

PLAYGROUND SUPERVISION

An awakened conscience relative to child welfare and a realization of the social and economic value of wholesome recreation for both young people and adults has made the playground movement one of national importance. The demand for trained workers, both voluntary and paid, in this field greatly exceeds the supply, and makes the course one of great practical value. The course embraces the History and Scope of the Playground Movement, Playground Organization, Administration and Conduct, and the Nature and Function of Play. The practical work includes Plain Sewing, Raffle Weaving, and Story-Telling; normal instruction in Field Dances and Games, Gymnastic and Athletic Games, Athletics and Swimming.

Open to Senior Middle and Senior students. Two periods a week.

In addition to the work outlined above, a two-years' course is offered to those who wish to specialize in Physical Education. It is open to students of the college department only, and as prerequisite a course in high-school Physics and Chemistry must have been completed.

FIRST YEAR

THEORY	PRACTICE
Physiology (2)	Gymnastics
Personal Hygiene and Emergencies	Marching, Folk and Æsthetic Dancing
History of Physical Education (2) First Semester	Elementary Fencing
Principles of Voice Development (one private, three class)	Gymnastic and Athletic Games
Playground Supervision (2)	Field and Track Athletics
Chemistry of Nutrition	Swimming
	Horseback Riding

SECOND YEAR

THEORY	PRACTICE
Physiology of Exercise (3)	Gymnastics
Anatomy (2)	Marching
Advanced Hygiene (2)	National, Character, and Interpretative Dancing
Anthropometry (2)	Advanced Fencing
Sociology (4) Second Semester	Gymnastic and Athletic Games
Training in Voice and Body (one private, three class)	Track and Field Athletics
One Senior Elective	Advanced Swimming
	Horseback Riding

Points of Interest to Patrons

Sunday visiting discouraged.

Hot and cold water baths on each floor

Intelligent watchmen constantly on duty.

Well-equipped Domestic Science laboratory

Roof garden among the recent improvements.

Borrowing and lending firmly discountenanced.

Steam heat, modern plumbing, and city sewerage.

One resident teacher for every ten resident students.

Student social rooms maintained in every dormitory

Food and milk supplies regularly inspected by city officials.

Visitors received in the central parlors, not in residence halls.

City correspondence allowed only on written request from parents.

Students not well enough to study or recite must go to the infirmary. Taste, economy, and propriety in dress are the subjects of constant care.

Parents are urged to discourage unnecessary changes in courses of study

Neatness and order are expected of all students in the care of their rooms.

All articles sent by freight or express should be prepaid and so marked.

Gymnasium, with shower baths and swimming pool, free to all students.

Elegant, light, airy dining halls, and scientifically equipped kitchen and bakery

Students are not to leave the campus without permission of the management.

Parents or guardians who register students accept all the conditions in this catalogue.

Sterilized, filtered water runs ice-cooled to hygienic drinking fountains on every floor

Music teachers all conservatory trained under the best masters in America and Europe.

A Travel Club for summer touring in Europe and America is maintained by the school.

Expensively maintained faculty, handsomely equipped buildings, and beautifully planned grounds.

Men callers received occasionally by written permission from parents addressed to the school.