

HIDBEY TODAY

Distributed Free To All Whidbey Island Homes by the Whidbey News-Times and South Whidbey Record

December 10, 1989 Year 10, Number 50 Oak Harbor, WA 98277 & Langley, WA 98260

Cranberries the delight of the season

Cranberry, "bounce" berry of the early American colonists, is a true American berry found only in North America. It was introduced to the first settler By Dorothy Nell by the Native Americans.



OVER THE

who pounded and mixed the fruit with buffalo or deer meat in

order to produce pemmican, a greasy but nutritious dietary staple of food. The berries were also mashed and used as a dye for clothing and rugs as well as a poultice for wounds. The cranberry was a versatile fruit to the Indians.

The lingonberry, a close relative, is found abundantly in northern Europe where lingonberry preserves and jellies are specialties in Norway, Denmark and Sweden.

Our first introduction to the cranberry came as a child when everyone strung cranberries to hang on the Christmas tree as garlands, along with popcorn. Many years later the cranberry is used to produce unusual desserts and entrees, especially used in conjunction with such fruits as strawberries, apples and rhubarb. One memorable year we candied the little "bounce berries," a long, tedious process, but rewarding.

They are said to have been called "bounce berries" through a legend that a lame man who was a cranberry grower stored his ruby-colored fruits in an upstairs loft and used to let them roll downstairs and into his kitchen. The best berries bounced, and the inferior ones "just lay there." Thus the cooks could know which berries to use to adorn their holiday tables.

CRANBERRY CAKE

1 package lemon cake mix 3 ounces cream cheese, softened 3/4 cup milk

4 eggs

1-1/4 cup ground cranberries

1/2 cup chopped walnuts 1/2 cup ground walnuts

1/4 cup sugar

1 tsp. mace (optional)

Blend cake mix, cream cheese and milk, beat for two minutes at medium speed. Add eggs, blend and beat two more minutes. Combine cranberries, walnuts, sugar and mace and fold into cake batter. Pour into wellgreased and floured tube or 10inch bundt pan. Bake at 350 degrees for one hour or until toothpick comes out clean. Cool for five minutes. Remove from pan and dust with powdered sugar. Continued to page 2



... And I want a train set

Sally McCray of Oak Harbor tells Santa what she wants for Christmas, while appearance at the Oak Harbor K mart late November, but has been seen in her 6-year-old granddaughter, Jorden, waits her turn. Santa made an many other places on the island — even riding the Clinton-Mukilteo ferry.

Safety as important as holiday cheer

Tips for children's safety suggested

The last thing we may think about during the festive holiday season is that some gifts we buy, some decorations we use, or some foods we put out for family and guests could result in accidents and potentially serious injuries to children.

As a reminder that holiday hazards do exist, Children's Hospital and Medical Center in Seattle, the Seattle Poison Center and the Washington chapter of the American Academy of Pediatrics offer the following safety precautions. The list is by no means comprehensive.

CHRISTMAS TREE SAFETY: Trees should be placed on a solid base and ideally kept out of reach of small children. For example, place a small tree atop a table, or if you buy a full-size tree, put it in a corner. If possible, fence the tree off by using an unfolding-style portable crib. Use only non-toxic tree preservatives. Keep children away from electrical cords and outlets. Turn off tree lights when you're not home or not using the room, to avoid a potential fire hazard. Packages wrapped with ribbons are a choking hazard and should be kept out of reach of small children who can put ribbons in their mouths. Dry trees are a fire hazard, so keep them in water and dispose of the tree when the needles start to fall off in large quantities.

ORNAMENTS: Bubble light fluids and colored fireplace crystals can be toxic. Angel hair, made of spun glass, can scratch the eyes and irritate the skin and gastrointestinal tract. Keep this and small Christmas tree ornaments - which pose a choking hazard - away from a child's grasp by hanging ornaments high in the tree.

HOLIDAY PLANTS: Holly, mistletoe and Jerusalem cherry can be poisonous and should be kept out of reach of children. Poinsettias are not toxic but should be kept out of reach, too.

FOOD: Keep infants and toddlers away from hard candy, nuts, popcorn and other treats which pose a choking hazard

ALCOHOL: Gifts which contain alcohol, such as colognes, aftershaves and liquor, can be dangerous to children if swallowed. Don't put them under the tree where they can be reached by children.

Alcoholic beverages are a hazard to adolescents and adults, as well. Consider serving non-alcholic drinks at parties, and above all, don't drink and drive or mix

drugs with alcohol. IF A POISONING OCCURS, or if you suspect your child has ingested something he shouldn't, call your regional poison center immediately:

Seattle Poison Center, 206-526-2121 or 800-732-6985.

-Mary Bridge Poison Center, Tacoma, 206-594-1414 or 800-542-6319.

TOY SAFETY: No matter what kind of toys you buy for any age child, safety comes first — always. Here are resources for toy safety information:

-In the Seattle area, call Children's Resource Line at Children's Hospital, 206-526-2500, 7 a.m. to 11 p.m. daily. The line is staffed by pediatric nurses.

-"Child's Play, a Guide to Play and Toys," produced by Children's Hospital, is available free of charge in all Puget Soundarea Pay 'n Save drugstores. It covers toy safety as well as toy selection and play activities for children birth to 12 years

-The U.S. Consumer Product Safety Commission handles complaints on unsafe products and publishes "Which Toy for Which Child: A Consumer's Guide for Selecting Suitable Toys." Call 800-638-2772 or write CPSC, 5401 Westbard Ave., Bethesda, Md. 20207.

According to the CPSC, 34 children died in toy-related accidents between January 1988 and September 1989, and the agency estimates there were 142,000 toy-related injuries in 1988. Children under five were the largest group with injuries.

In general, watch for these toy dangers: sharp edges and points; small parts which could be swallowed or pose a choking hazard for young children; cords or strings (don't use with crib toys); propelled objects (make sure children are old enough to use and are aware of dangers); electric toys (should bear the label "UL Approved"); small toys that young children can grab and swallow; and toys that are inappropriate for age (use age guidelines on toy packages).

Toys which pose specific hazards include marbles and small balls (choking); toy boxes or chests which lack lid supports; plush animals with parts that come off easily (choking hazard); toys with electric heating elements, which are not recommended for children under eight years of age; and projectile toys such as arrows or darts which don't have protective tips.

Many children receive bicycles for Christmas, and they should come with a bicycle helmet as well. Bicycles are not toys and can lead to accidents with serious, if not fatal, consequences. Helmets reduce head injuries by 85 percent.

Remember, nothing can substitute for adult supervision when it comes to safety.

Fire department urges caution

Bill Sharp, Oak Harbor Fire Department's fire safety officer, offers these tips for the holiday.

Safety should always be considered when choosing and decorating a tree. And in some cases, special permits are re-

- Artificial trees and tree lights must be "UL" listed.
- All trees should be made flame retardant with approved flame-retardant material or be constructed of inherently flame-retardant materials.
- Trees six feet or more in height are required to have a permit issued by the fire department. Before the tree is purchased,

the fire department should be called for an

Schools should not place any tree earlier than one week prior to Christmas vacation, and should remove all trees the day before vacation starts.

Support and place the tree properly in water. Never place near sources of heat or in an exit. The tree, standing or falling, should not block an exit or exit pathway in the event of a fire.

In natural trees the most important factor for safety is freshness. The higher the moisture content, the less likely the tree is to dry out and become a serious fire haz-

Stand the tree outdoors in water until

you are ready to move the tree indoors. Bring the tree in just prior to Christmas and remove as soon afterward as possible. If you hand squeeze the tree branch and there is a large loss of needles, the tree is dangerously dry and should be removed.

Safety over Christmas should also be considered while hanging lights.

Check the indoor tree lights and outdoor lights each year before using. Look for frayed or bare wiring and cracked sockets. Any set that is damaged should be thrown out or repaired.

All lights should be fastened to the tree securely, and the light bulbs should not come in contact with branches or needles. Curtains and other flammable materials should be kept away from light bulbs at all times.

Do not overload extension cord by con-

necting more than three sets of lights on one extension cord, and see that electrical connection joints are kept away from the water supply of the tree. Make certain that all tree lights are turned off when the tree is unattended and when the building is secured for the evening.

Decorations must be constructed of inherently fire-retardant materials or treated with an approved fire-retardant materi-

Christmas tree boughs are highly flammable and cannot be used for decorating.

Exit doors, exit lights, fire alarm sending devices and fire extinguishers cannot be concealed or obstructed by any decora-

The use of candles requires special consideration and a permit issued by the fire department.

IN THIS WEEK'S WHIDBEY TODAY ...

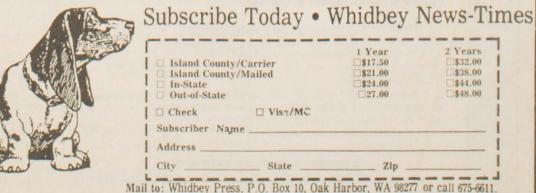
Seniors.....Page 6 Calendars for Bayview, Oak Harbor

Crossword......Page 2 Solution on page 5

Elles Page2 You think that's funny?

Seniors need extra protection

We've Got The Nose For News



Hey, have you seen the unique calendar that Koetje Agency is dispensing? We had business with them so we appropriated one for next year.

Did you know that from 1908 to 1937 you could order a house from Sears Roebuck? Everything needed including the last doorknob.

The calendar says that if you had a building site and \$650 you could order a new home, and over 100,000 people did just that.

So precise were the plans that the pieces went via rail so that each shipment arrived exactly at the right time in the construction schedule (provided it didn't rain

Perhaps the creme de la creme of the structures was the "Magnolia." It came with columns, balconies, 10 rooms, grand staircase and servant's quarters. Rich folks who had \$5,140 could also buy a matching outhouse for \$39. The item fails to mention if it was one seat or two.

As a precaution, instructions came in a leather folder with the owner's name embossed in gold. And the admonition "Do not take anyone's advice as to how the building should be erected."They had trouble with sidewalk superintendents even then.

To keep a finger in the pie, Sears carried mortgages on the materials and labor. The monthly payment on a palatial \$6,000 house was about \$50, a princely sum in those days. Then came the Depression and the end of an era.

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By Alice Elles

Some of the house styles look very familiar, and I would guess that several were erected in the Skagit Valley area, around Conway in par-

This singular calendar is a keepsake, worthy of filing to look at again after the year is up. Especially nostalgic for one age group.

One such lady called recently and I related my troubles with a minor flood. The deep sink in the garage overflowed. So what, you say, a cement floor is easy to mop up. Sure it is. If it doesn't have a disassembled car engine and car body on most of it. And little puddles of grease, oil and antifreeze that were accidentally spilled and covered with paper and kitty litter.

If the floor is absolutely level, you can sweep it out. As it was, a mop was too slow. I did the job on hands and knees in cold water with a huge sponge that the late man of the house had bought so I could wash the car more easily.

So it was soak and squeeze, soak and squeeze until my wrists hurt. Not to mention my butt when I slipped and fell. Or my temper a mess and such an odor.

when I slipped again and fell with one arm in the bucket of cold black water which spilled out again. I think I know how to speak in tongues, as it wasn't the King's English that sent the cats scurrying for the rafters.

I was handicapped in that I didn't dare move any tools or the jack handle under the wheel. But I prevailed and soon it was damp but not a swimming pool and me with no wa-

A friend called just after that and commiserated, but there was a sort of chuckle in her tsk, tsks. She topped my tale with hers.

When she and her husband bought their first home (less than \$4,000), they had an oblong iron kitchen sink. The drain was clogged, so her hero borrowed his Dad's tools and took apart the trap. Such a mess and such an odor. They caught the debris in a big basin.

They cleaned out the trap and then her husband picked up the basin and automatically emptied it into the sink open trap. Such a mess and such an odor. So they mopped again, all the while wifey was giving husband what-for

When she paused, he said, "Well, what should I have done with it?"

She replied, "You could have done this," and she grabbed the basin and did the same thing. Emptied it into the sink.

There was nothing left to do but sit on the floor and laugh amid such

5.2 million snuffed habit

take part in the American Cancer million. Society's Great American Smokeout, according to a survey released by the Gallup organization this week.

According to the nationwide telephone survey of 1,201 men and women aged 18 and over, the Gallup organization estimates that:

- 35.9 percent of the nation's 50 million smokers participated in the Smokeout. The total number is 17.9 million.
 - 10.5 percent of the nation's

Nearly 50 million smokers put smokers were able to stay off cigatheir cigarettes aside Nov. 16 to rettes for 24 hours, totalling 5.2

- 3.9 million were still not smoking one to three days later.
- Of those surveyed, 85 percent had heard of the Smokeout.

"Once again we are very pleased that more than one-third of the nation's hard-core smokers (nearly 18 million) participated in this year's Great American Smokeout," said Robert J. Schweitzer, M.D., national president of the American Cancer

CROSSWORD PUZZLE

1 Author Grey 5 Moisten the

- turkey 10 Horned vipers 14 One kind of
- agreement 15 Patriot Allen
- 17 Safari leader's command to

heap

- author?: 2 wds 19 Combustible
- 20 Actress Mary Place
- 21 "Take ____ leave it!": 2 wds.
- 23 Chef's
- command to
- journalist?: 2 wds. 26 Broadway
- 30 Wild confusion 31 Latecomer's
- 37 "There oughta be ___" 2 wds.
- dancer Rivera 29 4 wks. or so:

- 38 Second person? 48 Mother's command to aviator?
- 40 Teacher's
- actress?: 2 wds. 43 Quench, as thirst 44 ___ Misérables
- 53 Gets wind of 54 Mrs. Charlie
- Chaplin 55 Scientist's
- 45 Jingle writer,
 - 59 Girl watcher's command to TV producer? 2 wds
- 64 Higgins, to Eliza Doolittle workshop 58 Woody
 - 65 Rooney of 60 Minutes 66 "The Duke"

63 Kern's "___ River": 2 wds.

67 Hoodlum

DOWN

- 31 Singer Della 1 Let's Make a Deal booby prize 32 Gardner of Hollywood 2 Region
- 3 Dark blue shade 33 Writer Oscar 34 Predecessor of 38-Across 5 "I'm doing the
- 35 Actress Chase 6 One of the Three 36 Adolescent
- ___ can! 41 ___ Well That Ends Well Musketeers 7 Strapped for 42 Pronoun type:
- Abbr. 43 Old Nick 8 Confucianist's principle 9 Ending for
 - of Tara 47 Double
- depend exposure on TV? 10 Meat jelly 48 Legitimate
- 11 Fountain pen: Fr 49 Plot-twist
- 12 Game show announcer Don device 13 Chuck or flank 50 Like some bad
- 18 Lavender apples
- 22 David of Rhoda candle or numeral
- 52 Mindless (Masterpiece 55 Funnyman Jay 56 Start for plane Theatre series):
- 2 wds. 24 Felt under the or space ____Mawr, weather 25 Little
- Pennsylvania 59 Right away troublemaker 26 Actor Everett
- 60 Suffix for "scram" or "pay" 27 Angelic topper 28 "Terrible" ruler 61 Chicken part

Cranberry desserts delicious addition to holiday menu

Continued from page 1

CRANBERRY SAUCE FOR ROAST PORK

1 can whole cranberries 1/4 cup chopped onion 3/4 cup orange juice 1/4 tsp. ginger

1/4 tsp. cinnamon Simmer mixture until it roast as you usually do, in- berries cluding seasoning, and bake at 1 Tbs. grated orange rind 325. Baste roast every 15 1/2 tsp. almond extract minutes during the last hour 1 pint heavy cream, whipped of cooking with the basting and sweetened to taste sauce. Good also on chicken. died taste.

CRANBERRY WHIP

comes to a boil. Pepare pork 1 16-ounce can whole cran-

Grind up berries, reserving Gives pork a delightful can- a few for garnish. Add almond extract and orange peel and mix well. Combine with whipped cream. Chill and serve in stemmed dessert dishes garnished with a few whole berries. Serves six. Re-

Send The History of Whidbey For Christmas new publication by Spindrift Publishing By Canoe & Sailing Ship They Came by Dorothy Neil & Lee Brainard Ship To: Enclosed check or money order for Send order to \$22,00 for each book ordered. Spindrift Publishing includes tax & shipping. P.O. Box 1308 Autographed copy requested signed by Dorothy Neil Oak Harbor, WA To 98277



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Peter Moote & Associates Announce the firm is welcoming

Solution on page 5

referrals in Island County in the additional areas of: **Employment Related Injuries** Worker's Compensation Claims Social Security Matters Longshore and Maritime Claims

Other Personal Injury Claims

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right size and color, and it lasts for a full year sent in your name? It's quick - and easy to do. Fill out the form at the right sent to your address? and your holiday shopping is all wrapped up - as simple as that Address Mail to: THE RECORD, P.O. BOX 387, LANGLEY, WA 98260

UNDER \$24.00 One Year Two Years Island County/Mailed \$16.00 \$28.00 \$36.00 Out-of-State YES want to surprise my friends with a one-year subscription to The Record. Solve your Holiday shopping problems with a gift subscription to The Record. It's always the Would you like a greeting card Would you like the annual renewal notice . Yes No

CLASSIFIEDS

TO PLACE YOUR AD:

To place, cancel or correct your ad, call:

675-6611 or 321-5300

In Oak Harbor, 8 a.m. to 6 p.m. at Whidbey Press, 3098 300 Ave. W. Or mail to: P.O. Box 10, Oak Harbor, WA 98277

In Langley, 8:30 a.m. to 5 p.m., Mon. to Fri. at South Whidbey Record, 2nd & Anthes Or mail to: P.O. Box 387, Langley, WA 98260

D. SERVICES

16. Music

17. Instruction

19. Child Care

E. EMPLOYMENT

20. Work Wanted

21. Help Wanted

22. For Rent, Homes

23. For Rent, Apts./Duplexes 24. For Rent, Miscellaneous

26. Real Estate, Lots/Acreage

27. Real Estate, Mobile Homes

28. Real Estate, Miscellaneous

GREAT ISLAND VIEW

Study/office overlooks the San Juan Islands from this

West Beach 3 bedroom, 2 bath contemporary North Whidbey home. Kitchen features views

of the Strait and new applianc-

of the Strait and new appliances. Dining room, spacious utility room, two-car garage, detached shed, School nearby. Only \$95,000. Won't last long. Call 000-0000 after 6 p.m.

weekdays or 10 a.m. to 10 p.m.

G. PROPERTY FOR SALE

25. Real Estate, Homes

F. FOR RENT

18. Services/General

CLASSIFIED INDEX

A. ANNOUNCEMENTS

- Cards of Thanks
- 2. Personals 3. Lost & Found
- 4. Give-Away/Free
- 5. Wanted **B. MERCHANDISE FOR SALE**
- 6. Garage Sales
- 7. For Sale, Miscellaneous 8. Appliances & Furniture
- 9. Livestock/Pets & Supplies

C. TRANSPORTATION/TO SELL

- 11. Automobiles
- 12. Trucks
- 13. Motorcycles
- 14. Recreational Vehicles
- 15. Boats/Marine
- 29. Business Opportunities

H. Public Notices

DEADLINES:

CLASSIFIED WORD ADS:

Oak Harbor Langley: Wednesday, noon

Thursday, 11:00 a.m.

HAPPY & CLASSIFIED DISPLAY: Wednesday, noon

WRITING AN EFFECTIVE CLASSIFIED AD:

- CAPTURE READER'S ATTENTION
- MAKE IT EASY for readers to locate
- your ad by telling them at the start the merchandise or service you are selling. -. MENTION WHAT'S UNIQUE about your
- item and note any improvements you have made. Add details such as color
- . ALWAYS INCLUDE THE PRICE of the item you are selling. This increases the number of people who will respond.
- ALSO: -Urge the reader to take action.
 -Try to avoid abbreviations. They make
 your ad harder to read and less effective. Don't forget a phone number and the

hours you are available. --Run your ad for an ample length of time. Remember you can cancel your ad as soon as you get the desired results.

CALL OUR SALES REPS for information about headlines, large and bold type and other graphic devices at 675-6611.

RATES:

BASIC RATES:

For personal, paid-in-advance classifieds:

Buy two weeks and receive the third week FREE.

RESULTS GUARANTEED:

We guarantee results. If, after three weeks, you have not sold or rented your item, we will extend your ad for three more weeks free. LIMITATIONS: Personal items only; one free extension only; price must appear in ad. Guarantee considered met if any one advertised item has sold at least one piece. TO QUALIFY: You must call by noon Wednesday following the third issue your ad appeared for your free extension.

HALF PRICE OFFER:

Run identical Whidbey Today ad in any other Whidbey Press publication (Whidbey News-Times, South Whidbey Record or Crosswind) at half price of the Whidbey Today cost.

CARD OF THANKS:

Up to 40 words. Each additional word ...

.....10 cents per word SPECIAL RATES:

LOST, FOUND, FREE: Found and Free items run free one week, Lost run at half price. HEADLINES: \$1.00 per insertion for centered headline.

BOX REPLIES: For \$5 additional per ad, advertisers may have replies sent to Whidbey Press. A number is assigned to each ad. Replies are given out on presentation of ID.

HAPPY ADS:

Available in three sizes. Priced at \$10, \$15 and \$20 prepaid. Includes photograph. Send a greeting today to a loved one.

CLASSIFIED DISPLAY:

\$7.20 per inch open rate for commercial and boxed advertisements. Volume and consistency rates available.

STATEWIDE CLASSIFIEDS:

Reach more than 1,000,000 homes in 114 state community newspapers. One week, up to 25 words, \$129.00 prepaid. (Extra words, \$4 each). Deadline: 12 days before publication.

ADDITIONAL INFORMATION:

PAYMENT TERMS:

Individual classifieds require payment in advance by deadline. MasterCard and Visa gladly accepted. \$1,00 billing charge on ads requiring a bill to be mailed. For information, phone 675-6611 or 321.5300.

ERRORS & CANCELLATIONS:

Please read your ad on the first day. If you see an error, Whidbey Press will gladly re-run your ad correctly. We accept responsibility for the first incorrect insertion, and then only to the extent of a corrected insertion or refund of the price paid. To correct an ad, call 675-6611 or 321-5300

All ads are subject to the approval of the Whidbey Press, which reserves the right to edit, reject or properly classify any ad.



Announcements

2. Personals

CHILDREN WILL DELIGHT in per sonal letters from Santa! Send name plus \$3 each to: P.O. Box 406, Clinton, WA 98236.

KAHLIL GIBRAN SAID: "Then said a teacher, speak to us of teaching. And he (the prophet) said: No man can reveal to you aught but that which already lies half asleep in the dawning of your knowledge...alone in God's knowledge...and understanding of the

J. Cole

MARY KAY COSMETICS makes skin care simple. To learn about our easyto-follow, proven effective system and receive a complimentary facial, call for appointment. Independent Beauty Consultant, Helen Harvard. 675-5442

OVEREATERS ANONYMOUS -

PAMPER YOURSELF with a FREE facial. Introducing a new advanced skin care regimen. Call for a personal consultation. Dora, 221-3422 or Chris, 321-4098.

PAMPER YOURSELF with a free facial. Introducing a new advanced skin care regimen. Call for a personal consultation. Dora, 221-3427 or Chris. 321-4098.

TOPPFAST - Lose weight quickly and safely. Now available on SOUTH END. 221-3690.

RNW

Community Alcohol Drug Services Call us . . . We Can Help 679-4525 221-2522

PREGNANCY AID

Emotional and practical support to any pregnant woman. Pregnancy testing. Maternity and infant clothing, car seat 321-4767

program. NO FEES . 24 hrs. 42-tfo-020

ALCOHOLICS ANONYMOUS

INFORMATION

321-9995, 321-5816, 221-2631 CALL COLLECT: 252-2525 41 Hc-020 48 Hc-020

3. Lost & Found

LOST: Gray female puppy. Black face white boot, curled tail, 10 weeks, 15 pounds. Between Troxell and Henni. Reward 679-4563

REWARD **ROLLING HILLS** COMMUNITY

Lost: Male seal point Siamese cat. Call Linda, 678-3768 or Janet,

5. Wanted

ROOMMATE WANTED to occupy one bedroom in my home. Must be responsible. \$200 per month. First/last.

WANTED - Gold jewelry, dental gold, class rings, wedding rings, chains, coins, etc. Any condition! C.C. Coins, 935 W. Ault Field Road, 675-1444.

WANTED

Oriental furniture, swords, antiques, collectibles, small items, oak and walnut pre-'50s furniture. Call us first we pay cash, SALMAGUNDI ANTI-QUES, Front Street, Coupeville 678-5888.



Merchandise For Sale

For Sale Miscellaneous

AUSTRIAN TYROLIA solid fuel burning stove. Install for central heating, hot water or cooking only. New. \$1,200 cash. 321-5711 or



in the Whidbey Today and receive one FREE Garage Sale sign.

6. Garage Sales

SANTA'S SHOWPLACE WHERE: 4-H Building, Island County Fairgrounds

WHEN: November 24, 25 & 26 and December 1, 2 & 3 TIMES: Fridays from 2-8 p.m., Satur-

days and Sunday from 10-5 p.m.

Featuring Whidbey Island Artisans, Includes handcrafted jewelry, pottery, baskets, dolls, wooden toys, woven rugs, wovenwood items, raggedy dolls, stuffed animals, some outdoor pots and children's wear. And Not Forgetting: Foods (organic, ready to

eat or take home); Plants (indoor & outdoor); table top Christmas trees; Wreaths (grapevine, evergreen, decorative); and Christmas arleast: ANTIQUES, ANTIQUES,

SIX DINETTE CHAIRS, like new, \$15 each. Two table lamps, \$25 pair. One bridge lamp, \$15. Antique record player and auxiliary speaker, \$50. Cedar burl table tops, two. Driftwood sculptures. 321-1609.

For Sale Miscellaneous

BINDY THE CLOWN says: "Guaranteed fun or I move in."

afternoon filled with: mesmerizing magic, amusing antics,

fantastic feats and giggly gags. Any excuse will do - a special birthday party, a great-report card, a rainy afternoon or a perfect Christmas

> present. Gift certificates available.

Bindy the Clown

a magical clown

Most Occasions 675-6446

CHECK ADS FOR ERRORS

The Whidbey Press will not be responsible for errors after the first week of publication. Notice of errors in the first publication should immediately be called to the attention of the 675-6611/321-5300 *

hats for South Whidbey's kids. Need patterns or yarn? Free at POOR teries. \$1,700. Phone 678-4506. JEAN'S, Langley.

CHRISTMAS HOUSE

New items daily through December 23. For all occasions. Gifts, rugs, toys, decorations, Ukranian eggs, apparel and accessories, originals, collectibles. Quality workmanship, cozy surroundings inside South Whidbey's Maxwelton General Store - about 5 miles south of Hwy. 525, 7495 S. Maxwelton Road. Open daily, 8 a.m.-7:30 p.m. Weekends, 9 a.m.-7 p.m. (Consignments by appointment, 221-7462 or 321-6030, Jan Smith).

CHRISTMAS TREE SALE - World of Children benefit. Nice, full Whidbey Island trees available at Bill's Feed & Tack. Begins December 8.

DOORS: Customize your home with two valet doors from The Olympic Hotel. Solid mahogany, nicely refinished; one gloss, one satin 3'x80"x134"; hardware included hardware included. \$150 each. 221-2995.

ANNUAL STUDIO SALE & SHOW

ENAMELING & SILK BY KATHLEEN "Hand signed original enamel

"Silk scarves *One-of-a-kind silk clothes

DONALD MILLER. PHOTOGRAPHIC ARTIST

Unusual photo perspective featuring human interest/scenic art

DEON MATZEN, DESIGNER Unique knit cocoons, coats, sweaters Corduroy jumpers, knickers

*Tapestry vests SATURDAY & SUNDAY, DECEMBER 16 & 17

11 A.M. TO 4 P.M.

7309 Jewett Road (from Hwy. 525, go out Cultus Bay, left on Glendale, left on Jewett. Light blue house)

7. For Sale Miscellaneous

BURN BARREL, \$10; Maytag washer, \$125; snow shoes, \$50; tire chains, \$10; snow tires, 13", 14", 15", \$15 up. 675-8388.

> END OF SEASON XMAS BAZAAR ISLAND CRAFT CO-OP MANY GREAT BARGAINS REDUCED PRICES SATURDAY, DECEMBER 16 9-3 I.O.O.F. HALL OAK HARBOR

678-6757 or 678-4453

FARM FRESH EGGS - Dynes Egg Farm! Just 1/2 mile up Balda Road off Scenic Heights Road. Monday through Saturday, 10-5.

GO-KART GIFT BOOK

Not sure what to give them? Give them some fun! Blue Fox Dri-Vin and Go-Kart holiday gift books. Small book includes 5 go-kart rides and one movie pass. A \$16.25 value for only \$10. The large book includes 11 go-kart rides and two movie passes. A \$35 value for only \$20. For information, call 675-2794.

GOLF COLLECTIBLES: Sixty wood shafted, from \$5 to \$60. Early bags, balls, steel shafts. Two sets and some rangements and others. And last but odds and ends of modern golf ephermera. Beaters, \$1 each. 221-2995.

HENRY'S FROSTY MEADOWS U-CUT CHRISTMAS TREES

Opening November 25 7 days a week, 9-Dark Just south of Oak Harbor 1694 N. Boon Road 675-5021

HOLIDAY JAM PACKS. 40 ozs. of mouth-watering Northwest fruits, in-Treat the kids and their friends to an cluding blueberry preserves, wild blackberry, marionberry, loganberry and red raspberry jams. Gift boxed and ready to ship. \$19.95. 221-2928

> KING APPLES, \$5 per box. Fresh cider. Warren Burrier, 321-4796.

KNITTING MACHINE, Singer 155 Bulky Ribber, plus free lessons & assortment of yarns. Electric organ, Lowrey Contempo 80 w/Magic Genie. Like new, paid \$5,000, sell for \$1,500. Lady's leather coat, dark tan, size 10. Paid \$300, sell for \$90. Knit suits, sweater, give-away prices, other jackets, coats. 678-6880.

MEN'S LONG-SLEEVED shirts have arrived - pullovers or buttoned, fleece or cotton/poly blend, flannels, GOODFELLOW & POOR JEAN'S, Langley.

TANDY 1000 COMPUTER with two wheel printer, \$500 firm. Phone 678-4506.

CAPS FOR KIDS — Make and donate NEW PACER three wheel motorized scooter with two 12v DC acid bat-

RED BARN GIFTS

Bazaar & Antiques Show Friday, December 15, 10 a.m.-7 p.m. Saturday, December 16, 10 a.m.-3 p.m. 1976 N. Island View Road in the Red Barn home near the intersection of Ft. Nugent & West Beach.

While you browse, enjoy a cup of hot spiced cider made from an old family recipe. Choose lovely gifts for your home, family and friends from a large selection of choice collectibles and lovingly handcrafted gift items. Meet the Christmas Angels Friday evening and all day Saturday. Call Melba LeMay at 675-4152 after December

STATEWIDE CLASSIFIEDS: Place your ad in Washington's community newspapers with a combined circulation of over 1,000,000! Only \$129 for a 25-word ad. Call for details, 675-6611 or 321-5300.

SOMETHING BUGGING YOU? Spiders, Fleas, Carpenter Ants, and Cockroaches. Have spray tank, will travel. C & E Pest & Odor Control, Coupeville, 678-6077

SMOKED SALMON

In time for the holidays. Vacuum sealed, alder smoked, sides or chunks. \$6.50 per pound. Call Seasonal Seafoods, 679-4731.

SCIENCE DIET

Available At Island Pet Jungle

Buy direct 1-800-544-0515

For Sale Miscellaneous

MEN, BUY YOUR OWN Christmas present. New wood lathe with memory, knives and table, \$350 Electrical supplies. Shell reloading kit, \$200. Miscellaneous shop items. Ledgewood Beach area. 1812 S. Seaview. December 9 & 10, 9-4 678-4506.

MISC. SALE

Twin beds, \$90. Large stereo cabinet. Burl coffee table. XC ski equipment: skis boots. Austrian wool socks Camping equipment: large canvas tent (10x16), pots, wool socks, thermal underwear, plastic sink. One-way draw drape plus traverse rod, like new. 221-3672.

NEED CASH? We loan or buy, TV's, stereos, cameras, VCR's, jewelry, diamonds, radios, etc. C.C. Coins, 935 W. Ault Field Road, 675-1444.

NEED A PROFESSIONAL haircut and aren't sure where to go? Take advanof DIANE'S STYLES UNLIMITED'S Tuesday and Sunday \$5 haircut. Walk-ins only. Wednesday: Perm Sale, \$35. Open Tuesday & Wednesday until 8 p.m. 675-8081.

MALE COCKATIELS with cage, one hand-tamed, \$75. GE refrigerator, \$75. Sears table saw, \$50. Antique banjo, \$75. 221-2764 after p.m. or weekends.

SWEATERS, SWEATERS, SWEATERS! Men's, women's, hand knits, cables, Fair Isle, cottons, blends, acrylics, Cowichan. GOODFELLOW & POOR JEAN'S, Langley. 321-1838.

SKI BOOTS, Garmont, size 11, \$5. Old 5-gallon stone crock, \$50. Green swivel chair, \$35. New shutters, hinged, 15x58 inches, \$50. 678-5204. SUPER-8 MOVIE OUTFIT, complete,

nearly new. Camera, projector screen, viewer, plus misc. \$350 OBO. 221-3721. STEREO SYSTEM: Receiver. cassette, CD, turntable, headphones

\$1,400. 221-2833. SKIS, 5'8" HEAD fiberglass binding. Salomon poles, 3'10", aluminum. All for \$100. Boots, Lange, woman's size

with Magnolia Hi-Fi. 5-year warranty, used 2 months. New \$2,100, sell for

7, \$25. 221-2833.

STRICTLY COUNTRY Holiday shopping hours: Wednesday through Saturday, 12-5. Gifts and country decor. Wilson Road, off Fakkema. Mary Benninghoff, 675-7499.

TRY US!! You'll like it! New and used jewelry, TV's, VCR's, stereos, cameras, Save big bucks! C.C. Coins,

935 W. Ault Field Road, 675-1444. THE CHILDREN'S

WEARHOUSE disk drives. 256K memory, Daisy Open every Friday and Saturday, 10-5, throughout the holiday season. Beautiful children's clothing and accessories and a very special selection of games, toys and books.

> THREE AIRPLANE TICKETS to San Francisco or Santa Barbara, California for December 15. \$50 each. Phone

> Come and see us at 7331 S. Holst

Road, Clinton, 221-7606.

THE TRUCK CAME IN...FURNITURE 'N STUFF is stocked to the rafters with the furniture, appliances, floor coverings, mattresses and boxsprings you've been asking for. Catch'em before they disappear again! FUR-NITURE 'N STUFF (formerly NICK'S), Clinton. Open Monday through Saturday. 321-4044.

OF 2: Pay in advance for your classified in the Whidbey Today and get 3 weeks for the price of 2! WURLITZER FUNMAKER ORGAN.

Electronic, twin keyboard, with bench

Whidbey Today 3 FOR THE PRICE

Good condition, \$500 OBO 321-1748 WEEKLY SPECIALS 'TIL CHRISTMAS! Low prices for the holidays that make shopping fun and easy at FURNITURE 'N STUFF, Clinton. Wrap up something comfortable for someone on your gift list, or treat

yourself! Stop by today. FURNITURE

'N STUFF, Clinton. Open Monday

through Saturday. 321-4044. FREE

LOCAL DELIVERY WRAP UP A COMFORTABLE CHRISTMAS with a recliner or easy chair from FURNITURE 'N STUFF (formerly NICK'S), Clinton. FREE LOCAL DELIVERY. Open Monday through Saturday. 321-4044.

WE ENJOY PLAYING Santa Claus! Let us deliver your Christmas surprise as late as December 24. There's something for everyone at South Whidbey's most complete home furnishings center. FREE LOCAL DELIVERY. VISA, MASTERCARD, FLEX welcome. FURNITURE 'N STUFF, Clinton. 321-4044. Open Monday through Saturday.

Freeland · 221-7202

INSTALLED

VINLY SIDING

Best prices, highest quality.

ENTERTAINMENT CENTERS. One, right price. FURNITURE FACTORY, 321-5516. 9026 900 Avenue West. 679-2814.

register for a free chance to win the fun and comfortable BIONIC CHAIR. Great for children and TV watchers! Gentle on sore backs FURNITURE 'N STUFF (formerly NICK'S), Clinton. Open Monday through Saturday. 321-4044.

FREE CHRISTMAS DRAWING! Stop by FURNITURE 'N STUFF, Clinton, to register for a free chance to win the fun and comfortable BIONIC CHAIR. Great for children and TV watchers! Gentle on sore backs. FURNITURE 'N STUFF (formerly NICK'S), Clinton. Open Monday through Saturday. 321-4044.

FROST-FREE Magic Chef refrigerator, 20.9 cubic feet, almond color. Textured doors. Excellent condition, 2 years old, \$425. Oak finish office desk, 30x60 top, with 5 drawers. With executive style chair, \$175. 679-0561 before 10 p.m.

beautiful headboard. \$250 OBO. 675-1188.

KOHLER ELONGATED toilet with oak seat, coffee brown, water saver, \$25. Queen sofa bed. \$150. Color coordinated recliner, \$75. Zenith black & white, TV, works good, \$25. Two braided rugs, 31/21x51/21, good condition, \$15 each. 321-4296 evenings.

\$159 and up. Traditional styling with handles. UNF. Quality for the right price. FURNITURE FACTORY, 9026 champions. Terms. 679-1957 900 Avenue West. 679-2814.

REFRIGERATOR, excellent condition, \$350 OBO, 221-3816.

SOLID OAK DINING SETS. Elegant styling for the right price. Take 10% off for cash on selected sets. FUR-NITURE FACTORY, 9026 900 Avenue West. 679-2814.

SEARS COLD SPOT refrigerator, \$125. 678-6161.

SHARP ENTERTAINMENT equipment available at FURNITURE 'N STUFF (formerly NICK'S), Clinton. 90 days same as cash. VISA and MASTER-CARD welcome. Open Monday through Saturday. 321-4044.

TIE A RED RIBBON around something from South Whidbey's most complete home furnishings center. Weekly specials 'til Christmas with low prices for the holidays make shopping fun and easy at FURNITURE 'N STUFF, Clinton. Open Monday through Saturday. 321-4044. FREE LOCAL

WHIRLPOOL WASHER & dryer, good condition, \$200. Ward's large capacity washer & dryer, excellent condition, \$300. DAVID'S REPAIR, 678-5189 or

GOT A CAMPGROUND member-ship or timeshare? We'll take it. America's most successful resort re-

sale clearinghouse. Call Resort Sales information toll free hotline

CAMCORDERS-VCRs-wholesale,

42 brands, no tax, free UPS delivery. Free camcorder buyers guide (none

for VCRs). Call with model wanted for our price. 1(800)344-7123.

CHRISTMAS TANNING BEDS.

For year-round tan from \$199. Wolff

home-commercial units. Monthly payments low as \$18. Call today, free color catalog. 1(800)228-6292.

POLE BUILDINGS: Two doors,

vapor barrier, screw fasteners. 24x36x12, \$3122, 24x48x12, \$3776; 30x48x12, \$4415. Other sizes 100%

financing. Free color brochure. Call 1(800)825-2276.

SUNBEDS FROM SANTA! Wolff

system and others, new and reconditioned, salon size. Priced to

sell. Available for delivery before Christmas. Financing available. O.A.C. M-F, 9-5. (206)881-8663.

LAST MONTH AT THESE PRICES! Save 70%. New doubepane tempered safety glass. Eight sizes, \$22-\$38. 22*x65*, 24*x66*, 26*x66*, 28*x68*, 27*x76*. High efficiency low-E units available.

Solarium, sunspace, greenhouse, skylights. Call now. (206)629-3277.

1979 DOUBLE -WIDE. Must sell.

\$18,000/OBO. Three bedroom, two

tional word.

MISCELLANEOUS

1(800)423-5967. Fee.

(WANET)

9. For Sale, Livestock, **Pets & Supplies**

ting, 100% guaranteed. Also grass delivered. Any length. An honest, hay and straw. Christmas tree sales dependable service. \$85 per cord. begin December 1. Sitko Farm, Call 321-1769 or 221-2655.

AKC LABS. Chocolate and black. nales and females, born October 23. Excellent pedigree. Field champion two and three-piece units on sale now. bloodline. Will hold for Xmas. Have 0 down financing OAC. Quality for the first shots at 6 weeks. \$350. bloodline. Will hold for Xmas. Have

BASIC OBEDIENCE. Enroll now for FREE CHRISTMAS DRAWING! Stop January. Give your dog the gift of by FURNITURE 'N STUFF, Clinton, to understanding. It is easy, it is fun, it is guaranteed. Phone 678-5202.

> EXOTIC BIRDS, REPTILES, TROPICAL FISH, pet supplies and accessories, plus pet foods, including SCIENCE DIET and IAMS - available at ISLAND PET JUNGLE, Main Street, reeland, 221-7202, Open 9-5:30 Monday through Saturday.

EXCELLENT GOLDEN RETRIEVERS. Champion field lines, wormed and shots. Ready for Christmas.

FUR FANTASY ISLAND is offering C.F.A. Himalayan and Persian kittens. Will hold for Christmas. Shots and wormed, health guarantee included. \$200 321-5649

GOLDEN PHEASANTS, \$20 each Silkie Bantams, \$10 each; Barred Rock Bantams, \$10 each. Old English, Milli Fleur, Black Rose Combo & Black-tailed Japanese Bantams, \$5 each. These are all award-winning KING SIZE waterbed, 12-drawer purebred breeding stock. 221-3194.

> MEAT: Locker lambs. Also breed ewe and ram lamb. 678-5019

MASTERFEEDS HORSE FEEDS: Feed your horses top quality nutrition this winter. See the difference yourself. North Whidbey Veterinary Hospital, 679-3772.

ROTTWEILER

NEW SOLID PINE DRESSERS from Beautiful female pup, eight months Great temperament, good looks and intelligent. All shots, mom and dad

> STOP CALLING YOUR DOG. Start calling INVISIBLE FENCING.

> TOY POODLE. Male, red apricot, AKC registered. \$275. 221-2199.

IAMS 🌣:• Pet Foods

available at Island Pet Jungle Freeland • 221-7202



Jeff & Melissa D. Johnson English & Irish Setters Boarding & Training CLASSES STARTING SOON

206-221-2878

We bring buyers and sellers together in the CLASSIFIEDS

Reaching more than 1,000,000 Washington State homes. To place your ad, phone 675-6611 (North

and Central Whidbey) and 321-5300 (South Whidbey). Only \$129 for 25 words, \$4 for each addi-

GOVERNMENT seized homes from

\$1, you repair. Also repossessed properties. For details and informa-

tion call 1(800)288-1167, ext. 262.

BUSINESS OPPORTUNITIES

BED AND BREAKFAST business

near Morton, WA. Well established. 1910 restored home. Five bed-rooms, four baths. Three car garage. View. \$189,000. Terms. Trades. (206)498-5243.

snowmobiling, \$11,300, \$199 down, \$102.74 per month. 9 miles to downtown Chelan, surveys and rocked roads, 1(800)634-3876 for information or showing.

240 ACRES, wheat, alfalfa, timber, grazing, hunting, Bickleton/Goldendale area, \$75,000, Call Lee Malott, Country Farm & Home Realty (509)882-5555 days or

IDAHO, MONTANA, WASHING-

TON. Great land at wholesale prices. For best choice and easy owner fi-nancing, call right now. Free information. 1(800)942-5363. Rocky

WENATCHEE, +700 acres, approximately 5 miles from downtown, 1 mile from golf course. Overlooks Wenatchee Valley and Columbia River. \$154,000 - terms. John's Real Estate Corporation 1(800)753-John.

LOTS AND ACREAGE

(509)882-2012 nights.

Mountain Land Company.

PERSONALS

Statewide Classifieds

10. Firewood

ALFALFA: First, second and third cut- FRESH FIREWOOD, Mixed, split and

FIREWOOD: Full cord, \$75. Prompt delivery, south end only. 221-7144 or

seasoned. Any way you want it — split, unsplit. Honest full cord. Halves, too. Message, 221-7981.

ROUGH CUT LUMBER & slab wood. Also portable sawmill in January. Call for prices, evenings until 9 p.m. Paris, 221-3577



C. Transportation/ For Sale

11. For Sale, Autos

CHECK ADS FOR ERRORS

The Whidbey Press will not be responsible for errors after the first week of 1978 FORD COURIER pickup (engine publication. Notice of errors in the first publication should immediately be called to the attention of the Whidbey Press Classified Department. 675-6611/321-5300 *

1977 CORVETTE - Bright yellow, black leather interior, 58K, 350, automatic transmission, new stainless brakes, Goodyear Eagles. Excellent condition. \$10,500. 855-0486 or . 675-3801.

1956 CHEVY, \$3,000, 321-1466.

1977 FORD GRANADA. 6-cylinder, runs good, always starts. \$695. Tom,

GOVERNMENT SEIZED vehicles from SUZUKI WETBIKE. \$1,000. 321-1466. \$100. Fords. Mercedes. Corvettes. Chevys. Surplus. Buyer's guide. 1-805-687-6000 Ext. S-2008, Fee.

1987 HONDA ACCORD DX. AC, 5-speed, low miles. Silver, immaculate condition, just licensed. Excellent Christmas gift. \$9,995. 679-6494.

KEEP UP WITH WHIDBEY: Subscribe to the News-Times or South Whidbey Record. For details call 675-6611 or 321-5300.

1975 LINCOLN CONTINENTAL. Good engine, interior & exterior. Needs some mechanical work. \$750. 221-3102.

1979 MUSTANG II GHIA. 2-door, V-6. AT, blue, radials. Looks and runs great. \$2,599. 321-6300 or 321-4033, ask for Jean.

1975 PINTO RUNABOUT, \$400 OBO. 678-5090.

FALL SPECIAL

24x36x10 3 sided storage building. Delivered and erected on your level

Call 757-7711 Farm & Home Steel Building 13543-A Peterson Rd., Burlington WESTAD1-121Q1 40 TFC NT, WT-2

ARE YOU RECEIVING payments

on a real estate contract? We pur-chase contracts and notes secured

by real estate. Call for a substantial quote. Statewide service. Mortgage

LOVING, CALIFORNIA couple ea-

ger to fill sunlit nursery with baby. Promise love, fine education. Living/medical expenses paid. Please call our attorney, Karen Lane,

OPENING: Full time maintenance

mechanic for trucking firm. Minumum

two years experience, welding skills essential. Send resume Box 487,

EDITOR FOR small/mid-size weekly in Forks, Washington. Looking for

hands-on person with good editorial

lay-out and general newspapering back ground. Great opportunity for the right person. Under new owner-

EMPLOYMENT INFORMATION

LONG HAUL TRUCKING. Get into

a high demand career as an owner/operator with northAmerican

Van Lines! Operate your own tractor. If you don't have one, we offer a

lease-purchase program that is one of the best in the industry. No expe-

or the best in the industry. No experience necessary. If you need training, we will train you, You must be 21, in good physical condition and have a good driving record. Call northAmerican for a complete information package. 1(800)348-2147 ask for operator 535,

ynden Tribune, Box 153, Lynden,

Exchance, Inc. 1(800)869-7081.

REAL ESTATE

ADOPTION

1(800)242-8770.

WA 98264.

HELP WANTED

ship. (206)683-3311.

11. For Sale, Autos

678-5090.

1975 PINTO station wagon. Good tires, includes set of studded snow tires. \$550 OBO. Six foot couch, excellent condition, \$75 obo. 675-0104

FIREWOOD: Mixed fir & alder, some seasoned. Any way you want it — at 8K, 19K total miles. Over \$30,000 years experience. Call now, at 8K, 19K total miles. Over \$30,000 in car. Corvette LTI 350-plus .03 w/2.02-1.94 heads. Aries 10:1 pistons and rods, 292 cam, Crown rollers, etc. 4-speed, AT w/shift kit and TCI stall, Dana 44 axle. Rhodes susp. ALL options. Pear essence, 2-tone. \$12,500. 321-5934.

> 1987 TOYOTA Tercel Deluxe 3-door liftback. 5-speed, AM/FM cassette, 30K miles. Excellent condition. \$5,995, 221-8599.

1971 VW CAMPER, \$950 OBO. 221-7532.

1974 VOLVO, \$350. 678-6161.

12. For Sale, Trucks

BOLT-ON RECEIVER hitch for 1982-86 Chevy S-10 or GMC S-15. 5,000 pound gross weight. New condition, \$85. Heavy duty reinforced chains for same rigs, new condition, \$25. 679-0561 before 10 p.m.

in a box). Body good condition. \$500 OBO. 321-6034.

1970 FORD 3/4 TON camper - spec. New tires, new brakes, low mileage Camper, cab over. \$1,500 321-1466.

1973 3/4 TON Ford pickup. \$1,200. 221-2657

13. For Sale, Cycles

1974 SUZUKI GT250. 6-speed, exautomatic, AM/FM, PS, PB. Looks and cellent condition, completely rebuilt street bike. Perfect for commuting. \$375. 321-5260.

14. For Sale, Rec. Vehicles

RICS WESTSIDE RV TERRY * COLLINS Made in the U.S.A. Propane 89 cents gallon Parts and Service 1011 W. Division Mount Vernon 424-0760

1981 SANDPIPER M/H. 25', 440, 48K, party model with gen, micro, AC, 2 cat heaters, usual goodies, plus much more. \$19,250 OBO.

WANTED: 5th wheel or travel trailer tandem axle, to 24'. Minor repair okay. To \$3,000 cash. Cal 221-2312.

15. For Sale, Boats/Marine

27' BUCCANEER SAILBOAT: Diesel, head, shower, stove, oven finder, dodger furling job. Good family cruising. \$10,500. 675-5786.

WE AGAIN HAVE some rebuilt outboard motors. 70 hp Merc., 85 hp Evinrude, 40 hp Johnson. Three boat motors & trailers for sale. We are now doing outboard motor repair. We take trade-ins. 221-3759.

Services

18. Services/General

ECONOMY LANDSCAPING. Pruning, weeding, sodding, hedge trimming barking, general clean-up for yard. Also we clean empty houses, apartments and offices. Harry, 755-9566 or Nora, 675-0336.

New Housekeeping Service Available

Our Housekeepers will clean your house, prepare meals, run errands and care for your children. Daily or once a year to clean up after a party. At a cost so low it will surprise you.
We will find you someone com-

patible, schedule them at your convenience and pay their wages and taxes. All our employees are screened, bonded and insured.
For those in need of medically trained help, we also have Nurse's Aides, LPNs and RNs available.

ISLAND HOME NURSING

678-4090 or 221-7232

18. Services/General

1978 PINTO WAGON, \$700 OBO. BACKHOE AND TRACTOR WORK. Specializing in small jobs, rotovating, brush cutting, water lines, footings, etc. 221-7428.

CHIMNEYS CLEANED QUICKLY

321-4948. CUSTOM CHIMNEY

DIG-A-DITCH. TRENCHING. 221-2265.

PROFESSIONAL? Whidbey Press publishes regular professional directories. For information call 675-6611 or 321-5300.

PROFESSIONAL PRUNING, 321-4209.

TOP/REMOVE TREES. Experienced and removal of trees. Free estimates. Call 679-4965.

THE CAN-DO MAN

Free estimate - low rates. My helping hands can do general repairs, unfinished jobs, painting, drywall, windows, electrical, plumbing, power washing and more. You name it, I'll do touch. Licensed, insured, bonded. it. 221-3243.

WALLPAPERING. Experienced. low rates. Call 221-2370.

WEEKLY SPECIALS 'TIL CHRISTMAS! Wrap up something comfortable for someone on your gift KIDS' KORNER DAYCARE. Imeasy at FURNITURE 'N STUFF, Clinton. Open Monday through Saturday. 321-4044. FREE LOCAL DELIVERY.

FREE LOCAL DELIVERY, Financing available at South Whidbey's most complete home furnishings center. VISA, MASTERCARD, FLEX welcome. FURNITURE 'N STUFF (formerly NICK'S), Clinton. 321-4044. Open Monday through Saturday

GUARANTEED USED WASHERS AND DRYERS. DAVID'S REPAIR, 678-3162 or 678-5189.

EXPERT PAINTING WALLPAPERING RICHARD PAYNE

Interior/Exterior work guaranteed. Licensed/Bonded. 678-3158 or 221-7935. Loc. No. PAYNERM110KB.

FALL SPECIAL 2 car garage, delivered and erected on your level site. \$3995 Call 757-7711

Farm & Home Steel Building 1353A Peterson Rd., Burlington WESTAD1-12101 40 TFC NT. WT-40

SOOT BUSTERS

Chimney Cleaning Service 679-0859 St. Lic. SOOTB**115N5

The Carpet Specialists Because you've got

better things to do! / \$49⁹⁵ *

Living, Dining, Hall-We're Truck Mounted not portable

Here's why: OAK HARBOR 1. Dries faster 2 Cleans deeper 3. Lifts matted pile

No hidden charges (325 sq. ft.) 679-4681 43 rfc 400 40 ffc 400

Cascade Fresh! Great tasting purified drinking water.

Sodium Free Chlorine Free

Free Delivery to home or office

City and rural delivery routes

Wide Choice of dispensers

ISLAND @ SYSTEMS 675-4462 State Contractors Reg. No. ISLANH5131QH

18. Services/General

FREE CHRISTMAS DRAWING! Register today. No purchase required Take a chance for a fun and comfortable BIONIC CHAIR. Great for children and TV watchers! Gentle on sore backs. FURNITURE 'N STUFF (formerly NICK'S), Clinton. Open Monday through Saturday. 321-4044.

FREE CHRISTMAS DRAWING! Register today. No purchase required. Take a chance for a fun and comfortable BIONIC CHAIR. Great for children and TV watchers! Gentle on sore backs. FURNITURE 'N STUFF (formerly NICK'S), Clinton. Open Monday through Saturday. 321-4044.

GIFT WRAPPING made easy. Call 221-7777 or 321-1534 for more information.

HELEN'S SEWING SERVICE. My stitch in time will save you nine! Mending, repairs, zippers, lightweight tree trimmer, specialized in topping leathers and plastics. Alterations 221-7196

> HAULING JOBS WANTED: Trash, brush, rubbish, Junk cars, appliances removed. Small dump truck delivery. Rock-bark-gravel-topsoil. 321-5637

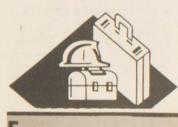
NEW HOUSE CONSTRUCTION: Custom home building with a quality G.W. CONSTRUCTION, GWCON**1210N. Call 679-3324.

19. Child Care

list, or treat yourself at South mediate openings. Licensed, non-Whidbey's most complete home fur-smoker, registered nurse. Many years nishings center. Low prices for the experience. Huge fenced yard, some holidays that make shopping fun and pre-school type activities. 678-6226.

> NON-SMOKING MOTHER will care for your 7-12 month-olds in her downtown home. Safe, clean, crawling space. 679-4824.

NEED LOVING PERSON to babysit my 11/2-year-old son 3 to 4 days per week for 5 hours a day. Greenbank area. Renee, 678-5950



Employment

20. Work Wanted

BOOKKEEPER/OFFICE MANAGER with computer skills available immediately. Resume on request. Call Mrs. Taylor, 221-8901.

CARPENTER AVAILABLE on South Whidbey. Frame, finish, remodel, decks, stairs, whatever. 321-1364.

COLLEGE STUDENT needs work: Cleaning, ironing, shopping, gift wrap, odd jobs. Call Wendy, 321-6217.

HANDY ANDY: Experienced in carpentry, electrical, plumbing, floor covering and lot clearing. Needs work. 221-2147.

WANTED: House cleaning jobs. 221-7432. If no answer, leave message on recorder.

21. Help Wanted

PLUMBER'S HELPER or someone with plumbing experience, full-time.

RELIABLE WORKER for quality hardwood floor sanding and finishing. Construction or woodworking experience preferred. Phone and vehicle required. Dennis Reed, 221-2832.

RECEPTIONIST/BOOKKEEPER for busy pediatric clinic. Part-time to start. full-time February 1990. Medical and computer experience preferred. Must be willing to work evenings and Saturdays. Send resume to P.O. Box 870, Coupeville, WA 98239.

THE WHIDBEY CAMPUS of Skagit Valley College is accepting applica-tions for the following faculty positions:

GEOLOGY INSTRUCTOR: Part-time, winter quarter. College degree and appropriate specialization required.

MARINE BIOLOGY INSTRUCTOR: Part-time, winter quarter. College degree and appropriate specialization required.

Both positions are open immediately. Rate of pay is \$16.58 per hour. Applications available at the administrative office, Whidbey Campus, or phone 675-6656/428-1167. SVC is an equal opportunity employer. We welcome applications from ethnic minorities, women, handicapped and Vietnam era and disabled veterans.

TACO TIME
Opening soon. Now hiring for management positions. Great pay and benefits. Call 485-4123, 8-10:30 a.m., Monday through Friday.

bath, fireplace, lapped aluminum siding, composition roof. Excellent condition. Must be moved. Seattle area. (206)222-5667.

MEET CHRISTIAN singles the sensible way. Local/worldwide by phone or mail. No fees, donations only! Free brochure, samples. Call: 1(800)323-8113, ext. 154.

21. Help Wanted

COLLEGE TUITION assistance, student loan repayment and enlistment bonuses for high school senior and grads available through the Washington National Guard. Part-time positions for heavy equipment operators and mechanics, armor crewmen, construction specialists radio repair and medics. Call Sgt. Fred Gibison, 676-2163. Collect calls accepted

EARN MONEY typing at home. \$30,000/year income potential. Details, 1-805-687-6000 Ext. B-2008. Fee.

EARN MONEY watching TV! \$25,000/year income potential. Details, 1-805-687-6000 Ext.

EARN MONEY reading books! \$30,000/year income potential. Details, 1-805-687-6000 Ext. Y-2008. Fee.

GET TO THE TOP IN YOUR FIELD

- *For a part-time job
- *Good pay and benefits *Educational assistance

If you're an aviation veteran we may be able to help you. The Naval Reserve has openings even if you've been out up to 10 years. Call 1-800-

HOD CARRIER/LABORER. 30-40 hours per week, starting wage \$5 per hour. Job involves mixing mortar, carrying and setting up brick, block and stone for mason. Employer will train and prefers someone interested in the masonry field as a career. This is a training position funded for 18-21 year olds who meet JTPA income guidelines. For more information contact the Private Industry Council, 5305-C Highway 20, Oak Harbor or call 675-5966. EOE.

WHIDBEY GENERAL HOSPITAL Personnel Department P.O.Box 400 Coupeville, WA 98239 (206) 678-5151

CLINICAL DIETICIAN - Part-time (15-20 hours/week) position. Assesses nutritional status and needs and develops/implements plans. Provide education to patients, health care professionals and dietary staff. Must be registered and have a BS in food science/nutrition. Two years of staff dietician experience in acute care Call 679-1571

RN-OR - One part time and one fulltime position for busy operating room. Provide care for surgical patients, primarily as a circulating nurse and/or scrub nurse. RN license & OR

For further information on these and other patient care opportunities contact Human Resource at above address or telephone number.

WORLD OF CHILDREN now hiring, early childhood experience preferred. Call Sandy at 321-1577



FOR RENT

22. For Rent, Homes

BEDROOM HOUSE for rent. Washer/dryer/no pets. \$475 per month. First, last, damage. 221-8592

CHECK ADS FOR ERRORS

The Whidbey Press will not be responsible for errors after the first week of publication. Notice of errors in the first publication should immediately be called to the attention of the Whidbey Press Classified Department. 675-6611/321-5300

WATERFRONT 2-bedroom, furnished home. \$600. Available December 1 to August 1. Adults. Write: P.O. Box 133, Freeland, WA 98249.

WATERFRONT. 1/2 block to ferry. 2 bedrooms, 1 bath, unfurnished, appliances. Available January 1. \$700 month. First, last, deposit. 6-month lease. Non-smokers, no pets. 321-4561 or 321-1524 (message).

WATERFRONT HOUSE Charming 2 bedroom w/new 1/2 acre, privacy, near Langley. Sweeping view, beach ac-

cess. \$745/month. Call 286-9016 WANTED: 2 bedroom, unfurnished house or mobile home with garage or carport, within 30 miles of Oak Harbor. Single gentleman, late 40s, slightly disabled, non-smoker, non-drinker, Christian. Rent or long-term lease under \$250 per month, maybe a little higher. Please call 678-4971. If no

answer after 4th ring, leave phone

number and name

22. For Rent, Homes

LANGLEY - 4 bedroom plus den, 2 bath home. Nice yard, view of Cascades and Saratoga passage. Year lease. \$775 month. Nonsmokers, please. Prefer no pets. All terms negotiable. Available January 1

OLDER 2 BEDROOM trailer, view of Holmes Harbor, \$350 month plus deposit. Available December 1, 1989.

ROOM FOR RENT. Furnish washer and dryer, w/hot tub. Walking distance to beach, 10 minutes to base. \$280 per month. 679-0597 or 675-6949

SECLUDED LARGE 2 bedroom. Clinton area. 1,350 square feet, carpet, appliances, wood heat. No pets. \$550. First/last/\$200 damage, cleaning deposit. 221-7216.

3 BEDROOMS, 1 bath, garage. \$450. First/last/\$225 deposit. One year lease, 5072 S. Hodges Ave., Langley. Call 775-5121.

23. For Rent, Apts./Condos

2 BEDROOM DUPLEX in Oak Harbor, with garage. Available early December. \$375, 675-5020, 8:30 a.m.-5:30 p.m.

FURNISHED STUDIO on the beach. Walk to ferry, water/garbage paid. No pets, adults only. \$245 per month, plus deposit. 743-4265.

HORIZONS WEST, near new, ground floor. Exceptionally clean, bedroom apartment. Laundry facilities, close to shopping. No pets, lease. \$425, 675-6157.

24. For Rent, Miscellaneous

ATTRACTIVE FURNISHED office in professional setting. Reception & conference room, utilities paid and phone answering, stenographic services available. 321-6455.

HIGH VISIBILITY retail space or professional office. Clinton highway frontage. Toll-free Seattle line available. \$150 month. Ask for Bill, REALTY WORLD, 321-5551 or 221-3225.

ISLAND PROPERTY MANAGEMENT

Houses, Apartments and Mobile Homes in Oak Harbor area. \$280 - \$560. Six month leases. No pets.

PRIVATE OFFICE SPACE available December 1 in Bayview area at THE OFFICE, 5820 S. Kramer Road. 221-2411, 8-5 Monday-Friday.

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Retail, office, warehouse, light industrial. Excellent City and County locations. Planning new buildings now.

679-1571/2 50 TFC WT-76



G. PROPERTY **FOR SALE**

25. Real Estate, Homes

FOR SALE BY OWNER: 3 bedroom home in Freeland. Exceptionally well-insulated. Price — \$75,000. Call 321-5409.

26. Real Estate. Lots & Acreage

SALE FLIPPED - Back on market: 9 acres for sale. One-acre building site cleared and in grass. Mountain view two apple trees. Only \$6,000 down. 221-7696.

WANTED: Outstanding view or waterfront property, South Whidbey, Private party. Call Walt at 337-1913.

KEEP UP WITH WHIDBEY: Subscribe to the News-Times or South Whidbey Record. For details call 675-6611 or

> CHECK ADS FOR ERRORS

Real Estate. **Mobile Homes**

UNIQUE EXPANDED double wide mobile home, great deal for the right buyer! For more information, call 675-9613 after 4 p.m.

28. Real Estate, Miscellaneous

CASH PAID for contracts and mortgages - Call Bob Hoss, 321-1536. *

Business **Opportunities**

FAST FOOD **ESTABLISHMENT**

for 2 to 3 people. 10 a.m. to 6 p.m. April to September. Approximately \$20,000 net or whatever. Excellent tourist area. \$20,000, good lease with terms, \$10,000 down. Call

REAL ESTATE DEVELOPER. Licensed civil engineer and land surveyor with 25 years experience needs financial partner or private lender to help with several South Whidbey developments. Ask for Bill, 221-3225 evenings, or 321-5551 days.



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WERE FIGHTING FOR



This space provided as a public service.

'Chinamen's hats' formation fascinating

Today writer

Growing up in San de Fuca, I used to ride my bicycle to West Beach on blustery winter days. The Pacific storms would deposit treasures on the sand not found during the mild summer months.

I accumulated a vast collection of the small shells we called "Chinamen's Hats." They are from limpets, mollusks with shells of a distinctive conical shape.

These animals are still tiny when they begin to form their shells. The shell material, conchiolin, is formed within their bodies by complex organs which extract calcium and other minerals from their food.

Conchiolin is a semi-liquid which

hardens rapidly when exposed to air or water. It is secreted and released covers the internal organs, the mantle, and the mantle's edge. The shape of the shell depends

upon the shape of the mantle edge which made it. Ridged shells are made by species having mantles with frilled or ruffled edges. Similar to plywood construction,

the mollusk shells are three-ply.

CLOSE **ENCOUNTERS**

From the Whidbey Audubon Society



There is an outer epidermal layer, a middle layer and a lining. All the layers are made of calcium carbonate. The middle layer has horizontal crystals which appear dull and rough. The crystals of the inner layer are vertical, forming a satinsmooth finish.

This winter, you may be able to gray-green at its off-center apex. A checkerboard color pattern appears near the margin.

The Fingered Limpet is strongly by the delicate sac of tissue which ribbed and has a wavy outline. It is usually brown with finger-like patches of white streaming down from the top. The Speckled Limpet has many

fine dots at the top. Large white spots form a butterfly pattern on a band of brown at the base of the

Other abundant limpets in our 80 pounds to remove it.

area include the Mask Limpet, with its fine white speckles; the Pacific Plate Limpet, with small riblets and irregular radial stripes; and the Unstable Limpet, having an oblong shell formed because of its attachment to the stems of kelp.

Cooler weather slows the shell growth. Hence, our mollusks have thinner shells than those in tropical areas. In times of retarded growth, the shell material secreted builds up into a false lip. In some areas, the age of the animal can be determined by the number of false lips. Limpets love flat, exposed surfac-

es in tidal areas. As soon as they settle, each one attaches with a sucidentify the Fenestrate Limpet. It is tion disc. They rub to and fro, wearing the rock and the edge of the shell. In time, the groove and shell combine to form an excellent de-

When submerged, the limpets forage to find food. They always manage to find their way home, even when scientists have tried to fool them with false grooves in the rocks

If you find a limpet attached to a rock, save your strength. Once adhered, it may take a force of 70 to

Shaping up kitchen vital to healthy cooking

Many of us are already thinking about the holidays. We want to get linger from spoiled food, wash the the house ready for the friends and refrigerator with baking soda and family members who will be visit- water, and put a box of baking soda ing. One area of great concern to in it to absorb odors. the cook, of course, will be the kitchen. Will it pass Aunt Tilly's white cleaned refrigerator: glove inspection? If not, these guidelines will get your kitchen in set at 40 degrees or below to pretip-top shape for the holidays.

Start with the freezer. Is it frozen over or jam-packed with food? If so it will not hold frozen meat and poultry at safe freezer temperatures - 0 degrees Fahrenheit or below. If the freezer is frozen over, you may need to defrost it. Examine frozen items carefully; discard foods that have changed in appearance or texture. Put usable foods in an ice chest filled with ice.

When returning food to the freezer, date the packages and divide them into long and short storage categories so you can use them within the recommended storage time. Also, as you stock the freezer, save space for the large bird, roast or ham that will be served for the holiday dinner.

Next, the refrigerator. If you have leftover meat and poultry dishes, use them as soon as possible. These foods can be stored in the refrigerator from three to four days.

Fresh meat or poultry should be used within one to three days. Also, check the "sell-by" or "use-by" date on mayonnaise, salad dressing or other foods that need refrigeration. Throw away outdated, moldy and obviously spoiled foods.

To safely store food in the freshly

Make sure the refrigerator is vent most bacterial growth; use a refrigerator thermometer to check the temperature.

Don't overload the refrigerator. Cold air must be able to circulate to keep foods at optimal temperatures; and

■ Tightly cover all foods and use them within the recommended storage time. Cabinets can be a hideaway for

food safety pitfalls. What could be more devastating than finding out while preparing the holiday meal that the canned ham you put in the cabinet two months ago should have been refrigerated? Before storing foods in the cabinet, read the labels. Since today's packaging for some shelf-stable and refrigerated products are so similar, label reading is necessary to ensure such foods are stored properly. If you find a product on the shelf that should have been refrigerated, throw it out.

Countertops, sinks, and utensils need extra care. To keep bacteria from spreading from raw to cooked foods, wash the countertop, sink and utensils after they have been used to prepare raw meat and poultry. Use hot soapy water, or better yet a solution of one tablespoon (about a capful) of chlorine laundry Poisoning" (50 cents).

bleach to one gallon of cool water. Carefully scrub and clean wooden cutting boards since bacteria can harbor in the grooves left by knives. A hard non-porous cutting board is better for preventing the spread of bacteria. Also, wash kitchen linen often and throw away old sponges.

Kitchen appliances should work properly. Use an oven thermometer to check the temperature in your conventional oven. If it isn't working properly, have it serviced immediately. With a well-serviced oven and by using a meat thermometer, you can make sure meat and poultry cook to proper internal temperatures. Poultry is thoroughly cooked at 180 to 185 degrees; beef and other meats should reach 160 de-

Check the microwave oven, too. Stale food particles left in the microwave oven absorb some of the microwaves. This could cause cooking time to be slower than usual.

To clean the microwave oven. place a mixture of lemon juice and water inside the oven and turn it on. The steam will condense on the oven surface and make food much easier to remove. The lemon juice will absorb odors.

Before preparing those holiday foods, make sure your kitchen can pass a "white glove test."

For more information, call Island County WSU Cooperative Extension at 679-7327 or 321-5111, ext. 327, and request EB 1205, "Storing Foods at Home" (25 cents) and PNW 250, "You Can Prevent Food

Groundwater resource concerns aired at hearing

Island County residents will have Salt water intrusion is already a "Rapid growth and increasing the opportunity to air their concerns about the future of groundwater resources later this month. The state Senate Environment and Natural Resources will hold a public hearing on the issue at 7 p.m. Dec. 13 at the Commissioner Annex, 504 North Main Street in Cou-

"I scheduled this meeting after hearing from a large number of citizens concerned about the effects of development and population growth on the aquifers of Whidbey and Ca-mano Islands," said Sen. Jack Metcalf, R-Langley, chairman of the committee. "On Camano and on Whidbey south of Oak Harbor, the testimony. only source for water is rainwater which seeps through the earth to recharge the underground aquifer. statewide implications.

problem for many areas of Island County. "Right now there are three main

alternatives: conservation, restriction of development, or piping in water from the mainland," said Metcalf. "Each alternative has its own consequences and implications concerning the future of Island County. The policy decisions made in the next few years by state and local governments will be with us for decades to come.

Metcalf said local and state agency officials will be asked to give short presentations, and then the hearing will be opened to public

said information Metcalf gathered at the public hearing has

groundwater withdrawals in many areas of the state have heightened the concern over the long-term condition of groundwater resources,' said Metcalf. "What is happening now in Island County will soon be rampant in many other areas of the state. The testimony given at the Coupeville hearing will be invaluable for any future state policies.'



57 of 59 HOMES PICTURED HERE HAVE SOLD

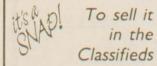
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Included in this week's WHIDBEY TODAY

are the following advertising supplements:

All editions: Ernst

Kmart Effective Sun., Dec. 10 through Sat., Dec. 16

Effective Sun., Dec. 10 through Sat., Dec. 24

Pay n Save Effective Sun., Dec. 10 through Sat., Dec. 16

Greenbank South: Langley Drug

Effective Mon. Dec. 11 through Sun., Dec. 24

Oak Harbor and Coupeville:

Emporium

Effective Mon., Dec. 11 through Sun., Dec. 17

Effective Sun., Dec. 10 through Sat., Dec. 16

Calendar for Oak Harbor Senior Center

(Editor's note: This is the ing, 9 a.m.-noon calendar of events from the Oak Harbor Senior Center on 20th NW at 700th West. For more information, call the center at 679-6620 or 679-6621.)

Sunday, December 10 Center closed

Monday, December 11 Watercolor, 9 a.m.-noon Conditioning, 9:30 a.m. Lunch, noon Oil Painting, 12:30-3:30 p.m. Exercise Class, 1 p.m. Scrabble, 1 p.m. Council on Aging, 1:30

Tuesday, December 12 Wood and soapstone carvExercise Class, 9 a.m., 10:15 Collage, 9 a.m.-noon

Woodshop Safety, 10:30 a.m.-noon Blood pressure check, 11:30

a.m.-2:30 p.m. American Association of Retired Persons potluck,

Creative Writing noon-3 p.m. Tap dance, 2-3 p.m. Foot care clinic, 1-4 p.m. Band practice, 4 p.m.

Wednesday, December 13 Veteran's assistance, 9 a m -noon Party bridge, 9:30 a.m. Mixed media, 9 a.m.-noon

Conditioning, 9:30-10:30 Bingo, 1-3 p.m. a.m.

Lunch, noon Beginning bridge, 1 p.m. Whidbey Island history, 1-3 Exercise class, 1-2 p.m. Men's pool, 1-4 p.m.

Knitting circle, 1:30 p.m. Line dance social, 1:30-3 Whidbey Island Gem Club, 7 p.m.

Thursday, December 14 Shiba, 9 a.m.-noon Exercise class, 9 a.m., 10:15 Woodshop safety, 10:30-noon

Lunch, noon Japanese Bunka, 1-3 p.m. Horseshoe toss, 1 p.m.

Quilting, 9 a.m.-noon Cholesterol screening, 11 a.m.-noon Lunch, noon Pinochle, 1 p.m.

Friday, December 15

Women's pool, 1-4 p.m.

Band practice, 4 p.m.

"Crafty Ladies," 1-4 p.m. Raffle drawing, 1 p.m.

Saturday, December 16 Soroptimist breakfast with Santa, 8-11 a.m. Council on Aging video show and popcorn, 1 p.m.

Sunday, December 10 Center closed

says Clure. "Wearing a hat (both inside and out) is also a good idea since a great deal of body heat loss is through the head."

By taking care to stay dry and warm seniors can significantly reduce their risk of winter-induced

Bayview Center Calendar

(Editor's note: This is the Lunch, noon calendar of events from the Pinochle, 2-4:30 p.m. South Whidbey Senior Center in Bayview at 2845 Alzheimer support group at State Highway 525. Reserva- Careage, 1:30 p.m. tions are requested two days in advance for lunch. For more information, call the Over 50 Club, 10:30 a.m. center at 321-1600 or 678-3373.)

Sunday, December 10 Free bingo bus to Anacortes, 9 a.m.-6 p.m. Center closed

Monday, December 11 Bridge, 9 a.m.-2 p.m. Lunch, noon Recovery Northwest, 5:30

Tuesday, December 12 p.m. Drawing and acrylics, 2-4 p.m.

Wednesday, December 13 Quilters, 10 a.m.-2 p.m.

Community bingo, 7 p.m.

Thursday, December 14 Soroptimists, 11:30 a.m. Lunch, noon Painting class, 1:30-4:30 Vietnam Vets Rap, 7 p.m.

Friday, December 15 Tap class, 9-10 a.m. Fun band, 10:45 p.m. Lunch, noon Bridge, noon-2 p.m.

Saturday, December 16 Center closed Mystery Bus Trip, 8:30 a.m.-6 p.m. Arts and Crafts, 10 a.m.-2 Art gallery open house, noon-5 p.m.

> Sunday, December 17 Art gallery open house, noon-5 p.m. Center closed

Seniors need extra protection from cold

Golf card for aid in diabetes

warn that during the winter season decrease in body temperature that seniors should take extra precau- can be life threatening. "As we get tions to protect themselves against older, metabolism rates slow. That the cold weather.

Physician members of the Wash- tible to developing hypothermia, a ington State Medical Association condition characterized by a serious means it's more difficult for seniors Elderly persons are more suscep- to stay warm, particularly in the

winter," says WSMA President Dr. Harold Clure.

Symptoms of hypothermia include weakness, slurred speech, confusion, shivering and clumsiness. "However, hypothermia can be prevented by wearing warm clothing, keeping homes well heated and by drinking plenty of fluids,"

Sheep Skin Slippers &

North Star

The American Diabetes Associa-City, Carnation, Chevy Chase, De-

tion, in cooperation with Puetz Evergreen Driving Range, offers the 1990 Diabetes Golf Card.

The Diabetes Golf Card provides golf-lovers the opportunity to play 15 of western Washington's finest courses in addition to aiding in the fight against diabetes. Each cardholder can play 18 holes free at the following courses:

Alderbrook, Allenmore, Capitol N., Seattle, Wash. 98103.

lphi, Dungeness, Lake Cushman, Village, McCormick Lakeland Woods, Nisqually Valley, Ocean Shores, Port Ludlow, Tapps Island, and Village Greens.

To purchase a card, enclose a taxdeductible check for \$75 made out to the American Diabetes Association and mail to: Diabetes Golf Card, ADA, 3201 Fremont Avenue

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PLAINS	12/18	12/20	12/21
ROCKIES	12/19	12/20	12/21
W. COAST	12/19	12/20	12/21
HAWAII	N/A	12/20	12/21
ALASKA	N/A	12/20*	12/21*

*Some areas of Alaska are not guaranteed for 2nd/next day delivery

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No. 2 10x8x61.25	No. 13 20x20x18 .3.75
No. 3 12x12x12 1.75	No. 14 16x8x8 1.50
No. 4 16x16x16 2.75	No. 15 20x20x4 2.75
No. 5 12x10x61.25	No. 16 20x20x10 .3.00
No. 6 24x16x13 3.00	No. 17 24x24x7 4.00
No. 7 18x12x6 1.75	No. 18 36x12x10 .3.25
No. 8 19x12x31.75	No. 19 30x24x10 .4.75
No. 9 30x18x16 3.75	No. 20 3x3x371.75
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(Sm., Med., Lg.)

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Breaded and ready to cook for a quick meal Sold in a 10 lb. (net wt.) box \$24.50

Heat & Serve. Sold 2 racks per bag. Bags are random wt. Approx. 6-9 lbs per bag SALISBURY STEAKS\$1.59/lb. Seasoned beef pattics for Salisbury Steak.

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