

Hannah Berrell, KK Jones,
Elizabeth Demere, Lucy Burt



Come January, we count our lucky stars to claim a few area high-school interns who work with us for a short time, providing love, laughter and much-needed assistance. This year, the teachers became the students as we asked our little Jedi Warriors to take over as Yoda and share their beauty tricks. Words of wisdom from St. Cecilia Scarabs Lucy Burt, Elizabeth Demere, Hannah Berrell and Harpeth Hall Honeybear KK Jones—read on! If you look half as good as these girls, you're ahead of the rest of the world.

♡ KK Jones ♡
BEAUTY - A TOUCH OF GLAM

Benefit You Rebel Tinted Moisturizer (Sephora and Benefit counters)

I love this product. It provides light, even coverage and moisturizes. Warm a dollop in your hands and apply to face. Add a swipe of bronzer and some peachy lips for a quick, fresh face.

Smashbox Cream Eyeliner

While I've long been an eyeliner fan, Smashbox's Cream Eyeliner has found its way into my heart and become one of my go-to products. Packaged in a miniscule container, it's deceptively long-lasting (I've had my tiny pot for at least two years!). It glides on easily, stays on and looks great as a liner or as a base for eyeshadow. Blue-eyed girls should check out the color "Burnished Bronze." Your eyes will shimmer.

EOS Lip Spheres

Strolling through Walgreens recently, a bright pink ball caught my eye. "What could this little nugget be?" I pondered. After scanning the package, my newest obsession was born. The little orb was an EOS lip balm that comes a variety of scents all in bright, eye-catching hues. (My current favorite is the honeydew in the green container). For a light wash of color, fill in your lips with pinkish lip liner and apply the balm on top of them. Kissable, soft lips are yours in an instant!

The Body Shop's Brush-on Bronze Beads

A friend recommended that I check out the Body Shop's Bronzing Beads, and I was pleasantly surprised. The bronzer is composed of tiny pearls made from a shimmering bronzing powder that creates a warm, healthy glow. Definitely a new summertime staple for me!

Honey Lip Scrub

Going somewhere? Not with dry, chapped lips you aren't! If you have a serious case of the crusty crusts, you must try this simple DIY trick. In a small container, add two tablespoons of honey, a dollop of Vaseline and a teaspoon of sugar. Stir until all ingredients are well mixed. Apply the scrub as you would a lipstick. Wipe it off and voila!

Neutrogena Healthy Skin Liquid Makeup

It's winter. In Nashville. And that means three things: cold, windy and wet. During the winter months, our skin takes a beating from the frigid temperature and lashing winds—not to mention the drying heat and lack of inside humidity.

To counter this, liquid foundation drained my bottle of Neutrogena Liquid Makeup. You can apply it from the bottle, but I recommend sponge for a more natural effect. Dab onto the back of your hand, dip sponge into the foundation, eyes and a little beyond your jaw face with translucent powder, and with your favorite bronzer (don't letage!), a swipe of blush, and you're ready for winter winds.

♡ Hannah B. ♡
HEALTHY LIVING - WHI

Ever get that salty craving? Lying down on fatty fries, grab some heat them on the stovetop or in the degrees. Right when you begin they're ready! These tasty nibbles—E—a miracle worker for your skin.

Can't get to the gym every day? New Year's resolution? Try doing crunches during the commercial of You'll be an active couch potato [winky face]

Okay, our bodies are 80 percent of us know drinking it can help and feel better. But for those who try adding cucumber, lemon and the flavor and your metabolism.

Does breakfast make you hungry? Having a biscuit or a bowl of cereal.