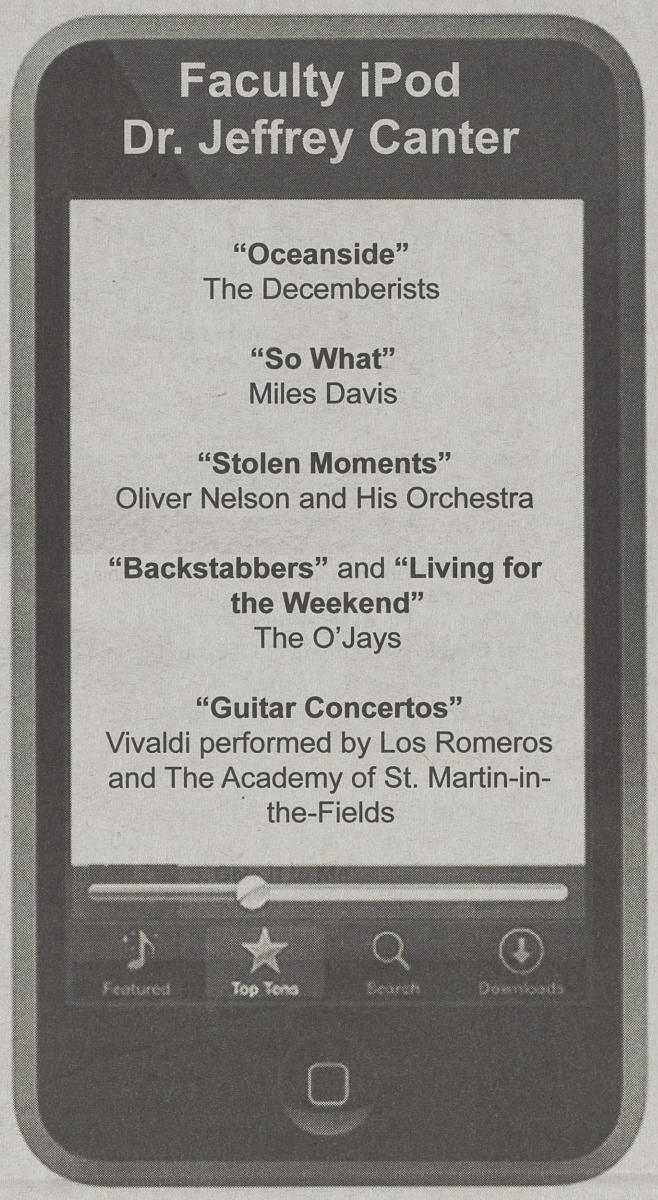
"Oceanside"
The Decemberists

"So What"
Miles Davis

"Stolen Moments"
Oliver Nelson and His Orchestra

"Backstabbers" and **"Living for the Weekend"**
The O'Jays

"Guitar Concertos"
Vivaldi performed by Los Romeros and The Academy of St. Martin-in-the-Fields



"I was in Strength and Conditioning, listening to a country song, and I automatically assumed Taylor Swift had come out with a new single. J-Ro agreed that it sounded like Taylor, but informed me that it was Kynlie's work. I was amazed. She is really talented."

Caitlin Casey, senior

Kynlie Freeman to release new album

Songs have 'just the right amount of ooh and ahh'

Martha Schull
Co-Entertainment Editor

While most of us spent our summers sunning ourselves on the beach (equipped with SPF 45+ of course) or idling away the hours glued to some kind of screen, our very own junior Kynlie Freeman was producing her debut album, which will hit the iTunes shelves in late September. Freeman has been taking piano lessons since she was in 1st grade and learned to play the guitar at the ripe old age of 12. She also picked up the ukulele the summer after her freshman year. She had always been a writer as a kid, making up short stories and songs here and there. However, Freeman decided to pursue a career in music when she took Mr. Myrick and Mr. Croker's Songwriting for Guitar Winterim class.

"I had already been writing before that class—I wrote 'In Your Arms' before that—but it really encouraged me to write more often and make it a bigger part of my life," she said.

And has she managed to incorporate music into her life! She works with producer Bill McDermitt at his studio on Music Row a few times a week.

On May 1, she released an EP of four songs. At this point in our interview I grew slightly confused and sort of nodded along, trying to look cool like I knew what an EP was. Freeman very graciously informed me that an EP is an "extended play," simply a set of four to six songs released before a full-length album to give fans a preview.

The EP was very successful on iTunes and currently has 41 reviews and a five star rating. In the months following, Freeman spent most of her time in the studio or playing around Nashville. She went to open mic nights at local music hubs, including the famous Bluebird Café. She played birthday parties and traveled to a music festival in Oakridge, Tenn. just outside of Knoxville. Freeman also opened for former Belmont student and musician Chris Carpenter at Nashville coffee shops and restaurants.



Kynlie poses for a promotional photoshoot for her album. Kynlie's songs can be purchased on iTunes for 99 cents, and her new album will be released this fall. *Photos courtesy of Kynlie Freeman*

This summer alone Freeman wrote over half of her new, full-length album, coming out this fall. It features five new original songs and her single "Guess" which came out in July. The album will also include the four songs from the May EP. She was a performer by night, songwriter by day.

"The EP songs have been redone and are more produced than before, so fans should definitely buy the whole album because it will be different from things I've released," Freeman said.

The theme of the new album is learning from whatever situations life throws at you. All of the songs are written and sung by Freeman herself, something she thinks is very important in today's music business.

She elaborated, "I try to write as much as I can because it's really a commodity in the music industry if you can play, sing and write. These days people are taking songwriters and pairing them with the performance artist. This way neither one gets full rights to the work, but if you write your own songs, you can take full ownership."

When asked if she wanted to continue her musical career in the future, Freeman enthusiastically agreed. She tries to keep up with her writing alongside her schoolwork as much as possible and feels music is her true passion.

To learn more about Freeman's music and listen to her songs, check out her YouTube channel, "like" her on Facebook, follow her on Twitter or visit kynliefreeman.com.



Left: Freeman's single "Guess" is available on iTunes.

Right: Singer-songwriter Freeman plays her ukulele during an official photo shoot for her album. She has been playing the ukulele since 2009.



Kynlie Freeman's songs currently for sale on iTunes for 99 cents

"In Your Arms"

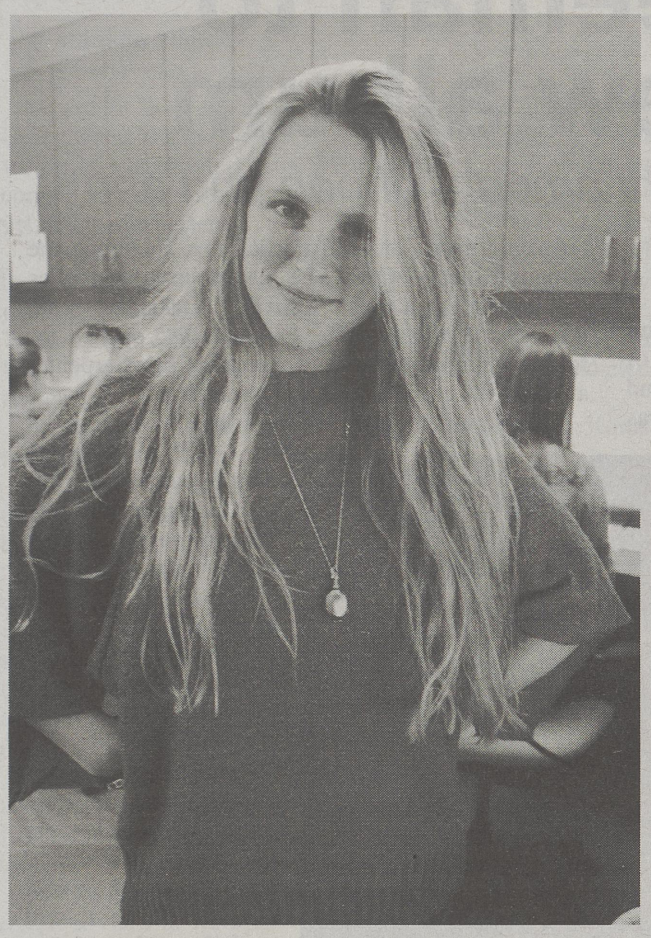
"Nothing on my Mind"

"When I'm With My Friends"

"The Villain in the Song"

"Guess"

The write stuff: Q & A with award-winning student writer



A TALENTED LADY: Senior Mary Liza Hartong devotes her life to creative passions and talents. *Photo by Delaney Royer*

Arianna Frederick
Staff Writer

When not busy performing her duties as Student Council President, senior Mary Liza Hartong spends her time writing poetry. She recently entered a poetry contest sponsored by the World Poetry Movement. As a finalist in this contest, Hartong's poem, "Cups," will be published. She is also in the running for the $1000 grand prize.

What is your poem called and what is it about?

The poem is called "Cups," and it is about taking a step back from childhood and realizing things about yourself and your parents that you didn't know before. It's about growing up. It's about not growing up. Maybe it's just about cups.

How did you get involved with the poetry contest?

I have a website that tells me when writing contests are coming up. So, I'll just spend an afternoon submitting to ten of them, and then I forget about them, and eventually, I receive an email from the contest, sometimes with good news, sometimes with bad. Once a contest sent me $100 out of the blue. I believe I used the money to buy Webkinz and cookie dough at Walgreens.

What prize will you receive if you win the contest? What will you do with the money?

$1000 dollars, I hope! And if I win, I will go on an eBay shopping spree. I really must stock up on bejeweled denim jackets before the Dolly Parton convention.

How does the contest process work?

I basically just submit my poem and then wait to hear back. But oh, the agony as I wait for a bunch of bespeckled, old men to decide if my literary musings are brilliant or only slightly excellent!

When did you start submitting your poems to contests?

I have been submitting since seventh grade, but I have submitted a lot more in high school. Once you become confident enough, you really start wanting people to see your writing. Otherwise it would just be sitting in files in my basement labeled "Back Off, Creepers!"

Do you plan on submitting more poems in the near future?

I plan on submitting poems for the rest of my life. And maybe even in death, if I return as a zombie.

Do you want to be a writer/author when you are older?

The ideal would be to be an author and illustrator of children books… but that's tough because writing doesn't put bread and butter on your table. I'll probably have to be a waitress or a puppeteer until my career takes off.

What do your poems say about you?

My poems are usually quirky and simply written. I don't think poems should confuse you. I think they should connect with you.

What other forms of writing do you do?

I have tried to write prose before, but I have no attention span for it. However, I do write a lot of parodies. Also a lot of screen plays which I start but never finish. I find they're more hipster that way.

Who are your influences?

Billy Collins, who I've actually met, Frank O'Hara and Sharon Creech.

Do you have any advice for writing?

Never use emotional words like love, suffering, anguish, beauty, etc. Don't use them in a poem because those words mean different things to everyone. By making your poem personal, it will become universal. Also, adverbs and adjectives are privileges, not rights; don't overuse them.

I guess the biggest advice I have is if you want to write something great, don't just sit down and expect to create the next great American novel. Most of writing is the work beforehand. If you find an idea and spin it around in your mind for a while, the writing will come easily.

Cups

Mary Liza Hartong

My father is moving today,
gathering all of his belongings into his arms
as a child does with stuffed bears,
while I pack up the kitchen.
As I roll the cups in white paper towels, stretching
them tight as mummy wraps,
I keep thinking, "Why does a bachelor need
so many cups?"

He has them in all colors and sizes,
mugs from places he's never been,
glasses from his wedding, to-go cups he hasn't
thrown away.
There must be hundreds of them, stacked, tucked,
shrugging to fit into corners.
Most of them came from my old house
(old life too, really)
when he still shared them with my mother.
I guess he got custody of the cups in
that great debate,
a consolation prize of sorts,
piled high in the cupboards of his small kitchen.

Strange to think those cups were once in my house,
sitting beside my breakfast plate
or next to my sneaker.
When he moved out, I guess I never noticed
their absence,
nor his, as I do now.

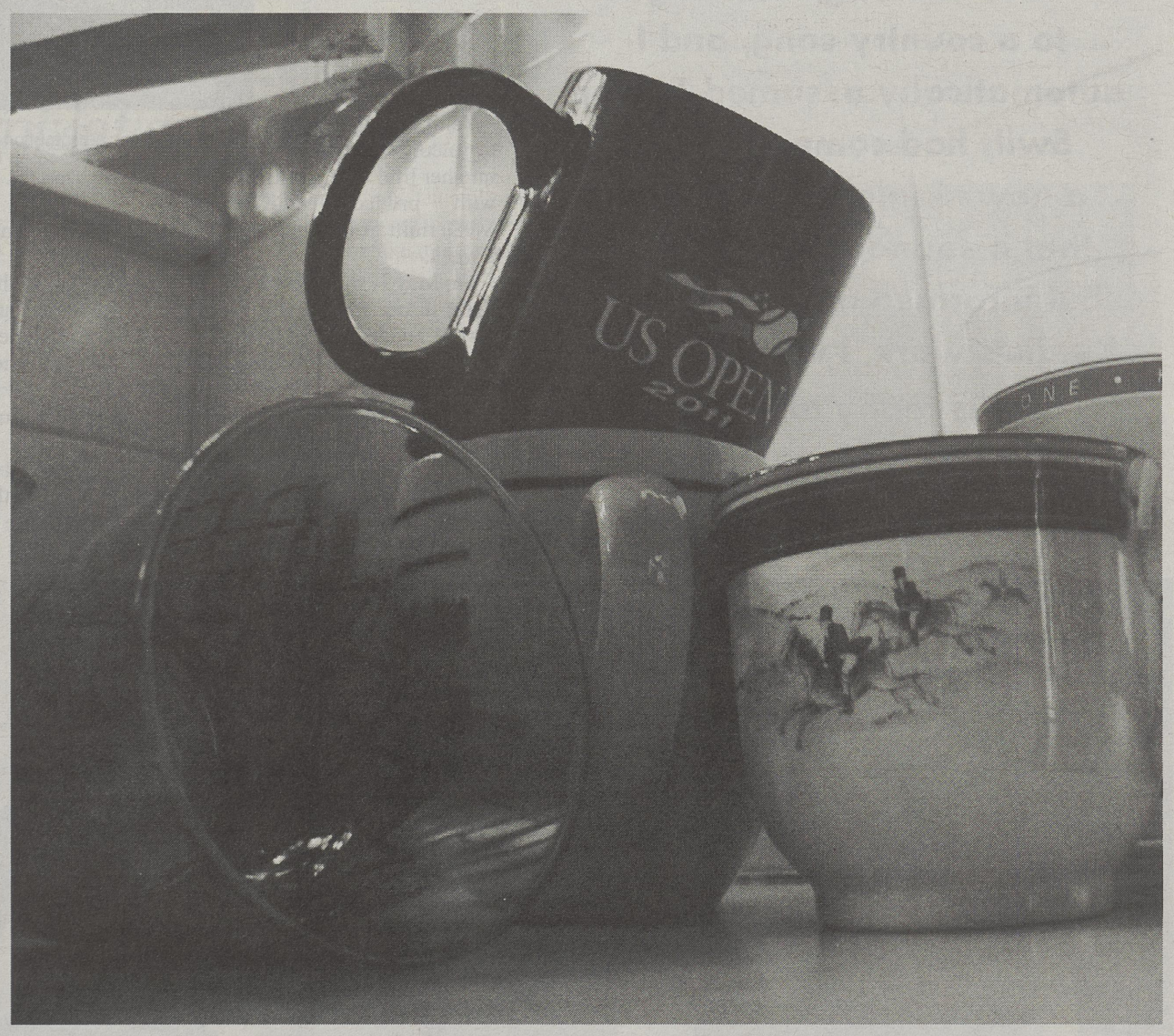


Photo by Mary Liza Hartong

"Pajama Game" review



PJ GANG: Claire Crawford and the "Pajama Game" factory workers sing their hearts out in "She's Not at All in Love." *Courtesy of Ms. Joanne Mamenta*

Carson Hewett and Jocelyn Sitton
Staff Writers

The MBA and Harpeth Hall communities gathered together for the "Once a Year Day" production of the fall musical, "The Pajama Game."

Starting the year with a bang, the musical ran from Wednesday, Aug. 31 to Saturday, Sept. 3.

The cast was phenomenal with senior Claire Crawford as the lead, Babe. The play revolves around Babe, the head of the grievance committee at a pajama factory, and Sid, the new superintendent brought in from another state to keep the pajama factory in line. The pajama factory workers insist on a seven and a half cent raise, which they are blatantly refused.

Meanwhile, a romance develops between Babe and Sid that is abruptly disturbed when Babe is fired from the factory for supposedly ruining an order of pajamas. However, all ends well, and the factory workers get their seven and a half cents.

The musical was lively and fast-paced, leaving the audience members enthusiastic and engaged.

We fell in love with Babe and Sid's relationship and sympathized with the factory workers.

The songs were catchy, and we were singing along in no time! The plot was, at times, hard to follow, which lead to confusion on our parts. Nevertheless, we found ourselves invested in the characters and were excited and satisfied by the musical's ending.

One drawback of "The Pajama Game" was its length. As it was over two hours long, there were times when we were restless and wondering when the plot would draw to a close. For a show running through the school week, it seemed a little verbose. Regardless, the musical was fun and enticing for viewers of all ages, and the accompanying music has been heard in the hallways for weeks after the closing date.

Coming Soon:
"Much Ado About Nothing"

Show times
Thursday, **Oct. 20 at 7:00 p.m.**
Friday, **Oct. 21 at 7:00 p.m.**
Saturday, **Oct. 22 at 2:00 p.m.**

Harpeth Hall
Frances Bond Davis Theatre

Art in bloom: Flowers invade Patton

Alumna returns to create art installation with AP Art students



FLOWER FALL: Students participated in a collaborative art project making flowers that were displayed in the Patton Visual Arts Center. *Photo courtesy of Ms. Joanne Mamenta*

Lindsey Lanquist
Arts Editor

Connecting Harpeth Hall girls from different generations, AP Art students worked with artist and Harpeth Hall alumna, Vadis Turner, to create the art installation "Flower Fall."

"It was a wonderful experience to be back at HH," said Turner. "It's such a supportive place where everyone wants you to win. I am so jealous of the current student body that gets to go there every day."

Each AP Art student crafted at least one flower from found materials for the ceremony in dedication of a current or former member of the Harpeth Hall community. Some students dedicated their flowers to siblings who attended Harpeth Hall, while others commemorated random alumnae they came across in yearbooks.

"I dedicated mine to Annalee Mueck because throughout my years, especially in dance, she was always an inspiration for me," senior AP Art student Gabi Rheinboldt said. "She was just a great role model and person in general."

The piece was supposed to be installed on Souby Lawn, but due to weather predictions, the students had to make adjustments.

"We had to re-imagine where the piece would be," said Turner.

Instead, the flowers were displayed in the Patton Visual Arts Center, and the name of the installation was changed from "Flower Field" to "Flower Fall."

"I think it absolutely worked out for the best that we got to install it inside," Turner said. "You can see it better, and it will stay up longer."

"The AP Art students were wonderful, and they were really happy to have Vadis here," said AP Art and Art III teacher Rosie Paschall. "She was so enthusiastic that they would have made something out of junk."

The ceremony was held in the Patton Visual Arts Center on Sept. 8.

"The AP Art students decided that we should all wear white… and dedicate each flower out loud before it was lowered into the installation," said Turner.

"The ceremony was nice. I wish there had been more people involved, but I think actually it was really tender and…touching," said Ms. Paschall.

"In a few weeks, I will be coming back to discuss the afterlife of the project with the AP [Art] students," Turner said. "They will decide what happens to the flowers. They may make a new piece with them or send the flowers out to the people who they were made for... I really don't know because it is totally in their hands."

Behind the brush: AP artists come to life

Lindsey Lanquist
Arts Editor



Art by Ragan Wilson
Photo by Delaney Royer

Name:
Ragan Wilson
Concentration:
Universal Afterlife
Why did you choose this concentration?
I've always been curious about...the way that people recognize the dead...I [wanted to] blend all of theose elements...into one unifying experience.
Favorite work of art:
It's hard to decide, but...I would have to say "The Mortician's Daughter" which is an oil piece that I did for my good friend Monique Hagler.



Art by Marion Cox
Photo by Delaney Royer

Name:
Marion Cox
Concentration:
Inner Workings of the Human Body/ Armor
Why did you choose this concentration?
I have always been intrigued by anatomical sketches and paintings, so I wanted to convey some of that interest in my work.
Favorite medium:
Charcoal. I love how messy and malleable it is!



Art by Tori Dickerson
Photo by Delaney Royer

Name:
Tori Dickerson
Concentration:
Beauty is in the Eye of the Beholder
Why did you choose this concentration?
I was inspired by a camp that I went to this summer where we recognized that all people are beautiful in their own way, and I hope to exemplify that through my artwork.
Artists who inspire you:
I love Andy Warhol's sense of color, and I love Degas' paint quality and style.

Players' attitudes buoy soccer team

Miranda Ronnow
Staff Writer

The soccer girls have been hard at work this fall. While the varsity hit a slight hitch, with mostly losses and ties, the junior varsity has done exceptionally well, winning most of their games.

According to junior Emily Masten, the high point of the season so far "was when we got in the finals of the tournament of champions."

Junior MD Stumb said that the team is very jocular and that "everyone is a little quirky in their own ways."

Because soccer is a team oriented sport, the girls are close.

"For most of us, since we are so young," Stumb said, "We know we are going to have another year with each other."

The only two seniors on the team are Julia Alexander, varsity, and Grayson Temple, who is on JV since this is her first year. MD affectionately calls the seniors "our ringleaders."

The state tournament will continue throughout October and end in early November.

The first round of playoffs for the State Soccer Tournament is **Oct. 22.**

Go support your Bears!

Athletes increase strength, stamina due to changes in Strength & Conditioning program

Margaret Lowe
Staff Writer

The Strength and Conditioning class was implemented with the intention of placing well-conditioned athletes on the field, court, track and pool that are prepared mentally and physically to compete at a high level. The program increases the level of performance of the individual athletes, while also decreasing chances of injury.

The Director of the Strength and Conditioning Program, Coach Jim Romero, was hired last year. He creates workouts that focus on 10 key areas which he believes define a true level of fitness: cardiovascular/respiratory endurance, stamina, strength, flexibility, power, speed, coordination, agility, balance and accuracy. Within each of these areas, he strives to create exercises which utilize drills and movement patterns that help increase the athlete's level of fitness.

Coach Romero's other plans for the athletes includes a nutrition plan.

"The nutrition program should be ready to distribute to the athletes in the spring," said Coach Romero. "Nutrition is so important not only from a training perspective but as a foundation for your entire life."

Coach Romero hopes to act as an inspiration to the athletes whom he trains.

"I want them not just to see me as their strength coach, but as a mentor and someone who they truly respect. I want to impact our students for life and equip them with a strong foundation of what it means to truly make fitness and proper nutrition a daily part of your life," Coach Romero said.

"The athletes have become more dynamic, explosive and powerful players by the work that is done in the weight room." said Head Volleyball Coach Jenny Gray. "I believe the three phases of the program, [off-season, pre-season, and in-season] are extremely beneficial. The athletes have learned the importance of individual commitment and have benefited from the results of the program. I believe that the current organization of workouts is effective."

While in a class with students from various grades and teams, Coach Romero provides each athlete with the individual program and attention to ensure her athletic development. In the weight room, the girls have an opportunity to take on roles and become leaders in a different way than they do on the playing field or in the classroom.

Senior Taylor Heinze appreciates Coach Romero's motivation in class, and she believes his program has helped her greatly.

"He pushes us to our best ability and tries to improve our weaknesses," said Heinze.

"I like the lower body workout one day, upper body the next and a final combination workout, so I am not too sore, and the workouts are not too strenuous," said sophomore Molly McConnell. "However, I do not enjoy jump roping for three minutes."

"I wish the freshmen could work out during the school day like the other athletes," said freshman Helen Mistler. "But I like having a morning session because it is a good start to the day."

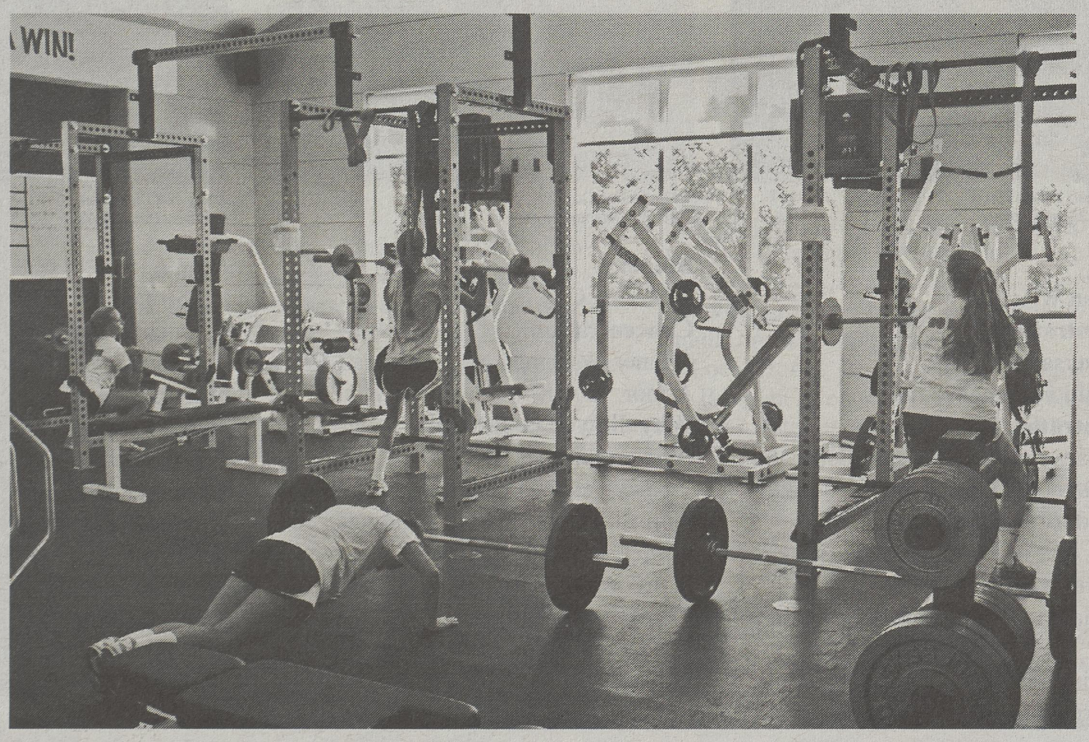
Junior Meg Mitchell has a rigorous academic schedule with many AP and honors classes. Her homework load is tough, and she would "appreciate a study hall" which her Strength and Conditioning period takes the place of.

"I have noticed a transformation in my body and an improvement in my overall strength level that has transferred to my on-the-court performance," said senior Anne Coogan.

Another new component of the class this year is the required uniform.

"It is inconvenient financially and practically," said sophomore Jordan Martin, "and seems unnecessary to buy a bunch of new clothes when all the athletes wear appropriate athletic apparel anyway, just not necessarily in school colors."

"I think it is great that the girls are wearing school logo clothes; it promotes school spirit," said Coach Karen Sutton. "There are new options for girls, and they can wear any HH issue or purchased t-shirts, which is a big change."



WORKING IT OUT: Girls in Coach Romero's Strength & Conditioning class rotate through a series of workouts throughout the week. One new change this year is the enforcement of a uniform.
Photo by Delaney Royer

Fall Roundup

Harpeth Hall Bear Statistics

SOCCER

Varsity
Wins: 3
Losses: 8
Ties: 3

Junior Varsity
Wins: 5
Losses: 2

Seniors: Julia Alexander and Grayson Temple

VOLLEYBALL

Varsity
Wins: 6
Losses: 8

Junior Varsity
Wins: 8
Losses: 4

Seniors: Anne Coogan and Margaret Lowe

GOLF

Wins: 3
Losses: 5
6th place in Region Tournament

Junior Emily Apple competed in State Oct. 10 and 11!

CROSS COUNTRY

5th at Chickasaw
2nd at VC4 Meet
1st at Tennessee Classic
1st at VC4 Meet
2nd at Race of Champions

Cheer on the Bears as they compete in the State Meet on Nov. 5!

Seniors: Tina Qian, Olivia Hurd, Kate Richardson, Emily Grace Brandes, Maddie Shankle, Jennifer Earthman, Caroline Hawkins, Emma Dedman, Rosie Compton, Alexandra Arteaga, Margaret Anne Pendleton

Relieving stress with Ms. Leslie Matthews

Yoga students find balance with school life

Miranda Ronnow
Staff Writer

With the burdens of stress placed on students from a variety of sources, be it school work, sports, clubs or a combination of the three, balance has become an increasingly important concept at Harpeth Hall.

"Yoga brings balance to your life and helps you to center yourself," said Ms. Leslie Matthews, the highly experienced, enthusiastic yoga instructor. "When you are focused, everything in your life is together and balanced. There is no room for other thoughts when you are focused in the mind and body."

"In order to receive the full benefits of yoga, you must be focused on the present activity, which is true for all that you do in life," continued Ms. Matthews.

Sophomores, juniors and seniors have the option of taking Yoga as a replacement for PE if they do not do a Harpeth Hall sport.

The skills learned in yoga can be transferred to all areas in life. Yoga poses give a unique method of finding relaxation and balance.

Ms. Matthews said, "The poses balance you. If you are tired, there are some to energize you; if you are stressed, there are some to calm you."

In every yoga class, the students are given choices of modifications within the poses that they must decide to make based on their current physical conditions.

Ms. Matthews believes that "most stress at Harpeth Hall is self induced" and that if the students can make themselves stressed, then alternatively, they can bring themselves to be centered.

Yoga is unique in the fact that it strengthens in a calming way. As any yogini, the term for a student of yoga, can affirm, Yoga is not a class that consists solely of nap-taking, but rather of deep muscle strengthening combined with thoughtful relaxation.

Yoga "strengthens the body to allow for relaxation," explained Ms. Matthews.

Complete relaxation cannot be attained unless the body has been exerted to its furthest ability. Much of the relaxation obtained from yoga is derived from the focus that is achieved in practice.

A majority of students in Yoga agree that their lives have seen improvements directly related to their yoga practices.

"The days that I have Yoga I'm in a much better mood," said junior Cat Weiss. "I'm way calmer and tranquil."

The thought that yoga lifts one's mood is a consensus among most yoga students. Every yoga practice is different, and therefore something new is gained from each one.

Ms. Matthews was once a Harpeth Hall dance teacher but endured several injuries that shortened her dance career.

She had been a yoga student for some time, and when faced with the choice of practicing yoga or Pilates, Ms. Matthews said, "I choose yoga because I wanted peacefulness in my life."

While continuing the instruction of dance, she began her yoga certification process, which resulted in a 1000 hour certification, rare in the yoga world. Not only does Ms. Matthews instruct several sections of Yoga at Harpeth Hall, but she also leads a class of adult students.

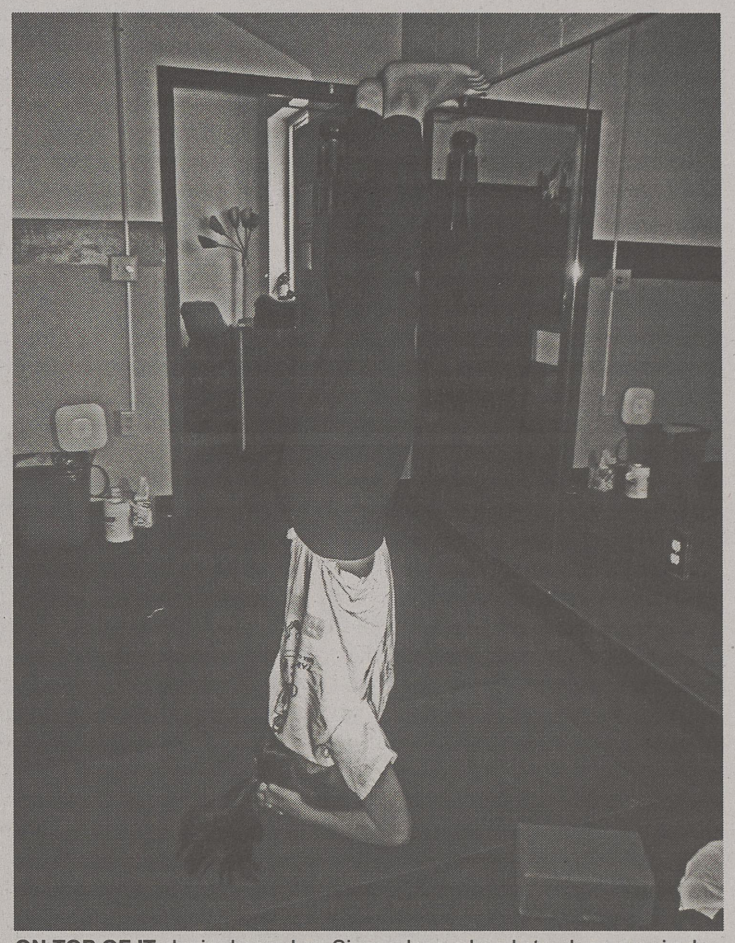
Along with sharing her love of yoga with others, Ms. Matthews's favorite aspect of teaching yoga is "watching the change in students and seeing them grow to love yoga."

She encourages all students who are willing to learn to attend a yoga class, whether it is hers or any other, and, if that is not possible, to incorporate a little yoga into their daily lives.

Any form of relaxation is yoga, and anytime you focus your mind and body, you are practicing yoga.

"Yoga stays with you for the rest of your life," said Ms. Matthews.

This is the philosphy that Ms. Matthews practices and regularly shares with her students.



ON TOP OF IT: Junior Laura Lee Singer does a head stand, an acquired skill in her Yoga class. Students are directed through a series of poses by Yoga teacher, Ms. Matthews. *Photo by Camellia Zafar*

Venus Williams drops out of US Open

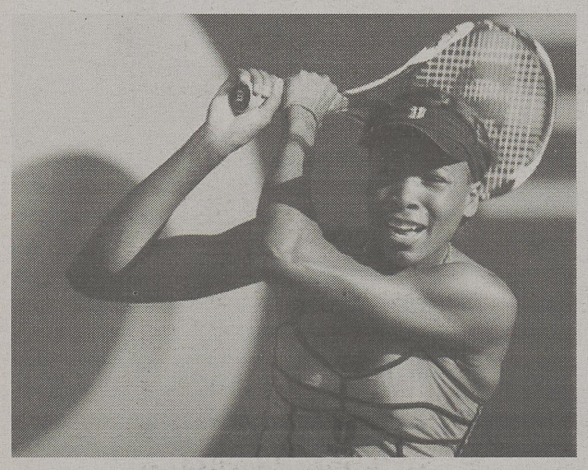
Tennis star is diagnosed with Sjögren's Syndrome

Jessica Goldenring
Staff Writer

After her second round in the U.S. Open on Aug. 31, Venus Williams withdrew from the tennis tournament and revealed her diagnosis of Sjögren's Syndrome.

Sjögren's Syndrome is an autoimmune disorders. The rare disease is caused by an overproduction of B lymphocytes, which are cells in the immune system that make antibodies. The overflow of B cells clogs glands, creating many complications.

Basic criteria for having the disease is having the antibodies Ro and La. These antibodies, however, can also be seen in patients who have lupus or rheumatoid arthritis. Doctors diagnose patients only if they have the Ro and La antibodies, dry eyes and mouth and do not have signs of lupus.



VENUS VERSUS DISEASE: Venus Williams has been diagnosed with Sjögren's Disease, an autoimmune disease that clogs glands. *Photo courtesy of lovier.com*

Some people have trouble perspiring because their glands are clogged. Others find food to be bland and have trouble digesting it. Fairly common symptoms include excessively dry eyes and mouth, as well as fatigue. Furthermore, it is recorded that on average, it takes six and a half years for the disease to be diagnosed. This is partially because the disease is so hard to diagnose.

Of the four million Americas diagnosed with this syndrome, nine out of 10 are women. Venus Williams said she had noticed fatigue for a while, but no doctor ever understood it. Then, four years ago, Williams was diagnosed with exercise-induced asthma.

Venus Williams described the struggle: "You tell yourself to shake it off. Just keep going. Over time, you do start to wonder what's happening and if you're going crazy."

It was not until this previous August that she was officially diagnosed with Sjögren's Syndrome. The disease is not easily recognizable because a patient can appear perfectly healthy.

Williams says this illness will not keep her down. Though long-term treatment is said to take three to six months, the tennis star says her career is not over.

"I am thankful I finally have a diagnosis and am now focused on getting better and returning to the court soon," she said.

Though millions of Americans were cheering her on to win another title, the news of her illness came as an overwhelming shock. Even Venus Williams said, "When I got the diagnosis, I was like, S-j- ... how do you say it?"

Fans anxiously await the day when the famous tennis-diva will return to the courts.

Eye on the Tiger

Is Tiger Woods able to regain his game?

Liza Southwick
Staff Writer

Since 2009, when Woods won his most recent major tournament, he has struggled with his marriage and injuries. He has won 14 major titles, trailing golfing great Jack Nicklaus who has 18. The question remains: Will he ever be the Tiger he once was?

"He needs to get his act together before he starts playing well," said junior member of the golf team, Alexis Hawkins. "Once he owns his past, I think he will get over it and play a lot better."

When his personal life was exposed, he was forced to take a break, setting him back from what could have been many more wins. A knee surgery also prohibited Woods from improving his game at the time.

"Since his [marriage] incident, he is not as confident as a player. He's kind of in a swamp and hasn't improved on the tour," said junior Rena Clayton Rolfe, member of the golf team.

After solving his marital problems and recovering from multiple injuries, Tiger Woods is back on the course. However, he has struggled to make it to the second round of the tournaments he plays.

"If this season he doesn't make major improvements, he will end up being a burnout," said Rolfe. "This season will determine whether or not his career will turn around."

So what is the key for Woods? In an article from the Sept. 16, 2011 issue of Los Angeles Times, Jack Nicklaus said it is all mental. He has the talent, but his mind will ultimately determine whether he can break Nicklaus's record for all time majors.

After dealing with his problems and injuries, Tiger returned a different golfer. One thing remained the same: the support of his fans.

"[The fans] definitely helped me mentally to be more comfortable out there," Woods blogged in early 2010. "To get that type of warmth is something I did not expect and will never forget."

Woods began playing golf at the age of two. He played at Stanford University for two years before turning pro in 1996. This slump would have never been expected 15 years ago when Tiger turned pro. Nevertheless, golf champion Jack Nicklaus knows he will be back.

"I mean Tiger has a great work ethic, he's a great competitor, the most talented kid on the planet right now," Nicklaus said in the Los Angeles Times interview. "He's not going to go away."

The Hair of Harpeth Hall

Who are these fuzzy fiends?

Logos tracked down some of the best groomed heads at Harpeth Hall. See if you can comb out their identities!



Photos by Delaney Royer

Answers

From left to right
Row one: Mr. Joe Croker, Ms. Melinda Higgins, sophomore Jacque Okai-Tetteh
Row two: Freshman Devin Graham, Ms. Marie Maxwell, senior Mary Liza Hartong
Row three: Ms. Jess Hill, Mr. Bart Renner, junior Millie Wert

Mary Liza Hartong
Back Page Editor