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THE HINTON AND DAVIES-HINTON TESTS
FOR SYPHILIS

Ву

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Introduction: - In the detection of syphilis, these tests lend themselves to:

- 1) volume of output by the regular method;
- 2) quick results in cases of emergencies, by the rapid method;
- 3) small amounts of blood, by the Davies-Hinton micro-flocculation test;
- 4) easy examination of spinal fluids by the Davies-Hinton test.

^{*} The reliability of this test in comparison with others is authoritatively shown in a series of papers by the American Committee on the Evaluation of Serodiagnostic Tests for Syphilis. This Committee has acted impartially. Nevertheless, its figures and statements have been subject to biased interpretations by individual writers. Therefore, a careful study of these original reports is highly desirable in selecting serologic tests for syphilis. 1,2,3

HINTON TEST FOR SYPHILIS 4 (THIRD MODIFICATION)

This test requires precision in execution, because consistently accurate results cannot be obtained if minor variations in technique are allowed.

Equipment: -

- l. Test tube racks. To simplify numbering and pipetting serums, these racks should be constructed to hold ten or twenty tubes in a row.
- 2. Serum tubes 100 mm. long, with an approximately uniform inside diameter of 10 mm.
 - 3. A water-bath for inactivating serums.
- 4. A Wassermann bath or a bacteriologic warm air incubator. The former is preferred, because by its use the test is somewhat more sensitive. The water in the bath should be changed frequently to prevent a deposit from sticking to the outside of the tubes.
- 5. A centrifuge with a speed of over 2000 revolution's per minute.
 - 6. A maximum and minimum thermometer.
- 7. Graduated 100 cc. and 250 cc. cylinders to measure the reagents.
- 8. Dropping pipettes with rubber bulbs of about 5 cc. capacity, for drawing off serums.
- 9. Serologic pipettes of 1.0 cc. capacity, graduated in tenths to the tip, to measure serums, and 5 cc. or 10 cc. serologic pipettes to measure reagents.
 - 10. Thick-walled Erlenmeyer flasks⁵ of 125 or

250 cc. capacity, with an inverted V-shaped ridge blown in the bottom, for mixing glycerinated indicator. This ridge produces two semicircular compartments, each of which holds 3 to 5 cc. in flasks with a capacity of 125 or 250 cc. These flasks (see figure 1) are not listed in any of the catalogues; ours are especially made by Macalaster Bicknell Company, of Cambridge, Mass.

(INSERT PICTURE OF FLASK AS FIGURE I)

PREPARATION OF STOCK SOLUTIONS

Stock indicator .-- Extract dried, ground, beef-heart muscle (Bacto-Beef Heart, Dehydrated, Difco Laboratories) by putting 100 Gm.* of the powder and 400 cc. of ether (anesthesia) in a widemouthed, glass stoppered bottle and shaking thoroughly by hand for ten minutes. Allow the bottle to stand five to ten minutes, so that the solid material may settle out. Then pour as much of the ether as possible through filter paper into an Erlenmeyer flask, without pouring out any large quantity of the solid material. Scrape the solid material from the filter paper into the bottle for further extractions. Do not allow the main portion of extracted tissue to dry between extractions. Discard the filtrate in the Erlenmeyer flask. Make five separate extractions in all, using 400 cc. of fresh ether and a new filter paper for each. After the final extraction, let the tissue dry on the filter paper. Obtain the net weight of this dried residue of ether-insoluble constituents. Place this dried residue in a glass-stoppered bottle with 95 per cent ethyl

^{*}The extraction in one operation of larger or smaller amounts of the powder has appeared to yield an inferior reagent.

alcohol, using 5 cc. of alcohol to each gram of residue. Extract for three days at room temperature (17° to 20° C.), shaking the contents of the bottle vigorously by hand for five minutes three times each day. Remove the tissue by filtering into a graduated cylinder; measure the alcoholic extract, and transfer to a glass-stoppered bottle. Add cholesterol (using 0.4 Gm. to each 100 cc., and warm at 37° C. in an incubator or water-bath, occasionally shaking, until the cholesterol has dissolved. A solution thus prepared is called stock indicator (antigen).

Warning is given that the best results can be assured only if a stock indicator as prepared above has proved to be accurate in comparative tests with an indicator that is wholly satisfactory as determined by both clinical and serologic means. Materials designated for this test by the Difco Laboratories of Detroit, Michigan, have met this critical requirement.

SHALL

The stock indicator should not be stored in a refrigerator, for chilling will precipitate the cholesterol; if, by inadvertent chilling, the cholesterol should precipitate, it must be redissolved (by heating in a water-bath at 37° C.). Stock indicator kept in colorless, glass-stoppered bottles at room temperature for more than two years has given as good results as that freshly prepared.

Five per cent salt solution. -- Prepare a 5 per cent solution of sodium chloride (C.P.) in sterile distilled water, and add 1.0 Gm. of salicylic acid (C.P.) to each 4500 cc.

The salicylic acid helps to preserve the potency of glycerinated indicator (described later).

Fifty per cent solution of glycerol. -- Prepare by mixing equal volumes of Baker & Adamson's Glycerin (Reagent)* and sterile distilled water.

The 5 per cent salt solution and the 50 per cent glycerol solution keep indefinitely.

Preparation of glycerinated indicator. -- Directions for mixing this should be followed strictly. Thirty cubic centimeters is the smallest and 150 cc. the largest amount that can be satisfactorily prepared at one time. If larger quantities are required, two or more batches should be pooled. If kept in a refrigerator at a temperature of about 8° C., it will remain unimpaired in strength one month and sometimes longer. This stability of the glycerinated indicator is extremely advantageous for emergency work and for small laboratories.

Prepare the glycerinated indicator as follows: -- Pipette one part of the cholesterinized heart extract into one compartment of the Erlenmeyer flask (with the inverted V-shaped ridge), and 0.8 part of the 5 per cent salt solution into the other.

Use great care, when pipetting the salt solution into the flask, to avoid admixture of the two solutions. A 125-cc. flask is suitable for the preparation of 30 to 60 cc. of glycerinated indicator; and a 250-cc. flask for 90 to 150 cc.

Mix by shaking the flask very rapidly from side to side for one minute. Let the mixture stand exactly five minutes. Without further delay add 13.2 parts of the 5 per cent salt solution and

^{*} This is an especially pure redistilled glycerin.

shake thoroughly. Finally, add fifteen parts of the 50 per cent glycerol solution and shake until the suspension is homogeneous.

PERFORMING THE TESTS

1. Centrifuge the blood, if necessary, to aid in separating the serum from its clot; with a long dropping pipette remove the serum (free from blood cells) and deliver into an appropriately labelled serum tube.

To avoid contamination of one serum by another, after each serum has been drawn off, thoroughly rinse the dropping pipette at least three times with serilized physiologic salt solution. To minimize bacterial contamination, after every twenty serums have been drawn off, empty the washing bottle (about 200 cc. capacity) and fill it with fresh salt solution.

- 2. Heat the serums in the inactivating bath at 55° C. for 30 minutes. Be sure that the level of the water is above the level of every serum and that the temperature is kept at 55° C. or 56° C. throughout inactivation. Errors may result if this varies even one or two degrees. Serums should be inactivated on the day of testing. If it is necessary to retest a specimen, use serum freshly separated from the clot.
- 3. Select all serums that show (a) hemolysis, manifested by redness greater than is produced when 0.1 cc. of blood is dissolved in 3.0 cc. of distilled water; (b) bacterial contamination, shown by cloudiness; or (c) marked opacity from other causes. Place in a separate rack and test, as soon as possible, according to the rapid method (page 10). This will avoid further deterioration, which by decreasing the sensitiveness of the test and increasing the opacity of the medium makes the test harder to read.

- 4. Set up the racks with one properly numbered serum tube for each remaining specimen. Tubes should be clear and clean.*
- 5. With a 1.0 cc. pipette, measure 0.5 cc. of each heated (inactivated) serum into the tube that has been labelled for it.

 (Use a separate pipette for each serum.)

For <u>routine</u> purposes one tube is sufficient for each test. If, however, this test is negative and there is reason to suspect syphilis, it is desirable to retest the specimen using 0.1 cc. in one tube and 0.5 cc. in the other. We have found that in approximately one syphilitic out of 200, the second tube, containing the 0.1 cc. of serum, gives a positive reaction, while the first, which contains the 0.5 cc. of serum, gives a negative reaction.

If less than ten tests are to be made at one time, use positive and negative controls.

- 6. Compare the appearance of each pipetted serum with that in the tube from which it was taken. This is to make sure that there has been no error in pipetting or in labelling the tubes.
- 7. Not more than thirty minutes before incubation, add with a clean 10 cc. pipette 0.5 cc. of glycerinated indicator to each serum.



^{*}To clean the tubes, rinse them thoroughly, as soon after use as possible with tap water, and then fill each with a warm solution of 5 Gm. of sodium hydroxide in 1,000 cc. of tap water; allow them to stay in this solution for about two hours and wash thoroughly with hot water to remove the alkali. This process usually removes (without the aid of a test-tube brush) any deposit which may have remained from previous use.

- 8. Pipette 0.5 cc. of the same indicator and 0.5 cc. of the 5 per cent salt solution into an empty serum tube. This serves as a control, the use of which will be indicated later (page 10).
- 9. Incline the rack to an engle of about 45° and then shake by thrusting it quickly upward and forward, then downward and backward with sufficient speed to cause the fluid to travel halfway up the tubes and make small bubbles. At least three minutes of shaking are required for accurate results. If there are enough tests, a shaking machine is desirable.
- at 37°C. and let it remain for 16 hours (conveniently from 5 P.M. to 9 A.M), or in the warm air incubator for 18 hours. Longer incubation makes the tests increasingly hard to read. Do not agitate the tubes before reading.

When the racks containing the tests are removed from the bath or incubator, record the readings shown by the bath or incubator thermometer as well as those of the maximum and minimum thermometer. The temperature should not fall below 34° nor rise above 39° C.

Reading the tests. - The tests should be read within an hour after the incubation has ended. To read them, sit in front of a window, but do not face the sunlight. (The light must be good, and for this reason suitable artificial light must be provided on dark days or at night.) In order to determine whether or not there is clearing of the fluid and a ring or band of white flakes or white coarse granules at the meniscus, lift each tube carefully from the rack, hold it at the level of the eye; slant it at an

angle of about 45°, and view it in the direction of a darkened background on either side of a window or of a suitably placed light. While still viewing it at the same angle, slowly roll the tube between the fingers; this will make a faint ring visible. Finally, gently shake the tube and look for flocculation, evidenced by agglutinated masses or by faint granularity.

The reactions are read and reported as positive (without indicating the intensity of the reaction), negative, doubtful, and unsatisfactory.

Such reports do not confuse physicians by implying that the intensity of the reaction is related to the clinical condition of the patient.

Positive tests (recorded+) -- At or a little above the level of the meniscus there is a ring or band, approximately 0.2 to 1.5 mm. wide, of white coarse granules or flakes of lipoids, slightly to moderately, but not strongly adherent to the wall of the tube.*

By gentle shaking, the ring or band is loosened and the particles scattered so that they are visible as agglutinated masses in a clear fluid, or as somewhat coarse granules in a cloudy field.

Negative tests (recorded -) -- Usually there is at most only slight clearing, but no ring, band, or floccules. However, with some indicators, the negatives may show a "scummy" non-granular deposit of lipoids on the wall of the tube, extending from the meniscus downward for from one to 3 mm.

^{*}Hemolyzed serums that are also bacterially contaminated frequently produce a whitish ring, which is strongly adherent to the tube.

Doubtful tests (recorded ±) -- Centrifuge for ten minutes at high speed (about 2,000 revolutions a minute: (1) those tubes which on gentle shaking showed only slight granularity beyond that observed in the control tube (containing 0.5 cc. of indicator and 0.5 cc. of the 5 per cent salt solution) and (2) those tubes which showed only a slightly flaky or slightly granular ring. If, as a result of the centrifuging, there is definite clearing, and on top a thin layer of lipoids which shaking breaks up into fine flakes or coarse granules, the test is recorded as ± and reported as doubtful; if these changes have not taken place, it is reported as negative.

RAPID METHOD

This procedure may be used whenever there is urgent need for a quick report: for example, in testing donors for transfusion, and in the diagnosis of suspected primary or secondary syphilis. Although this method has not been officially evaluated it is, according to our experience, from 98% to 99% as accurate as the regular method.

Technique of rapid method: -- Treat the specimens selected under No. 3 (page 6) as indicated under directions 4, 5 and 6 (page 7). Then add 0.5 cc. of the glycerinated indicator to each and shake according to direction 9 (see page 8); place in Wassermann bath at 37° for twenty minutes or in a warm air incubator at 37° for one hour; next, centrifuge at about 2000 revolutions a minute for ten minutes, read and record as follows:

<u>Positive</u> (recorded +) if there are plainly visible flakes at the top of the fluid, and a well-marked flocculate (precipitate) is seen on shaking.

Unsatisfactory if the specimen is hemolyzed or bacterially contaminated, unless the reaction is strongly positive. This interretation is necessary, because even the moderately hemolyzed or bacterially contaminated serum of a known syphilitic usually gives a negative reaction.

Negative (recorded -) if centrifuging has caused no change, provided the specimen shows no decided hemolysis, (see under 3 on page 6) or no marked bacterial contamination.

Tubes that show only very fine floccules or none at all after the centrifuging should be well-shaken and placed in the water-bath for 16 hours at 37° C., or in the incubator for 18 hours, after which the reading and interpretation are made as if the tests had been conducted in the routine manner.

DAVIES-AINTON MICROFLOCOLATION TRST*

In order to facilitate carrying out this test, specimens of blood should be collected in special rubber-capped glass collection tubes which are then placed in labelled glass tubes that measure approximately 100 mm. in length and 15 mm. in diameter, such tubes being ordinarily called Wassermann tubes. The collection tubes are made of ordinary glass tubing and measure 80 mm. in length by about 2.5 mm. in there should be inside diameter. Over each end/xxxx a flexible rubber cap such as is used to stopper small bottles of vaccine or serum.** The capacity of the xxxx tube is about 0.5 cc.

^{*} This test in its single official evaluation in 1936 stood highest, and when done for the sake of comparison in our own laboratory in the 1937-38 evaluation, it was 100 per cent specific and 0.5 per cent more sensitive than the regular Hinton test.

^{**} These rubber caps may be obtained from the West Company, 1117 Shackamezon St., Philadelphia, Pa. Specify #5 vial stoppers in #68 stock.

water bath, pour the water off the tubes, remove the cap from the serum end of each collection tube and notch it just above the junction of clot and sorum with a file. Hold the collection tube horizontally, break it and disourd the part of the tube that contains the clot.

Handle the part with the clear serum as follows:

- 1. Drain into one glass tube (similar to the collection tube described above) enough scrum so that the length of the column of scrum is about 2.5 cm., and drain into a second similar glass tube enough scrum so that the column is 0.5 cm. to 1.0 cm. long.
- 2. With a capillary pipette, add to the first tube glycerinated Hinton indicator equal to the amount of serum in the tube as estimated by the combined length of the column of serum and indicator.

The capillary picette consists of a piece of glass tubing about 10 or 12 cm. long and 1 cm. in dismeter. One end is typered to a capillary tip about 1 mm. or less in diameter; the other end is capped with a rubber bulb. Provided no serum is drawn kxxx into the capillary pipette, it need not be rinsed between specimens. Care should be taken not to allow air to separate the serum and Hinton indicator, which would prevent mixing.

- 5. To the second tube, with the same capillary pipette, add diluted Hinton indicator equal to five times the amount of the serum as estimated by the combined length of the column of serum and indicator.
- 4. Mix the serum and the Minton indicator in each tube by tilting the liquid toward alternate ends of the tube ten or fifteen times.
- 5. Cap both ends of the two collection tubes, return one to the original numbered Wassermann tube and the other to a Wassermann tube correspondingly numbered, and place the rack in a 37° C. serologic bath for sixteen hours, having first filled the Wassermann tubes with water from the bath.

- 6. Remove the rack from the water bath and centrifuge the tubes for five minutes at approximately 2,000 revolutions per minute.
- 7. Read the results with a low-power objective of the microscope. The light should be cut down by lowering the condenser so that aggregates at the meniscus can be seen readily. Moreover, the stage of the microscope should be tilted at an engle of about 50° from the horizontal and the tube placed under the lens so that the meniscus is uppermost. Readings are designated as follows:

Positive, if there are definite, discrete, compact clumps at the meniscus in either tube. Gentle thumping of the tube may help float the clumps into view.

Doubtful, if there are a few small clumps at the meniscus.

In such cases, the clumps should be broken up by thumping the tube with a finger end the tube recentrifuged for three minutes. The test is reported "Doubtful" if small clumps are again visible at the meniscus and "Positive" if large, compact clumps are present in either tube.

Negative, if there are no clumps at all. Amorphous, cloudy,/

Unsatisfactory, if badly hemolyzed or contaminated specimens marked give no kaxxxxx flocculation in either tube.

^{*} Capillary tubes of these specifications may be obtained from Friefdrich & Dimmock, Millville, N. J.

DAVIES-MINTON FLOCCULATION TEST OF CHEEBROSPINAL FLUID

Although this test has not been officially evaluated, it has, in our experience, proved to be far easier to perform and more efficient than the Wassermann and those flocculation tests with which we have compared it. This test is now being used by the Massachusetts Department of Public Health.

Speciens of spinal fluid for this test should not be cloudy because of bacterial contamination, which is likely to give falsely negative tests, nor admixed with more than a trace of blood, because in rare instances an excess of blood can cause a falsely positive the reaction. These facts must be borne in mind when interpreting/results, for even if the specimen has been cleared by centrifuging, these statements still hold.

The test requires the following materials:

- 1. Glycerinated Histor indicator (see page 4) which may be made in sufficient quantity to last a month, provided it is stored in the refrigerator at a temperature of 8° to 10° C.
- 2. <u>Hinton-negative human serum</u>, which may be obtained by pooling serums that remain after performing the routine serologic tests. Select for this pooling only Hinton-negative serums that are clear (without hemolysis) and that have been inactivated at 55°C. for thirty minutes. The rather remote possibility of a zonal effect may be ruled out by testing the pooled serum in the following amounts:

Tube 1. 0.5 cc. serum and 0.5 cc. Hinton indicator

Tube 2. 0.1 cc. serum and 0.5 cc. Hinton indicator

Tube 3. 0.1 cc. serum and 1.0 cc. minton indicator

Tube 4. 0.1 cc. serum and 2.0 cc. Hinton indicator

Do a "rapid test" which consists in shaking the four tubes containing the serum and Minton indicator for five minutes, placing them in a serologic bath at 57° C. for 30 minutes, centrifuging them for 10 minutes at high speed (about 2,000 revolutions per minute) and then reading the results. If all the tubes are negative, as shown by the absence of floccules, the serum is sultable for testing spinal then fluid. The pooled serum should/be passed through a Berkefeld "N" filter and collected under sterile conditions in rubber-stoppered bottles, so that each contains not more than three days' supply. These should be kept in a refrigerator at 8° to 10° C. Pooled serum should be kept no longer than three weeks and should be thrown away sooner if it becomes cloudy. Old serum is likely to give falsely negative reactions.

Laboratories that test only a few spinel fluids at a time may find it more convenient to prepare only enough serum for the day by selecting one or two clear Hinton-negative serums of that day and retesting by the "rapid method" in the four amounts as indicated above.

parts of 30 per cent gum scacia, with one part of physiologic salt solution. This solution of acada should be kept in a refrigerator and discarded when it becomes cloudy. In order to avoid accidental contamination of a large amount of the gum acadia, 5 to 10 cc. lots (sufficient for not more than one seek's testing) should be put into small bottles or test tubes, autoclaved at 15 pounds pressure for 15 with minutes, and then rubber-stoppered xxxxxx sterile precautions. A pre-liminary test should be made on a sample of the lot, as follows:

^{*} The gum acacia (containing 4.5 per cent of sodium chloride) may be purchased from the Eli Lilly Company in 100 cc. ampules.

salt solution.

Tube 1. 0.6 cc. of physiologic axkaxx plus 0.1 cc. of

20% gum acacia, plus 0.2 ec. of Hirton indicator.

salt solution,

<u>Tube 2.</u> 0.6 cc. of physiologic xxkxxx plus 0.1 cc. of

20% gum sescia plus 0.6 cc. of Hinton indicator.

Mix well by shaking with the hand, incubate in a serologic bath at 37°C. for thirty minutes, centrifuge at approximately 2,000 revolutions per minute for ten minutes, and read. If either of the above tests is positive, as shown by the formation of floccules, the entire lot of gum acacia should be discarded.

Performing the tests: - Mix the 20 per cent gum acacia with the previously tested Hinton-negative human serum in equal parts; for example, if ten spinal fluids are to be examined, 3.0 cc. of the sorum and 3.0 cc. of the 20 per cent gum acacia mixed together will suffice for these specimens.

Before setting up the tests proper, perform a "rapid test" as follows:

Tube 1. - 0.6 cc. of physiologic selt solution, plus
0.2 cc. of the freshly mixed acacia-serum,
plus 0.2 cc. of Hinton indicator.

Tube 2. - 0.6 cc. of physiologic salt solution, plus

0.2 cc. of the freshly mixed acacia-serum,

plus 0.6 cc. of Hinton indicator.

Shake the tubes thoroughly with the hand, incubate in a serologic bath at 37° C. for thirty minutes, centrifuge at high speed

(approximately 2,000 revolutions per minute) for five minutes, and note are present
the results. If floccules ***** in either of the tubes, the mixture is unsuitable for use and the ingredients theroof should then be investigated separately. On the other hand, if both tubes show no floccules, one may proceed with the test, as follows:

In a suitable rack set up two tubes (one behind the other), messuring 11 mm. x 100 mm. for each spinal fluid, and two tubes for controls. Label each tube.

- 1. Pipette 0.6 cc. of the first spinal fluid into the first tube of the first row and the same amount of it into the corresponding tube of the second, and continue in this way with each specimen of spinal fluid. Pipette 0.6 cc. of physiologic salt solution into each control tube.
- 2. Pipette 0.2 cc. of the acscia-serum mixture into each tube of the first row (include the control) and then pipette 0.2 cc. of Hinton indicator into these same tubes.
- 3. Into each tube of the second row, including the control, pipette 0.2 cc. of the acacia-sexum mixture and then 0.6 cc. of Hinton indicator.
- 4. Thoroughly and vigorously, either by hand or with a shaking machine, shake the rack containing the tests, so that the contents become completely homogeneous.
- 5. Incubate the tests in a scrologic both at 37° C. for sixteen hours, taking care that the water level is slightly above that of the contents of the tubes.
- 6. Centrifuge all of the tubes including the controls for five minutes at approximately 2,000 revolutions per minute; then read first the controls and then the tests in front of a window or a suitable artificial light. Hold the tube at the top with one hand and tap near the bottom with a finger of the other hand. By such a procedure, any floccules at the meniscus are dispersed downward and are easily visible. If the controls show any floccules at all, all of the tests should be declared unsatisfactory; otherwise, report the results as follows:

Positive, if in either tube for a given specimen there are definitely visible floccules. Positive tubes should not be centrifuged a second time, because this may change the reaction to negative on truly positive specimens; but all others should be centrifuged twice, and why this is necessary we do not know.

Doubtful, if either of the tubes shows questionable flocculation which centrifuging a second five minutes does not amplify.

If the original ground-glass appearance persists in both tubes of a given specimen, they should be centrifuged a second time for five minutes, read again and reported as <u>Negative</u> if the ground-glass appearance persists; otherwise, the result should be reported as positive or doubtful, depending upon the visibility of the floccules.

Unsatisfactory, if the tubes containing spinal fluid that was originally turbid from bacterial contamination show no clearly visible particles but a cloudiness that is distinctly greater than that in the control tube; or if the test is positive in the presence of contemination with more than a trace of blood.

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