

12/24/97

Dear Paul,

Maureen Begley sent me ~~this~~ picture from wedding & asked me to pass one on to you. I never did get my special card for you but know you are special. I trust the Sciatica is somewhat improving or else you may have to have some Test to find out what's causing the problem. I strongly advice some ~~leg~~ exercises if you can  $\bar{b}$  pain. - such as - flat on ~~back~~ alternate leg raises, stretching I intend to call you but I never know if I can get through. It's been very hectic up here. I'll be glad to relax in Florida. We leave Fri <sup>the</sup> afternoon. John's had a <sup>intestinal</sup> Virus the kids ~~are~~ back etc. Hopefully I'll talk to you tonight or tomorrow.

Love to all  
Helen