



**GIRLS  
EVERY-DAY  
BOOK**

**1935 — 1936**

## INTRODUCTION

"The Every-Day Book" is composed of suggestions for meditation and prayer written by the students of Ward-Belmont during the year 1935-36. It is hoped that every girl in school will make these readings the basis of a few moments' quiet thought sometime each day.

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"They have burned to Thee many tapers  
in many temples:  
I burn to Thee the taper of my heart.

"They have sought Thee at many altars,  
They have carried lights to find Thee:  
I find Thee in the white fire of my  
heart.

"Frail is my taper, it flickers in the  
storm,  
It is blown out in the great wind of  
the world!  
Yet,...forever somewhere with Thee,  
on the altar of life  
Shall still burn the white fire  
of my heart."

-- Jessie E. Sampter.

## THE MEANING OF FRIENDSHIP

Monday. Living Our Best.

The Scripture: "I have come that you may have life, and have it to the full."

Read John 3:16-21.

"I would be true,  
For there are those who trust me;  
I would be pure,  
For there are those who care;  
I would be strong,  
For there is much to suffer;  
I would be brave,  
For there is much to dare."

Prayer: Father, may we live today in Thy Spirit of truth, purity and love. Amen.  
Evelyn McCall.

Tuesday. Sharing Our Best.

The Scripture: "All things that I have heard of my Father I have made known unto you." Read John 15:9-17.

Comment: Do we make it worthwhile for people to be around us? Do we share our best ideals, thoughts, and experiences with our friends, or do we shut them out of our real lives? Jesus daily gave His best to others. Shall we?

Prayer: Father, may we be unselfish with our best today. Amen. Jane Flannigan.

Wednesday. God Loves Us Thru Our Friends.

The Scripture: "Thy love to me is wonderful." Read Sam. 18:1-5.

"I did not know God loved me in so sweet a way before -

'Tis he alone who can such blessings send;  
For when His love would new expression find,  
He sent thee to me and He said,  
'Behold a friend!'"

Prayer: Help us to be grateful for Thy gift of friends. Virginia Battle.

Thursday. Remembering Friends at Home.

The Scripture: "I thank God for every remembrance of you." Read Phil. 1:1-8.

Comment: Let us be grateful today for the friends at home who love us, and who long to hear from us, as we do from them.

Prayer: "Teach us, Father, so to bear ourselves toward others that they may think of us in kind and grateful ways. In His name, Whom remembering, we thank God to the uttermost." Amen. Martha Morryday.

Friday. Sharing Beauty With Friends.

The Scripture: "One thing have I desired, ...to behold the beauty of the Lord." Ps.23.

Comment: There is always beauty around us, no matter how small or large. Let us become sensitive to loveliness, and share it with friends.

Prayer: Help us to discern Thy presence in all things lovely today, Father. Amen. Mamie Jones.

Saturday. Friendship With God.

The Scripture: "And the Lord, He it is that goeth before thee; He will be with thee, He will not fail thee." Read Phil. 3:7-14.

Comment: In being a friend to others perhaps we can come to know God as our supreme friend. His best gift to us is the gift of Himself.

Prayer: Father, may our hearts be open to receive Thee today. Amen. Pauline Myers.

Sunday. Following the Great Friend.

The Scripture: "Come, follow Me." Read Mark 1:16-20. "I heard Him call, 'Come, follow' - that was all.

My gold grew dim, my heart went after Him. I rose and followed - that was all.

Who would not follow if he heard Him call?"

Prayer: Master, may we follow Thee and may our love for Thee be revealed in our daily lives. Amen. Laura Mae Carpenter.

Monday. Love Fulfills All Laws.

The Scripture: "Thou shalt love the Lord thy God...and thy neighbor as thyself."  
Read I Cor. 13:1-3; Luke 10:25-37.

Comment: On this Armistice day let us renew our faith in love as the supreme law of life. Let all barriers that divide us from people fall away; let us "make room in our hearts for the inheritance of a world."

Prayer: "Father, may we love all peoples, and may there be peace on earth among men. Amen." Elizabeth Evans.

Tuesday. Love Is Very Patient.

The Scripture: "Love is very patient, very kind." Read John 15:9-17; I Cor. 13:14.

Comment: How many times each day do we need the patience and understanding of those around us! Let us give to others today the same loving patience that is so often extended to us.

Prayer: Master, give us the spirit of understanding and kindness, we pray. Amen. Virginia Varga.

Wednesday. Love Knows No Jealousy.

The Scripture: "Love knows no jealousy, is never irritated, never resentful." Read I John 3:18-24.

Comment: Let us forget the petty jealousies of school life-the jealousy of a friend's success in high marks, of a new friend your roommate may have found, of a gathering to which you were not invited. Let us free ourselves of these things today.

Prayer: Grant, O Lord, that we may live with Thee and with those about us in sincerity and love. Amen. Betty Carlisle.

Wednesday. Love Is Never Selfish. 4.

The Scripture: "God so loved the world that He gave His Son." Read John 13:1-17.  
Comment: Unselfish love is that impelling force that makes us give freely and gladly our help and friendship to those about us. If we have not this feeling toward one another, our lives are empty and bare.  
Prayer: Fill us, Father, with that unselfish love and glad giving that we always find in Thee. Amen. Frances Laval.

Thursday. Love Makes No Parade.

The Scripture: Blessed are the meek, for they shall inherit the earth. Luke 18:1-14.  
"I would be humble, for I know my weakness. I would look up, and love and laugh and lift!"  
Prayer: Lord, hear this, the prayer of our hearts today. Amen. Margaret Cooper.

Friday. Love Always Believes the Best.

The Scripture: "To do justice and judgment is more acceptable to the Lord than sacrifice. Read Luke 7:36-50.  
Prayer: Father, Thy love magnifies the meaning of our lives, and finds only the best in each of us. Likewise may our love find and believe only the best in others. Amen. Emily Hamilton.

Saturday. Practicing the Life of Love.

The Scripture: "At present I am learning bit by bit." Read I Cor. 13:8-13.  
Comment: We become skilled in living the life of love only as we faithfully practice it in the little details of every day. Shall we work and play in this spirit today? Jesus said: "Be ye perfect."  
Prayer: Lord, help us to love and serve Thee while life lasts, that we may know the fullness of Thy service in the world to come. Amen. Jane Anglin.