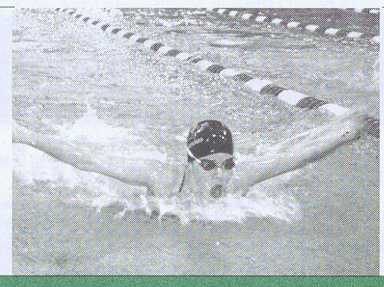
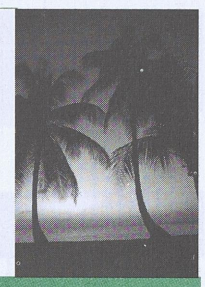
Britney Spears: Not that Innocent
page 3



Bears Capture State SwimTitle
page 6



Top 5 Spring Break Destinations
page 8



HARPETH HALL
MENTEM SPIRITUMQUE TOTAM
NASHVILLE, TENNESSEE
1951

LOGOS II

The Student Voice of Harpeth Hall

3801 Hobbs Road
Nashville, TN 37215
Volume XXII, Number 3
April 2001

Student Laptop Makes Its Debut in Upper School

Cornelia Rowe ('02)
Editor-in-Chief

This week, Harpeth Hall ushers in a new era of technology for the Upper School with the arrival of personal laptops for freshmen and sophomores. Much ado has been made about about the Toshiba Satellite 2800s, which 9th, 10th, and a few 11th and 12th graders will be receiving. However, students may not realize all of the features that the laptop contains: programs that enhance the notes they take, plug-ins for a digital camera and CD-writer, and even a DVD player.

The tech team selected this model for HH because it had the best features for the best price, along with the best warranty. These special features include the renowned DVD player, along with two USB ports. The USB ports allow one to hook up external items like digital camera, zip drive, printer, CD-

Continued on page 3

TOSHIBA SATELLITE 2800



Mock Trial Best In Nashville



Mockies Caroline Moses ('02), Katie McKinley ('01), Lauren Ezell ('03), Cristen Mills ('01), and Margaret Riley ('03) listen as coach Louise Fontocchio counsels the team about the hazing case.

Lauren Ezell ('04)
Contributing Writer

It is late on a Thursday night. You have two tests and a paper due tomorrow and you are chugging Coke so you can stay up to finish all of your work. But, what if you had to spend your afternoons in the courthouse, arguing the same case over and over? What if you dragged yourself in the door at 9 o'clock to hit the books? Do you look forward to long, lazy Saturdays? Try 10 to 4 in the basement of Bowen Riley, a law firm downtown. Then, one becomes a full-fledged Mockie – and loving every second of it. This year's mock trial team has spent long hours drilling objection rules, and memorizing testimonies. The result: a repeat city championship. Harpeth Hall sent

Continued on page 4

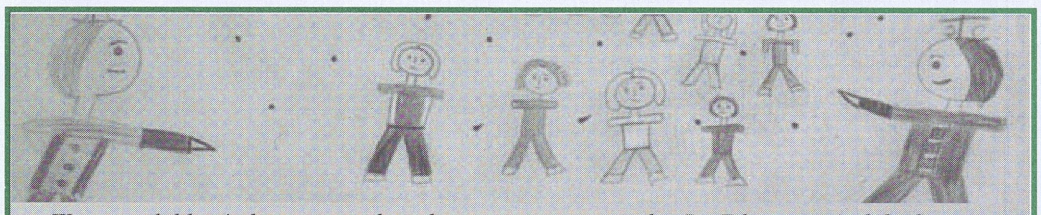
Obituary

HH Remembers Carol Elam

Frances Lewis ('01)
Contributing Writer

It is better to have loved and lost than to never have loved at all. The Harpeth Hall School suffered an intense loss with the death of Carol Clark Elam, but we are thankful for the opportunity to have had Mrs. Elam a part of our lives. She was an advocate for the school, as chair of its board of trustees; she was a devoted mother to her daughter, Clark; but above all, she was a friend to each of the students she encountered on campus. Her devotion to her city and her school contributed to her reputation as a woman of determination, compassion, and warmth. Her face would light up whenever the future of Harpeth Hall was mentioned, whether pulling out a detailed diagram at the

Continued on page 7



War-torn children's drawings, such as this one, were presented in Dr. Etherington's slide show..

Crossing War's Barricades

Laura Lee ('03)
Contributing Writer

On January 25, Dr. Carol Etherington, Vanderbilt nurse, teacher, and volunteer for Doctors Without Borders, jerked hearts as she skimmed through slides of people not so unlike those in the audience.

As the student body came to learn, some of these individuals either disappeared in the night or swelled with hunger. Dead cattle, refugee camps, and the devastation of war were some of the central contents of the slides, which were beautiful, haunting, and horrifying.

When a trip comes up, and she doesn't have classes to teach, Dr. Etherington joins Doctors Without Borders and the Red Cross to provide medical care in war-torn or impoverished countries, living in refugee camps for months at a time. Dr. Etherington's presentation left a lasting impression, distinguishing her as one of the year's most interesting speakers.◆

India

Penstaff is not alone in its anti-Valentine spirits. Militant Hindus waged an un-Hindu like campaign of violence against the "madness imported from the West." Card shops, candy shops, florist stores, as well as love-struck couples were targeted in cities like New Delhi, Mumbai.



courtesy of cnn.com

By
Seema Kanwar ('02)
and
Shirley Li ('02)

The World in 5 Minutes

Brazil

Austrian botanist Johann Zillinger was detained by Rio De Janeiro police for animal trafficking. Twenty-one parrots, four parakeets and two snakes were hidden in his two large suitcases. Five parakeet eggs were folded into a sock and nestled in his underwear to be kept near nest temperature.

Mozambique

In recent months, at least 41 have died, and 44,700 have lost their homes to the devastating floods in central Mozambique. Local authorities have issued an emergency evacuation for residents in the flooded areas. Several international humanitarian organizations have responded with aid.

China

Amnesty International alleges torture and abuse to be extensive in China. Not the first time to come under scrutiny, Beijing lost its bid for the 2000 Olympics when suspicions of human rights abuse came to light. The Chinese government dismiss this as groundless.

France

France is performing an extensive investigation on Algerian troops following the publication of *The Dirty War*, a book by Habib Souaidia. Souaidia, a former Algerian army officer now alleges "Algerian forces committed massacres once blamed on Islamic fundamentalists."

Japan

Anti-US fervor is rapidly building up in Japan. USS Greenville, an American nuclear submarine, collided with a Japanese civilian boat last month leaving seven still missing. FBI investigation indicates that civilians were in the control room of the sub when the collision occured.

Netherlands

The creator of the devastating Kournikova Virus has been charged for damaging e-mail systems world wide. The 20-year-old Dutchman claims that the virus was created by Visual Basic Virus Generator. As to why the spunky Russian tennis star was chosen, he says, "Just because I am a big fan of her. She deserves some attention, doesn't she?"

HH Assembly Helps Student Defend Herself

Jamie McGee ('01)
Contributing Writer

How do you handle a threatening situation? With Mace bottle in hand, and defense tactics to share, Michelle Freeman enlightened the Harpeth Hall girls on how to defend themselves. "If a man asks you to do something or go somewhere in which you do not feel comfortable, firmly say no, and don't back down," she explained. "Trust your instincts. If something feels wrong, it probably is."

The self-defense assembly played an important role in a real-life situation for HH senior, Carey Floyd. The afternoon of the assembly, Carey found herself in the very circumstance that Freeman had prepared for. Alone in a parking garage, a man tried to convince Carey to come into his parking place and grabbed her by the arm. "I was really scared," Carey said, but "I knew not to act nervous. All the defense things she said were running through my head." Where Carey might have been trusting and acted politely before, she knew to be calm and forceful. Another man came to help when he heard Carey yell, and the situation was resolved.

Whether it was in the abrasive visuals or horror stories, the advice has stuck with the Harpeth Hall girls. They now know how to escape and survive a sexual assault, avoid suspicious situ- ations, and what to do if attacked. Thanks to Michelle Freeman, the student body will be less easy prey and will avoid being another statistic as a victim of crime.◆

Self-Defense Facts:

Potential Victim Profile
#1 Long hair
#2 Easily removable clothing (overalls, skirts)
#3 Distracted (cell phones, searching through purse)

Common Time for Attack
5:00-8:30 a.m.

Common Places for Attack
#1 Grocery store parking lots
#2 Parking lots and garages
#2 Public Restrooms

To Deter Attack
*Carry umbrellas or any object that can be held in hand at a distance from the body
*Look potential attacker in the eyes (Attackers avoid being remembered)
*Stay calm at all times

Venture into Venturing

Seema Kanwar ('02)
Assistant News Editor

Imagine biking through mountainous terrain, backpacking through picturesque localities, or caving in the depths of the Earth. If these scenarios sound appealing, Venturing may be the club for you. Venturing is a co-educational program of the Boy Scouts of America for young adults. Set up by community organizations through charters submitted to the Boy Scouts of America, Venturing clubs provide youth with unique opportunities. Outdoor Club president Kate Lainhart, junior, is the vice-president of a Venturing Club branch in Nashville and says that besides going on one or two outdoor adventures a month, the club also is active with in-town community service projects. Nature excursions include everything from fishing to backpacking to cave exploring to cycling. Local service projects could comprise of anything from Habitat for Humanity to volunteering at local organizations of need. People interested in learning more should contact Kate Lainhart or the Boy Scouts of America.◆

Nature excursions include everything from fishing to backpacking to cave exploring to cycling.

Too Sexy Too Young?

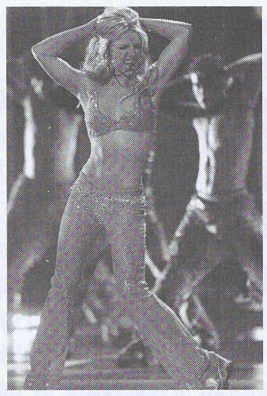
Stephanie Beatty ('01)
News Editor



I'm usually not hesitant to categorize a strong media influence as "better"□ or "worse"; however, Britney is the thorn in my judgemental paw. When Britney Spears appears on any TV screen, I'm torn between hating her and wanting to applaud her. Why? She epitomizes the selling of youth and sex in the media, yet in terms of capitalism, she is only using her best assets.

Who can truthfully abhor Britney and the way she acts and dresses without admitting to humming her songs? I certainly allowed her music to creep into my mind as time went on, but should I have? To help myself answer this question, I went straight to the youngest in plaid: the Harpeth Hall Middle School.

I heard the frequent, "I like Britney Spears because she is pretty, and from what I see on TV, nice,□" as seventh grader Kristin Wamp said. But I also heard the opposite view: "I don't like Britney; she can't sing and the way she dresses is awful," said Kathleen Goetz



Britney Spears flaunts her assets at the 2001MTV Video Music Awards.

She does inspire "awe" in addition to a sick sense of awfulness. It brought me to wonder: If so many young girls are vehemently against the oversexual signals that Spears sends, why does she continue to top charts? Pop icons like Britney can warp our idea of an ideal body image and cause girls to think that they are only valuable as sexual objects.

One response worried me. "She shows too much skin," said Annie Brown (sixth grade). "Once in a magazine, I saw two little girls trying to dress like her and they weren't dressed like little girls their age should be!" What does it mean when five-year-olds wear mini-skirts and elementary school girls are on fad diets? Where does it all come from? Britney? Bad parents? The answer lies deep in American society. America is and has for a long time been torn between its addiction for shock and its embedded moral fiber of censorship.

When I was in fifth grade at Harpeth Hall, I emulated everything about the seniors here, from the way they walked to the length of their skirts to their messy flops of hair in bright scrunchies.

Now, as I am about to leave Souby Lawn for a college quad, I m flattered when small girls with their stiff knee-length skirts and starched oxford shirts automatically move in respect when I walk by. But, has *Britney's* plaid skirt and rolled-up oxford shirt replaced the dishevelled hair of Monday mornings and graceful maturity of casual days that upper classmen carry? I certainly hope not. My conclusion: Britney, make your music and dress or shock as you will because it is your right, but reevaluate your message because it just may be detrimental to the well-being of young girls who look up to you.◆

Logos II

Logos II is a student publication of Harpeth Hall. It represents the students' voices, views, and opinions. It is in no way a reflection of the faculty, staff, or administration of the school. Any questions or comments concerning *Logos II* can be directed to Cornelia Rowe, Editor-in-Chief, or Denise Croker, faculty sponsor.

Logos II encourages Letters to the Editor. To contact Jenny Paris (Editorials Editor), email *jparis@hh.harpethhall.com*. Letters should not exceed 250 words, and they must be signed by the writer to be considered for publication. Letters may be edited for poor taste, libel, grammar, space, and style.

Editor-in-Chief...Cornelia Rowe
News Editor...Stephanie Beatty
Asst. News Editor...Seema Kanwar
Editorials Editor...Jenny Paris
Features Editor...Victoria Doramus
Entertainment Editor...Sally Jackson
Sports Editor...Rachel Chisolm
Business/Web Editor...Shirley Li
Photo Editor...Michaela McKee
Sponsor...Denise Croker

Contributing Writers:

Dacia Beard
Grace Clayton
Lauren Ezell
Laura Lee
Frances Lewis
Jamie McGee
Sarah Morris
Jennifer Price
Raleigh Anne Simpkins

New Laptops,

Cont. from page 1

writer, and scientific probes to the laptop.

The software on the new laptops provides students with everything needed for just about every subject. The user, for example, can connect a thermometer and pH probe an run an experiement on temperature and pH at the same time for a science lab. Users can create timelines in history with Timeliner and run programs with their TI-83's for math via TI- Interactive.

For major emergencies concerning hard drives, cracked screens, and basic technical glitches, girls will be able to take their laptops to the Bear Cave, which will be located in the basement of Souby Hall until the new library is completed.◆

THE FORUM

The Debate: Is Winterim Worthwhile?

YES

Jamie McGee ('01)
Contributing Writer



After taking fall exams, and winter break being over, it is now time to relax, right? The argument comes up every year. Is Winterim actually worthwhile or instead, is it just a time to take it easy? Is on-campus kickboxing and cooking what our parents pay tuition for? The mission of Winterim is to "cha "enge each student to her highest intellectual and creative abilities, to equip and motivate her to meet her greatest potential for learning as well as living." For most juniors and seniors, it does exactly that.

Being able to focus on one's future career or special interest for three weeks without distraction is an invaluable experience. Cornelia Rowe, who interned at USA Today, said "The three weeks I spent in Washington D.C. were incredible. It gave me great contacts and defined my career goals. It hurts my AP classes, but in the long run, this is what I will gain the most from." Whether it is in working side by side an oncologist, witnessing birth, or interning in a senator's office, the learning opportunities are limitless. Through Winterim, girls are able to visit places such as Greece and Egypt, exposing them to new cultures and rich history, in depth learning that is not possible in the classroom.

On-campus Winterim also has significant influences on the underclassmen. Our very own Celadon Porter began in a Winterim songwriting class. Without this class many of our musicians might never have found

continued on page 4

MAYBE

Rachel Chisolm ('01)
Sports Editor



After having done nothing but college applications for nearly two months, I was relieved by the break Winterim allowed. I think most students would agree that Winterim is a much-needed time to regain energy for the rest of the school year. Those three weeks, however, take away class time that is already held at a high premium. I am given take-home tests in nearly every one of my classes to try to make up lost time. If we think Winterim is important enough to miss three weeks of class, then are we really getting the most out of this educational opportunity?

Winterim is an excellent way to learn what it is like to work in the real world, travel, and learn responsibility – things that are not offered as normal classes. Last year I went to France, and I learned a great deal about the language and culture while also having a wonderful time.

I think, however, that many of the in-town internships are not worth sacrificing three weeks of class time. I interned at AmSouth Bank this year, where the people were nice and helpful, but most of the time I had nothing to do. I did learn about the financial markets through observance, but I think I learned the most when I spent one morning scanning the CNBC website. I was often bored, and I felt like I was more of a burden than a help. The last week I eagerly welcomed the opportunity to file and do data entry on the computer.

I think that with better planning, the intern-

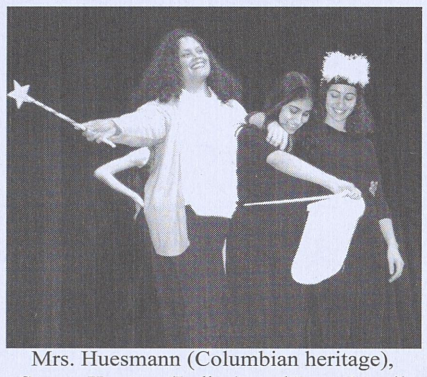
continued on page 4

Slanting Diversity

Shirley Li ('02)
Business/Web Editor

Diversity is a topic that is touchy. No one wants to tread on any toes, so everyone assumes the position: "Yes! Diversity is good! HH needs more of it." Yet questions can still be raised on this topic. This country's growing obsession with PC (political correctness) is alarmingly apparent. As a student, I find it increasingly difficult to wonder at the one-sided thinking of people when relating to diversity in schools and other institutions.

America is a melting pot, and Harpeth Hall is not: accurate or cliched? This is a question I constantly ask myself (not really). But, it oes represent an idea, or a trend rather, that is constantly bombarding my perception of diversity. I am not going to bring out the Webster definition or the politically correct understanding of the terms "diversity" or "minority". Instead, here is how I see it. I am a minority. Did Made in China just pop into your head? Because if it did, you are in the majority. But did it ever occur to you that "Made in China" alone under-characterizes me? You might be a part of a majority, dot does that captures yo completely?



Mrs. Huesmann (Columbian heritage), Seema Kanwar (Indian), and Lana Ismail (Syrian) perform *Cinderella* in their native languages.

Don't get me wrong, I do wear AP (Asian Pride) on my sleeve. But I also wear a lot of other things on my sleeve that are simply overlooked in our school's plan for implementing diversityIt is an utter mystery to me why Harpeth Hall is lamenting over its lack of diversity when I see roomfuls of girls as different and distinct as hues of the rainbow. Race is not the only form of minority. People who have alternative views on sexuality, religion, philosophy, and politics are often overlooked because they might be a part of an obvious majority.

Sometimes I get the impression that racial minority is imported into Harpeth Hall for the mere sake of exhibiting a vary narrow part of diversity. True diversity is inherent acceptance, not intentional orchestration by any institution, under any law, although I recognize that law is frequently beneficial for minorities. Maybe the reason why America's racial harmony is still volatile is that law is so often a necessity to protect the minority.

You have got to admit that our school does a fabulous job at promoting cultural awareness, and the effort to achieve racial motley is easily inviting. But then, racial diversity is an apparent attraction. Wait though, isn't true diversity suppose to go beyond what's visible.

Everyone of us is responsible to precipitate true diversity. Then why not precipitate it as a whole, and not bits of it? That would slant the whole idea, wouldn't you say?◆

Reality TV: Not Too Hot to Handle

Sara Morris ('03)
Contributing Writer



Survivor, Big Brother Temptation Island, Boot Camp, the list goes on... and now that the reality T.V. show T*emptation Island* is over, I'm wondering at the production of so many of these shows. Temptation Island, for example, was not a typical quality show.

I was reared watching *Sesame Street* and other educational programs and I certainly did not learn anything educational from watching *Temptation Island*. So why did I watch it? The answer is simple: it's extremely entertaining.

In Harpeth Hall's Journalism course, we discussed the major components that appeal to the American audience. Death and sex scandals are the number one thing that Americans devour.

But despite its entertainment appeal, many people disagree with the show. In fact, Best Buy, Quaker Oats, and Sears removed their commercials because they don't believe in supporting the "trashy" quality of the show. I have to agree with their choice. Although I enjoy the thrill of the show, I would not support its moral message. The program took couples on the verge of marriage, isolated them on an island for two weeks with attractive singles, and relentlessly tried to break the two up. Maybe it was so entertaining because it's new.

Reality TV has been around a lot longer than people realize. MTV's *Real World* was one of the first shows shot from the real lives of people. A few years later, MTV added *Road Rules*, a grueling show that tracks the lives of adventurers in a trailer. Despite the success of MTV's programs, it wasn't until now that the boom in reality television occurred. So why did TV programmers wait so long? Caroline Johnson, a 10th grader, suggested that it may be due to the fact that MTV's shows appear only on cable. The new wave of shows now appear on general networks.

However, I have my own standards and morals and I don't think *Temptation Island* and its counterparts are going to corrupt me. They're racy, they're fun, and I'm hooked.◆

Winterim Debate, *cont. from p. 3*

~Pro~

their talent or the confidence to expose it. Dr. Henderson says of his classes, "They gain something that cannot be learned from books, something that will be with them for the rest of their life."

Of course the program is imperfect. Not every internship is fulfilling, not every class is taken seriously, and AP classes are shortened; but the positive results overwhelmingly outweigh that which Winterim lacks. Winterim is an essential part of our education and goals for succeeding in the future. The response is clear among students. Winterim is more than worthwhile; it is essential.◆

~Con~

ships could be much more productive. Some people have had incredible Winterim experiences, and if everyone had such experiences, the three weeks of Winterim would be much more valuable than the same amount of time spent in regular classes. The school needs to know exactly what the student is going to be doing during Winterim. Perhaps the school could make a list of pre-approved internships that students could sign up for, and if someone wanted to do something else, they could propose it in a process similar to that of an independant study. I think that with better planning and organization, the Winterim program would be worthwhile, and the time spent out of class would teach students great lessons for life. ◆

Mock Trial, *cont. from p. 1*

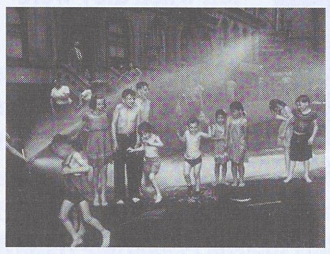
two teams this year, and the green team soared to a 4-0 victory, defeating MBA twice in one day in addition to defeating both St. Cecilia and Glencliff.

They competed in the state championship March 16-17 and, though they did well, they did not make it into the finals. Nonetheless, their Nashville championship is an impressive end to a solid season.◆



See Weegee and See a Legend

Sally Jackson ('01)
Entertainment Editor



"East side"

The year was 1945, and New York was notorious for its Mob activities. Where the Mob was, there were murders; where there were murders, that is where you would find Weegee. He was the only shutterbug that made it to murder scenes before the cops. Weegee is considered to be the best free-lance photographer that New York has ever had. Weegee loved New York, and New York eventually loved Weegee.

Born in 1899 as Usher Fellig, he left for America at age 10. As a child Weegee had his picture taken by a street tintype photographer, and he decided that this was what he was meant to do. Weegee often said that he was "A natural-born photographer, with hypo in my blood."

Weegee got his big break at 24 and started working for Acme Newspictures. Starting in the darkroom, he eventually was called to do assignments and cover stories. In 1935, he left Acme to try free-lance work. The girls around Acme gave him the name Weegee after the board game. They said he always seemed to know where to be when a story broke.

Weegee worked on his own as a free-lance photographer for the next 10 years. He even worked out of Manhattan Police Headquarters, arriving at midnight to check the Teletype machine to see if any stories had broken.

His first book, *Naked City*, is inspired by the city he loved. It was during these 10 years that Weegee produced some of his most expressive and beautiful photos. And it is the work produced during these years that I find most influential.

What is fascinating about Weegee's work is its simplicity. He has an incredible sense of composition. Weegee photographed life; all that you need to see is in the photograph. You can view his work without an interpreter, unlike a lot of the art being produced during that time.

Weegee never had any formal photographic training. None of his photos were planned, and 4x5 speed graphic camera was preset at f/16 @ 1/200 of a second, with a focal distance of 10 feet. All of his photos were taken at this setting with a flash. He recorded history as it happened. He had only a split second to capture the emotions of an event as they unfolded.

Weegee was the only photographer doing such expressive work at this point in photojournalism.

He loved people, he loved photographing people, and he loved being with people. In his work he confronted murder, brutality, children in need, brawls, homeless, fires, and victims. He also confronted people who were happy, lovers, celebrations, and the end of the war. Weegee's work stands on its own. It is meant to be viewed one at a time, not as a group. Weegee's work is unopposed in origionality, and is now on exhibit at Cheekwood.◆

TPAC: Are We Missing Out?

Laura Lee ('03)
Contributing Writer

The Tennessee Performing Arts Center (TPAC) was designed as a central location for Nashville's dramatic needs. Yet few Harpeth Hall students utilize it, and that's a shame. This year's slate of shows has been one of the best to ever reach Nashville. The Tennessee Repertory Theater (the Rep) opened with a stellar performance of *Wit.* A "turbo-charged" *Romeo and Juliet* followed, along with a revamped version of the musical *Camelot*. The Broadway series has also been incredible, starring *Les Miserables, Cabaret,* and *Showboat.*

Time and cost are issues preventing students from attending TPAC plays, but a single performance is definitely worth a month of movies. Every show delivers a power unequaled by film. Those students who do go to TPAC rarely regret it. Even weeks afterward, a student raved about *Cabaret*, saying that she would see it again in a heartbeat.

Coming up at the Rep are *The Little Foxes*, *Art,* and *How I Learned to Drive* – all promising pieces. The off-Broadway series continues with *The Beauty Queen of Leenane*. So venture into downtown for an experience more fun than Funscape, more attractive than the pull of the mall, and far beyond the cluster of MBA guys.◆

HH Chorus Snacks on the Big Apple

Cornelia Rowe ('02)
Editor-In-Chief



The HH Chorus exudes excitement in anticipation of their April trip to New York.

For years, the Harpeth Hall Upper School Chorus has been hitting high notes around the Nashville community at countless concerts, and at numerous church masses and services in the area. Soon their audience will be expanding as they are set to depart for New York City in April for the Fields Studies International Festival. This elite musical event will be held at none other than NYC's Carnegie Hall, and it will feature selected bands, choruses, and orchestras from all over the country.

When Ms.Gina Calloway, Director of the Upper School Chorus, came across an article and an application in a Music Educator's Journal, she felt that the HH chorus had a shot. Yet, there was some apprehension. "The competition, which is national, is stiff," Ms. Calloway said. "I knew we were good, but I had never been to the festival and see what kind of groups go, or what they [the competition] is like."

Nonetheless, this past fall Ms. Calloway submitted a video of the group's spring concert. After sending in the tape, she then told the chorus about the opportunity. "I had heard about it [the festival] several years ago, and it's cool because it's Carnegie Hall. Everyone was really excited, because it is so famous," recalled eleventh-grade chorus member Chrisine Ekrem about being informed that the HH chorus was headed northeast. In the meantime, the girls continued to sing, learn new music for upcoming performances.

A letter arrived at the end of October bearing the good news that they had been accepted and were about to embark on a five-month journey ending at Carnegie Hall. The group was estatic. Senior Katie McKinley said, "I didn't know how hard it was going to be to get chosen, but I was really glad when I heard we had made it! Performing onstage at Carnegie Hall is one of those things that everyone dreams about but very few people actually get to do."

The trip and performance is truly a milestone and the girls are hoping that this will raise awareness of their talent and dedication among the HH community. For the past five months, the chorus has been "having mad rehearsals," acknowledged Ms. Calloway. "We've been memorizing and learning seven pieces of standard choral literature for the festival." On top of that, they were practicing every day – sometimes up to two or three times – for their March 4 performance of the Fauré Requiem with MBA, St. Cecelia, and the Nashville Symphony. Their long hours and tireless effort will surely be rewarding.

Ekrem represents the whole chorus when she said, "It's going to be a really amazing experience. It's going to be massive, a whole lot of people. I think it will be a great experience and a lot of fun." ◆

Bowlers Strike Again

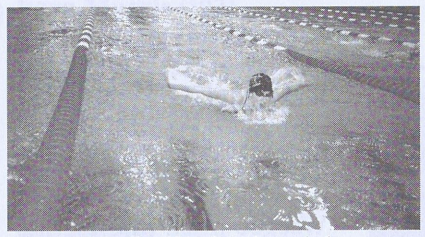
Dacia Beard ('01)
Contributing Writer

The Harpeth Hall Bowling Team has been in existence since the fall of 1998, and every year the team's skill and ability has greatly improved due to the dedication of its 20 girls, along with the support of two sponsors, Mrs. Scottie Girgus and Ms. Karen Roark. The team was fortunate enough to successfully defeat their toughest competitors, St. Cecilia and Father Ryan, in the district finals. As a result, the Harpeth Hall Bowling Team currently holds the title of Girls District Bowling Champions. Although the team did not beat Brentwood High in the regional competition, they played the most incredible three games of the season. The senior members, filled with enthusiasm and excitement, led the team into an outstanding frenzy of constantly making strikes and completing spares. Harpeth Hall did not give up easily, and they gave their best effort in the BHS match. The Harpeth Hall Bowling Team is proud of their achievement, and in the future both teams, which bowl in the girls and open leagues, will continue to progress by developing better consistency and maintaining good team commitment.◆

Bearacudas Dominate to Win State Swim Title

Rachel Chisolm ('01)
Sports Editor

The Bearacudas were on fire this season, and they hardly slowed down on their way to the State Championship. Although the team is obviously full of talent, it was the desire to win that really drove the team to success. Senior Elizabeth Ramsey said, "At the beginning of the season we knew we had the potential to win." The team was tense the whole time, but they never let disappointments let them down. They knew they could win after the divers finished their part of the competition and put them ahead, but everybody had to swim their best. It is hard to imagine the nervousness and excitement the swimmers felt when they were about to win but were not yet sure. Thanks to the contributions of the entire team, the Bearacudas were the State Champs. This was the moment everyone had been waiting for. Evins Cameron ('01) acknowledged, "It is my last year, and so it made it a lot more special."◆



Amy McDuffie ('01) flies through the water during the State swim meet.

X-actly What is XFL?

Raleigh Ann Simpkins ('03)
Contributing Writer

It's rough, it's tough, and it's extreme. It's also the latest sports fad to recently sweep the nation. The X-treme Football League kicked off its first full season on February 3. The new league is comprised of eight teams that are based in cities which have the capacity for such an attraction. The players on the teams, most of whom are very talented, have yet to make it to the higher level of play, also known as the NFL. There are a few differences, however, between the NFL and the XFL.

XFL is a spring league complete with a few new rules, involvement with the World Wrestling Federation (WWF) and several squads of, how do I put this nicely, trashy cheerleaders. In fact, a promotion for the league, which aired two weeks prior to the opening game, put the new league under scrutiny for their vulgar and lewd commercials involving the "scantily clad" squads.

However, all was well on opening night. The league had not only attracted excitement, it had guaranteed high ratings for the struggling NBC sports, one of the three stations to carry the league play. To top off what looked like a picture perfect beginning to a Cinderella story, the hard-hitting action promised by promoters of the league was delivered. On the opening kick-off to determine possession, an Orlando player separated his shoulder and had to be wheeled off the field via stretcher. Definitely X-treme and it sounds like it will be a success, right? Wrong.

The new league's opening week success has recently plummeted leaving promoters as well as the stations carrying it out to dry. The real question is will it return next season. So far those involved say yes. However, until the fate of XFL is determine we will just have to sit back with the guys, watch women degrade themselves on national television and get ready for some "football."

For more information visit: www.xfl.com◆

Winter Sports Scoreboard

Basketball
Regional Runner-up
State Final Four

Swimming
State Champions
Regional Champions
Excel Invitational Champions

Bowling
District Champions

Upcoming Sports Events

Track

4/7	Mid-South TRACK Classic	@McCallie
4/12	FRA	@MBA
4/19	Great Eight Invitational	@Vanderbilt
4/21	Doug Hall Relays	@MBA
4/24	9th Grade City Championship	@HH
4/25	BGA	@MBA

Softball

4/ 5	David Lipscomb	@David Lipscomb Elementary
4/10	Brentwood Academy	@BA
4/12	USN	@USN Complex
4/17	St. Cecilia	@HH
4/19	Father Ryan	@HH
4/20	Goodpasture	@Goodpasture
4/23	Hillsboro	@Hillsboro
4/25	David Lipscomb	@HH
4/ 26	BGA	@BGA
4/27 & 4/28	Franklin High Tournament	@Fieldstone Farms

Tennis

4/3	St. Cecelia	@HH
4/5	USN	@HH
4/9	Brentwood HS	@Crockett Park
4/11	Brentwood Academy	@HH
4/12	Middle TN Christian	@HH
4/16	BGA	@HH
4/18	Baylor	@Baylor
4/20- 4/21	Atlanta Rotary	Atlanta
4/26	GPS	@HH
4/27- 4/28	Patty Chadwell Invitational	@HH

Lacrosse

4/5	Ryan	@HH
4/10	Brentwood	@HH
4/23	Franklin	@Franklin
4/25	Ryan	@Ryan
4/30	Brentwood	@BHS

Mandy Larence: Destined For Gold

Victoria Doramus ('02)
Features Editor

Imagine waking up at 4:20 a.m. on a cold, rainy Monday morning only to endure 1- 1/2 hours of fierce training and tiring swimming in the waters of the Sportsplex. Sounds fun, right? For Mandy Larence, Harpeth Hall junior, this isn't just a horrifying nightmare that comes as you snuggle down to your comforter: it's life as she knows it.

"I began swimming at the age of four," Mandy began. "My brother swam, and I wanted to do everything he did, so I started swimming, too." Born in Iowa, Mandy moved to Nashville at the age of five, and joined Nashville Aquatic Club, NAC. Little did she know that her inquisitive, competitive nature would drastically change her life and allow her to achieve things she would have never dreamed.

Mandy's coach, John Morse, is a top-ranked coach that has developed national champions. "John is like my second dad. He is so supportive and never pressures me to do anything. He's the reason why I am still swimming." With a warm grin on his face, John boasted that "Mandy is one of the best racers I have ever seen, anywhere." Mandy said that one of her greatest influences is her mom, Ginny.



Despite her intense swimming schedule, Mandy still manages to spend time with her friends. From L-R: Cornelia Rowe ('02), Mandy Larence ('02), and Audrey Ball ('02).

"My mom is always there to support me and does whatever she can to help, even if on some days that only includes a warm meal on the table and an ear that listens."

Not only is Mandy an honor roll student at a prestigious all-girl high school, she attended the 2000 Olympic trials. In addition to this phenomenal accomplishment, Mandy is the 1999 and 2000 Tennessee High School female swimmer of the year, has been All-American in multiple events for 1998,1999, and 2000, is a record holder for the Southeastern conference 100 freestyle, a member of the 1997-98 National Junior Team, and (whew!) won the coach's award in 1999, and MVP in 2000 for the Harpeth Hall swim team.

On top of all this, Mandy is well liked by everyone she encounters. Mandy is an honest, respectful, ambitious young woman whose friends describe her as "an incredible friend," "hilarious," "down-to-earth," "goal-oriented," and "one of the most fun people to hang out with." This is merely one reason that it's not hard to see why colleges all over the country are heavily recruiting Mandy.

"I want to go to college in California and definitely continue swimming. Eventually I think I want to get into television and broadcasting," she said. So the big question is, what does Mandy do in her free time (if she has any)? "I can't imagine life without swimming, but I love hanging out with my friends more than anything. I am always tired from practice though, and that makes it extremely difficult to balance a social life, school, and swimming." Mandy must be doing a pretty good job (to say the least) considering that she excels at all three. "It's really hard sometimes, though." Mandy's practice schedule makes one wonder how she doesn't keel over at any given moment, or at least not fall asleep in class. During the school year, Mandy practices five days a week for two-and-a-half hours after school, and three times a week for an hour - and - a-half before school. Not to mention Saturday mornings from 6:30-9:30 a.m., and an occasional Saturday afternoon. Mandy describes a typical practice as "Two-and-a-half hours of hell. Practices include really intense dry-land (running, cardio, etc), and weights and swimming." Mandy never knows what she is in for: "Each day is a different workout, and I always pray it's going to be an easy day. It never is, though!"

While most girls growing up were attending summer camps, or simply playing at the pool, Mandy rigorously trained. In the summer, Mandy's schedule only differs because she gets to sleep in an extra hour, starting practice at 7:00 a.m., not 5:30 a.m. "Even though practices are hell, my childhood memories mostly involve water, chlorine, swim caps, and goggle marks. I love what I do and wouldn't have it any other way."

Mandy is an incredible athlete, friend, and student, whose humility and will power are two secrets behind her growing success. The intensity of the sport is character-building, yet each day she moves closer to her goal, the Olympics.

Admired by all that she encounters, there is no doubt that Mandy will achieve this goal. With a smile that can brighten up a room, this girl is definitely going places, and going there with fierce speed and determination.◆

College Corner

DePaul University Chicago, IL

Sally Jackson ('01)
Entertainment Editor

DePaul University is a private, Catholic institution founded by the Vincentian order in 1898 – but do not let that scare you. This exciting school has a campus composed of two parts. Most classes are taken on the main campus in Chicago, a posh Lincoln park area, while the business oriented classes are located in the heart of the business district (providing for internships galore). And this school offers more than just location, location, location. With an average class size of 24, all students have a great opportunity to learn from their professors (89% of which have a doctoral degree in their field). DePaul strives to be one of the largest Catholic Universities in the country, yet is able to make the campus feel is incredibly close. The entire school is home to around 19,000 students, but only 10,000 of them are full time undergrads. Average SAT scores fall around 1250, and most students are from the Illinois or the Northeast. And that makes *you* a sharp commodity.◆

Carol Elam, *con't from page 1*



plaining her vision of Harpeth Hall to the student body. Maintaining the quality of learning here always remained in her thoughts. For this, Mrs. Elam will forever remain in *our* thoughts.◆

Sun, Fun, Snow – Where Did You Go?

Raleigh Anne Simpkins ('03)
Contributing Writer

Logos II takes a look at the top five Spring Break destinations for 2001.



Palm trees and peaceful relaxation always provide one with the perfect spring break.

Cayman Islands

Located just south of Cuba, this Caribbean get-away is one of the most beautiful places on earth. These islands have just recently become hot tourist spots competing with Cancun and Jamaica. The white sand beaches, historical atmosphere and party-prone nightlife all make for a fun-filled vacation. Though it is slightly pricey, this spring break paradise will be well worth it. Places not to pass up: Sharky's, Royal Palms and the infamous Stingray City.

Cancun, Mexico

Surrounded by gorgeous countryside, this south-of-the-border destination is very popular for those looking for a great time. The white, sandy beaches make for a perfect tanning spot. And, no other nightlife can even compare. Cancun is the partygoer's paradise. Downtown Cancun is sea of lights with over 60 nightclubs in all of its two miles. So it's perfect? Not quite. There is the health factor to be wary of; health officials recommend that all travelers have updated Hepatitis and booster shots. Also, they recommend that any tourist traveling throughout Mexico, as well as the city, stay with a group at all times.

The Bahamas

Go 100 miles off the coast of Florida and you will find the exotic islands of the Bahamas. Made of 15 islands, the Bahamas is the perfect mix of both relaxation and activity. The most popular and highly visited islands are Grand Bahama and New Providence. Both offer similar activities such as shopping, site seeing and sun. Places not to miss on Grand Bahama: Bay Street and any restaurants with local Bahamian dishes.

Destin, Florida

"Nashville at the Beach" might be a better name for this destination. In past years Destin has become the ultimate high school vacationing spot replacing the more juvenile Seaside resort. Located just south of Alabama and East of Ft. Walton beach, in the Gulf of Mexico, Destin has it all. Bright sun, beautiful beaches and nightlife make Destin another party destination for spring breakers worldwide. Places not to pass up: Big Kahunas Water and Theme Park and The Back Porch.

Beaver Creek, Colorado

Some like it hot, but for those who prefer the colder weather, Beaver Creek is the place to be. Set deep in the Rocky Mountains and located just 100 miles west of Denver, this resort is a perfect get-away. When you're not hitting the slopes, you could be shopping in some of the best stores in North America, ice skating on a frozen pond or just kicking back with some hot chocolate in one of the many local lodges. A place not to miss: Coyote Café.◆

Tanning: Playing with Fire?

Jenny Paris ('02)
Opinions Editor

Hollywood adores it. One cannot watch 15 minutes of television, flip through a magazine, or walk down the street without seeing it. What is this obsession of American culture? The tan.

Views on dark skin have changed much during the last 150 years. The tan has long been a social divider between the economic classes. During Victorian times, only peasants and manual laborers had dark skin from long hours in the fields under the sun, so pale skin was a symbol of wealth. In the early 1800s, when the Industrial Revolution shifted workers to factories indoors, pale skin became associated with the working class. Dark skin then began to mean that one had money to go on vacations.

So what is exactly is a tan? It is the skin's natural protection from harmful ultraviolet (uv) rays that come from three sources: sunlight, tanning beds, and sun lamps. When skin gets darker, the production of a dark pigment in the skin called melanin has increased to lessen the damage to cells. Excessive exposure to UV rays is the cause of the often fatal skin cancer melanoma, immune system damage, and unattractive, sagging, wrinkled, and leathery skin.

Due to a false belief that tanning with artificial light will not have the same undesirable effects as sunlight, tanning beds have recently become popular. About a million Americans visit one of the more than 18,000 tanning salons in the United States each day. Consequently, the number of skin cancer cases has been rising over the years, which experts say is due to increasing exposure to UV radiation. It is estimated that more than 1.5 million new skin cancer cases are likely to be diagnosed in the United States this year.

The earlier one starts tanning, the earlier skin injury may occur.

Tanning beds claim that they are safe because they use UVA, or "tanning" rays, instead of the UVB rays that cause sunburn. However, UVA rays penetrate deeper and are connected with malignant melanoma, immune system damage, and the thinning and weakening of the skin, and its underlying con-nective tissues. Claims such as the following are all false: "Tan indoors with absolutely no harmful side effects," "No burning, drying, or sun damage, and unlike the sun, indoor tanning will not cause skin cancer or skin aging."

Teenagers make up a vast majority of those who tan the most. Unfortunately, studies suggest that children and adolescents are harmed more by equivalent amounts of UVBrB s than aduare lts. The earlier one starts tanning, the earlier skin injury may occur. Skin cancer and visible aging are delayed effects of sun exposure that do not show up until much later in life. Physicians and scientists are especially concerned that cases of skin cancer will continue to increase as people who are now in their teens and twenties reach middle age.

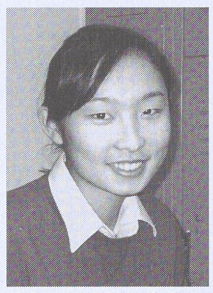
After considering the risks of tanning, some young people have decided against following the social norm. Christine Ekrem, 16, is one of them. "I've known people who have gotten melanoma. They had to stay inside or cover up entirely before going out. I used to be really tan and go out in the sun all the time, but now I just keep my skin the way it is, the way nature intended. It's me, and I like it that way. Twenty years from now, my skin will be fabulous and those people who tan will look like prunes." However, a more typical response is the opposite. Many teenagers disregard the future and feel that although tanning is dangerous, they look better when tan and therefore feel better about themselves. However, before you head out into the sun this spring and summer, remember the damaging effects of the sun will cause skin damage without fail.◆

A Woman of Two Worlds: Megumi Matsuda

Jamie McGee ('01)
Contributing Writer

Understanding Shakespeare is difficult for you, Pre-cal is impossible to comprehend, and biology is way over your head. Now imagine that it's all written in a different language. This is what Megumi Matsuda, native to Tokyo, Japan, experienced in her first days at Harpeth Hall. Although living in Nashville briefly as a younger child helped her with pronunciation, Megumi is not hesitant to say that the transition in 10th grade from Japan to Nashville was difficult. "I was really scared, and there were so many people."

The teaching style was something to adapt to as well. "In Japan, the class is one-sided with the teacher telling you information as you write it down. In America teachers ask for an opinion and you must learn to speak up. That was hard to get used to."



Megumi Matsuda has made the transition to Nashville with grace and intelligence.

One of the biggest differences between Megumi's Japanese and American friends is their independence. "They have their own opinions here, and parents don't control them as much. They have their own cars and go anywhere." Megumi also notes that American teenagers, in general, are not forced to study as hard, and they party more. "People are crazy here."

Megumi still eats plenty of rice and vegetables from her native Japanese cuisine and she goes to a Japanese school on Saturdays so as to have a link to her native country. Concerning a visit home this summer, she says, "My friends in Japan make fun of me because my Japanese and English flip back and forth. I feel like I speak a universal language."

Megumi has enjoyed her years in America, but she plans to return to Japan for college. She will miss the wide open space of America where there are pastures alongside the big roads, but she looks forward to going back home.◆

Mirror, Mirror On the Wall, I'm the Fattest of Them All

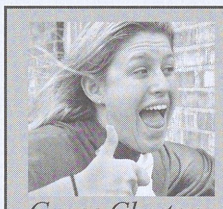
Jennifer Price ('03)
Contributing Writer

Secrecy, total control, depression, perfectionism, need of attention, fear of food, hatred for the mirror, obsession, intensity, fright. A fight between you and your food at every meal, lists of excuses, denial and competition...all of these things describe how someone with an eating disorder may act or feel. Eating disorders are more than just not eating, but something that takes over your life completely, and that something is very present at Harpeth Hall.

Being set in an all-girl environment has its advantages, but also its disadvantages. Surrounding yourself with girls and comparing yourself to everyone from the head cheerleader to your best friend is something that is not uncommon. Being in an environment where being thin is the only way to be, girls find themselves thinking about food and even counting calories far too much. For some, a "perfect image" is present in the classroom, clubs and athletic teams, and most of all with their friend's bodies. Harpeth Hall alum Michelle Wright, who is a survivor of anorexia and bulimia, said, "If Harpeth Hall wants us as a student body to be the most successful women of the future, we sure need to be *around* in the future."

The catch is that someone will not get better until she can admit that they have a problem and want to get better; thus therapy and drugs are not going to work until that person is ready to make the fight to become healthy again. Many people believe that eating disorders have gotten more prevalent around Harpeth Hall, but the truth is that the number of girls with *disordered eating* has dramatically increased. This is a difference that we have to comprehend. Disordered eating means that one's attitude about food, weight, and her body may be causing them to have very strict eating and exercise habits that could lead to an eating disorder.

As a community, we need to beome much more aware of the fact that eating disorders have become a real problem. We need to become more conscious with critical comments. No matter if its negative or positive, it still can act as a re-enforcement and have a major effect on someone with or on the verge of an eating disorder. Even if you are just joking with one of your friends and say, "You are all that!", what you thought was a joke could add the their drive towards an eating disorder. ◆



Grace Clayton

Ask Grace and Frances

Advice from Two of HH's Favorite Seniors



Frances Lewis

Dear Grace and Frances,
My parents are going to visit my big sister at college for a weekend. They are leaving on Friday and coming back on Monday afternoon. All of my friends are pressuring me to have "just a few people over before the basketball game." I know it will turn into a full-fledged party. I kind of don't mind hosting a big bash, but I live in a certain neighborhood where a lot of certain police like to drive around. What should I do?
Sincerely,
Hostess With the Mostess (Maybe)

Dear Hostess,
Well, I must admit that it did not take much time to think of the answer to your question: PARTY ON, MY FRIEND, PARTY ON! I know how these "pre-gaming" parties work, and I promise you that no one will leave your house to go to the game. Yes, the police can be a problem–that's why before I go to a party, I never leave without my trusty running shoes. Take off those Gucci pumps, lace up your Nikes, and get ready to run, run, run! If that doesn't work, think of a good hiding place, a closet, an attic, or if you're in Belle Meade, a trap door or secret passageway (you'd be amazed at how many homes have them). In conclusion, I say that the party is a must! Give back to the close-knit party community that has given so much to you on those weekend nights...and if it's a hit, you'll forever go down in history for throwing a "Mega Bash." Remember, legends are made every day.
Grace

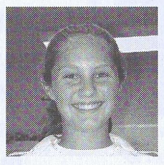
Dear Hostess,
Let me get this straight: your peers are "pressuring" you to have a party? Sounds just a little familiar to me. Are you blind or are you just stupid? What have all those Life Skills classes taught you? JUST SAY NO! Your friends claim it will be "just a small get together," but does it really matter what size this party is going to be? The fact of the matter is that your parents are out of town, you can't ask them permission, so therefore you shouldn't have people over. Just picture the look on your parents' faces when they come home to an answering machine full of messages from a certain police station saying that their daughter is a disgrace to their community! And honestly – how much fun are parties anyway? Wouldn't you rather play a board game with your sister, sipping hot cocoa and watching "It's A Wonderful Life" by the fire? Jimmy Stewart has never gotten you arrested before!
Sincerely,
Frances◆

Logos II Asks...

What Was Your Favorite Moment from Spring Break 2001?

"Scuba diving at night with a bunch of my friends in Akumal, Mexico."

Liza Trickett, freshman



"Getting my picture taken with Henry Winkler (The Fonz from 'Happy Days') in New York City."

Lauren Salerno, sophomore



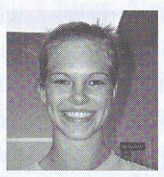
"Dancing with a guy from St. Louis – the best looking boy I've ever seen – i n the Bahamas."

Taylor MIddleton, junior



"When Grace, Paige, and I were 'Coyote Ugly' in the Cayman Islands!"

Cassie McConnell, senior



Next Issue:
What's your weekend curfew? Do you think it is reasonable?



