

Spindrift Two

50¢

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Good Book Cook Book

It took two authors, Robert L. Marcus and Susan C. Woolhandler, to compile the "Good Book Cook Book" which defines the food prepared in the Bible. After studying Egyptian papyruses, Dead Sea Scrolls and Mesopotamian papyruses for details on the cuisine of the times, the authors brought out what they call "authentic recreations" of foods and feasts mentioned in the Bible and in related legends.

Biblical scholars may be surprised to read that Noah whipped up a sweet pudding from the leftovers on his Ark, or that Abraham made a snack for the angels of veal in an almond curd sauce.

The book isn't always faithful to the originals. Some scholars assume that when Jesus was presented at the Temple of Jerusalem, Mary and Joseph made an offering of pigeon pie. The cookbook's solution to the time consuming intricacies of making the pigeon pie filo dough is to buy the frozen version at a grocery store or forget the filo and use the pigeon filling for a quiche.

When the National Layman's Bible Committee met in New York City, the catering director of the Plaza Hotel used "Good Book Cook Book" cuisine. His comment later was that he suspected his customers would rather have preferred their own recipes.

Ezekial bread came about because the Jews disobeyed God's laws. The bread had to be cooked over a fire fueled by camel dung. The book's authors dismiss the dung idea as metaphorical. They say eating the bread, which tastes like lentil beans, is punishment enough without the dung.



60 years ago in the Farm Bureau News

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The Rev. J. J. Werkman, the man credited with being most responsible for the Hollanders coming to Whidby Island, received a call to the Christian Reformed Church at Shepherd, Montana, which he was taking under consideration. . . . Sound Ferry Lines was planning a ferry service between Maxwellton and Edmonds; and the ferry "Whidby" was making the run from Columbia Beach to Mukilteo. . . . Twins arrived at the home of Oak Harbor's genial baker and wife, Mr. and Mrs. Arnold D'Arends. . . . The Women's Improvement Club was busy raising funds for cement sidewalks, and had big plans for a new city hall and library. . . . Mayor-elect John Eerkes and councilmen-elect Chas. McEachren, Otto Van Dyke and Barney Riksen, and treasurer J. M. Pratt were sworn into office.



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1896 Murder at Miller's Point Store

A trader named Brown kept a store on what is now known as Miller's Point, opposite Ut-salady, having the usual line of articles suitable for meeting the wants of the white settlers and trade with the Indians. He lived alone at his store, with no neighbors in sight or within hailing distance.



Bob, who disappeared the night of the murder, was quite naturally suspected of being the murderer, and accordingly the posse started out on his trail. Embarking in a large Indian canoe, they proceeded up the sound. Indian Bob was discovered on the beach of Camano Island near Eldredge bay.

Bob protested his innocence of the deed, but offered to take them to where the murderer was hiding. Guided by Bob, the posse then returned down the sound to the mouth of the Skagit and up this river to a point four or five miles above Mount Vernon. Here they disembarked and penetrated the almost impenetrable forest three or four miles back from the river toward the foothills until they came to a large building in which Bob informed them the murderer was concealed.

He was so strongly entrenched that had they not come upon him when he was asleep, as they afterward learned, it is likely that the capture would have cost the lives of several members of the posse. Entering the door of the building they found within it another house completely enclosed. The inner house was so placed as to give a passage way entirely around it, and to get into it it was necessary to go half way around after entering the door of the outer building.

The posse rushed in through the outer door and around the passage way. At the door of the inner house they were met by the hunted Indian armed with a huge old-fashioned revolver, which he hastily emptied at his pursuers. Walker carried through life a memento of this fusilade in a hand with two missing fingers, and two other members of the posse received similar injuries.

After discharging his weapon the infuriated Indian dashed for the outer door. W.A. Hastie had been detailed to guard this. When the Indian saw him he rushed at him with a wicked looking knife, but before he could use it a ball from Hastie's rifle brought him down with a fatal wound, and swift and inexpensive justice had overtaken the murderer of the pioneer trader.

The murderer proved to be a brother of Bob, who informed upon him. He was a blood-thirsty Skagit who had previously dipped his hands in the blood of a white settler on the Swinomish.

In the inner house was found the greater portion of Brown's stock of goods. Loading the plunder into the canoe, the posse hastened to return to the Island where Dr. Kellogg dressed the injuries of the wounded men. This was the last Indian massacre that occurred on Whidby Island.

One day in February 1865, a customer calling at this frontier store was horrified by the spectacle that he there encountered. The lone storekeeper, apparently murdered in the night, was lying in his bed in his own clotted blood. The little store had been rifled and the perpetrator of the crime had evidently departed with most of the goods.

The alarm was promptly given, arousing the little settlement with a grim determination to bring the murderer to justice. Capt. Eli Hathaway, who was then sheriff, lost no time in raising a posse of 15 men. Among those composing it were Louis Walker, W.A. Hastie, John Gildow, Mike Mattox, Delos Wright, Andrew Miller, Tom Dixon and Wm. Pearson.

A Siwash known as Indian

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Whidbey Reminded Pioneers of Home

'Want to see New England? See Whidby" said the Seattle Post-Intelligencer dated May 14, 1927. The article, quoting Mrs. Richard Burton Hassel in the "Washington Historian," said that if you wanted to see New England and could not travel that far, visit Whidby Island.

Whidbey Island and New England have a great deal in common although the weather is different. New England has severely cold winters with much snow; Whidbey winters are very mild, with some winters experiencing no snow or cold. Summers in New England frequently register temperatures in the 90s, while Whidbey is cooled by a northwest breeze, fog banks and rain.

Whidbey's "rain" comes as a drizzle or heavy fog, on North Whidbey especially which gets half the rainfall of South Whidbey, Seattle or Everett. North Whidbey lies in the "dry



Old Eason Ebey Home in Coupeville.


shadow of the Olympic Mountains" as does Sequim on the Olympic Peninsula, which gets less than half the rain of North Whidbey.

In the 1850s New England sea captains discovered that Penn's Cove, on the east side of a long crescent-shaped Island in Puget Sound, was a deep harbor, perfect for the four-masted sailing ships of that era.

Veterans of years of sailing the seas around the world, the New Englanders were impressed by the climate and vegetation of this new land, and many of them sent for their families, built log cabins and took up land claims upon which to retire.

As the pioneer settlement of Whidbey progressed, many new homes were built in Coupeville, all in New England style. They were two storied, of salt box construction, with stained glass in the door windows, and gingerbread trim. Many of these old houses still stand in Island County's County Seat, making the area one of great interest to tourists. Many old families trace their ancestry back to their sea captain forefathers, such as the Coupe family, whose sea captain came from New Brunswick and after whom the town of Coupeville was named.

The New England families had to adapt to a primitive way of living on this Island in Puget Sound. Because of their sea captain connections, they had beautiful silks and satins from the Orient and pianos that came "around the Horn" from the East Coast. Some had English riding clothes, and as a class they were well-to-do: a great contrast to the gardening, grinding grain for flour, diet of salmon for months at a time, and lack of books or other publications that was the way of life here.



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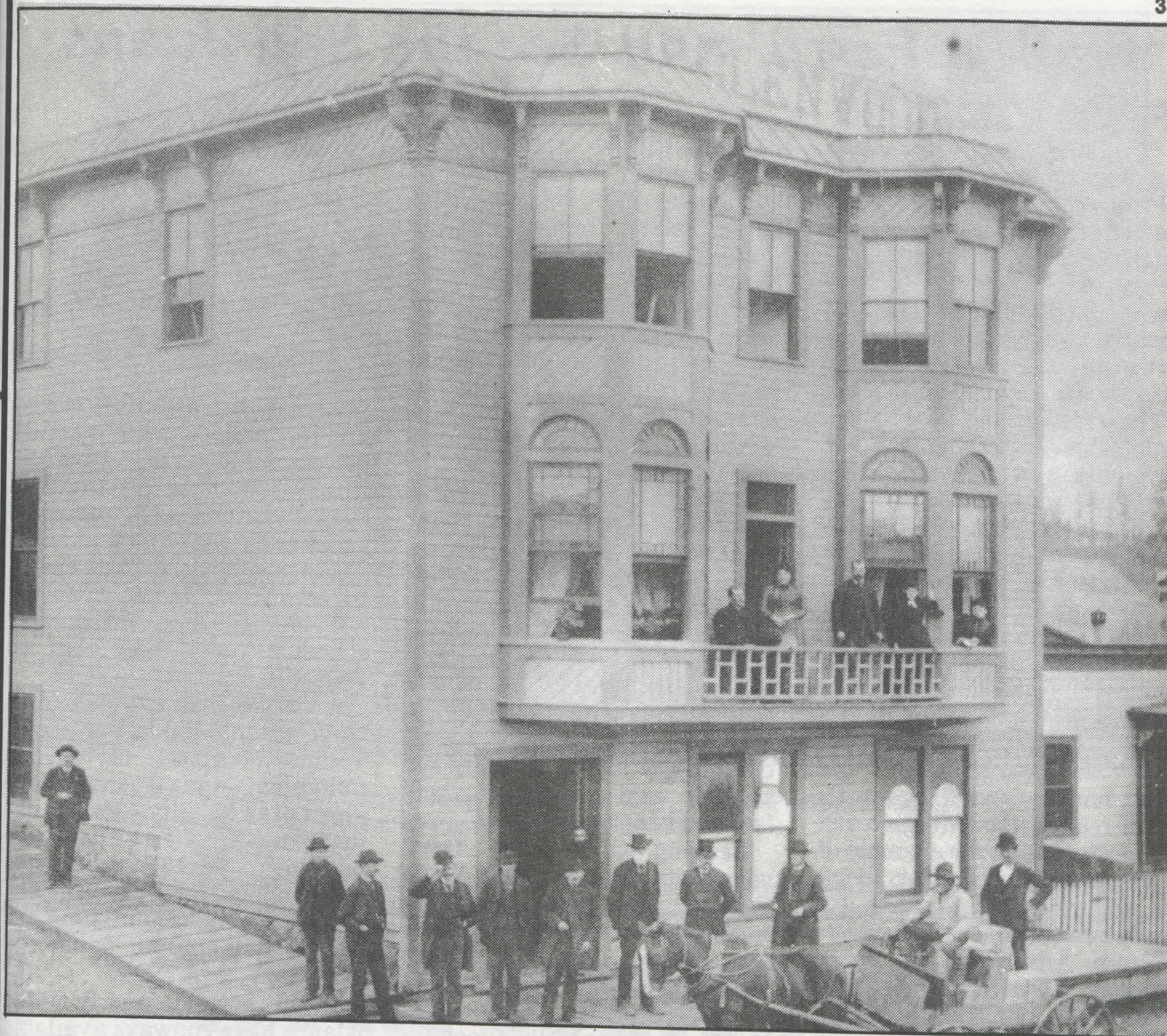
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The Glenwood Hotel in Coupeville, still standing, is pictured about 1900.

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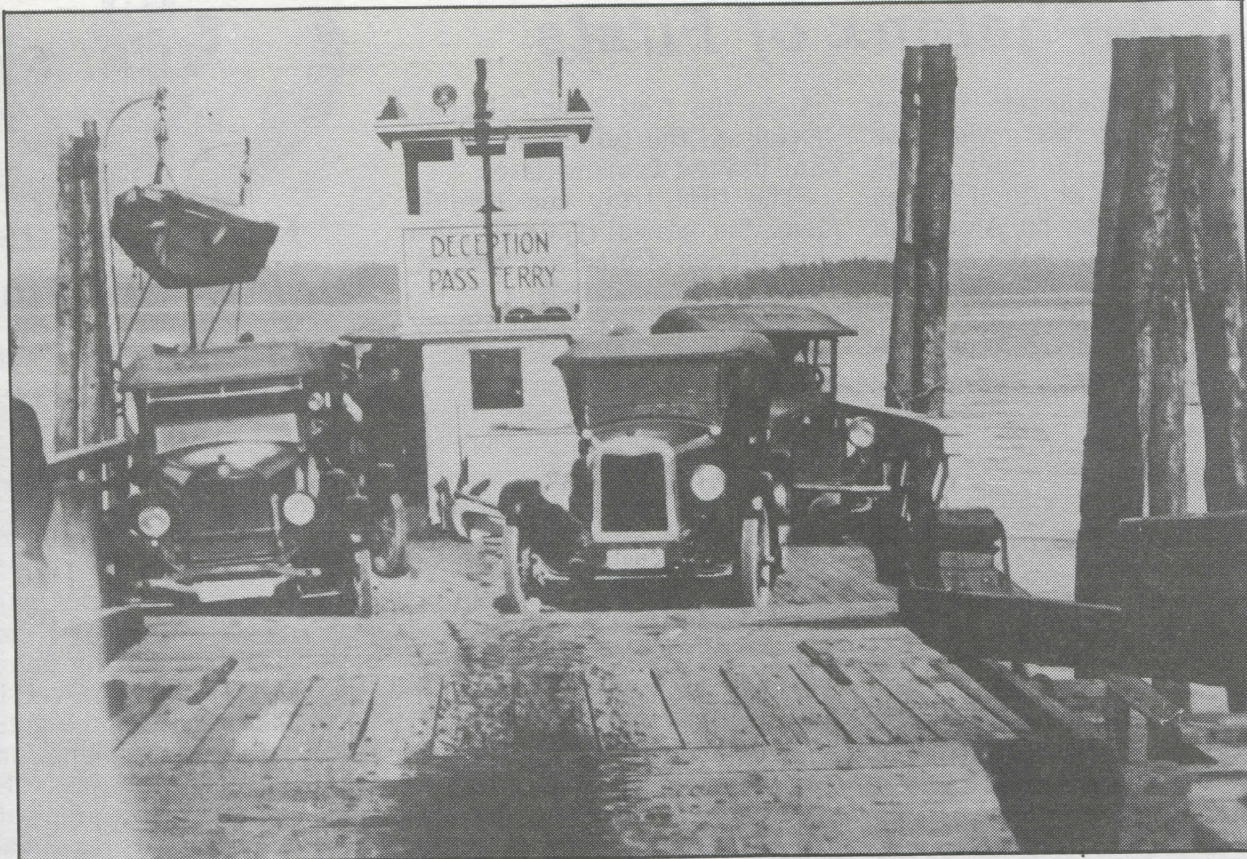
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Deception Pass ferry, from Fidalgo to Cornet Bay, was the Island's "bridge" to the mainland, before the Deception Pass span was built.

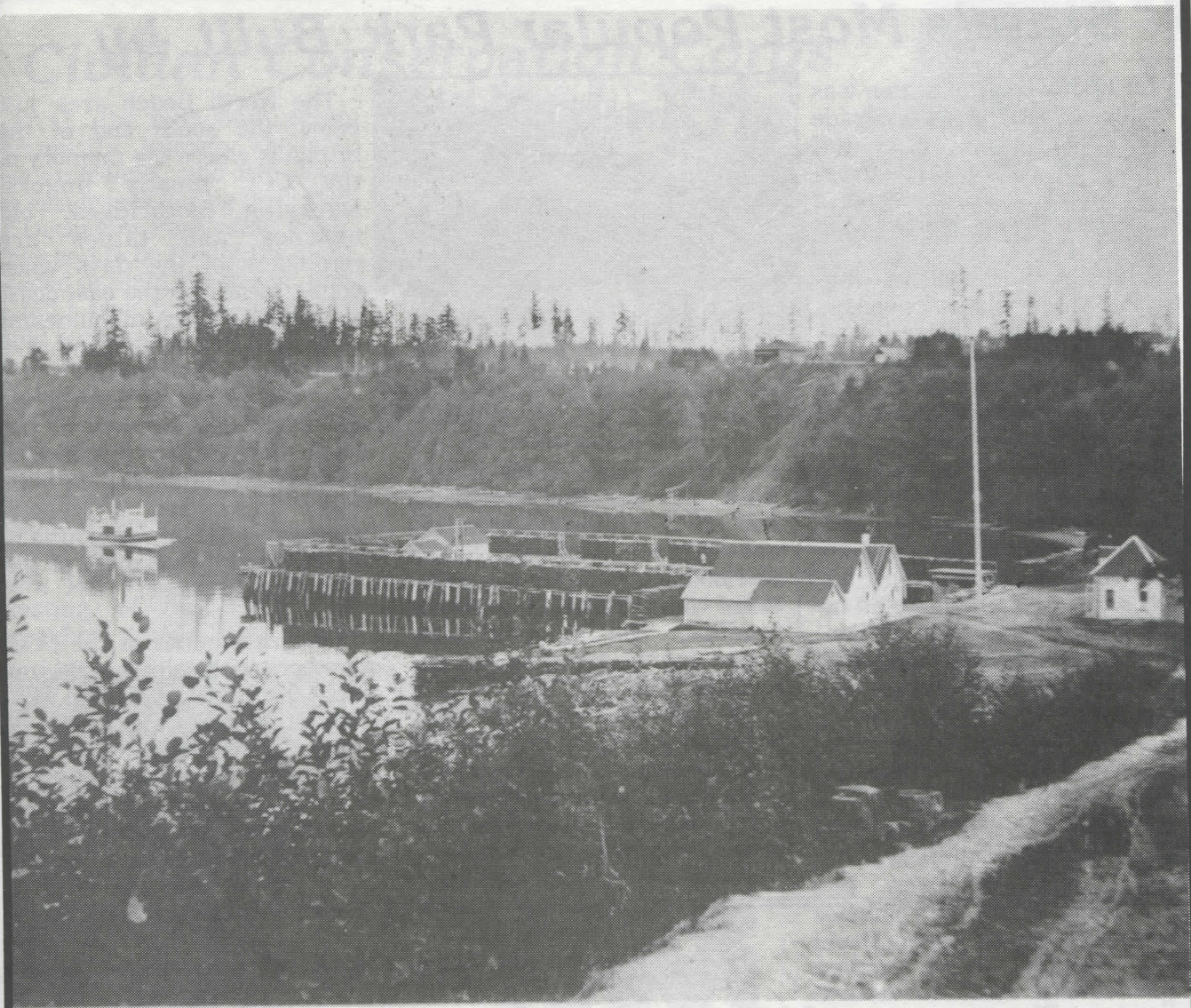
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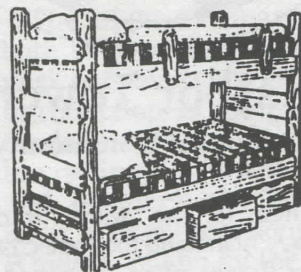
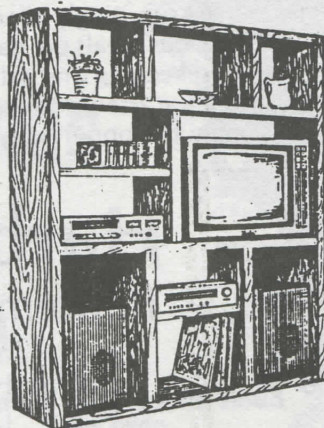
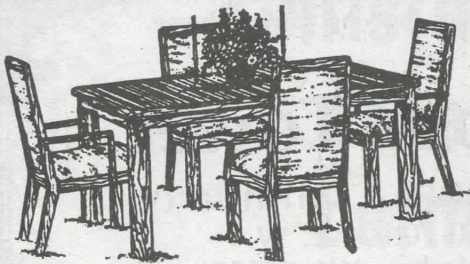
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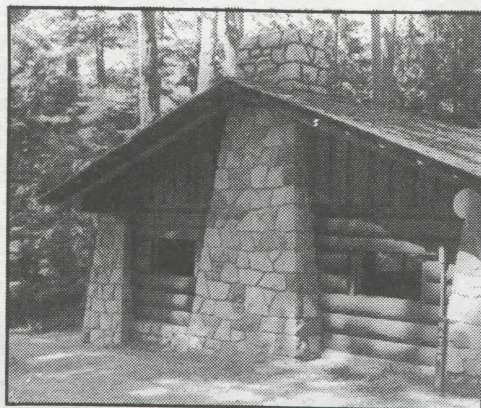
State's Most Popular Park Built by

In 1933, when the nation was reeling from a world-wide depression, people were out of work and national resources were suffering a depression of their own from overuse and abuse.

President Roosevelt felt that putting these jobless people to work in the national and state forested areas would not only provide jobs but revitalize our precious natural resources, and assist in lifting the nation from the severe economic depression.

Deception Pass Park was targeted for two Civilian Conservation Corps, one at Rosario on the Fidalgo side of Deception Pass, and one on North Whidbey. The bridge had not as yet been built across the pass, and the Whidbey area of the park was heavily wooded, with only one small swimming area at Cranberry Lake.

Each camp included about 200 boys, mostly from the



Cranberry Lake shelter

heavily populated areas of New York, New Jersey, Connecticut and other mid-Atlantic states, and they received their board and housing plus \$30 a month, \$25 of which went home to their families. The \$5 was each young man's spending money for the month.

The Whidbey Island CCC began by building the Forest Campground, beginning with waterline installation. This is where the group camp facilities are now located.

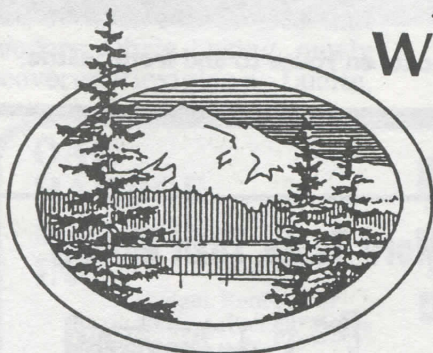
The North Beach area just below the south end of the bridge is where the memory of the CCC mostly lingers. Decaying footbridges, old benches and tables are reminders of the days when young men from the east coast worked to build a monumental state park as well as to improve their country's economy.

A hike up Goose Rock gives one a 360 degree view of the area; Cornet Bay provides a modern saltwater launch with finger piers and a 36-hour moorage; a group camp area is full to overflowing most of the spring and summer.

Today a number of the CCC members who helped build the park in the early 1930s and who live in the area, have united to use one of the original buildings at Bowman Bay for a museum of CCC memorabilia. The facility should be open sometime this fall.



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Civilian Conservation Corps

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In all, the boys built seven community kitchen shelters, restrooms, and two large residences during their stay at Deception Pass State Park. They had to be taught the skills needed to build the parks: how to fell a tree, how to break and work with rocks, how to build a wall. There was no electricity, all hand tools were used. The CCC crew at Deception Pass made about 8½ miles of trails. The actual building was supervised by men from the National Park Service. Just before leaving in the spring of 1933, the CCC helped in the construction of the bridge approaches. Canoe Pass bridge

was built first, beginning in the spring of 1933. It is an interesting fact that no one was seriously injured during construction of the bridge.

Since the men of CCC finished their part in the building of the park, many more areas have been opened as public recreation areas: Deception Pass has a six-day-use area for campers; Rosario on Fidalgo is the site of an underwater park where many tide pools are exposed at low tide; Bowman Bay has 16 camping sites and many beautiful trails. Cranberry Lake provides wading, swimming, fishing and picnicking.



The camp at Rosario began with the caretaker's residence at Bowman Bay. Most everything the young men made was done by hand and materials that were taken from the immediate vicinity: stone and wood. Materials were selected for their ability to blend in with the environment; stones were chipped and broken to build foundations, wood hewn for its durability and beauty.

The bathhouse at Bowman Bay is probably one of the more interesting structures to view because of the grooves in the rock where small handtools were used to split the granite rocks.

The highway guard rail on both sides of the bridge to the park entrances is a picturesque introduction to the park itself. Made of native rock and trees, the railing fits in with the trees and boulders of "The Rock" itself, a likely pseudonym given Whidbey Island by the military at Whidbey Naval Air Station.

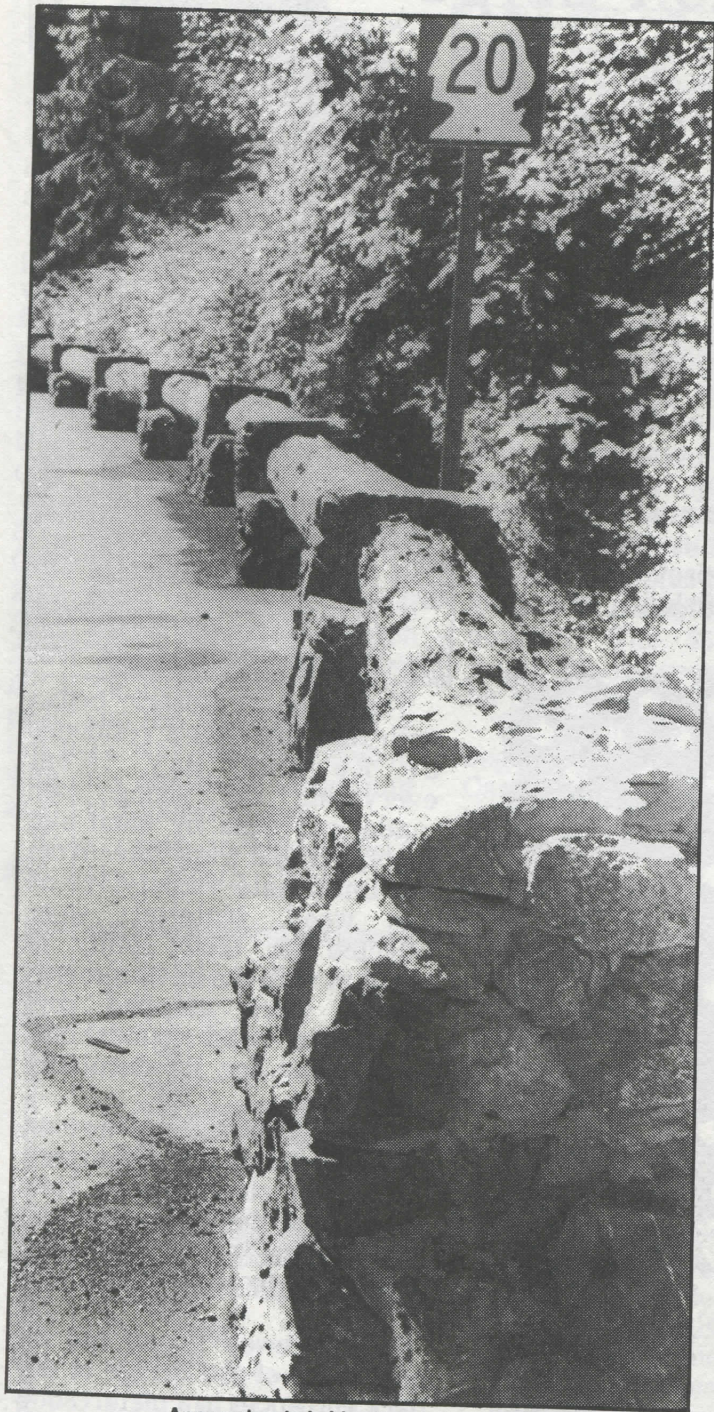
The Cranberry Lake shelter was made of granite chipped from large boulders to make a mosaic design that has stood the test for the past 54 years.

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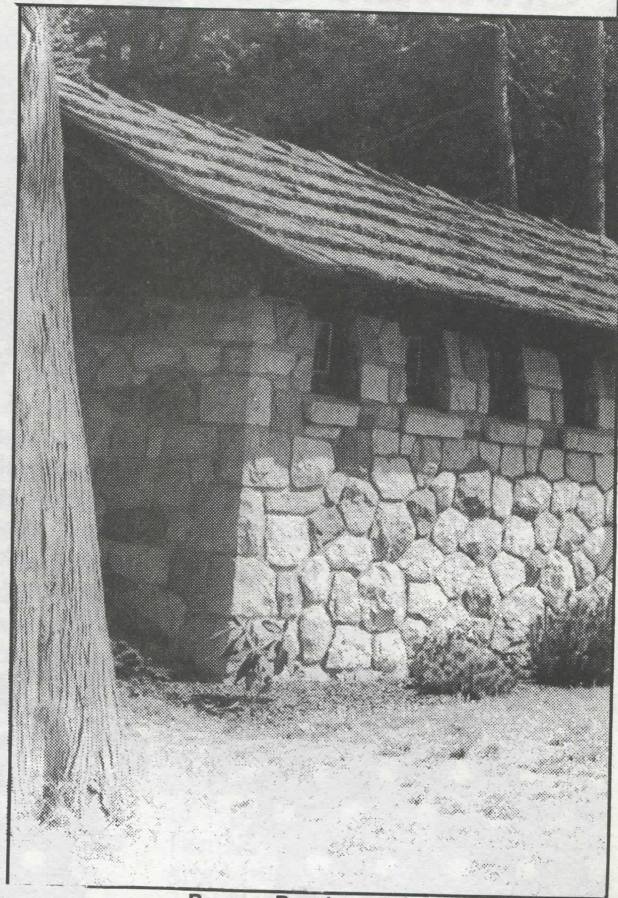
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Deception Pass State Park



Approaches to bridge through park



Bowman Bay stonework

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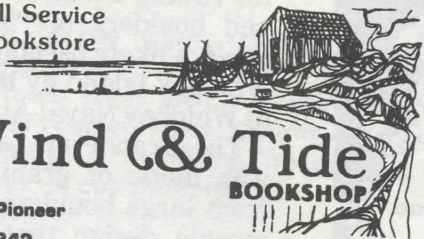
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