

The Whidbey Crosswind

VOLUME 5

USNAS Whidbey Island, Washington

Friday, March 21, 1975

NUMBER 12



Photo by PH1 Edward Quist
of his son Michael

Crosswind gets "new look" this week

In a move calculated to conserve newsprint — a not only scarce but increasingly expensive commodity — the Whidbey Press Publishing Company, printers of the Crosswind, have changed over to a new 6-column tabloid format beginning with this issue.

The Whidbey News-Times and Whidbey Record, both previously 8-column papers, will now sport a 9-column format.

The smaller print and narrower columns, while perhaps harder on tired old eyes, will enable us to get more copy on a page, therefore, fewer pages will be available.

Just how this will affect the Crosswind and the amount of material we can use is for now a matter of conjecture. Just as it is possible to teach an old dog new tricks, so it is possible to teach editors new methods, albeit reluctantly.

Please bear with us through these next few weeks until we get accustomed to the "new look."

In keeping with change, station newspapers throughout the Navy are trying to put the "news" back in "newspaper." Newspapers are not supposed to be technical treatises. Instead,

they are designed to keep people informed of what is going on, of new developments in policy that affect them, and to keep abreast of happenings in clubs and organizations.

Publicity chairmen and public affairs officers are asked to consider what is happening and what is going to happen as "news." Past events can be recorded and have their place as well, but they are not "news."

Please help your Crosswind staff to update your newspaper by planning ahead and getting the information to us in time to be considered "news" and not just something that happened "recently."

Contributors are also asked to keep their articles short and concise. It is usually possible to compress the information into about half the space generally used. Just remember the old who, what, when, where, why and how formula.

There are fifteen squadrons attached to NAS Whidbey, plus NAS and all its departments plus the tenet commands, and heaven only knows how many clubs and organizations are aboard or affiliated with the Navy. In order for there to be room for

all, everyone is asked to "keep it short and sweet."

This doesn't mean to stop sending in material. Every editor probably has a recurring nightmare of all those pristine white columns and nothing to fill them with, all we're trying to say is don't panic if it doesn't get in word for word, week after week. We solemnly promise that we

do not discriminate against any unit or organization — not editorially, at least.

Nor is it necessary for every PAO or publicity chairman to try to get something in every week. The "publish or perish" way of thinking ends up with a lot of just plain garbage cluttering up the paper. The happenings of your group or unit should

be of general interest to the reader, or at least to a goodly number of them, or we won't be able to use it.

Items of general interest are always in demand. People make news and your outfit is made up of people. Seek them out and find out what's happening, then let us and the rest of NAS Whidbey know about it through the pages of

the Crosswind.

Deadline for material submitted to the Crosswind is Tuesday afternoon for that Friday's paper. Club news, regular weekly columns and other timeless type material should be in on Mondays.

Late breaking hard news stories of the "stop the presses" type can be taken as late as Wednesday morning.

Boomer A-6 is a plane to look up to



More Champus cuts

Additional guidelines governing the operation of the Civilian Health and Medical Program of the Uniformed Services (CHAMPUS) went into effect last week.

Under the changes in the basic program, coverage no longer will be provided for perceptual and visual training or for air ambulance service unless a physician certifies that such service was necessary to preserve life or limb.

Other changes include adjunctive dental care, defined and restricted to those instances in which clinical evidence establishes that an oral disease or infection is significantly complicating a medical or surgical condition other than one involving the teeth and their supporting structures.

Dental services will be limited to those necessary to eliminate the oral disease or infection. This does not include dental care necessitated by trauma which does not meet the above guidelines.

All dental care adjunctive to pregnancy when provided on an outpatient basis will be cost-shared under outpatient cost-sharing rules.

A nonavailability statement will be required for all adjunctive dental care provided by a civilian source to a dependent receiving care for pregnancy in a military medical facility.

All non-emergency dental care will require advance approval.

Inpatient cost-sharing of pregnancy complications will be limited to diseases, medical conditions or surgical conditions directly influenced by or directly influencing the condition of pregnancy.

Therapist's services will require support by a physician's certification that the patient requires the services for a stated diagnosis; that a plan for furnishing such services has been established and will, no less than once each 30 day period, be reviewed by the

physician; and that the services are to be furnished only while the patient is under the care of the physician.

Services of all therapists will require recertification at least once every 30 days by the attending physician. Such recertification must state that there is a continuing need for such services, and include an estimate of how long such services will be required.

Payment of psychologists' services, billed on a fee-for-service basis, will be limited to those psychologists who are licensed or certified, who have a doctoral degree in clinical psychology and a minimum of two years of supervised experience in clinical psychology in a licensed hospital, a mental health center, or other appropriate clinical setting as determined by the director of Champus.

In determining deductions and co-insurance, credits will be limited to authorized services and supplies and Champus determined reasonable charges.

All surgery in ambulatory surgical centers will be cost-shared under outpatient cost-sharing rules.

With respect to beneficiaries who have coverage under the social security amendments of 1973 for physical disability or kidney failure, coverage will be limited to those services and supplies not available under Medicare.

A public official's statement that appropriate care is not available from public institutions will be required for all long term care requiring prior approval.

In changes affecting both the Champus basic program and the Champus program for the handicapped, claims for all services and supplies requiring prior approval, which have not been approved in advance, will be disallowed; and, service-connected conditions, for which the Veterans Administration will provide necessary care, no longer will be covered.

"Father" goes into rehearsal

Rehearsals are well underway on the Whidbey Playhouse production of Robert Anderson's two-act play, "I Never Sang For My Father," to be performed at the Crescent Harbor School April 24, 25, 26 and May 1, 2, and 3.

The drama, which explores the relationship between two middle-aged children and their aged parents, opened on Broadway Jan. 25, 1968, with Hal Holbrook in the role of the son, Alan Webb as the cantankerous old father, Lillian Gish as the caught-in-the-middle mother, and Theresa Wright as Alice.

The current production is being directed by Trudy Christie, well-known here for both her acting and directing.

She has appeared in "In All My Sons," "The Chalk Garden," "Suds In Your Eye," "You Can't Take It With You," "Summertime," "Wind Between The Houses," and most recently, was the memorable Eleanor of Aquitaine in last fall's "Lion In Winter."

Directing credits include "A Thousand Clowns," and "Agatha."

Christie has chosen a strong cast for this sensitive drama. The four leads are all accomplished thespians, well-known to Whidbey Playhouse audiences.

Jack Sondericker has been cast in the role of Tom Garrison, the stiff-necked old man who can't bear to hear the song his son yearns to sing.

Jack has appeared in many Playhouse productions including "You Can't Take It With You," "Summertime," "Our Town," "What Did We Do Wrong," and last season's "Surprise" (he was the one in the straight jacket).

David (King Henry) Narciso has been assigned the Hal Holbrook role. Dave, an experienced actor, tackles a much different role as the gentle Gene than he played in "Lion" last fall. He teaches drama at SVC and Western Washington State College and is a director of some distinction both here and at the Anacortes Community Theater where he directed "Man of LaMancha" last summer, and has scheduled the musical "Fiddler On The Roof" for this summer.

Dave appeared here in "Dark At The Top Of The Stairs," "Barefoot In The Park," and "Exit The Body," and directed "Bell, Book & Candle." Gene's 78-year old mother, Margaret Garrison, is played by Bee (Mrs. St. Maugham) Black, a long-time Whidbey Playhouse member. She first appeared here in "The Chalk Garden," then directed "Suds," "My Three Angels," "Summertime," and "What Did We Do Wrong."

The role of Alice, the banished daughter who has come to terms with herself and her father, is played by Playhouse regular and

member of the Board of Directors, Lou Jackets. Lou appeared as Ella Wimsley in last year's "Surprise," and as Thelma Breckenridge in "Agatha." Her first job with the Playhouse was as Assistant Director for "Butterflies Are Free."

Supporting roles are being played by Dru Christie, Susan Johnson, "Doc" Fields, Ron Gates and Nancy Costner. All are newcomers to the Whidbey Playhouse stage except for Dru who appeared in 1973's "Wind Between The Houses."

Supporting roles are being played by Dru Christie, Susan Johnson, "Doc" Fields, Ron Gates and Nancy Costner. All are newcomers to the Whidbey Playhouse stage except for Dru who appeared in 1973's "Wind Between The Houses."

Knightriders in Hawaii

by Ace Levy
Aloha! Have things been dull and listless for you lately? Does life seem quiet and ordinary? Have the last three weeks been the ultimate in tedium?

Then you must have realized that VA-52 has left the "rock." And far away, near sunny Hawaii, is where the Knightriders currently reside.

Departure from Whidbey took place over a five day period, with A-6E's and KA6D's leaving on Feb. 20, 21, and 23, and the airlifts going on Feb. 23 and 24.

The USS Kitty Hawk was courteous enough to not leave port until Tuesday, Feb. 25, which allowed the Knightriders some time for visiting San Diego.

The reason for this jaunt into the Pacific is Operation RimPac '75, a multi-national exercise to develop and practice anti-submarine, anti-air and war at sea tactics.

This large event involves more than 30 ships, over 17,000 men, and some 200 aircraft from four Pacific nations: the United States, Canada, Australia, and New Zealand.

With such a vast undertaking, it isn't too surprising that the transit from California to Hawaii was chock-full of briefings and planning for RimPac, covering everything from exercise guidelines to Hawaiian air traffic control procedures.

The men of VA-52 had an enormous job during the transit in preparing the squadron's aircraft. During the first week Knightrider teams worked around the clock in order to get every aircraft into 4.0 shape. The ordnance shop was fully involved as the ship scheduled several days of weapons handling and loading exercises. The response to the call was outstanding, and when flying began, VA-52 was fully

ready.

During this time, flying consisted of everything from CarQuals and multi-aircraft strikes to tanker and other support missions. As the tempo increased, operations ran from 0800 to 2200 hours aircraft on alert 24 hours a day.

The approach of the weekend brought much anticipation as the shores of beautiful Oahu became visible from the flight deck.

The ship pulled into Pearl Harbor on Friday for a weekend of Hawaiian entertainment with the Knightriders standing by in gleaming white uniforms to watch the USS Arizona Memorial slide by on the way to the pier.

More RimPac activity is scheduled for the next few weeks, and VA-52 will be there, leading the way, but for now, your friendly PAO is signing off to join his shipmates ashore. Aloha!



Shades of 2001 - Computers take over at Supply - Capt Allen Weeks, NAS XO, Capt Arthur Barie, NAS CO, and Cdr Thomas Maloney oversee Susan Beasley of NAS Supply as she initiates the new UDAPTS (Uniform Automatic Data Processing System) at Supply Department. The purpose of this new system is to automate files for supply and financial records.

Scorpions give awards

The VAQ-132 Scorpions 30-day post deployment stand-down period came to a close recently with a personnel inspection and awards ceremony.

Scorpion one, Cdr Vern Shirley, presented USS Independence Letters of Commendation to Lt "Red" Gillespie, CWO3 "Barney" Offield, and ATC "Van" Vanater. Their superior performance and dedication contributed immensely to the successful introduction of the EA-6B to USS Independence and Attack Carrier Air Wing Seven.

Presented with letters of appreciation for their personal dedication and high degree of efficiency during the recent Mediterranean deployment were AMHC

"Pete" Pedersen, AMS1 Rodney Strandell, AT2 James Clarke, PR2 "Mac" McClain, AT2 John Roisum, AE2 James Billett, and AN Lloyd Howard.

Cdr Shirley also took the opportunity to advance AK2 Mark Shaw to his new rate.

As the Scorpions start preparing for their next cruise, the tempo of operations and training will be "hot and heavy". Take heed Whidbey - the Stingers are back and in full operation!

Ravens fly south

This week the Ravens of 135 have been very busy selling the EA-6B Prowler. With all the crews of the Raven Jammers burning up the desert around Fallon this week, Cdr Matt Maxwell led the Black Birds through the glitches of CVW-2 light attack workups.

The Raven maintenance crew, headed by ATC R.L. Thomas, did a superb job in keeping the Black Ravens flying out of the sand bowl of the world at NAS Fallon.

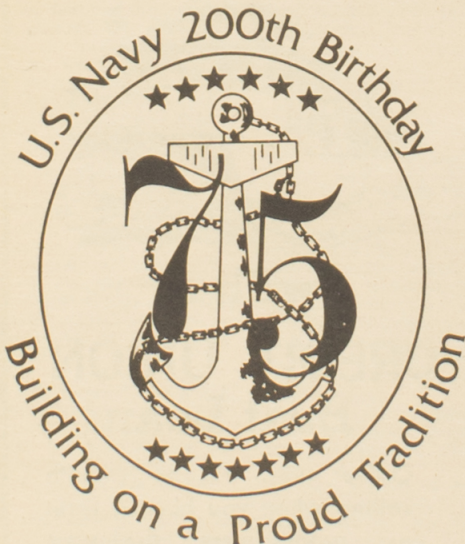
Cold temperatures (colder than Whidbey!) lashed the Raven crews with thirty knot winds and blowing snow during some of the turnaround evolutions.

Each of the shops from Raven home guard maintenance sent top representatives to Fallon to carry on the reputation of Raven readiness. Airframes sent AMS2 Dale Robertson, AMSAN Tim Faast and AMHAA Steve Dekarz.

Stray electrons are kept in corral by AE3 Ron McElvov from the Electric shop. In the realm of safety and survival AMEAN Ian Taylor kept the Prowler flying straight and level.

Keeping the intakes sucking and the exhausts spewing is the job of ADJ2 John Tipton and ADJ3 Cody Ray.

The primary mission of the Ravens at the Fallon detachment is electronic warfare support, and making sure the jammer antennas squirt the correct intelligence is the main concern of AT2 Jeff Ritchie and AT2 Ron Schmitz.



In 1775, our forefathers, who had crossed the ocean in search of freedom, banded together as 13 colonies and established the United States Navy. From this beginning, the Navy is linked in spirit and tradition to each of the 50 states that now form our Union.

The 13 stars of the Navy's 200th Birthday insignia represent the 13 original colonies whose Continental Congress formed the Navy. Fifty links on the chain represent the modern states; and the anchor recalls the strength and bravery of mankind inspired by the sea.

CAAC sponsors clinic

by S. V. Bainbridge

The Counseling and Assistance Center (CAAC, Bldg 180) is sponsoring a "Stop Smoking" clinic starting next Monday night.

The program will run nightly for five days, 7:30 to 9 p.m.

The five day proven plan includes lectures by Dr. Dietrich and Dr. Smith of Sedro Wooley, and Pastor Eigenberg of the Oak Harbor Seventh Day Adventist Church. The program will

also include films and discussion groups.

It's easier than you think to quit smoking with this time proven five day plan. Take the time now to cut out a bad habit that does great harm to your health and costs you financially. (How much do you spend in a week, month, or year on smoking that would be better spent elsewhere?)

Take a hard second look at the warning on the side of your cigaret package that says "The Surgeon General

has determined that cigaret smoking is dangerous to your health."

He isn't kidding. Medical researchers have found in recent years a definite correlation between smoking and lung cancer and heart disease.

Don't push your luck, sign up for the smoking clinic today. Call Ltjg Bainbridge or PNC Estes at CAAC, ext. 2394-6 or Bob Yates at ext. 2033 or 675-2898 to make reservations for the clinic.

Enlistment bonuses cancelled

The Navy announced last week it was discontinuing the payment of enlistment bonuses effective March 15 for the remainder of fiscal year 1975. The enlistment bonus program became effective last September and was designed to stimulate enlistments in specific ratings that had not met recruiting goals.

The bonuses, ranging from \$1,000 to \$2,000, were paid to new recruits in the EW, GMM, MN, TM, CTL, CTR, and CTT ratings after they had successfully completed "A" school.

Prior service personnel in those ratings who did not require "A" school were also eligible and received the bonus upon assignment to their first duty station after reentering the Navy.

According to Bupers, the decision to discontinue the enlistment bonus program is based on the present success in meeting recruiting quantity and quality goals.



Mrs. Vernon Gordon holds the painting to be given away as a door prize at the Whidbey Island Officers' Wives Club art auction Saturday, April 5, at St. Augustine's Parish Hall. Preview of the works of art on display will begin at 7 p.m., with the auction scheduled to start at 8:30 p.m. Tickets may be purchased for \$2 from Pot Pourri. The exhibition and auction is being arranged by the Robert Sills Gallery of California in conjunction with the Officers' Wives Club.

Pics at the flics

FRIDAY, MARCH 21

LADY LIBERTY

Sophia Loren
William Devone
Drama, Color
1 hr. 35 min. PG

SAT., MARCH 22

MURDER ON THE

ORIENT EXPRESS

Albert Finney
Lauren Bacall
Mystery Drama, Color
2 hrs. 8 min PG

SUN., March 23

DR. JEKYLL AND

SISTER HYDE

Ralph Bates
Martine Besvich
Horror, Drama, Color
1 hr. 35 min. PG

MON., MARCH 24

THE OUTFIT

Robert Duvall
Karen Black
Action Drama, Color
1 hr., 43 min. PG

TUES., MARCH 25

LAW AND DISORDER

Carroll O'Connor
Ernest Borgnine
Crime Drama, Color
1 hr., 33 min. R

WED., MARCH 26

THE HARRAD

EXPERIMENT

James Whitmore
Tippi Hedren
Drama, Color
1 hr., 37 min. R

THURS., MARCH 27

THE BAREFOOT

EXECUTIVE

Kurt Russell
Wally Cox

Comedy, Color

1 hr., 36 min. G

One showing daily, 7 p.m., information on movies can be obtained by calling ext. 2266. Movies are subject to change without notice, changes will be posted at the theater.

Musicians wanted

There's trouble in River City (read Oak Harbor), that starts with "T" and that rhymes with "B" and that stands for Band. The Oak Harbor Community Band, that is.

Seriously, anyone who plays a musical instrument and who is interested in joining the Oak Harbor Community Band, is asked to call the Bandmaster at 675-4089.

The band gets together to play in local parades and at other community affairs. They practice on Thursday evenings at 7:30 in the Oak Harbor Junior High band room. Practice sessions are over by 9 o'clock.

Professional polish is not a criteria for joining.

DON'T JUST STAND THERE...



EXERCISE IT!

Blue Fox Dri-Vin Re-opening Weekends

Beginning

MARCH 28th

WATCH THIS SPACE NEXT WEEK

FOR MOVIE LISTINGS

CIRCUS DRIVE-IN Theatre

NEAR ANACORTES A CY 3-6100

ADULT SHOCKERS

"HOW TO SEDUCE

A WOMAN"

"STIGMA"

Thurs.-Sun. Open 7 P.M.

WHIDBEY CINEMA

OAK HARBOR 675-4001

Thur.-Sun., Mar. 20-23

Starts 7:30—Ends 11:50

Liv Ullman, Gene Hackman

"ZANDY'S BRIDE"

also (PG)

"THE LIFE AND TIMES

OF JUDGE ROY BEAN"

Mon.-Wed., Mar. 24-26

Starts 7:30—Ends 11:20

"JEREMIAH JOHNSON"

also (PG)

"THE MACINTOSH MAN"

Boomer bombers

by Sam Bacon

A new style in Totem Poles was unveiled last week at Whidbey, for the A-6 Community.

The new look features a large green boomerang, at the very top of the pole, which is located on the side of the station theater.

Beneath the Big Boomerang are the other familiar symbols, such as a Rapid Reptile, a Turtle, a Spade and Demon, a Golden Bird, and — at the base of the pole — a large Sword.

Knowledgeable observers described the new style Totem Pole as the best looking one they have ever seen on the base. Master Chief Charles Keeton, Maintenance Chief for the VA-165 Boomers, was quoted as saying... "That's the best looking (deleted) Totem Pole I have ever seen at this (censored) Air Station."

LCdr Rod Franz, a Boomer bombardier, now on his

second tour in the squadron, says... "The new style has a lot to do with an echo, echo, echo!"

However, not everyone agreed with the previous conclusions. Chief George Higley, of VAQ-129 and himself a former Boomer, had this to say... "By (censored), Chief Keeton is the worst looking (deleted) knowledgeable observer it has ever been my (garbled) to see."

The Totem Pole represents the overall bombing supremacy among the squadrons in the Whidbey community. The Boomers captured first place in the competition, in their initial month of bombing operations after returning from a West Pac Cruise.

Boomer Skipper, Cdr Gary Caron, had this to say... "I really like the looks of the new Totem Pole. It has Boomer class. I don't see any need to change the design."

SQUADRON STANDINGS



Confessions of a spendthrift

by Joe Gagen

I'd like to make a confession: I can't save money.

Don't ask me why. I couldn't tell you that any more than a duck could say why he flies south in November.

Once thought of having this inscription carved on my headstone when I die: "He couldn't save a dime."

No matter how much money I earn, I don't seem to be able to salt anything away. Something always comes along that demands I spend whatever money has been put aside.

I'm the type of customer, for example, whom savings institutions loathe. Put a hundred in this week, draw out \$99 next week. The same rigamarole over and over until the bank book is tattooed with entries and withdrawals.

I had a savings account once that must have exhausted hours of tellers' time at the bank. Balance at the end of the year: zero. No

wonder the bank officer didn't protest when I withdrew the account.

I once read a child's book about Frederick the Mouse, another creature who didn't save anything. He allowed all the other mice to do the winter storage while he remained aloof and recited his poetry.

The point was actually in Fred's favor, however: poets should be rewarded by the community because they are rare and beautiful people.

But year after year passed by, and I didn't have a dime on account. Since I wasn't a poet like Fred, I couldn't depend on the community to fill up my savings bin.

A few years ago — just after I joined the company — I became involved in publicity for the companywide Savings Bond program.

After arranging for photographs and writing a story for the Upstate News, I thought to myself perhaps this was what I needed.

I filled out the authorization form for payroll deduction and, just like that, the money disappeared from my paycheck each pay period and the Savings Bonds began to arrive regularly at my home.

It was like having a tooth pulled with acupuncture.

The great thing about bonds, I found, was that you weren't inclined to cash them in before maturity as readily as you might fill out a savings bank withdrawal slip. It left a bad taste in your mouth a little like biting into an unripe grape.

Thirty-six Bonds later I feel like a reformed alcoholic. It's hard, after all, to think of yourself as a spendthrift with all those Bonds staring you in the eye.

The nice thing about payroll deduction is that the longer you do it, the easier it becomes. After a while you begin to get that warm feeling — the feeling the early settlers must have experienced when they put away their provision for the long winter months, or the mice when they stashed away their food to the sound of old Frederick's poetry.



LCdr Gary C. Fisher from the Supply Department Control Division receives the Joint Service Commendation Medal from Capt Arthur H. Barie, NAS CO, for exceptional meritorious service in the performance of his duties from July 1973 to July 1974, while serving as Deputy Headquarters Commandant and later as Chief, Support Branch, Office of the Secretary to the Joint Staff, Headquarters United States Support Activities Group, Nakhon Phanom Royal Thai Air Force Base, Thailand.

Safe Sam sez . . .

by Carol "Sam" Gelsel

The Fourth Graders at Olympic View Elementary School were given several safety related questions. These are their responses to the aviation section of the quiz. If you were the pilot and one of the engines on your aircraft was on fire, what would you do?

— "Phone to the airbase and get information" (He's a man in the know)

— "Tell everyone calmly that our plane's on fire" (She sounds like a sensible female)

— "Get a fire extinguisher" (That's a girl)

— "Raise your altatood, then the fire will go out" (He knows about his oxygen anyway)

— "Drop the engine that was on fire" (Has he heard of drop tanks?)

Eleven said "Bail out and parachute" (They know how it works)

If you were the pilot and your airplane began losing altitude what would you do?

— "Call the alarm for the people to get out" (Oh! My!)

— "Glide down safely" (He sounds like an aviation safety person)

— "Panick" (Hey fella's — that's a male response!)

— "I would try to get some help from talking threw that thing" (She's heard of communications)

— "I would call in and they would probly say parachoot" (She knows)

(To be continued next week)

Library hours change

Beginning tomorrow (Saturday), the hours of operation at the Station Library will be changed, Mary Bullman, station librarian, announced this week.

The Library will be open from 1 to 9 p.m. Saturday through Tuesday, and from 10:30 a.m. to 9 p.m. on Wednesday through Friday. The change is effective March 22.

The New American Motorcycle Gang.

Many Models to Choose From

at
PRAIRIE HOME
BUILDING CENTER

COUPEVILLE • 678-4022

Your Only Local
Sales & Service Store

HONDA



IT'S FULL SPEED AHEAD



with a

CREDIT UNION Boat Loan

Cruise over. It'll be smooth sailing when you borrow from us... prompt, easy... the lowest interest rates allowed by law!

WHIDBEY FEDERAL CREDIT UNION

675-6691

Main Battery aids in disaster relief

USS Enterprise. . . Attack Squadron 196, along with the USS Enterprise (CVAN 65), aided the people of Mauritius in the Indian Ocean after the island was hit by cyclone Gervaise leaving more than 10,000 homeless.

Squadron volunteers helped to form relief teams which repaired the islands water lines, orphanage, roads, and drainage systems in residential areas.

American Ambassador Philip Manhard said, "All Mauritians who have witnessed the ship's relief projects ashore have been greatly impressed by the

seriousness and hard work of all Navy personnel involved."

The 720 square mile island, east of Madagascar in the Indian Ocean, was hit in early February by the cyclone leaving nine dead and 59 injured.

Several thousand manhours were contributed by VA-196, whose talents are normally used on the all weather A6 Intruder aircraft.

The Enterprise also provided 60,000 gallons of freshwater, five tons of powdered milk, 2,000 loaves of bread, 25 tons of tents, and more than 80 blood donations.

Personnelly speaking

VAQ-129 Vikings — Cdr Lucio Diloreto, squadron CO, has administered the oath of reenlistment to six Vikings for four years each. **AT2 Paul R. Dotlich**, **AMS1 Dolan Nance**, **ASM2 Alfredo Gabriel**, **SD3 Augustin D. Bularo**, **ADJ2 Howard K. Jones** and **YN3 Cynthia Flores**.

Lt "Skip" Fincher has been presented the Navy Commendation Medal for duties performed while in VQ-1.

AMS2 Raymond A. Wetzel received his second Good Conduct Award.

AE2 John "Randy" Ryan and **AT2 Stephen Ellefson**, now in VAQ-130, were selected as NESEP students for the coming year. These two outstanding Vikings will attend a prep school in San Diego, then college to attain a B.S. degree, and finally OCS and a commission as an ensign.

AT2 Herman "Such" Suchland of VAQ-132 recently reenlisted for five more years under the duty preference program for orders to NAF Mildenhall, England.

Petty Officer Suchland was reenlisted by his division officer CWO3 J. D. Offield in the Scorpions Ready Room while his wife Debbie and son Chris looked on.

Right on schedule, careerwise, ex-Ltjg "Doc" Rice of VAQ-135 pinned on his railroad tracks with a little help from Raven One, Cdr Matt Maxwell.

The long road to O-3 started in October 1970 when Doc finished Naval Aviation Officer Candidate School, Pensacola, Fla.

In August of 1973, Doc made his big move to VAQ-135 and NAS Whidbey Island. Since moving to the "green isle," the new lieutenant has kept busy working on his instrument card and ground instructor rating in the General Aviation field.

Already a commercial pilot, Doc fills the sky on weekends with the small stuff almost as much as he does on weekdays in the EA-6B Prowler.

RMC Wayne W. Teel of NAS reenlisted for two years Feb. 28 with Capt Arthur Barie, NAS CO, administering the oath. Teel has served 19 years and two months in the Navy.

AK3 Lester W. Gardner of NAS reenlisted for three years March 3. Cdr B. L. Minetti gave the oath. Gardner has spent four years in the service.

BM3 Robert M. Cobine of NAS reenlisted for six years Feb. 26. Cobine has been in the Navy for four years. LCdr Paul H. Robbins administered the oath.

Boomer Chiefs — AMHC Bob Anderson, AMEC James Bowers, AQCS Clark Burton, PNC Luss Dehoney, AEC Joel Henderson, ADJC Charles Manning, AQC Anthony Paczkowski, AMCS Bill Johnson and AZC Leversia Williams were recently notified that they had successfully passed the chief petty officer advancement examination.

The chiefs, nine of the ten assigned to VA-165 in November of last year, took the battery of tests while the Boomers were deployed aboard the USS Constellation.

The scores posted by the Boomer chiefs were very high overall and should insure those chiefs who are eligible for promotion an excellent opportunity for selection.

Of the nine chiefs who passed the advancement examination, only seven are eligible for consideration by the BuPers Selection Board this year.

The Boomers of VA-165 are very proud of these men. Through their professionalism and dedication to duty they have shown themselves deserving of the best and speediest of promotions.

VA-115 — Reenlisting on-board the USS Midway recently was ADJ2 Kenneth R. Armstrong. Career man Armstrong, who reenlisted for six years, works for the Arabs in the ship's AIMD. Conducting the ceremony was Arab One, Cdr. James J. Hower, in the VA-115 Ready Room.

NCOA auxiliary

The NCOA women's auxiliary decided at their meeting March 12 to help "Help House" by donating canned goods, powdered milk and baby food. These seem to be the items most needed.

Plans were discussed for the NCOA marathon run from Oak Harbor to Olympia to be held in the near future. All monies raised on the "run" will go to NCOA's Special Olympics project.

The auxiliary will go along on the run to serve refreshments and perform other chores as needed.

The next meeting of the auxiliary will be March 26 at Island Savings and Loan. For more information, call Patti Nice, 675-6890.



Bend a little!



Men of VA-196 contribute muscle to clear fallen trees and debris left by cyclone "Gervaise" on Mauritius from the grounds around an orphanage. Shown pulling on the rope is Lt Bob Sorenson (white shirt), AQ3 Gary Rodriguez, LCdr Paul Ruth, AE2 Mike Coffey (back to camera).



After several hours of hard work in tropical heat clearing up after cyclone "Gervaise" on the island of Mauritius, the men of VA-196 enjoy a well deserved break. Shown here (r to l) are Petty Officers Gary Rodriguez, Ernie Barnett, Lt Bob Sorenson, Mike Coffey, Bob Lucerne, Randy Rodriguez and Mike Goetz (foreground).

PROTECT YOUR EXCHANGE AND COMMISSARY...
BY MAKING ONLY AUTHORIZED PURCHASES

MOVING
Nationwide Movers
Agents for LYON VAN LINES
DAILY FREIGHT
All Whidbey Island Points
4035-600 W. Ave.
Enclosed Palletized Storage
Auto Freight
Stanwood Everett
Seattle Mt. Vernon
PHONE 675-2275
OAK HARBOR FREIGHT LINES

Now.
Fuel Injection for the frugal.

You'll find fuel injection on some of the fastest cars in the world.
You'll find it on some of the most expensive cars in the world.
And now, through a miracle of modern technology, you'll find it on one of the most inexpensive cars in the world. The new, advanced '75 Beetle.

'75 \$2895

ISLAND VOLKSWAGEN, INC.
We Take All Makes In Trade
675-2218
8128-80th NW (Hwy. 20) • Oak Harbor

Chaplain's Corner

As we approach the holiest season of the year for both Christians and Jews, it is well for us to remember that both Passover and Easter speak of redemption and a beginning again.

For our Jewish brethren this season is a time of remembrance, remembrance of God's deliverance of their nation out of bondage in Egypt and His leading them into the land of promise. It is also a time of hope and renewal as they pray for the "Peace of Jerusalem" and renew their covenant of hope with God.

Holy Week and Easter are times when Christians commemorate the Passion and Resurrection of the Lord. It is a joyous and triumphant celebration because in it Christians recall what God has done in Christ to deliver them from the bondage of sin.

The message of Easter and the message of Passover is a message of redemption and deliverance, of freedom in the love of God.

To a world hesitating between desperate optimism and weary pessimism, a world disenchanting, alienated, and confused, this message of redemption and deliverance and freedom and love can bring renewal and hope.

At this blessed season of the year let us all rededicate ourselves to the great principles of our faiths and renew our commitment to love and serve our God and our fellow man.

... Armed Forces Chaplains Board



Under the cabbage leaf

Kimberly Marie Cooter, daughter of AMS2 and Mrs. Richard Cooter (NAS) 7 lbs., 7 oz., March 3.

Janice Rochelle Bell, daughter of AT-Z and Mrs. Richard Bell (VAQ-130) 7 lbs., 12 oz., March 3.

Jerod Alan Turner, son of AE3 and Mrs. Alan Turner (VS-83) 8 lbs., 8 oz., March 4.

Thomas Farthing, son of LtJg and Mrs. Jim Farthing (VAQ-135) 9 lbs., 11 oz., March 6.

Danyell Marie Blackburn, daughter of AN and Mrs. Steve Blackburn (VA-165), 7 lbs., 4 oz., March 6.

Ollie Benjamin Blacklock, son of ATI and Mrs. J. A. Blacklock (VAQ-132) 8 lbs. 15 oz., March 6.

Michael Paul Haslebacher, son of AA and Mrs. Craig Haslebacher (NAS) 8 lbs., 3 oz., March 6.

Dennis Lee Musgrave Jr., son of YN2 and Mrs. Dennis Musgrave (VA-128) 9 lbs., 1 oz., March 8.

William Robert Gentz, son of ADJ-2 and Mrs. Craig Gentz (VA-128) 9 lbs., 9 oz., March 8.

Alan John Sprouse, son of AK2 and Mrs. Edward Sprouse (NARU) 5 lbs., 13 oz., March 9.

Stacy Lee Brown, daughter of AQ1 and Mrs. Roger Brown (NAMTD) 8 lbs., 6 oz., March 10.

Jason Michael Curtiss, son of LCpl and Mrs. John Curtiss (USMC) 7 lbs., 8 oz., March 10.

Nathan Joseph Anderson, son of ADJ3 and Mrs. Roy Anderson (VAQ-131) 9 lbs., 4 oz., March 11.

Matthew John Kaiser, son of Lt and Mrs. Michael Kaiser (VAQ-129) 8 lbs., 5 oz., March 11.

Charles Byron Evans, son of LtJg and Mrs. Charles Evans (VAQ-137) 8 lbs., 7 oz., March 12.



ROBERT SMALLS (top) with three of his crew

From slave to Congressman

Many slaves attempted to flee the South during the early days of the war. While thousands succeeded, few escapes were more daring than that of Robert Smalls, a coastal pilot on the new Confederate steamer CSS Planter.

At 4 a.m. on May 13, 1862, when the officers were ashore, Smalls and an escape party of 15 slaves got the Planter underway.

The 313-ton ship pulled slowly from the wharf near the Confederate headquarters in Charleston Harbor. With the rebel flag flying, the ship was steered toward open sea.

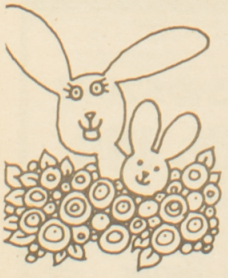
Getting out of the harbor was no easy job because several Rebel forts guarded the harbor entrance. As he passed each outpost Smalls gave the correct sign with the ship's whistle. Everything was made to appear as though

the Planter was on a routine mission.

Finally, the ship came abreast of the huge guns of Fort Sumter, and since everything appeared normal she was allowed to pass. As soon as he was out of range of the fort's cannon Smalls hoisted a white flag and sailed the ship into the hands of the Union fleet blockading the harbor.

For their brave acts, Smalls and his crew were awarded half the cash value of the ship and its cargo by President Lincoln. In addition, Smalls was named captain of the vessel and served as commanding officer until the Planter was decommissioned in 1866.

Robert Smalls, a native of South Carolina, was later elected to both the South Carolina and U.S. House of Representatives.



Forest fires burn more than trees.

Advertising contributed for the public good.

Obituary

Charlie Mediocre

Charlie Mediocre was buried today.

An unimportant man who, since his birth to a mediocre family in 1932, drifted to his ultimate destiny in total insignificance.

Charlie was graduated from Mediocre High School, with mediocre grades. He was

selected by classmates as the least likely to do anything.

He married Sally Ordinary in 1952 and idled through the next 23 years with the Common Material Plant. With his philosophy of "that's close enough for company work", Charlie held mediocre positions, produced middling products and earned a humdrum living.

In his daily existence Charlie Mediocre took no chances. His middle-of-the-

road philosophy guaranteed him noninvolvement with anyone or anything. His favorite movie is "Copping Out"; favorite song, "I Walk the Line"; and favorite book, "Dead Spirit".

Charlie, born in 1932, died in 1932 and was buried in 1975. His wants were negligible, so was his life. After 43 years of no initiative, motivation, gumption or goals, Charlie Mediocre was buried in a mediocre cemetery. May he (R.I.M.-Rest In Mediocrity). Could this be your obituary?

It doesn't have to be. F. Scott Fitzgerald said there are no second acts in American lives. From birth to death, ours is the longest running one-act play in history.

You can help write your own script for this long play. If you've talked to your education counselor, you've already written the first chapter.

Who will write the rest, you or Charlie Mediocre?

(Editor's note: "Charlie" was resurrected from an article by GySgt Mike LaBonne which appeared in the Jan. 24 issue of CheVron, published by the Marine Corps Recruit Depot, San Diego, Calif.)



CPO Wives

All Chief's wives are invited to attend the exciting events sponsored by the Chiefs' Wives Club this month.

A "Crazy Hat" potluck dinner has been planned for tonight at the Crescent Harbor School with husbands acting as judges. Please bring a hot dish, dessert or salad; your own plates and silverware; and the craziest hat you can think up. The evening starts at 7 p.m.

Dyeing Easter eggs for the big Easter Sunday egg hunt at the CPO club is a project going on right now. Susan Henderson has offered her home to anyone who would like to help March 29 at 7 p.m. Come and bring a dish for a potluck supper — husbands are invited. The Henderson home is at 1476 Central Drive.

The Easter Egg hunt at the CPO club for children between 1 and 12 years old of active duty or retired E-7, E-8 and E-9's, begins at 2 p.m. Easter Sunday. Thirty dozen eggs will be hidden with refreshments and prizes galore.

The week of March 9-15, saw the crash trucks of the Fire Protection Division roll out seven times in answer to aircraft emergencies.

One P-2 aircraft declared an inflight emergency because of a rough running engine.

On March 12 there was an EA6B with "smoke in the cockpit," but no assistance was required from the responding crash trucks.

There were three hot brake emergencies last week with one requiring use of an extinguishing agent. Assistance was also given to an A-6 with a possible blown tire, and an EA-6B that lost braking and steering controls while on the runway.

Preventative wash downs were needed on six fuel spill alarms.

Every year hundreds of people, mostly children, receive burns and other serious injuries from improper use of the family fireplace.

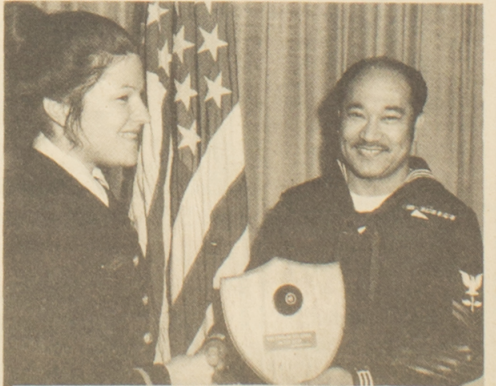
Never use flammable liquids to light or rekindle a fire.

The vapors from these potentially tragic liquids can explode upon ignition and spread throughout a room like a flash. Several years ago, a family in Hillcrest was burned out and a two year old child killed in just such an accident.

Never use coal, charcoal or styrofoam in a wood burning fireplace. These items give off deadly quantities of carbon monoxide when burned.

Always use a screen to keep sparks from flying out and landing on rugs and other combustible materials.

Never, never allow children to play in or around fires! It only takes a second for a tragedy to happen. And, most important, be sure that your fireplace fire is completely out before retiring for the night.



Behind the eight ball — literally, was ADJ2 Alfredo Mendiola who transferred to the Fleet Reserve last week at VA-128. Ens Coleen Watry, Mendiola's Division Officer, presented him with a plaque on behalf of his shipmates in the Power Plants Shop, reading "The Fastest Cue Stick in the West".

FREE BROCHURE
Call Joe Monaco, 675-1737 or stop by the Mt. Vernon office at 1910 Riverside Dr.

dujardin
CUSTOM HOMES
Mt. Vernon

Bank by Mail
or Use Our Convenient
Navy Allotment System . . .

WHIDBEY ISLAND BANK




Savings, checking, loan payment transactions can be made via the mails. Remember our night depository for after banking hours. Convenient.

Mastercharge
• Savings Accounts • Certificates •
• Christmas Clubs •

OUR SAVINGS RATE NOW 5%
(Max. legal rate allowed Commercial Banks).
CALL FOR INFORMATION 675-5968

WHIDBEY ISLAND BANK
A FULL SERVICE BANK MEMBER FDIC master charge

0900-1630 Daily 675-5968 0900-1800 Friday
1418 West Pioneer Way Oak Harbor

Swordsman boxer goes to regional

by Ron Nunn

YN3 Otis Johnson of VA-145 recently represented the 13th Naval District in the West Coast Regional Boxing Tournament.

"O.J." hails from Brooklyn Park, Maryland where he was an outstanding basketball and football player. He first took an interest in boxing while in boot camp at Great Lakes.

With very little experience in the ring, he managed to win the light heavyweight championship for Company 88. His next ring encounter took place on the USS Ranger (CVA-61) while enroute to ConUS after VA-145's 1974 deployment. Otis won the light heavyweight clash by a 2nd round knockout of the RVAH-13 entry.

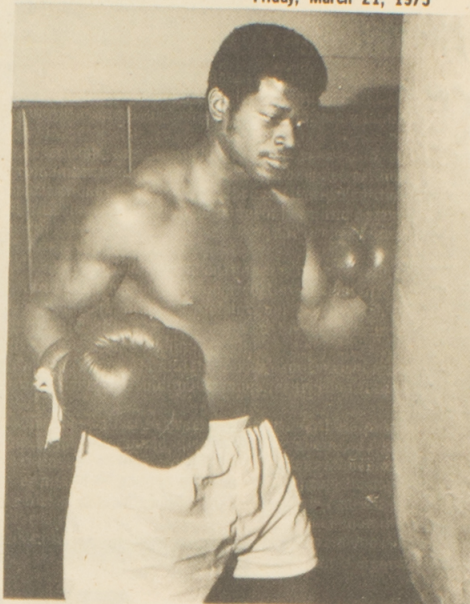
To prepare for the 13th Naval District Tournament

"O.J." spent four grueling weeks of hard training in Seattle where he received his first formal boxing instructions.

He is obviously a fast learner since he was runner-up in the tournament being decided in the championship by only one point.

This impressive performance resulted in his selection for the West Coast Regional competition. At that competition he ultimately lost to a San Diego boxer in a very close decision.

Boxing "is just a hobby", according to "O.J.", who feels his real strengths are in team sports such as football and basketball where he really gets it all together, as evidenced by participation on VA-145's basketball team whose record is 14-2.



Swordsman pugilist — YN3 Otis Johnson ("O.J." to his friends) of VA-145 is shown in training for the 13th Naval District Boxing Tournament in which he was runner-up. He then competed in the West Coast Regional tournament, being outpointed in the finals by a San Diego boxer. Johnson is also a stalwart of the VA-145 intramural basketball team.

Bosses need your number

Housewives, students, and other people who plan to get a summer job should apply now for a social security number if they don't have one, according to Ken Kinkade, social security manager in Mt. Vernon.

"You should apply for your number at least five weeks before you need it," Kinkade said. "Applications must be screened against central files in Baltimore to make sure that a second number isn't issued to that same person.

Screening generally takes at least five weeks. People applying for a number the first time must furnish evidence of age, identity, and citizenship."

"If you've lost your social security card, you can get a duplicate by contacting the Mt. Vernon social security office," Kinkade said. "We will be glad to answer any questions about social security numbers. Call us at 424-3191 or visit us at 1601 E. College Way."

Lizard reups in "Po"

by Terry Toms

Since the end of the draft, the military has been working towards a smaller but more professional force. In the Navy, this has meant increased emphasis on retaining the best personnel resulting in an increase in quality with the decrease in quantity.

Career Counselors and C.O.'s have been making an extra effort to make shipping over a memorable experience. Men have been "re-upping" in aircraft, in swimming pools and on horseback.

But recently Cdr Van Westfall made the ultimate effort; a trip into Olongapo in "whites" to reenlist a Lizard Trooper.

AME2 Michael G. Woelk decided that when it came time to sign up for six more years, the occasion should be special. The site chosen was the Tiger Lady bar, the Lizard's favorite watering hole in Olongapo (the liberty capital of WestPac).

Walking through town in a set of whites can be a harrowing experience. There

is an excellent chance of arriving minus shoulder boards and ribbons with monkey meat stains covering the uniform.

Disdaining a screen of junior officers, Green Lizard One and AME2 Woelk arrived intact. The brief reenlistment

ceremony took place under the watchful eyes of the Mama-san and numerous VA-95 buddies.

Then the San Miguel began to flow, and Woelk was back in the Navy. Another good man has been retained with a little extra effort.



Here's to six more — Cdr Van Westfall and Cdr Jerry Rogers, CO and XO of the VA-95 Green Lizards, toast AME2 Michael G. Woelk on the occasion of his formal reenlistment ceremony in Olongapo's Tiger Lady bar.

Friday, March 21, 1975

Crosswind USNAS Whidbey Island, Washington

Flying Club

by Joe Brown

Congratulations to Charlie Seablom and Scott Phillips who soloed in the club seaplane.

In our previous articles, we have discussed privileges of and requirements for Private Pilot and Instrument Certificates. In this article, we introduce the Commercial Rating.

The advantage of having one lies in being certified to act as pilot in command of an aircraft carrying passengers for compensation or hire or to act as pilot in command of an aircraft for compensation or hire.

The applicant for a commercial rating must hold a Private Pilot Certificate or meet the flight experience requirements and pass the applicable written and practical requirements for private pilot.

In addition, the applicant must have an instrument

rating or the commercial pilot certificate that is issued is endorsed with a limitation prohibiting the carrying of passengers for hire on cross-country flights of more than 50 miles, or at night.

The applicant for Commercial Rating must have passed the applicable written exam and have a total of 250 hours of flight time as pilot (50 hours may be instruction in a ground trainer) broken down as follows: 100 hours in powered aircraft including at least 50 hours in airplanes, 10 hours of flight instruction and practice given by an authorized flight instructor in an airplane with retractable landing gear, flaps and controllable pitch propeller.

Fifty hours of flight instruction that includes 10 hours of instrument instruction (with no more than 5 of those hours in simulated flight), and 10 hours of instruction in preparation for the commercial pilot flight test.

One-hundred hours as pilot in command that includes 50 hours in airplanes, 50 hours of cross country flights, each flight with a landing at a point more than 50 nautical miles from the point of departure, including a flight with landings at three points each of which is more than 200 nautical miles from the other two points, and 5 hours of night flying including at least 10 takeoffs and landings as sole manipulator of the controls.

An important note concerning the commercial practical exam; the actual flight test must be taken in a complex aircraft; one that has retractable landing gear, flaps and a controllable pitch propeller.

Women's softball

Women who are looking for something new to do this summer will be pleased to hear of the upcoming organization of women's softball teams.

Those women who are interested in playing softball should try to attend the meeting which will be held Monday, April 7, 7:30 p.m., at the Crescent Harbor Elementary School.

If you cannot make it to the meeting and would still like to participate, please call one of the following people: Patti Wallace — 675-4880; Jimmie Dittmeyer — 675-1361; Shirla Kuhl — 675-6802.

Over the net

VP-69 continues to dominate the intramural volleyball program. With their victory over previously unbeaten NAS, the VP-69 unit has made a giant step towards winning the Cap-

tain's Cup in volleyball. Winner of the Cup also wins a trip to the 13th Naval District tournament, along with the Whidbey Jets volleyball team.

In other action last week, VAQ-135 beat MVW 15-7 and 15-13; and VAQ-135 upset VAQ-129 15-4, 1-15 and 15-13.

Gallery

Sign up now for the following events coming to Gallery Golf Course — the Gallery vs Useless Bay team match March 28 at Useless Bay and the Opening Day Shotgun tournament here April 12.

Call the Gallery proshop, ext. 2178, for information on these two spring things.

The April 12 tournament will feature a Calloway Division for unhandicapped, as well as handicap divisions. Other special prizes will be given for closest to the pin on numbers six and ten, and longest drives on nine and twelve.

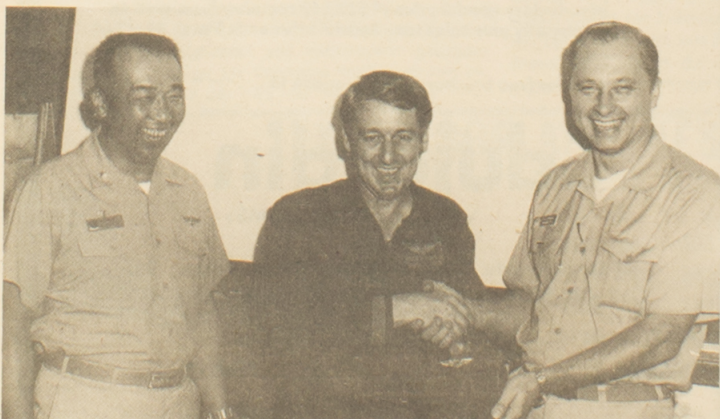
SPRING! It's a new beginning
CALL 675-3744 FOR AN APPOINTMENT
 REDKEN & Holiday Magic Products
 OPEN 9-6 Tues.-Fri.; 9-4 Sat.
 Evenings by Appointment
 the **BEAUTY NOOK** 2202 200 SW. Downtown Oak Harbor

Going Out of Business Sale

A. BOWERS
88¢ CENTER
ANACORTES
 5th and COMMERCIAL

STORE-WIDE
Clearance →
 BARGAINS EVERYWHERE YOU LOOK

OPEN:
 Mon.-Thurs. 9 a.m.-5:30 p.m.
 Fri. 9 a.m.-8:30 p.m.



LCdr "Roger of The Sky" Harrel is shown receiving a plaque from Grumman Aerospace Rep. Ed Stepnoski (right) in recognition of 1000 hours of flight time in the A-6 Intruder. The Skipper of VA-196, Cdr Nakagawa (left) smiles his approval.

Viking Chief expert volleyball player

by Linda Hartz

AZC J. T. (Jess) Cruz of VAQ-129's maintenance department is the player-coach of the Jets, NAS Whidbey varsity volleyball team.

Chief Cruz says, "Breaking into power volleyball is not an easy task, especially if you are five feet six and a half."

However, Chief Cruz has performed quite well despite his short stature. Since October 1962, Jess Cruz has competed in two All-Navy (1963 and 1965), four regional and 10 District volleyball championship tournaments.

In 1974 he coached the Whidbey Jets to win the 13th Naval District championship and to third place in the regionals at San Diego.

It all began in November 1960 when Jess was attending

"A" school in Memphis. At the gym there, the NAS Memphis team was working out and they needed players for scrimmage. Jess was pressed into action.

Immediately he dug a hard driven spike and play was stopped. The Memphis coach asked Cruz where he had learned to play like that. Chief Cruz told him he was from Guam where volleyball is a very popular sport.

Cruz had to regretfully turn down the chance to join the team as he was due for orders and the Memphis coach couldn't get them changed.

It was two years later at NAS Miramar that he started playing on a Navy team. His team went to NAS Point Mugu for the 11th Naval District playoffs but lost to NAS North

Island. Even so, Chief Cruz was drafted by the winning team to accompany them to NAS Alameda for the regional tournament. Because of his excellent play, he was chosen to participate in the All-Navy championships at Memphis where they were narrowly defeated by SoLant.

Although he has never won an All-Navy championship, Jess Cruz is hopeful that this year it may be possible. The NAS Whidbey team will travel to Seattle March 27-29 for the 13th Naval District tournament. The winning team there will go to Mare Island for the West-Coast championships.

If the team has the drive and ability of its coach then the combination will definitely be winning.

NARU hoop champs

NARU won the 1974-75 Intramural Basketball Championship with an almost perfect record of 12 wins and 1 loss.

VAQ-133 finished in the runner-up spot with an 11-2

... for better, or verse

This week's poetry corner opus comes to us from a seemingly unpoetic source — the NAS Fire Department. Entitled "A Fireman's Prayer", the poem emphasizes the Fire Protection Division motto: "That others might live."

When I am called to duty,
God,
Whenever flames may
rage,
Give me strength to save
some life,
Whatever-be its age.

Help me embrace a little
child,
Before it is too late,
Or save an elder person from,
The horror of that fate.

Enable me to be alert,
To hear the weakest shout,
And quickly and efficiently
To put the fire out.

I want to fill my calling,
And give the best in me,
To guard my every neighbor,
And protect his property.

And if according to thy will,
I have to lose my life,
Please bless, with thy
protecting hand,
My children and my wife.
... Author unknown

Seattle 'Y' activities

If you are planning a weekend journey into Seattle, there is a place to go to rock and roll. It is the Armed Services YMCA, and it offers good music Friday and Sunday nights. Seattle's best known entertainers perform contemporary music, and at a low price.

There are also old time movies shown Mondays for no charge, and Tuesdays and Thursdays offer folk music and a jam session for all of those with musical inclinations.

Bus service is provided for weekend trips with the bus leaving Building 117 on Friday at 5:30 p.m. and returning Sunday night at 10 p.m.

record. NARU combined an experienced team with a better than average shooting unit. Ron Peterson was the big rebounder and high point scorer, but although Peterson was the key to the offensive unit, he was only a part of the overall success of the winners.

McElroy's fine clutch shooting and rebounding was indispensable; Whitfield's talent for defensive play and his ability to shoot the long outside shot; Benefield was a very gifted guard; and Williams could play any spot and do an excellent job.

The bench of Coach John Graham was strong; Browning, Hitt, Schroeder, Cervantis, Menard, Leimer and Donaldson. It was a team effort played and won by the team.

The intramural league was one of the best balanced basketball programs in recent years. Other teams to finish were VA-145 with a 10-3 record; NAS I and BCT with 9-4; VA-165, VA-52, VA-128, VAQ-129, NAS II, VAQ-135, Hospital, CBU-417 and MVW finished in that order.

In the final week of play, VA-128 won over MVW in a tightly played ball game 68-61. B. Doty was high for the winners with 19 points; and M. Higgins with 16. For MVW it was Ratachek 20 points, and Fortino hitting 13.

NAS II finished the season with an easy victory over Hospital 87-23. For the medics

it was a team loss — Williams scored 7 points, Liedtke 6. For the winners Hollis hit for 28, Jenkins 23 and little S. Hunt scored a big 20.

NARU, the champions, had a tough game against NAS I squeaking by 66-63. Bob Hays scored 22 and Vanni 13 for NAS. For the Reserves it was McElroy with 17 and Peterson with 16.

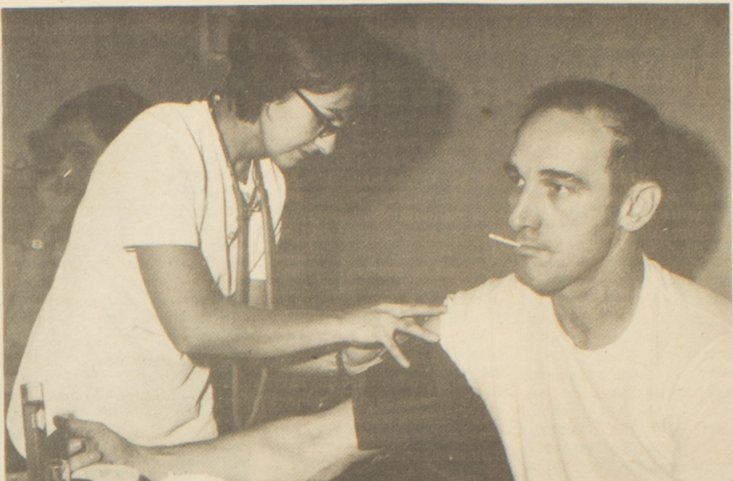
VA-165 over VAQ-135, 83-44. McElroy scored 18 points for the losers while hitting for the winners was Jacox 16, Hunter 16, Endejan 15, Humphrey 14 and Williams with 12.

VA-128 beat off a last minute rally by VAQ-135 to win 57-53. McElroy scored 16 points for the Ravens while his teammate Stevenson scored 14 points. B. Doty was the big man for the Intruders with 30 points.

NAS I beat VA-165 101-88 in their game. L. Kinch scored his season high to lead the victory with 28 points. B. Hays hit 26 and J. Salas got 21 points. Humphrey led the Boomers with 24 points and Hunter had 16.

VA-165 won the last game of their regular season by beating BCT 98-86. Humphrey led the winners with a season high of 43 points. Steve Davis for BCT got his season high of 43 points.

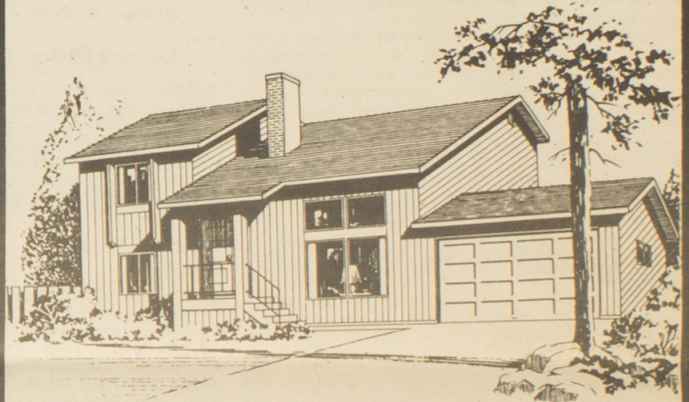
BCT then closed out the season with the only double header by winning over VAQ-135 65-36. S. Szydel got 24 and S. Davis 20 for the victors. J. Stevenson scored 22 points for the Ravens.



He gives a dram! — Volunteer worker, RN Ginny Westoff, checks a prospective donor's vital signs before accepting his life-giving blood for the King County Blood Bank blood drive to be held at the Chapel Annex Monday, March 31. All blood used by the Naval Hospital here must be replaced by local donors. Call ext. 2085 for an appointment by March 21 if possible.

THE HOUSE THAT HAS EVERYTHING

(AT LEAST A LOT OF LITTLE THINGS THAT MAKE A BIG DIFFERENCE)



- 1608 finished square feet
- 10 year buyer protection plan
- Insulated glass throughout for lower heating bills and energy conservation
- Brown enamel aluminum windows
- 22.5 KW electric forced air furnace for comfortable efficient heat
- Armstrong Solarian in the kitchen and baths puts an end to your waxing woes
- Huge master bedroom with a walk in closet
- Whirlpool range hood and continuous clean says goodbye to the problems of grease and grime
- Two full bathrooms with colored fixtures eliminate rush hour traffic jams
- Stainless steel kitchen sink for easy upkeep
- A generous dozing, septic tank and light fixture allowance included
- Double floor throughout for strength and warmth
- A wide selection of Burlington House carpet assures you of a beautiful, long lasting carpet
- Beautiful satin finished custom built walnut stained birch cabinets
- A balcony loft overlooking the living room can be used for anything your imagination allows: playroom, rec or family room, 4th bedroom, artist studio or whatever
- Choice of exterior sidings completely painted or stained
- Brick faced fireplace
- Medium weight cedar shake roof

Introductory special price of \$28,950 completely painted on your property plus sales tax. Special offer ends March 30, 1975.

For free brochures, mail coupon to . . .

dujardin

CUSTOM HOMES

1910 Riverside Drive in North Mount Vernon 98273
Call 424-6107 Evenings Call Joe Monaco 675-1737

NAME _____

ADDRESS _____

PHONE _____

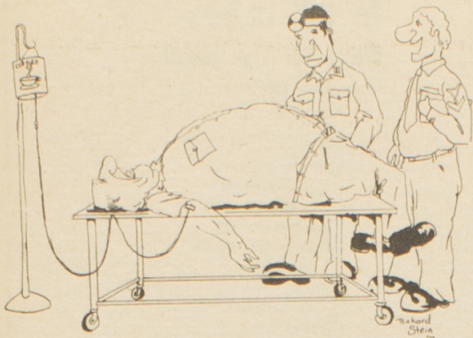
We own property Are buying property now We need property

RYGMUR 1200 W. Division
MOUNT VERNON
424-4271

LINCOLN-MERCURY-JEEP, INC.

1975 RENEGRAD—304 V-8, power steering,
"Levi" seats, roller bar, heavy duty equip,
6 to choose from.

READY FOR THE ROAD OR HILLS
 Jeep wrote the book on
4-wheel drive.



"The Chief is suffering from Caffeine withdrawal, since the coffee mess burned down."

THE DRINKERS . . .

WHO ARE THEY?



Alcoholism, a serious health problem, is a condition characterized by unpredictable or compulsive drinking. Until recently, it was common to think of alcoholics as people to be shunned, reproached or ridiculed. They were considered by many to be immoral, weak-willed or obstinate.

Now, however, physicians and others who have made a study of alcoholism approach the problem differently. They realize there is no point in scolding, shaming or urging the use of will power alone because they know that once an alcoholic has taken a drink, he is never sure where his drinking will end.

He drinks because he feels compelled to. He keeps on drinking even though he may realize he is harming his health, endangering his job and hurting the people closest to him, his family and friends.

The National Council on Alcoholism estimates that there are about 80,000,000 people in the United States who drink alcoholic beverages at least occasionally. Most drink socially with no grave ill effects. But for about 6,500,000 of these people, the use of alcohol has created very serious problems.

Alcoholics do not represent any single group in our population; the majority are definitely not "skid row" types. Alcoholism afflicts both men and women of all ages and from all walks of life.

Since alcoholism affects so many people, it is a health problem which deserves the intelligent attention of us all. In addition to the human waste and misery, the breakup of homes and families, none of which can be measured in dollars and cents, it has been estimated that the annual economic loss due to alcoholism runs to almost a billion dollars:

In addition to studying the causes of alcoholism, the Navy has instituted several programs to help Navy men who want to conquer this problem. Among these problems are: numerous rehabilitation centers, the study of alcoholism in every Navy training curriculum from recruit training on, and an attempt to get recovered alcoholics to serve as liaison for Navy commands.

Today, the nature and problems of alcoholism are better understood than ever before and more is being learned constantly. With increased understanding and united community effort, it will be possible to teach people more of the facts about alcoholism.

All of us can help overcome many of the superstitions and prejudices that have been linked with alcoholism by helping to develop intelligent and constructive attitudes about it, and by working for improved treatment and rehabilitation facilities in our own communities.

NAESU to sponsor Seattle unit

Representatives from the Naval Aviation Engineering Service Unit (NAESU), headquartered at Philadelphia, recently visited Seattle Naval Engineering Representative 222 (Nav EngRep 222), formerly Naval Air Systems Reserve Unit T1, located at Naval Support Activity, Sandpoint.

During their brief stay, NAESU mission and technical tasks were presented for the purpose of introducing their sponsorship of NavEngRep 222.

Cdr Bob Wagner, 222's CO, submitted a proposal to NAESU outlining technical areas the unit can provide to support the new sponsor, and still maintain support to special project 108 for ComMatVAQWing Pac at Whidbey.

Cdr Wagner's unit is composed of highly technical officers with broad engineering experiences. The group in Seattle furnished engineering services to ComMatVAQWingPac, DoD's Product Engineering Support Organization, Naval Air Systems Command, Naval Ship Research and Development Command, Naval Air Rework Facility Systems and other naval installations has resulted in appreciable cost savings and improved aircraft maintenance for the Navy.

With the addition of NAESU as a sponsor, the engineering unit in Seattle will be extending its services to include technical support for all types of naval aviation systems and equipment.

Medal of Honor memorial grove

Congressional Medal of Honor winners from the State of Washington are to be memorialized with an obelisk to be erected in a special grove of trees at Valley Forge, Pennsylvania.

The effort has been endorsed by the association of Washington Business, according to Frank Brooks, AWB Board Chairman. The special fund-raising project is being conducted by a special committee headed by Lt. Governor John Cherberg, Honorary Chairman.

Cherberg has appointed retired Army Colonel Bill Savage of Seattle, and Administrative Assistant to the State Treasurer and Director of the Vietnam Veterans' Bonus Division, William H. Weaver, to chair the committee which is charged with

raising \$10,000 for the small monument and an acre of the Freedoms Foundation's 52 acre Medal of Honor Grove.

Freedoms Foundation has set aside an acre of the grove for each of the 50 states, the District of Columbia and Puerto Rico. Twenty states have already collected and paid their share.

The committee is trying to get many small contributions rather than just a few large ones, so that the monument will really be from the people of Washington State, Weaver said.

Donations may be sent to the Medal of Honor Grove Fund, c-o Seattle-First National Bank, P.O. Box 3586, Seattle 98124. Checks should be made payable to: Medal of Honor Grove Fund.



1,000 hour milestones - Lt's Gene Hall (center) and Bill Joransen (r) of VA-52 have received their A-6 1,000 hour plaques from Grumman Aerospace Corp. Dick Sommers, Grumman Tech. Rep. with the Knightriders, made the presentation.

BERG FORD SALES INC.

WANTS YOUR CAR

WE WILL GIVE THE HIGHEST TRADE-IN VALUE TO YOU ON ALL NEW CARS & TRUCKS IN STOCK

WE PAY CASH FOR CLEAN CARS

\$150⁰⁰ REBATE

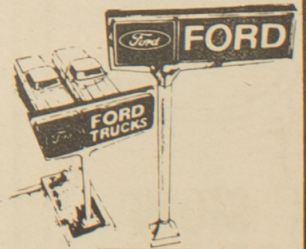


Just pick the Courier you want to buy or lease from BERG FORD SALES, INC. Get our best deal. Then get a cash rebate directly from Ford Motor Company. This rebate covers new Couriers sold and delivered or ordered* between now and March 31. So don't wait.

HURRY! ONLY A FEW DAYS LEFT TO ORDER!

*Delivery must be made within five days after receipt of unit.

BERG FORD SALES, INC.



SERVICE RENT-A-CAR

BY THE DAY, WEEK, OR FOREVER

Call

WE FIX ALL MAKES,

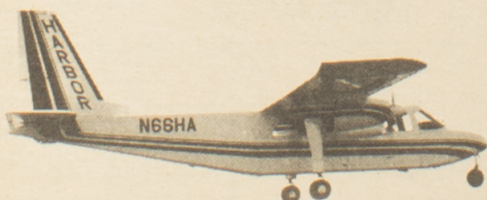
675-5933

CALL: BERG BILL BLACK FORD

675-5933 SALES, INC.

FLY HARBOR AIRLINES

5 ROUND TRIP FLIGHTS PER DAY



Lv. OH	Fit. No.	Lv. SEA	Fit. No.
6:30 a.m.	301	7:45 a.m.	302
9:30 a.m.	303	11:45 a.m.	304
1:30 p.m.	305	2:45 p.m.	306
4:30 p.m.	307	6:00 p.m.	308
8:15 p.m.	309	9:30 p.m.	310

ONLY \$18.00 ONE WAY (INCLUDES TAX)
ROUND TRIP — \$33.00

For Reservations
675-6666

Want Ads

For the Whidbey Crosswind classifieds call 675-6611. Rates: 20 words or less: \$1.50 paid in advance, \$2.50 if billed. \$1.50 if run in combination with News-Times. Specially handled ads require commercial rates of \$2.50 the first week, \$2.30 a week thereafter.

F- INSTRUCTIONS

ACCOUNTING — Do you know where you stand financially? Interested in a challenging, rewarding career? Sign up now — SVC, Oak Harbor, Spring Quarter, Principles of Accounting I. Instructor: Nick Carter. For info., 675-5046. — 10 3c-f

PERSONAL FINANCE & Investments — Increase your knowledge of this vital subject. Enroll now in the spring quarter class at Skagit Valley College in Oak Harbor. Instructor: Nick Carter. For info., 678-4555. — 10 3c-f

G- RENTAL

2 BDRM. partly furn. duplex apts., \$110. Child welcome. 678-5492 after 5 p.m. — 51 tfc-g

FURNISHED clean mobile homes and houses. Near Ault Field. \$60 up including electricity and water. No pets. 675-5431 or 675-1551.

H- HELP WANTED

AMBITIOUS couple to manage 64 unit apt. complex. For information call 675-9674 or 675-1735. — 12 1c-h

BABYSITTER wanted 7 a.m. to 5 p.m. in my home, 2 days a week. Must have own transportation. 675-6546. 28 1p-h 12 1p-h

WANTED: Operator. Dan's Coiffures, 1254 W. Pioneer. 675-4804. — 11 2c-h

M- PETS AND SUPPLIES

BEAUTIFUL AKC Reg. male German Short Hair pup, 12 weeks, wormed & all shots, \$65. Be ready to hunt this fall. 675-9732. 28 1p-m 12 1p-m

POODLE CLIPPING All breed grooming & baths Raintree Boarding Kennel The place where your pet receives tender loving care. 678-6128 38 tfc-m

N- LIVESTOCK-PRODUCE

WHITE FACE cow & calf, pair, \$240. Quarterhorse filly, \$150. Quarterhorse mare to foal in June, \$350. 675-4454 after 5:00. — 11 3p-n

R- SERVICES

Small dozer Light work Easy on pocket After 4 p.m. 675-4271 25 tfc-r

Ron Bertsch Construction. New construction, Remodeling, Interior decorating — Rustic or Conventional — Roofing, Concrete Work. Professional work at Non-union rates. 678-5886 28 tfc-r 12 tfc-r

R- SERVICES

ALPINE OR JAPANESE GARDENS, landscape construction and materials. Landscape rock, fireplace stone design for low maintenance. Call after 6 p.m. — Bruce Brown 675-6279 or Dave at Rock Quarry, Anacortes 293-6413. FREE ESTIMATES. — 9 17p-r

STEVE'S SEWING MACHINE REPAIR Factory trained — All makes — All work guaranteed — 24 hr. service — 675-2707. 27 3c-r 11 3c-r

S- MOBILE HOMES

FURN. 2 bdrm. mobile home for sale, \$1,000 and assume loan. Days 675-4149, nights 257-2140. — 12 2p-s

1969 HERRLI, 12x60. Two spacious bdrms., range, refrig., 3 axles, well built for comfort. Excell. cond. \$6250. 675-4921. — 10 3p-s

T- BOATS AND MOTORS

28' GILLNETTER fishing boat, license, 2 radios, Alaskan stove. Depth finder, 2 nets and many extras. Call after 6, 675-2814. — 12 3c-t

1973 24' REINELL Cabin Cruiser 318 Chrysler engine 150 hours on motor. Trim tabs, depth finder, radio, trailer with electric winch. \$8250. 257-2606 Chief Schiel, 675-9380. — 11 3c-t

Mike's Sport Shop 9025 900 AVE. WEST OAK HARBOR WASH.
Fiberform Boats
Glassply Boats
Calkins Trailers
Evinrude Motors
COMPLETE LINE OF MARINE EQUIPMENT 14 tfc-t

U- AUTOMOTIVE-CYCLE

DEPENDABLE Service and Repairs All makes of cars **OAK HARBOR DODGE GARAGE** 675-5901

YOU'LL LOVE THE. Cas Edwards Tommy "J"

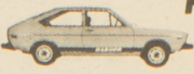
Clean, Hand Selected Deals on Quality Cars & Trucks

AULT FIELD AUTO SALES 675-0355

Loc. Marketown N.A.S. Main Gate 979 W. Ault Field Road, Oak Harbor 28 4c-u

Friday, March 21, 1975
U - AUTOMOTIVE-CYCLE U - AUTOMOTIVE-CYCLE

Economy Car Headquarters at **Island Volkswagen INC.** 675-2218 Oak Harbor 19-tfc-u 3-tfc-u



1973 FORD LTD Country Squire 9 passenger wagon. PS, PB, AC, T.T. package, new tires, many extras. \$3,800. 675-4413. — 11 3c-u

1954 WILLYS, 283 V-8, 3 speed, worn overdrive, worn hubs, new top, carpeting, huge El Dorado tires, roll bar, winch, trailer hitch. \$2,300 or best offer. Top cond. 293-2774. — 22 2p-u

1972 CHEV. PICK-UP, 350 V-8, PS, PB, heavy duty, low mileage. 1972 8' Security pickup camper. 675-9555 after 6 p.m. — 11 2c-u

1967 MUSTANG Hardtop, 390 motor, \$695 cash. 675-9650. — 11 2c-u

FOR CAR INSURANCE see Richardson Agency, 1339 West Pioneer Way. 675-5949. — 40 tfc-u

1973 350 KAWASAKI race-dirt bike, \$550 or offer. 1969 Dodge Dart 340, new tires \$995, many extras, 675-9195 evenings. — 9 3c-u

CHEVROLET GM LEASING Dean Chevrolet, Inc. Coupeville, Wash. 678-4818 24 tfc-u

AUTOMATIC TRANSMISSION SERVICE •OVERHAUL AND EXCHANGE •GM TRAINED

CHEVROLET PONTIAC DON BOYER GM THE VERY BEST COSTS NO MORE Phone 675-6604 1281 W. Pioneer Oak Harbor 29-tfc-u

STRETCH YOUR DOLLARS with Norm Morton Res. Ph. 675-3179 **New & Used Vehicles DEAN** Coupeville 678-4818 19-tfc-u



WE PAY CASH FOR CLEAN USED CARS FREE APPRAISALS **CHEVROLET PONTIAC DON BOYER GM** LET US SEE YOUR CAR BEFORE YOU BUY OR SELL! Phone 675-6604 1281 W. Pioneer Oak Harbor 29-tfc-u

KOETJE AGENCY REALTORS 675-5915 1547 Midway Blvd.

3 year old home with 4 bedrooms and 1 1/2 baths on 5 wooded acres. Ideal for bike trails, bridle paths or gardening. Special features include: spacious combination living/dining room with Ben Franklin fireplace; large kitchen with extra cabinets and breakfast bar; utility room with deep sink; and walk in closet, 3/4 bath and large deck off an immense master bedroom. Price reduced from \$38,000 to \$35,000 for quick sale.




Crosswind USNAS Whidbey Island, Washington 11
U - AUTOMOTIVE-CYCLE V - REC. VEHICLE

67 CORVETTE 427, 4 speed, 2 tops, chrome side exhaust, power windows, AM-FM. \$2,850 or offer. 336-5145. — 12 1c-u

CLEAN '59 Cad. 4 dr. sedan for sale. Call after 6:00 p.m. 28 3nc-u 12 3nc-u

1971 VEGA AUTO., new engine, good cond. inside & out, radio & heater. \$1295. 293-3620. 28 1c-u 12 1c-u

INSIST ON ECON-O-LIFE MUFFLERS! COMPLETE AUTO-EXHAUST SYSTEMS **GUARANTEED FOR AS LONG AS YOU OWN YOUR CAR** 29-tfc-u

1972 CHEVROLET Mini Motor Home fully self contained, 17,000 miles. \$6,000 firm. Can see at NAS Credit Union. 675-5505. — 12 1c-v


X- REAL ESTATE 3 BDRM. rambler, w-w carpeting, lg. deck, sunken living room, view, built-in range. By owner. 675-3627. — 11 2c-x

5 ACRES with view, private lake access and good gravel. \$8200. Terms at 8 per cent. Owner. 675-1005, 1-232-9076. — 11 2c-x

BEAUTIFUL contemporary northwest architecture. Woodsy setting with water view at Long Point Manor. 3 bdrms., large deck, garage and/or family room. \$39,500. Call 678-5036 or 678-4558. — 11 3c-x

5 ACRES with 140' frontage on Silver Lake plus Skagit Bay and mountain view \$11,800. Terms at 8 per cent. Owner. 675-1005, 1-232-9076. — 11 2c-x

OPEN HOUSE! **SUNDAY, MARCH 23, 1 to 5 P.M.** COME AND SEE THIS BEAUTIFUL HOME IN DUGUALLA BAY HEIGHTS.



A SUPERLATIVE VIEW and over 1800 square feet of living space. There are 3 bdrms., 2 1/2 baths, 2 fireplaces, a huge family room, built-in range and DW, wall-to-wall carpeting throughout. Priced at just \$42,500.

Drive 3 1/2 miles North of Oak Harbor on Highway 20, turn right onto Frostad Road, and follow our signs.

PAT SULLIVAN REALTY 3020 30 N.W. Oak Harbor, Wn. 675-2215 28 1c-x

S-3A Viking hits the fleet

One of the Navy's newest aircraft, the S-3A Viking, has joined Carrier Air Wing One for its first operational period aboard an aircraft carrier, the USS John F. Kennedy.

Ten of the jet anti-submarine aircraft, comprising Air Anti-Submarine Squadron 21, joined the ship in mid-February to replace the propeller-driven Grumman S-2 Trackers.

The Viking carries homing torpedoes, mines, depth charges, rockets and missiles, and twice the sonobuoy capability of the S-2. It is outfitted with a general purpose digital computer capable of analyzing and displaying underwater sound and other data on a video system similar to television.

The Viking is capable of flying at over 400 knots with a maximum ceiling of 40,000 feet. The aircraft carries a crew of four.

Studded tires illegal after April 1

Motorists are reminded that the use of studded tires on highways within the state of Washington is forbidden by state law after April 1.

Motorists are asked to remove their studded tires as soon as possible (if not in advance of the deadline) in order to avoid damage to the highway system.

Motorists are advised to carry chains at all times and to be alert for immediate changes in the mountain pass areas.

Mountain pass road conditions will be available to all motorists by tuning to the radio station closest to them as they travel throughout the state.



YN3 Charles E. Cooley of VA-145's Administration Office was recently presented a letter of commendation for "Swordsmen of the Month" by Cdr R. W. McFerren, VA-145 CO.



Golden Intruder of the Month - AME3 Robert Perry was named Sailor of the Month at VA-128 recently. Perry works in VA-128's AME Shop.

NORTHEAST

Carpet & Linoleum

9032 90th N.W.—Oak Harbor—Across from Whidbey Island Bank & First Federal Savings & Loan—Phone 675-0850

SALE CONTINUES

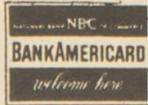
THRU WED., MARCH 26th

Huge Inventory Selection of over 200 Rolls Available from our Seattle Warehouse too!

**Fantastic Values!
Budget Stretching
Savings on
superb carpets...
Quality you can trust!**

famous

**Evans-Black
Carpets**
by Armstrong



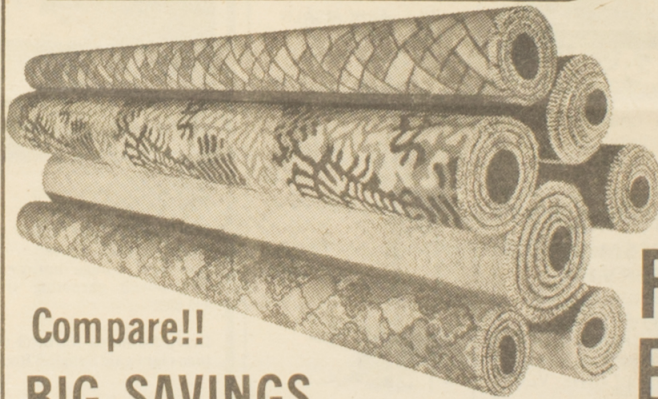
Come in and see for yourself...
come in and save... save... save!



NO. 9053 AMAZON

• Thick, dense 50 oz. cut pile plush. Texture is luxuriously comfortable underfoot.

SQ. YD. **\$10⁵⁰**
PRICE



Compare!!
BIG SAVINGS

Roll
Ends

SALE

	COLOR	SIZE	REG.	SALE
BEL CANTO	Red	12x9 ³	\$94.50	\$57.95
BELLA VISTA	Crystal Gold	12x12 ⁶	\$154.19	\$94.50
BELLA VISTA	Midnite Blue	12x14 ³	\$186.86	\$111.00
WOODHAVEN	Coffee Tree	12x15 ⁸	\$165.00	\$87.00
CARACUS	Palm Leaf	12x13 ⁹	\$176.75	\$105.00
MOUNTAIN FLOWERS	Dried Heather	12x10 ⁰	\$117.30	\$69.95
BOLD JOURNEY	Copper Tree	12x11 ⁶	\$184.11	\$103.00
BOLD JOURNEY	Peacock	12x12 ⁸	\$202.68	\$112.00
CAFE ROYAL	Harvest Olive	12x12 ⁶	\$182.86	\$112.00
COUNTRY TOUCH	Blueberry Blue	12x10 ⁰	\$105.17	\$66.65
WOODHAVEN	Wild Cinnamon	12x19 ⁷	\$206.00	\$109.00
CARACUS	Topaz Gold	12x7 ⁶	\$109.50	\$61.00
MOUNTAIN FLOWERS	Spring Laurel	12x10 ⁰	\$120.87	\$66.00
BELLA VISTA	Green Olive	12x9 ⁶	\$116.18	\$71.00
JAKARTA	Waterfern	12x13 ²	\$254.65	\$158.00
JAKARTA	Waterfern	12x12 ³	\$237.76	\$146.00
JAKARTA	Spicewood Red	12x12 ⁴	\$238.00	\$147.00
JAKARTA	Spicewood Red	12x16 ⁶	\$318.95	\$198.00
JAKARTA	Coral Chips	12x9 ⁹	\$174.00	\$108.00
JAKARTA	Gold Treasure	12x11 ⁹	\$212.00	\$132.00

S A V E

S A V E