venience and sanitation. Physical training is given free of charge to boarding students, and is required of them for at least two periods a week in every year. A thorough examination will be given each student at the beginning of the session, and all measurements taken will be preserved. All work is done under expert supervision, and students are carefully advised as to when to take exercise, how and how much.

The work of this school includes various departments. Practical gymnastics, gymnastic games, and fencing form an important part of the indoor work. The value of aesthetic movements and of folk games and dances as a means of acquiring grace, has been recognized of late years, hence these are included in the course. As part of the required work, every pupil physically fit to do so is expected to learn how to swim. Another and very important branch embraces practical work in outdoor games, basket-ball, hockey, and field day exercises. Because of the greater hygienic value of outdoor exercise fully two-thirds of the work is done in the open. Frequent opportunities are afforded for horse-back riding. Throughout the department the exercises are suited to the precise needs of the individual pupil, and the constant aim is to bring each girl nearer the physical ideal.

The required work consists of two class lessons per week in Gym-

One lesson in swimming and two practice periods are elective.

## Distinctive Ward-Belmont Merits.

Intelligent watchmen constantly on duty
Splendidly equipped Domestic Science laboratory
Steam heat, modern plumbing and city sewerage.
One resident teacher for every ten resident students.

Food and milk supplies regularly inspected by city officials.

Hot and cold water baths on each floor and in many bed-rooms.

Up-to-date gymnasium, with shower baths, and perfect swimming pool.

Elegant, light, airy dining halls, and scientifically equipped kitchen and bakery

Handsome new dining hall and roof garden among the year's improvements.

Sterilized, filtered water runs ice-cooled to hygienic drinking fountains on every floor

A Travel Club for summer touring in Europe and America is maintained by the school.

Most expensively maintained faculty, handsomely equipped buildings and beautifully planned grounds.

Most modern and beautiful Academic building, for recitation uses alone, perfectly lighted, heated and ventilated.

Faculty large, skilled, and scholarly—an advantage which no smaller, or less expensive, school could offer

Music teachers all conservatory trained under the best masters in America and Europe, their own methods being the latest and best.

Financially so independent and with such high ideals for character and culture that the unworthy and the hopelessly indolent are not retained.

Every city advantage near enough to be had with ease, and all urban dangers and temptations to dissipation of mind so remote as not to molest.

Organization of classes so systematic and the teaching force so complete that the talented are not retarded nor the less-gifted unduly hurried.

Students of proper age who have proved their absolute trustworthiness are elected to the Self-Government Roll, a wholesome modified form of student government.

The residence halls and the academic building are entirely separate, a fact which contributes in large degree to the true atmosphere of home quiet, rest and health.

Windows and doors of residence halls expensively fitted with metal weatherstrips and copper screens, thus protecting against winter cold and summer insect annoyance.

Student body of 1913-14 representative of the best homes in thirty-three States, thus affording the broadening educational advantage of a nation-wide acquaintanceship.

Every provision against fire—regular fire drills, fire escapes, fire extinguishers, fire hose, and still no fire in the buildings except in kitchens and bakery, which are practically fireproof.

Interested, self-forgetting, painstaking and conscientious work done by the teachers and kindly but resolutely required of the students. Neither superficial teaching nor careless reciting tolerated.

Classes just large enough to insure zestful enthusiasm and yet small enough to guarantee adequate individual attention. Thirty classrooms, besides music studios and practice rooms.

Provision is made to allow attendance upon lectures, concerts, and the wholesome entertainments that abound in this college and university capital, whither come the celebrities and artists of many lands.

Large, modern infirmary in the main building, and a remotely isolated detention hospital, both professionally superintended by trained nurses in constant attendance. Thus, and in many other ways, are life and health sacredly guarded.

Every class-room sun-lit and well ventilated, every corridor wide and airy, and every bed-room window opening on our attractive out-of-doors. Seventy-two bed-rooms have each a private bath, or are in suites of two rooms with bath between. Thirty single rooms with bath between.

With the exception of a few single rooms, which may be had at extra cost, each bed-room is for two girls, and is furnished with single beds, separate closets and the usual other comforts to which girls from cultured homes are accustomed, and which assure the dignity and privacy so essential to womanly refinement and worth.

Ward-Belmont is so much in favor with Northern patrons that practically every State north of the Ohio River boundary from New York to Oregon is represented. Since the mild climatic conditions and the high educational opportunities are alike ideal, nearly one-fourth of our student body now comes from the North.

The following thirty-three States were represented during the past year in Ward-Belmont Alabama, Arkansas, California, Colorado, Florida, Georgia, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana,