



WHIDBEY TODAY

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Food a good winter pastime

Snow, snow, go away,
Come again some other day.

If only. But what is winter without a touch of snow? Dullsville, that's what.

Snow is the signal for the plants and buds and early flowers to make their debut. As soon as the snow melts, the last snowman sinks into oblivion and the dents are fixed on the car, spring emerges. The curtain has dropped on Old Man Winter, and not a moment too soon.

Our California-bred granddaughter and her husband and 8-year-old Michael have had them a heyday in the snow. It wasn't cold, miserable, slippery or bleak. It was beautiful, a fairy-land creation, fun and exciting. Maybe that goes with being of that generation, but we have to agree that it was beautiful. Every twig of the row of lilacs at our house was outlined in two inches of white; the firs hung heavy with snow, and all the earth slept under a blanket of white.

To get back to the mundane business of eating, which a snowy season always encourages, we give you a quick-fix meal that is delicious, a Pepper Beef Stir Fry that served on rice is a healthful, delicious meal.

PEPPER BEEF STIR FRY

1 lb. boneless beef top round steak
4 Tbs. soy sauce
3 small cloves of garlic, minced
4 tsp. cornstarch
nonstick spray coating
1 green pepper cut into 3/4-inch pieces
8 green onions cut into 1-inch pieces
12 fresh mushrooms, sliced
4 tsp. cooking oil
12 cherry tomatoes, halved

Partially freeze the steak to make it easier to cut into thin slices. For marinade, stir together soy sauce, garlic, 4 Tbs. water and dash of pepper. Add beef, stirring to coat well. Cover and marinate at room temperature for 30 minutes or in the refrigerator for two hours, stirring occasionally.

Drain beef, reserving marinade. Add water to marinade to equal 1 cup, stir in cornstarch, set aside.

Spray a medium skillet with nonstick coating and heat over high heat. Add pepper pieces, onion and mushrooms; stir fry about two minutes or until vegetables are crisp-tender. Remove vegetables from skillet and oil to skillet, add beef and stir fry 2-3 minutes or until done. Push beef from center of pan.

Stir cornstarch mixture; add to center of skillet and cook and stir until bubbly. Cook and stir 30 seconds more. Return vegetables to the pan. Add tomatoes, cook and stir 1 minute more. Makes 4 servings. Serve over rice.

BEEF STROGANOV

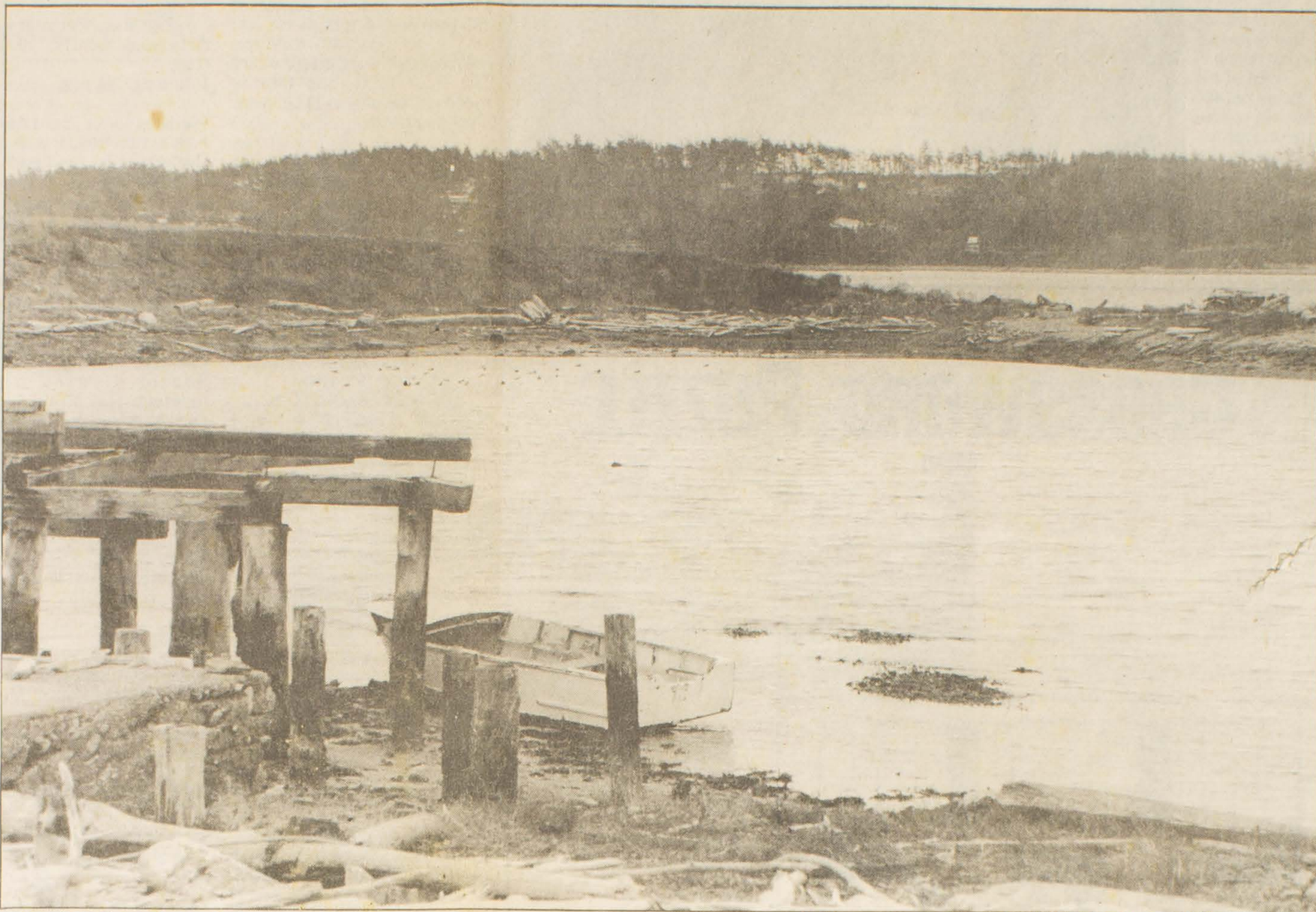
1-1/2 to 2 pounds filet beef or top sirloin steak
1 large onion, sliced in thin half-circles
1/2 pound mushrooms, sliced
butter and oil as needed
1 tsp. salt
1 tsp. fresh ground pepper
1 Tbs. flour
1-1/4 cups beef broth
1 tsp. dry mustard made into paste with hot water
4-6 Tbs. sour cream

Continued to Page 4

OVER THE BACK FENCE



By Dorothy Nell



Seen here from Grasser's Lagoon at its west end, Penn Cove would have extra protection for its wildlife and archeological sites if the cove is ultimately

included in a wildlife sanctuary being studied by the National Oceanic and Atmospheric Administration.

A sanctuary of marine life

Penn Cove may be in boundaries of new sanctuary

Penn Cove, the Strait of Juan de Fuca and more of Admiralty Inlet and Saratoga Passage may be included in the proposed Northern Puget Sound Marine Sanctuary area being studied by the National Oceanic and Atmospheric Administration.

"Due to citizen support," the state Department of Ecology is formally recommending that NOAA extend the sanctuary study boundaries to include those waters, said ecology department spokesman Mike McCormick.

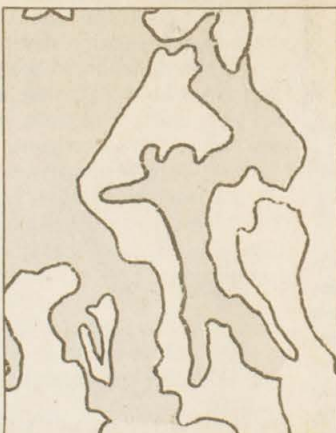
He was referring to testimony from citizens at public hearings in the northern Puget Sound area last November, one of which was in Coupeville.

National marine sanctuary designation would mean more protection of the local marine environment through federal regulation but what exactly would be regulated has yet to be worked out. Proposed regulations will be drafted this year by NOAA with the help of a local sanctuary committee, said Frank Christliff, Pacific regional manager of NOAA's Marine and Estuarine Management Division.

Marine sanctuary status would also make the area eligible for federal funds for educational materials and interpretive facilities, he said.

The Nov. 15, 1989 hearing in Coupeville drew an overflow crowd of islanders to the courthouse annex hearing room that night.

Though Island County Commissioner Dick Caldwell was first to the microphone to denounce the sanctuary plan, saying NOAA and the ecology department offered nothing but another layer of bureaucracy, most speakers who followed welcomed NOAA's involvement. Many said the change was especially attractive if the



The new proposed boundaries of the Northern Puget Sound Sanctuary study, in gray, include Penn Cove.

'The road to sanctuary designation has many opportunities for public input, and Washington citizens are taking advantage of them.'

Barry Wenger

federal agency could be more effective than the Coast Guard has been in regulation of oil tankers and barges.

Bob Lappin of Coupeville said

he's glad the federal and state officials paid more attention to the majority of speakers who followed Caldwell, than to the chairman of the county commissioners.

"It is quite reassuring to find that state and federal officials will listen to the voices of environmentally-concerned Whidbey Island residents, notwithstanding the not-so-concerned opposition of two of our elected commissioners," Lappin said Feb. 5.

Lappin, who serves on the Coupeville Planning Commission, acted as Mayor Bette Coyne's spokesman at the NOAA hearing. He told NOAA and state ecology officials of the mayor's "personal disappointment that the Penn Cove area was not included" despite its historic, wildlife and other values.

More than 1,000 citizens attended eight public hearings in the northern Puget Sound area to consider how extensive the scope of a NOAA environmental impact statement should be, according to state and federal officials. The environmental study is required by Congress.

Citizens who have not yet commented on the proposed marine sanctuary will have several other chances to do so.

"The road to sanctuary designation has many opportunities for public input, and Washington citizens are taking advantage of them," said Barry Wenger, the ecology department's coordinator for the project. Later this year a draft environmental impact statement will be published, and public hearings held in Coupeville and other locations in the affected area. Comments on the draft environmental study will be incorporated into the final environmental impact statement and considered in preparation of a management plan for the sanctuary.

Sanctuary status requires approval by Gov. Booth Gardner.



An immature bald eagle perches on a tree above Penn Cove. The cove may be included in new boundaries giving the cove sanctuary status. Such a designation would mean more money for its protection and the education of others of its ecosystem.

IN THIS WEEK'S WHIDBEY TODAY ...

Seniors.....Page 2
Calendars for Bayview and Oak Harbor

Learning.....Page 3
College explores new method

Crossword.....Page 2
Answers on Page 3

Elles.....Page 3
Travels with Gertie

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Swimming anyone?

Hap Goetz of Oak Harbor looks at the ice that rolled up on the beach in front of his home on 400 SW. He speculated that freshwater from a nearby pond drained into the bay at low tide and froze.



CROSSWORD PUZZLE

ACROSS

- 1 Dog-sledder's command
5 'Three-toed' animal
10 Chocolate
14 Opposed to
15 Barbecue site
16 Discourteous
17 Revise copy
18 Destroys
19 Thanks
2 wds

- 20 Nickname for Hilo, Hawaii
2 wds
23 Scorching
24 Wrath
25 Farm grass
26 Comedians

- 30 es Salaam
33 Stage player
34 Couch
35 Indian dress
36 Nickname for

- Florence
4 wds
39 Lie in water
40 TV's The Griffith Show
41 'Poon' author
A. A.
42 Lubrication
43 Author Zane
44 Wide-spreading tree of Asia

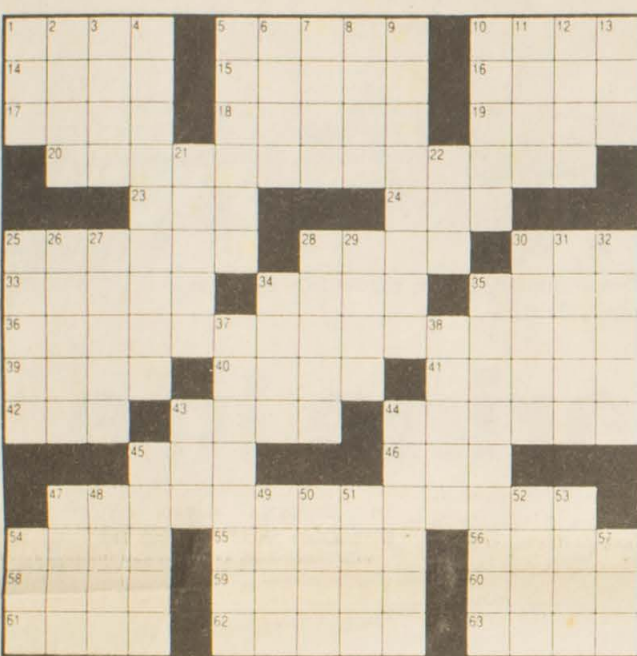
- 45 'humbung'
46 Ormelet ingredient
47 Nickname for Venice
4 wds
54 Easy gait
55 Miss of Dallas

- 56 Angel's 'headgear'
58 Comfort
59 You can horse to
2 wds
60 Track shape
61 Matures
62 Planted seeds
63 Care for, as a garden

DOWN

- 1 Actress West
2 Loosen, as shoelaces
3 Mix
4 Psycho director
5 Imp
6 Praise
7 Of the ear
8 Address lounge
9 Medical center
10 Wooden box
11 Hawaiian dance
12 False god
13 Favorite one
21 Seductively beautiful woman
22 Tax agency abbr.
25 Obese person, unkindly
26 First USA communications satellite
2 wds
27 Filch

- 28 Allen of Annie Hall
29 Uncertain
30 Every 24 hours
31 Sports site
32 Ascended
34 Auld lang
35 Rubber-band powered weapon
37 North Carolina natives
38 Likeness
43 Room (about)
44 Use the guillotine
45 Sinks one's teeth into
47 Boast
48 Thorny flower
49 Substitute butter
50 Defect
51 Ebb or neap, e.g.
52 Roof overhang
53 Actor Aldo
54 British brew
57 Ancient



Answers on Page 3

Playhouse chooses 'Shenandoah' cast

With an assortment of songs ranging from "Happy Birthday" and "The Rose" to "The Streets of Laredo," over 50 hopefuls auditioned for 30 character and chorus openings in the upcoming Whidbey Playhouse production of the musical drama *Shenandoah*.

The story revolves around a solid, practical Virginia family that unwillingly becomes drawn into the conflict between the North and the South during the American Civil War. Through tragedy and despair their principles, faith and family strengths are tested.

Helping with the production are assistant director Susie Thompson, co-producers Vanessa Langston and Jan Rohl, music coordinator Sue

Riney and choreographer Dottie Morgan.

Those selected for parts are: Dick Morgan as Charlie Anderson (the father); Dann Davies as Jacob Anderson (oldest son); Greg Young as James Anderson (second son); John Smith as Nathan Anderson (third son); Michael Colman as John Anderson (fourth son); Tracy Huff as Jenny Anderson (daughter); Mark Michaels as Henry Anderson (fifth son); Steve Hanan as Robert Anderson ("the boy").

Patty Kimmel as Anne (James' wife); Westley Young as Gabriel (a slave boy); John Juan as the Rev. Byrd; Robert Moore as Sam (Jenny's suitor); Brian Swan as Ser-

geant Johnson (Confederate); Matt Maxwell as Lieutenant (Confederate); Bill Bennett as Tinkham (scoundrel); Ken Grigsby as Carol (Federal horse buyer); John LeBret as Corporal (Confederate); Tim Cook as marauder; Jeff Dygert as train engineer; and Mat Lynd as Confederate sniper.

The chorus and supporting cast are Keven Bohnstedt, Jeff Voyles, Jeff Lydic, Cindy Hansen, Connie Davis, Cindy Anderson, Molly Anderson, Julie McNutt and Lori Davies.

The rather busy rehearsal schedule began last Wednesday with a script reading. Opening night is planned for April 6, with the show to run through April 28.

Bayview Senior Center Calendar

(Editor's note: This is the calendar of events from the South Whidbey Senior Center in Bayview at 2845 State Highway 525. Reservations are requested two days in advance for lunch. For more information, call the center at 321-1600 or 678-3373.)

Sunday, February 25
My Fair Lady bus trip to matinee, leaves at 11:30 a.m.
Center closed

Monday, February 26
Foot Clinic, by appointment.

8:30-10:30 a.m.
Bridge, 9 a.m.-2 p.m.
Blood pressure check, 9:30-11:30 a.m.
Writing class, 2-4 p.m.
Recovery Northwest, 5:30 p.m.

Tuesday, February 27
Arts and Crafts, 10 a.m.-2 p.m.
Painting, 2-4 p.m.

Wednesday, February 28
Aglow meeting, 9 a.m.-noon
Quilters, 10 a.m.-2 p.m.
Lunch, noon

Pinochle, 2-4:30 p.m.
Community bingo, 7 p.m.

Thursday, March 1
Beginners tap class, 9 a.m.-noon
Tax assistance, 9 a.m.-noon
Over 50 Club, 10:30 a.m.
Soptimists, 11:30 a.m.
Lunch, noon
Calligraphy, 3 p.m.

Friday, March 2
Tap class, 9-10 a.m.
Fun Band, 10:45 p.m.
Lunch, noon
Bridge, noon-2 p.m.

Oak Harbor Senior Center Calendar

(Editor's note: This is the calendar of events from the Oak Harbor Senior Center on 20th NW at 700th West. For more information, call the center at 679-6620 or 679-6621.)

Sunday, February 25
Pancake breakfast, 9 a.m.-1 p.m.

Monday, February 26
SVC Registration, 10 a.m.-3 p.m.
Lunch at noon
Scrabble, 1 p.m.
Free tax assistance, 1-4 p.m.
Beginning ballroom dancing, 3 p.m.

Tuesday, February 27
SVC registration, 10 a.m.-3 p.m.
Blood pressure check, 12:30-2:30 p.m.
AARP meeting, noon

Wood and soapstone carving, 9 a.m.-noon
Oil painting, 9 a.m.-noon
Exercise class, 9 a.m., 10:15 a.m.
Creative writing, 1-2:30 p.m.
Senior Center annual meeting, 1:30 p.m.
Diet and health, 3-5 p.m.
Band practice, 4 p.m.

Wednesday, February 28
Drawing 1, 9 a.m.-noon
Veterans assistance, 9 a.m.-noon
Party bridge, 9:30 a.m.
Conditioning, 9:30 a.m.
SVC registration, 10 a.m.-3 p.m.
Lunch, noon
Mixed media, 12:30-3:30 p.m.
Exercise class (Summer Hill Retirement Community), 1 p.m.
Beginning bridge, 1 p.m.
Free tax assistance, 1-4 p.m.

Men's pool, 1-4 p.m.
Knitting circle, 1:30 p.m.
Line dancing, 1:30-3:30 p.m.

Thursday, March 1
Hearing screening, 9 a.m.
Exercise Class, 9, and 10:15 a.m.
Oriental painting, 9 a.m.-noon
Bingo, 1-3 p.m.
Creative Writing, 1-2:30 p.m.
Women's pool, 1-4 p.m.
Japanese Bunka, 1-3 p.m.
Band practice, 4 p.m.

Friday, March 2
Quilting, 9 a.m.-noon
Lunch, noon
Pinochle, 1 p.m.
"Crafty Ladies," 1-4 p.m.
Ballroom dance lessons, 1-2 p.m.
Juke Box Matinee, 2-4 p.m.

Saturday, March 3
Soptimist movie and dinner

Oil sprays are best first defense against pests

For more than 100 years gardeners and commercial fruit growers have used horticultural spray oils to suppress insect and mite populations. For example, kerosene was widely used prior to the turn of the century to control aphid and scale insects.

Today the kinds of oils available to the gardener and commercial grower have been improved to a high degree, yet not many people make full use of this special tool. What makes this particular tool special?

One of the things we have learned about many of the pesticides used to control insects is that over time the insect population develops resistance to the material being used. This is not always the case, but can be particularly bad with specific pesticides. With horticultural oils we have never found any evidence of pest resistance to this material. This allows us to use it time after time without worry that it is losing its effectiveness.

Like all materials used in the control of insect populations it pays to know all you can to avoid failure and to achieve the greatest level of success.

Horticultural oils are highly refined crude oils. They are produced by separating all oils from crude oil based on their boiling point temperature, a distillation process. The lighter oils are those which have the lowest boiling points and are collected first since they come off the heated mixture first. Gasoline is an example of a very light oil. It boils at temperatures of 100 to 350 degrees Fahrenheit, whereas lubricating oils begin to boil at 700 degrees.

WSU TIMELY TOPICS

Island County Extension Agent who is a faculty member of Washington State University. The office in Coupeville has two numbers, 679-7327 and 321-5111.



By Don Meehan

Oils used as horticultural sprays begin boiling at a little over 500 degrees and seldom exceed 750 degrees. After the oil is separated, in a process called fractioning, it is refined to narrow the boiling point over a smaller range, producing what is termed a "narrow cut" oil. Even though all spray oils go through similar treatments, they can have considerable differences among them due to the chemical differences in the crude oil from which they were produced. Evaluation of spray oils generally falls into four categories — percent of unsulfonated residues, distillation temperature, viscosity and degree of paraffinicity.

Unsulfonated residue (U.R.) is a measure of the degree of saturation of the hydrocarbons in the oil. The higher this number, the safer the oil is to plant material. Look for U.R. ratings on the product which are higher than 92 percent. Dormant sprays on apples and pears can have a lower U.R. of 80 percent.

Distillation temperature or range determines effectiveness of the oil in killing the pest and reducing harm to the plant leaves. The newer narrow-cut oils are classified by a light-to-heavy grading standard. Each narrow range helps the user to better understand the oil's performance.

Paraffinicity is a measure of the amount of straight chain hydrocar-

bons present. Studies have shown that higher paraffin contents in spray oils produce better pest control performance.

Viscosity is a measure of resistance to flow and relates to heaviness of the oil. Those oils that are more viscous tend to be more active pest killers. However, the trade-off is that higher viscosities cause plant damage.

How Do Oils Kill Pests?

There are three ways researchers believe oils act to kill pests. The first is that the oil smothers the insect by clogging its breathing apparatus. Since insect eggs require oxygen, they too are susceptible to smothering. Second, there is some thought that the oil actually penetrates the cuticle layer of the insect and damages its nerve system. There are no data to support this, however.

Third, oil acts as a repellent by preventing egg-laying in some insect species.

How Do Spray Oils Damage Plant Tissues?

This is a complex issue from the start. Much of the damage done to plants in the past has been a result of using heavy oils with low U.R. values. It is important to remember that all plants must breathe through their bark (lenticels) and their leaves (stomata). Oils can interfere with this air exchange. Damage may vary due to stage of plant growth or weather conditions at spray time. Plants which are actively growing are much more susceptible to damage as are trees under drought stress. Damage usually relates to three variables — plant stress, drying conditions and concentration of the application.

Spray oils can be an effective and safe tool if label instructions are followed to avoid damaging sensitive plants. They have been given the test of time and should be one of the first lines of defense against insect populations. If you want to learn more about this special garden tool, call the Washington State University Cooperative Extension Office in Coupeville at 679-7327 for a copy of WSU publication PNW328, *Using Horticultural Spray Oils to Control Orchard Pests*. It costs 50 cents. Another excellent companion publication is EB932, *Insect and Mite Control in Home Orchard Tree Fruit and Nuts*. It will give you details on when to use oils on what trees for maximum benefit.

Photo contest for seminar scholarship

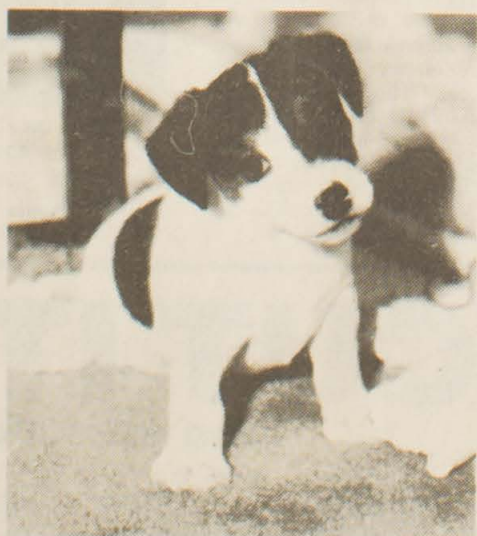
The Coupeville Arts Center announces two student scholarships to attend Photo Focus II workshops, April through June. The contest deadline is March 23 and entries can be in color or black and white. Winners will be announced March 26.

For more information about Photo Focus II or for entry blanks, contact the Coupeville Arts Center at P.O. Box 171C, Coupeville, Wash., 98293; or call 678-3396.

What's a pup like me doing at a retirement community like Harbor Tower Village?

When my friend decided our house was too big for us and just too much work, we visited a lot of places where retired people live. But I wasn't welcome at most of them.

Until we came to Harbor Tower Village. Everyone there was excited to see us and we were really welcome! And now we're very happy in our new home. The people who work here are so kind and helpful and there's someone here round the clock which my friend says is very important.



Everything's done for us, too. My friend doesn't have to clean any more or change the

bed or even cook. And the van takes my friend shopping, to the doctor and on trips to exciting places. Sometimes I even tag along!

Our suite is lovely and convenient. There's lots of activities for my friend to do when she wants. And she especially enjoys dining in the company of new friends. Of course she also loves to entertain her old friends.

There's so much to see, you'll have to visit Harbor Tower Village to really appreciate retirement living. Drop in today and don't forget to bring your pet friend, too.

Or call everybody's pal, manager Ann Vanden Haak at 675-2569 and she'll tell you more.

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Traveling with Gertie a frightful experience — even in a fantasy

Hello, dearies.

I know I haven't been too good on writing lately. First off, I was real bad with the flu and just got back so's I could talk and then got a call from Gertie.

Maybe you don't remember Gertie, but she is your uncle Arch's wife's cousin, twice removed. She was married to that old fool she met on a trip and thought she had it made. She let him put her money into something where she couldn't get her hands on it, and they lived on his. He was a real skinflint.

If she could have taken her money and run off she'd a done it. But then he up and died and she got it all anyway. So she's been making up for lost time. I'd get a postcard from some place or other every now and then.

SOMETHING ELSE AGAIN

By Alice Elles



Sure surprised me when she asked me to go on a trip with her. Seems she wants someone around in case of an emergency. Well, I wasn't doing anything in particular and it was real quiet at the Manor so I said I reckoned I could get away for a bit.

Those turned out to be the dumbest words I ever said. First off, she sent me a pack of money in the

mail! That should have given me a hint. Then she called and said she'd meet me at the train station on Tuesday at noon. I had to call around and find out how to get there. Then she called back and said I should just "bring the essentials in one bag." If I needed more, we'd buy 'em on the way. I still wasn't sure where "the way" was. You can talk to Gertie, but you can't always talk with her.

So I packed and unpacked until I was blue in the face. What's essential? Near forgot my pills in the mess.

There she was at the station, all dolled up in green — real bright green with her red hair. Couldn't miss her. She was yelling "yoo-hoo, over here, Maude" so loud I guess everyone thought I was a movie star

or hard of hearing.

There were a bunch of taxis there, but she said she hired a car. And she had — a bright yellow job with chrome that would most put your eyes out. We got in and she started to drive to a hotel. I had a funny feeling I shouldn't have come, and her driving didn't do much to calm me down.

She handled that thing like a Mack truck; I will hand it to her, she did sort of stop at lights, but she made up her own road rules. Don't see how she gets her license. She passed everything that had sense enough to get out of the way. Didn't look to right or left — she was like an old mare with blinders on trying to get back to the barn.

I lost 10 gallons of sweat on the

way and added 10 years to my age. Wouldn't have surprised me if my hair had turned from white to black. I was sure relieved when she said we'd go to the airport in a limo in the morning.

But then she saw my "essentials" and took me shopping. That hotel had every kind of shop you'd imagine, and we didn't even have to go outside. We got luggage, a bunch of clothes, special soap for her wrinkles and some awful strong perfume that gave me a headache. She peeled off a wad of bills and said, "Keep the change." My goodness.

We got to the airport in real style in a big silver machine. Just like someone important, and me in my new clothes.

I wasn't too sure I'd like air-planes, but after getting through that mob at the airport station it was real relaxing to go through that little tunnel and get to sit down.

That thing sure made a noise, and I couldn't believe it when they said we'd go 350 miles an hour on take-off. My stars. I was holding on like anything and couldn't look out the window. Gertie was ordering a drink and talking to the man next to her and carrying on just like she was on solid ground.

Oops, there's my doorbell. I was expecting a man to come look at my washer. It makes a funny clunking sound, but not all the time. So I'll have to put this away and get back to you.

Cousin Maude

Motivation to graduate sends sailors back to school

John O'Brian wants a high school diploma so bad that he is willing to work nights for it.

O'Brian, a sailor at Whidbey Island Naval Air Station, works 7 a.m. to 3 p.m. for the Navy and then goes to school from 5 to 9 p.m. in a new Oak Harbor School District program that offers free high school completion credits.

"It takes a lot of time... but I want it bad enough that I can work around it," O'Brian said.

O'Brian, 18, attends classes at NAS Whidbey taught by instructors employed by the Oak Harbor School District. The program is a good deal for both. It's free for the student and costs the school district virtually nothing, other than organizing the program.

The program pays for itself through federal funds received for students 18 to 21 years old who live on the base and state funding for those students who re-enroll in high school, said Marv Seelye, district instructional support administrator.

"I think most people are under the assumption that the military doesn't take kids unless they have a high school diploma — that isn't true," Seelye said.

Although about 35 people expressed interest, the class is only serving about 10 students and can serve many more, Seelye said. Classes started the second week of January and students may enroll anytime.

"I'll take as many (students) as we can sign up. If there are too many for the instructors, we'll hire more instructors," Seelye said.

Students work at their own pace and instructors are willing to work around deployment schedules, Seelye said.

Students' needs range from one credit to 18 credits, but most need five to eight credits for a high school diploma, Seelye said. Math, science, English and social studies are the classes offered to active duty and military dependents, ages 18 to 21.

Seelye said basic military training and one stint at A-school can count as three or more credits toward a high school diploma.

Although some of the students enrolled in classes may already have a General Education Diploma (GED), a high school diploma is worth more to them.

"I think a high school diploma means you took the time and put in the extra effort. A GED is the easy way out," said student Brian Jennings.

A generic diploma can be attained with 17 high school equivalent credits, state requirements demand at least 19 credits for a diploma and Oak Harbor School District requires 22 credits for high school graduation.

Instructor Mike Wright, who teaches English and social studies, said he enjoys teaching the class because he has time for one-on-one instruction and the students want to learn. Wright said he has taught large high school classes where some students were indifferent to their education.

"It's nice dealing with students who are self motivated. The challenge is getting the student to see that education is in their own best interest. Once they realize it is, they're there with bells on," Wright said.

'Learning community' at college ponders life's questions

What is life and when does life begin? What is death and is it ever acceptable to help someone die? What are the ethical implications of some of the new life-creating and life-sustaining technologies?

These and other ethical questions will be the focus of a 13-credit course offered at Skagit Valley College's Whidbey Campus this spring. Not only will students earn basic required credits but they will also be mixing writing skills, and biology and psychology—sociology knowledge to better understand troubling questions.

"The idea is to try and integrate a number of disciplines so students see connections between things that may have otherwise gotten lost," said Les Stanwood, an English professor at the college.

The class will unite English composition, biological science and social science disciplines to explore some of the ethical dilemmas of the 1990s from genetic engineering to euthanasia to abortion. Stanwood, social sciences professor Barbara Moburg and science professor Joe Goodpasture will team teach the class.

Readings for the class include Plato, Aldous Huxley's "Brave New World," the U.S. Supreme Court ruling on "Roe vs. Wade," readings from Genesis of the Old Testament and a biology textbook.

Films, guest speakers and in-class learning activities will augment readings and discussions and students will keep journals and attend a science lab.

"You can't enter into a discussion about genetics without background," Moburg said.

Not only will students be challenged with ethical and moral decisions faced daily, but they will be a part of a unique teaching structure called "a learning community." A learning community is a group of students and teachers devoted to exploring critical questions of the times for an entire quarter.

"A learning community — what that implies is that we are all in it together... I certainly don't have the answers on these topics,"



Science teacher Charlee Hodson, and students Janese Schauer, Sandy Houchin and Andre Pitman, from left to right, examine an evaporation experiment Thursday in Chemistry 102 at Skagit Valley College in Oak Harbor. The class will be one of several integrated into a course considering some ethical questions of life.

Moburg said.

The class is just as interesting to the teachers, they agree.

"One interesting thing is that the teachers will all be students at the same time... we're the facilitators but we'll be throwing out the supposition that knowledge flows from the top," Stanwood said.

Moburg agreed.

"We'll be using those methods to solve a lot of those dilemmas. I haven't solved a lot of those myself, I'm hoping to..." Moburg said.

The idea of launching a learning community, the first one of its kind at Skagit Valley College, came from campus dean Dr. Brinton Sprague. However Sprague, whose experience with learning communities stems from administering such classes for five years at North Seattle Community College, stressed it was the three professors who devoted time to developing

themes for the class.

This style of teaching was championed at The Evergreen State College in Olympia, though Sprague noted "seminar" teaching is not new to education, using the Socratic dialogue of ancient Greece as an example.

"If anything, this has destroyed the myth that lower division students can't master complex writings. They can — and do when immersed in it," Sprague said.

Twice-weekly seminars will be the place for students to "bare their intellectual souls," Sprague said. As the class matures, students and teachers will probably experience increased support among their peers, resulting in high retention rates for students and personal growth for faculty, he said.

"When you teach with other people, you lay your talents on the line... it's a place to learn more about teaching from others."

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Shelley Penny

Penny named Record manager

Shelley Penny, marketing director for the Whidbey News-Times and Crosswind, has been promoted to the position of general manager for the South Whidbey Record.

In her new position, Penny will be responsible for overall sales and office management of the Record and south end edition of Whidbey Today. She is also charged with setting the Record's budget and sales goals.

Jim Larsen continues as editor and publisher.

"I look forward to working with Jim and the staff," said Penny, who with her 8-year-old son Shane moved to Freeland last month from Oak Harbor. "The Record is a great award-winning newspaper. I am looking forward to becoming involved in the community."

"Shelley Penny is a great leader," said Craig Dennis, general manager for the Whidbey Island publications. "This is a great step up for Shelley in responsibility and personal growth."

Penny's promotion is effective immediately, said Dennis, but she will not assume her new job full time until April 2. Next month Penny will attend a week-long training session at the American Press Institute.

Penny joined Whidbey Press in May 1988 in advertising sales. Four months later she was promoted to marketing director. Under her leadership, said Dennis, Whidbey Press overall sales have grown 24 percent and South Whidbey Record sales 35 percent.

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Retired pastor inspired to write Whidbey Playhouse fund raiser

For Whidbey Playhouse, it's a little out of character. Not only is "I like horses in big pastures" a locally written play, it is also labeled "off season" and being squeezed between Whidbey Playhouse's main season schedule. But Al Wain, a long-time Central Whidbey resident and the play's author, isn't complaining. Because of scheduling, the play will only run four times over three days, March 1 through 3. The play features only four characters, one of which is modeled somewhat after Wain. It focuses on the life of two retired couples who are neighbors and living in the Pacific Northwest. Profits from the play will be channeled into a fund to build a storage annex for stage sets, props, costumes and hopefully enough room for rehearsals, said Sarah Russell, who is co-directing the play with Debbie Nelson. The annex will be built on about one acre of donated land on Goldie Road. In the play, one couple, a former Montana rancher and his wife, have recently moved to the Northwest and are befriended by their neighbors, a retired minister and his wife. "The clergyman bears a strong resemblance to myself but it's not a straight-across match," Wain said.

Wain, 71, a retired Protestant minister, says his life experiences and reflections helped create the play. Although the play is his first, he feels he knows the content well. "I was a minister for 36 years, married for more than 40 years and retired for five and a half years," Wain said in a recent interview. Wain started acting in playhouse productions after he retired. Although the role of the minister's wife does bear some resemblance to Wain's wife Elizabeth, she asked him to remind people that the character strays much more from her likeness than the character portraying himself, he said with a smile. Russell chose Wain for the part of the minister, although he said he was willing to play either part. The other three characters will be portrayed by Jan Henry and Tom Morgan, who are married to each other, and Kay Blake. Blake played the mother in the recent playhouse production of "Brighton Beach Memoirs." Henry co-directed Trudy Sundberg's locally written historic play last summer, "Murder in the Fast Lane," and Morgan has worked backstage for several productions, Wain said. Wain is hoping the play will appeal to more than senior citizens because it touches on marriage,

careers, families, retirement and the sensitive "right-to-die" issue. In the play, a catastrophic illness hits one of the characters, stirring the issue of whether dying people actually have the right to end their lives before they succumb to disease, Wain said. In his many years as a minister, Wain said he has spent time with fellow congregational members who suffered an illness that resulted in a need for nursing home care. As for his own health, Wain said many people mistake a trembling of his hands and upper body as Parkinson's disease, but he actually enjoys good health. Doctors have diagnosed the condition as a "benign essential tremor," a condition which Wain said he shares with well-known actress Katharine Hepburn. Though he has lived with this tremor to some degree since his childhood, it has not interfered with maintaining good health, Wain said pointing out that he, like the character he portrays, jogs for fitness. The play's name is defined in one scene where the rancher reflects on his life in Montana of living on large expanses of land with horses and livestock. Wain grew up in Eastern Colorado working at different farms and ranches "when horses



Retired Presbyterian pastor Al Wain wrote a play for Whidbey Playhouse to be performed in March to raise funds for costume storage. The play examines the issue of the right to die.

Wain started acting in 1984 when he landed the role of Norman Thayer in the Whidbey Playhouse production of "On Golden Pond," directed by Mary Purdy. Since then he has acted in three other plays, the most recent being "The Trip to Bountiful." Though this is the first play he has authored, Wain said the support and critical review of the script given by veteran playhouse director Purdy boosted his confidence. "I sort of hung on that (Purdy's encouragement) along with my

confidence and judgment when I wasn't getting much encouragement from my fellow actors," Wain said. The play was chosen as an off-season production last year during the annual selection of the season's performances, much to Wain's surprise. Though he's excited to see it come to life, he is also wary of the time constraints and lack of practice on stage because of the busy playhouse schedule. There have even been rehearsals in the actors' and actresses' homes, he said. "We're laboring against a lot of

disadvantages, so I hope to be able to do it well. . . we'll make the best of it," Wain said. The play will run next Thursday, Friday and Saturday evenings plus a Saturday matinee. For reservations and tickets, call 679-2237.

Stroganov recipe shared for winter

Continued from Page 1

Trim beef of fat and cut into 1/2-inch-thick by 2-inch-long strips. Combine salt and pepper and set aside in small bowl near stove. Slowly saute onions in 1 Tbs. butter and 1 tsp. oil until glossy and tender. Transfer to platter and season with some of the salt and pepper. Saute mushrooms on high heat in additional butter and oil as needed. Season with some of salt and pepper and add to platter. Add some butter and oil to the skillet again, raise the heat to high and saute beef strips quickly in batches. The meat should be seared but medium to medium rare (according to taste). Transfer to platter and season. Heat beef broth. Melt 1-1/2 Tbs. butter in skillet, add flour and cook one minute. Combine juices from the platter of onions, mushrooms and beef with the hot broth. Add the hot broth to flour and whisk until thickened and smooth. Add mustard paste. Add sour cream by spoonfuls, at lower heat. Add meat and vegetables. Correct the seasoning. Set aside to allow flavors to blend. At serving time, reheat the stroganov gently for 2-3 minutes and serve with rice or noodles.



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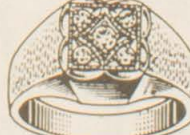
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In Oak Harbor, 8 a.m. to 6 p.m. at
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Or mail to: P.O. Box 10, Oak Harbor, WA 98277
In Langley, 8:30 a.m. to 5 p.m., Mon. to Fri. at
South Whidbey Record, 2nd & Anthes
Or mail to: P.O. Box 387, Langley, WA 98260

CLASSIFIED INDEX

A. ANNOUNCEMENTS

1. Cards of Thanks
2. Personals
3. Lost & Found
4. Give-Away/Free
5. Wanted

B. MERCHANDISE FOR SALE

6. Garage Sales
7. For Sale, Miscellaneous
8. Appliances & Furniture
9. Livestock/Pets & Supplies
10. Firewood

C. TRANSPORTATION/TO SELL

11. Automobiles
12. Trucks
13. Motorcycles
14. Recreational Vehicles
15. Boats/Marine

D. SERVICES

16. Music
17. Instruction
18. Services/General
19. Child Care

E. EMPLOYMENT

20. Work Wanted
21. Help Wanted

F. FOR RENT

22. For Rent, Homes
23. For Rent, Apts./Duplexes
24. For Rent, Miscellaneous

G. PROPERTY FOR SALE

25. Real Estate, Homes
26. Real Estate, Lots/Acreage
27. Real Estate, Mobile Homes
28. Real Estate, Miscellaneous
29. Business Opportunities

H. Public Notices

DEADLINES:

CLASSIFIED WORD ADS:

Langley: Oak Harbor
Wednesday, noon Thursday, 11:00 a.m.

HAPPY & CLASSIFIED DISPLAY:

Wednesday, noon

WRITING AN EFFECTIVE CLASSIFIED AD:

- **CAPTURE READER'S ATTENTION** with larger headings
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- **MENTION WHAT'S UNIQUE** about your item and note any improvements you have made. Add details such as color and condition and be accurate.
- **ALWAYS INCLUDE THE PRICE** of the item you are selling. This increases the number of people who will respond.
- **ALSO:** -Urge the reader to take action. -Try to avoid abbreviations. They make your ad harder to read and less effective. -Don't forget a phone number and the hours you are available. -Run your ad for an ample length of time. Remember you can cancel your ad as soon as you get the desired results.
- **CALL OUR SALES REPS** for information about headlines, large and bold type and other graphic devices at 675-6611.

GREAT ISLAND VIEW
Study/office overlooks the San Juan Islands from this West Beach 3 bedroom, 2 bath contemporary North Whidbey home. Kitchen features views of the Strait and new appliances. Dining room, spacious utility room, two-car garage, detached shed. School nearby. Only \$95,000. Won't last long. Call 000-0000 after 6 p.m. weekdays or 10 a.m. to 10 p.m. weekends.

RATES:

BASIC RATES:

For personal, paid-in-advance classifieds:

FIRST WEEK, up to 20 wordsminimum \$5.00
Additional words over 2015 cents each
THREE-FOR-TWO

Buy two weeks and receive the third week FREE.

RESULTS GUARANTEED:

We guarantee results. If, after three weeks, you have not sold or rented your item, we will extend your ad for three more weeks free. LIMITATIONS: Personal items only; one free extension only; price must appear in ad. Guarantee considered met if any one advertised item has sold at least one piece. TO QUALIFY: You must call by noon Wednesday following the third issue your ad appeared for your free extension.

HALF PRICE OFFER:

Run identical Whidbey Today ad in any other Whidbey Press publication (Whidbey News-Times, South Whidbey Record or Crosswind) at half price of the Whidbey Today cost.

CARD OF THANKS:

Up to 40 words\$5.00
Each additional word10 cents per word

SPECIAL RATES:

LOST, FOUND, FREE: Found and Free items run free one week, Lost run at half price.
HEADLINES: \$1.00 per insertion for centered headline.

BOX REPLIES: For \$5 additional per ad, advertisers may have replies sent to Whidbey Press. A number is assigned to each ad. Replies are given out on presentation of ID.

HAPPY ADS:

Available in three sizes. Priced at \$10, \$15 and \$20 prepaid. Includes photograph. Send a greeting today to a loved one.

CLASSIFIED DISPLAY:

\$7.20 per inch open rate for commercial and boxed advertisements. Volume and consistency rates available.

STATEWIDE CLASSIFIEDS:

Reach more than 1,000,000 homes in 114 state community newspapers. One week, up to 25 words, \$129.00 prepaid. (Extra words, \$4 each). Deadline: 12 days before publication.

ADDITIONAL INFORMATION:

PAYMENT TERMS:

Individual classifieds require payment in advance by deadline. MasterCard and Visa gladly accepted. \$1.00 billing charge on ads requiring a bill to be mailed. For information, phone 675-6611 or 321-5300.

ERRORS & CANCELLATIONS:

Please read your ad on the first day. If you see an error, Whidbey Press will gladly re-run your ad correctly. We accept responsibility for the first incorrect insertion, and then only to the extent of a corrected insertion or refund of the price paid. To correct an ad, call 675-6611 or 321-5300.

EDITING:

All ads are subject to the approval of the Whidbey Press, which reserves the right to edit, reject or properly classify any ad.



A. Announcements

2. Personals

A HEROIC SCIENTIST who, having had an accident in the atomic laboratory and knowing that he would be dead in three days, nevertheless secured the situation while announcing every detail on the recorder so others could take corrective action. Eve was the first scientist who had an accident while experimenting with the metaphysical parameters of life and death and got burnt. It has been recorded for our corrective action.

LOW COST LEGAL

Need legal help at a reasonable cost? Divorce, bankruptcy, wills, real estate, general. Call **Island Paralegal**, 679-4741.

MARY KAY COSMETICS makes skin care simple. To learn about our easy-to-follow, proven effective system and receive a complimentary facial, call for appointment. Independent Beauty Consultant, Helen Harvard, 675-5442.

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Also "hands-off" two-sided copying, automatic document feeding and collating. **PONY MAILING & BUSINESS CENTER**, 679-5519.

OVEREATERS ANONYMOUS.

675-8539.

THE INSIGHT SEMINAR can help you move beyond the thoughts and behaviors which limit your happiness and effectiveness. Free introduction to its educational methods provided at the Dodge Building in Clinton, 7:30 p.m., March 2nd. Everyone is welcome. More information from Michael Hansen at 221-8260 and Sego Jackson at 221-3269.

ALCOHOLICS ANONYMOUS

INFORMATION
321-9995, 321-5816, 221-2631
CALL COLLECT: 252-2525

41 tlc-020 48 tlc-020



Community Alcohol Drug Services
Call us... We Can Help
679-4525
221-2522 35 tlc-WT-020

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Emotional and practical support to any pregnant woman. Pregnancy testing. Maternity and infant clothing, car seat loaner program.
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NO FEES • 24 hrs. 42 tlc-020

3. Lost & Found

LOST: 7 month male Brittany, around Thriftway and Midway, on Wednesday. Reward. Call 675-4269 evenings.

4. Give Away/Free

FREE: West Highland Terrier to good home. 5-year-old neutered male. Needs lots of love and special skin care. 221-2618.

HEARTBROKEN new mommy needs loving home for black and white Corgie/Sheltie mix. Female, 11 months old. 321-5684.

5. Wanted

SOFTBALL COACH NEEDED. Second year ASA men's softball league starting in March needs enthusiastic coach willing to give South Whidbey the winning edge. Call 221-3710 or 221-3746.

WANTED — Gold jewelry, dental gold, class rings, wedding rings, chains, coins, etc. Any condition! **C.C. Coins**, 935 W. Ault Field Road, 675-1444. *

WE NEED A VAN! South Whidbey A/God looking for dependable van(s) for youth group outings. Call Pastor Hank Thomas, 321-1476. Donations welcome.

WANTED: Old pocket watches, old or high-grade wristwatches, watch parts, watch repair tools. Call 679-0886.

5. Wanted

MEN'S SOFTBALL TRYOUTS: South Whidbey's second year A.S.A. League needs dedicated players starting in March! Help us give North Whidbey a run for their money! Call now for more information. 221-3710 or 221-3746.



B. Merchandise For Sale

7. For Sale Miscellaneous

AFTER WINTER — THE SPRING! Lovely Easter dresses, hats, Easter baskets. New Spring outfits coming in daily. And the clearance rack is full of bargains. Boys' and girls', sizes infant to 14. **THE CHILDREN'S WEARHOUSE**, 7331 S. Holst Road. Open every Friday & Saturday, 10 a.m.-5 p.m. or weekdays by appointment. 221-7606.

BOB'S SMALL BACKHOE SERVICE. Power/water lines, grading, topsoil spreading, shrub/hedge planting, French drains, etc., etc. \$20 per hour. 221-7696.

BACKYARD STORAGE BARN!

You call...we do it all! Sizes 8'x8' to 10'x12'. **DURA-SHED**, 321-6605 or 678-6000. VISA, Mastercard, layaway.

CHECK ADS FOR ERRORS

The Whidbey Press will not be responsible for errors after the first week of publication. **Notice of errors in the first publication should immediately** be called to the attention of the Whidbey Press Classified Department. 675-6611/321-5300 *

CARPET INSTALLATION — New or used, repairs and restretch. Quality installation at wholesale rates. Free estimates. 675-8637.

1976 CHEVY TRUCK with canopy, needs body work. Ford wagon, strong 289 cu. in. Mid-size truck box w/rack. Portable dishwasher, assorted doors, white wicker desk with glass top and chair, recliner, matching sofa with chair, card table, bow. 679-4307.

DOORS & WINDOWS from remodeling: Sliding glass doors, double aluminum frame; 8' entry door; 5' glass door; wood, 3'. Double aluminum windows, different sizes. 4718 S. Honeymoon Bay Road, Freeland. 221-3809 or 221-2012.

EXERCISE BIKE: Omni 4000 Ergometer wit 40 pound flywheel, \$125. 321-1443.

Statewide Classifieds

Reaching more than 1,000,000 Washington State homes. To place your ad, phone 675-6611 (North and Central Whidbey) and 321-5300 (South Whidbey). Only \$129 for 25 words, \$4 for each additional word.

BUSINESS OPPORTUNITIES

GOOD HOUSEKEEPING calls it "one of the best bargains". Readers' Digest says "outstanding deal". If you have people skills, \$500 puts you into a reputable business. For information mail name, address, phone to: Travel America, 1404A East College Way, Suite 446, Mount Vernon, WA 98273.

MEDICAL BILLING. Opportunity to qualify as licensee in your area for national healthcare company. Do billing & electronic claims processing for medical practitioners. \$25,000 part time to over \$75,000 full time. Company training. Capital needed \$5,000 plus PC. Information by mail. Call (702)352-4360 (24 hours).

LEAVENWORTH, WA popular and unique sidewalk cafe. High volume, simple menu, excellent profitability. \$80,000. contact John (509)548-4684, (206)531-3070.

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SUMMER/YEAR round photographers, tour guides, casino workers, deck hands. Excellent benefits plus world travel, Bahamas, Hawaii, Caribbean. Call now (206)736-7000, ext. 136 NE.

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20 ACRES OF sunny meadows, tall evergreens and snow capped mountain views. Survey, good access, \$11,950, \$500 down, \$119 month. Sundown Land Brokers, Inc. 1(800)228-7172.

7. For Sale Miscellaneous

FOR SALE: Parrot, seven houseplants, misc. items. Moving, must sell by February 28. 321-5406.

FARM FRESH EGGS — Dyne's Egg Farm! Just 1/2 mile up Balda Road off Scenic Heights Road. Monday through Saturday, 10-5.

GREENHOUSES

February Special. **ISLAND GREENHOUSES**, 221-2908 or 1-800-635-7510.

JVC AUTO cassette player, Model KS R18. 6-button memory, AM/FM, auto reverse. \$175 OBO. Work, 257-3070 after 4 p.m., ask for Frank or Carl.

KAYPRO 2 with complete software package and manuals. 64K RAM, 2 DD at 191K per drive, \$300. Sony stereo cabinet, 33"x20", black, \$20. 221-8974.

LANDSCAPE PLANTS for sale. Thuja occidentalis, mature plants, \$15 each. Yews, upright mature plants, \$40 each. 221-2908.

NEED CASH? We loan or buy, TV's, stereos, cameras, VCR's, jewelry, diamonds, radios, etc. **C.C. Coins**, 935 W. Ault Field Road, 675-1444. *

NEED A PROFESSIONAL haircut and aren't sure where to go? Take advantage of **DIANE'S STYLES UNLIMITED'S** Tuesday and Sunday \$5 haircut. Walk-ins only. Wednesday: Perm Sale, \$35. Open Tuesday & Wednesday until 8 p.m. 675-8081.

NEW \$2,000 stereo system. Proton Denon Boston acoustics, receiver, cassette, CD, turntable, headphones, with Magnolia Hi-Fi five-year warranty. Used 2 months, illness forces sale. Now \$1,000. 221-2833.

ORBIT 360 TV antenna rotator, never used, \$40. 221-7919.

PORTABLE SAWMILL for hire. Peter Paris, 221-3577.

QUEEN WATERBED with four-poster frame, new waveless with cover and sheets, \$150; matching 9-drawer Pecan dresser and nightstand, \$175; antique blue iron twin bed with mattresses, \$125; solid oak trestle table with 2 benches, \$300; royal blue sectional couch, \$225; riding lawn mower, \$125; antique sickle, \$15; IBM Selectric correcting typewriter, types italic, \$225; Victorian wedding dress, \$145; porch swing with cushions, \$50; long extension ladder, \$75; girl's 10-speed bike, \$15; new, large pull-along suitcase, \$35; six old teacups with plates, \$10. FREE: Kenmore washing machine (for parts). 221-3009.

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Best prices, highest quality.
Buy direct
1-800-544-0510
42 TFC NT, WT-120

7. For Sale Miscellaneous

STATEWIDE CLASSIFIEDS: Place your ad in Washington's community newspapers with a combined circulation of over 1,000,000! Only \$129 for a 25-word ad. Call for details, 675-6611 or 321-5300. *

SOMETHING BUGGING YOU? Spiders, Fleas, Carpenter Ants, and Cockroaches. Have spray tank, will travel. **C & E Pest & Odor Control**, Coupeville. 678-6077. *

TRY US!! You'll like it! New and used jewelry, TV's, VCR's, stereos, cameras. Save big bucks! **C.C. Coins**, 935 W. Ault Field Road, 675-1444. *

TO CREATE a special birthday party is to create a memory that will last forever. Let's get to creating!

Bindy the Clown

A magical clown

Featuring:

Mesmerizing magic, amusing antics, fantastic feats and giggly gags.

Most Occasions
675-6446

Whidbey Today 3 FOR THE PRICE OF 2: Pay in advance for your classified in the Whidbey Today and get 3 weeks for the price of 2!

YOUR CHILDRENS' OUTGROWN CLOTHING equals cash! Beginning Feb. 15 **CHILDREN'S WEARHOUSE** will accept quality USED children's clothing and toys on consignment. Call Josette at 221-7606 for more info.

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WINTER SPECIALS
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BUILDING OF YOUR CHOICE

- Garages
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CALL 757-7711
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Farm & Home STEEL BUILDINGS
1353 A. Peterson Road
Burlington, WA 98233
WEST AD-12101
52 TFC NT, WT-120

SAVE TIME, LABOR AND MONEY. SAVE TIME, LABOR AND MONEY. SAVE TIME, LABOR AND MONEY.

8. For Sale Appl. & Furn.

CHERRY OAK king size waterbed with accessories, \$150. Free goldfish. 675-9659.

OAK CRIB/child bed with drawers and waterbed mattress, like new, \$350 or offer. 221-3816.

ONE LARGE oak executive desk, \$450; one secretarial desk, \$150; one large sectional couch, reclines on each end, \$600; two swivel rockers, \$75 each. 675-5391 evenings.

MISCELLANEOUS

WOLFF TANNING beds. Commercial, home units, from \$199. Lamps, lotions accessories. Monthly payments low as \$18. Call today, free color catalog. 1(800)367-6836.

A WONDERFUL family experience. Australian, European, Scandinavian, Japanese high school exchange students arriving in August. Become a host family American Intercultural student exchange. Call 1(800)SIBLING.

POLE BUILDINGS: Two doors, vapor barrier, screw fasteners. 24x36x12, \$3182; 24x48x12, \$3850; 30x48x12, \$4452. Other sizes, 100% financing. Free color brochure. Call 1(800)825-2276.

GOVERNMENT SEIZED/surplus vehicles at unbelievable prices. BMW's, Cadillacs, Chevy, Mercedes, Porsches, Fords, plus trucks and vans. Amazing recorded message reveals details. (206)759-9368, ext. 305.

GREENHOUSE and hydroponic gardeners. We have thousands of products plus hundreds of books. Call toll free for free catalog. Western Water Farms, Bellingham, WA 1(800)JUS-GROWS.

YOUR FUTURE starts here. Learn casion dealing. Student loans and grants if qualified. Job placement assistance available. Professional Dealers School, Las Vegas, Nevada 1(800)422-7717, ext. 711.

PERSONALS

BECOME A PARALEGAL, nationally accredited, attorney instructed, home study, established 1976. Financial aid, free catalog. 1(800)669-2555, Southern Career Institute, Drawer 2158, Boca Raton, Florida 33437.

SINGLES: Meet single people throughout rural America. Confidential, reputable, established plan. Free details. Country Connections Newsletter, P.O. Box 406, Superior, Nebraska 68978.

REAL ESTATE

ARE YOU RECEIVING payments on a real estate contract? We purchase contracts and notes secured by real estate. Call for a substantial quote. Statewide service. Mortgage Exchange, Inc. 1(800)869-7081.

STOP PAYING RENT! Cut mortgage in half! Save thousands! Call 24 hours message (206)298-8654 or write Kieffer, Box 576, Dept. 900, Wauconda, IL 60084.

HOME LOANS, purchase/refinance, 8.75% (APR 9.581). Fixed rate, conventional loans \$75,000 or more. United Pacific Mortgage, 1(800)735-7177.

ADOPTION

ADOPTION: Loving California couple eager to fill sunlit nursery with baby. Promise love, pets, fine education. Your expenses paid. Please call our attorney, Karen Lane, 1(800)242-8770.

ADOPTION: Christian couple financially secure and 4 year old son want to share farm and lots of love with your baby. Attorney (206)258-9336 or (206)568-3645.

CONSIDERING ADOPTION? Endless hugs, family fun, education, travel, boundless love for adopted newborn. Permissible expenses paid. Contact collect: attorney (Joan) (206)728-5858, (File #8818), Hopful parents (206)277-8920.

8. For Sale Appl. & Furn.

UNUSUAL WOOD-FRAMED loveseat and matching armchair. Medium blue tweed cushions. A great buy at \$275. 678-3569 in Greenbank.

9. For Sale, Livestock, Pets & Supplies

ALFALFA — TOP QUALITY 2nd cutting. Also, Kentucky Bluegrass and good, clean wheat straw. Sitko's Farm, 679-9679.

AKC COLLIE

Looking for special home for 2-year-old Blue Merle male. Show days are over but excellent 4-H obedience project or junior showmanship. Serious calls only. 679-1302.

AKC ROTTWEILER

Male, obedience trained, strong champion background. Housebroken, all shots, sound temperament. Twelve months. \$550 OBO to loving home. 679-0867.

STOP CALLING YOUR DOG. Start calling INVISIBLE FENCING. 856-4151.

Setter Ridge Kennel

Jeff & Melissa D. Johnson
English & Irish Setters
Professional Handling
Boarding & Training
CLASSES
STARTING
SOON
206-221-2878

10. Firewood

CORD WOOD

Cord wood, green, cut and split, \$60 per cord, u-haul. Extra charge for delivery. 679-4664.

GOOD WOOD — Think ahead. Green alder, guaranteed full cord, prompt delivery. \$75 cord. 221-7144 or 221-2194.

PELLET STOVE FUEL available now. \$125 per ton plus tax. Call 678-5586 and leave message.

WOOD — WOOD — WOOD: Log lengths, approximately 5 cords. 321-4213.



C. Transportation/For Sale

11. For Sale, Autos

CHECK ADS FOR ERRORS

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KEEP UP WITH WHIDBEY: Subscribe to the News-Times or South Whidbey Record. For details call 675-6611 or 321-5300.

MAZDA RX-7. Good looking car. \$2,500 or best offer. 221-7696. *

1974 PINTO WAGON

4-speed, 6-cylinder, some surface rust. Needs brakes and 1990 tags. Transferring, must sell. \$500 OBO. 675-6376.

1972 VOLK BUG, \$1,000. Good condition. 221-8477.

VW REPAIRS. Cold weather tune-up and hard starting. Brake work, engine rebuild and clutches replaced. Front end rebuilt. All air-cooled repairs. 678-3897, Walt.



Looking for straight talk on a car or truck — see Jay Meyer at Oak Harbor Motors, your Dodge-Chrysler-Plymouth Headquarters. Value, courteous treatment and conscientious dealing making you, the customer No. 1. 675-5901 or 1-800-446-3224. 5 flc-REC/WT-200

12. For Sale, Trucks

1949 CHEVY 1/2-ton, 235 6-cylinder 4 speed. Good shape, driven daily. Evening and weekends only call 675-9706.

13. For Sale, Cycles

1975 HONDA ELSENORE dirt bike, needs work, \$100 OBO. 675-2341.

14. For Sale, Rec. Vehicles

1986 ALPENLITE 5th wheel. 26', rear bathroom, air, awning, etc. Also, 1986 Ford F150 Supercab, 351 HO, captain's chairs, loaded. 675-1937.

RICS WESTSIDE RV
TERRY * COLLINS
Made in the U.S.A.
Propane 89 cents gallon
Parts and Service
1011 W. Division
Mount Vernon
424-0760 *

15. For Sale, Boats/Marine

16' WHITEHULL centerboard sailing/rowing dinghy. Cedar planked on oak frames, Gaff headed, cat rigged, mast and sail. \$1,800 OBO. 221-8901.

HP	Reg.	SALE
2.0M	\$623	\$399
4.0M	\$1,029	\$639
5.0M	\$1,229	\$769
5.0ML	\$1,245	\$799
8.0M	\$1,625	\$999
8.0ML	\$1,648	\$1,019
9.9ML	\$2,068	\$1,237
15M	\$2,240	\$1,399
15ML	\$2,263	\$1,437
25M	\$2,652	\$1,549
25ML	\$2,683	\$1,699
25EL	\$3,084	\$1,899
35EL	\$3,338	\$1,995
40PT	\$4,509	\$2,955
50PT	\$5,244	\$3,441
60PT SOLD	\$5,649	\$3,719
70PT	\$5,801	\$3,896
80PT	\$6,173	\$4,153
90PT	\$7,092	\$4,495
100XLPT	\$7,472	\$4,795

Financing Available O.A.C.
As Little As 10% Down
PRICES SUBJECT TO STOCK
ON HAND

Langley Marina
202 Wharf St., Langley, Washington 98260
321-1771

15. For Sale, Boats/Marine

16' WOODEN BOAT with 40 hp motor and trailer. Runs good. \$650. Call 221-3746.

27' BUCCANEER SAILBOAT: Diesel, head, shower, stove, oven, refrigerator. Sleeps 5, VHF, depth finder, dodger furling job. Good family cruising. \$10,500. 675-5786.

18' BOAT TRAILER, single axle, \$400. 221-3529 or 321-5986.

17 ft. DORSETT, top, windshield, steering, trailer. All very good. \$1,150 OBO. Pair good oars, 6 1/2 ft., \$15. 321-5985.



D. Services

16. Music

BEAUTIFUL STORY & CLARK upright piano. 675-1693 after 6 p.m. \$975.

PIANO: Mahogany Baldwin Acrosonic Spinette, excellent condition. \$1,500. 221-7489.

18. Services/General

CREATIONS FOR YOU by Patty Lou. Sewing, mending and repair. Alterations, zippers, most anything you need. 221-8873.

ECONOMY LANDSCAPING. Pruning, weeding, sodding, hedge trimming, barking, general clean-up for yard. Also we clean empty houses, apartments and offices. Harry, 755-9566 or Nora, 675-0336.

HANDYMAN

Repair/Remodel. 20 years experience. Free estimates. Call Mike, 679-4741.

EXPERT PAINTING

WALLPAPERING
RICHARD PAYNE
Interior/Exterior work guaranteed.
Licensed/Bonded. 678-3158 or 221-7935. Loc. No. PAYNEM110KB.
6 NT REC WT-400

18. Services/General

BACKHOE AND TRACTOR WORK. Small jobs are our specialty, including brush cutting, rotovating, trenches, etc. Phone 321-5745.

HAULING JOBS WANTED: Trash, brush, rubbish. Junk cars, appliances removed. Small dump truck delivery. Rock-bark-gravel-topsoil. 321-5637.

MOVING? Truck and crew available. 7'x10'x7' dry box. You pack, we load and unload. Weekends okay. Call David at 221-2908 and leave message.

PROFESSIONAL? Whidbey Press publishes regular professional directories. For information call 675-6611 or 321-5300.

PACK'S TAX SERVICE

Individual & Business
Your place or mine
Reasonable Rates
For appointment, 679-4007

REMODELING

New construction, additions, home repair, windows, doors, floors and roofing. References. Call 675-6761. Enterprise Construction. Licensed and bonded. ENTERC*126C3.

STEVEN'S LANDSCAPE & Yard Maintenance. Dependable, quality work. Reasonable rates, senior discounts, free estimates. 321-5290.

TOP/REMOVE TREES. Experienced tree trimmer, specialized in topping and removal of trees. Free estimates. Call 679-4965.

THE CAN-DO MAN

Free estimates — low rates. My helping hands can do general repairs, unfinished jobs, painting, drywall, windows, power washing and more. You name it, I'll do it. 221-3721.

WATER PROBLEMS?

Broken, frozen or clogged pipes? Flood damage water restoration. 20 years experience. 221-3721.

WATER, FLOOD & SMOKE DAMAGE. 221-3721.

WINDOW WASHING & CARPET CLEANING

Water recovered from broken pipes. Call a pro. 20 years experience. 221-3721.

WEEKLY HOUSECLEANING, reliable and thorough. Call Deirdre for estimate, 221-2570.

The Carpet Specialists

Because you've got better things to do!
\$49⁹⁵ Living, Dining, Hall
*(325 sq. ft.)
We're Truck Mounted
Not portable
Here's Why
1. Dries faster
2. Cleans deeper
3. Lifts matted pile
Whidbey Island
679-4681
8-flc WT-NT-400

New Housekeeping Service Available

Our Housekeepers will clean your house, prepare meals, run errands and care for your children. Daily or once a year to clean up after a party. At a cost so low it will surprise you.

We will find you someone compatible, schedule them at your convenience and pay their wages and taxes. All our employees are screened, bonded and insured. For those in need of medically trained help, we also have Nurse's Aides, LPNs and RNs available.

ISLAND HOME NURSING
678-4090 or 221-7232

41 TFC WT-4007

Cascade Fresh!

Great tasting purified drinking water.

Sodium Free
Chlorine Free

Free Delivery
to home or office
City and rural
delivery routes

Wide Choice
of dispensers

ISLAND SYSTEMS

675-4462
State Contractors Reg. No. ISLANH5131QH
43 flc REC. NT — 400

The Key to Safe
Driving When You've
Been Drinking



Is In the Hands
of a Friend

19. Child Care

BABYSITTER AVAILABLE

Monday-Friday, day or night, full and part-time. Also drop-ins. Stop by or call 675-9282. 510 Elk Drive (blue houses behind commissary).

BABYSITTING WANTED. Kind, loving woman, non-smoker, to come to my home and care for 2 1/2 year old girl. At least 10 hours per week, Clinton/Langley area preferred. Can pick up. 221-7764.

DECEPTION PASS

Glo Worm licensed day care, Monday-Friday, 6 a.m.-6 p.m. Full-time openings, \$1.25 per hour. Economical rates, weekly rates. Hot meals, snacks included. Call Gloria at 675-0943.

LICENSED HOME DAYCARE has 2 full-time openings NOW. In town, Monday-Friday, 6:30 a.m.-5 p.m. \$50 weekly. 675-3429.

NANNY FOR HIRE. Young mother with infant will provide loving care for your children. Early Childhood education background experience. References. South Whidbey area. Amanda, 678-4456.

NEED A BABYSITTER? Experienced and loving mother who used to be a registered nurse will babysit in my home. Phone 675-8960.

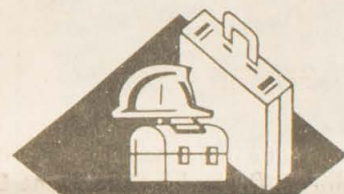
TODDLE INN FAMILY DAYCARE: Specializing in children under 2 years. Will open March 5. Call for more information, 321-1380.

TOTS 'N TOYS Family Daycare has four full-time openings NOW. Hot meals. Broadview Elementary area. \$50 weekly. Mary, 679-1490.

20. Work Wanted

CARL'S YARD & GARDEN CARE & ODD JOBS. CALL 321-4310.

HANDY ANDY: Experienced in carpentry, electrical, plumbing, floor covering and lot clearing. Needs work. 221-2147.



E. Employment

21. Help Wanted

CNAs WANTED IMMEDIATELY. Also hiring Home Health Aides, with either six months experience in a nursing home, or one year in home care. Interesting and varied work w/good pay. Work with us in creating your own schedule. Call Island Home Nursing, 221-7232 or 678-4090.

CHURCH SECRETARY, Langley United Methodist Church. Monday through Friday, 9-2:30. Benefits. Minimum age 21, one year office experience. Word processing or computer. Provide resume to: P.O. Box 374, Langley, WA 98260.

COOKS/WAITSTAFF, part-time and full-time. Experienced and dependable. Coupeville, 678-6350.

DAYTIME DISHWASHER needed, 5 days a week. Above minimum wage. Apply at Neil's Clover Patch Cafe.

EXECUTIVE DIRECTOR: CADA, an agency dealing with prevention of domestic violence/sexual assault in Island County, WA. Office in Oak Harbor with sub-locations. Preferred qualifications include bachelor's degree, at least 2 years experience in the field of family related programs, management experience, utilization of primarily volunteer staff and board. Communication and PR skills required. Starting salary \$18,500. Resumes to P.O. Box 190, Oak Harbor, WA 98277 by March 10.

GET TO THE TOP IN YOUR FIELD

*For a part-time job
*Good pay and benefits
*Educational assistance

If you're an aviation veteran we may be able to help you. The Naval Reserve has openings even if you've been out up to 10 years. Call 1-800-247-7777.

HOUSEKEEPERS: Let us find work for you and take care of scheduling. We're looking for reliable, experienced housekeepers to work immediately! Call 221-7232 for more information.

HELP WANTED for topsoil business. Looking for general laborer with truck driving experience. Contact Whidbey's Topsoil, 221-7645.

IMMEDIATE OPENING for permanent part-time cleaning person, south end motel. Call 321-4500 for interview.

21. Help Wanted

NEED MATURE, RELIABLE PERSON for part-time evening and Sunday shifts. Dishwashing and some janitorial. Better than minimum wage for right person. Apply in person at Blueberry Hill, 5438 Woodard Ave., Freeland.

NO DIPLOMA REQUIRED

Immediate openings for people to fill position vacancies. Call the Army National Guard, 676-2163.

WHIDBEY GENERAL HOSPITAL
Personnel Department
P.O. Box 400
Coupeville, WA 98239
(206) 678-5151

SOCIAL WORKER — Part-time, 16 hours a week (Saturdays & Sundays). Provides discharge planning, crisis intervention, emotional support, referral to community resources for patients and families. Ability to work with interdisciplinary health team. BA in Social Sciences or related field required. MSW preferred. Minimum 1 year social work experience in a hospital setting preferred.

MED. TECH. (ASCP) or MLT (ASCP) — Casual position. Busy hospital lab requires Med Tech or MLT to perform a variety of lab procedures. Ability to rotate through all departments such as hematology, clinical chemistry, serology, blood banking, urinalysis and bacteriology. Must be responsible for work and decisions with a minimum of supervision.

PART-TIME and per diem for RNs on 11-7 shift. Med-Surg coverage.

LABOR & DELIVERY RN — One 12-hour shift per 2-week period plus 8 hours each week post-partum follow-up. May also provide childbirth/baby prep education teaching as needed. Great potential to add more hours if needed. Minimum one year labor and delivery experience.

For further information on these and other patient care opportunities contact Human Resource at above address or telephone number.



F. FOR RENT

22. For Rent, Homes

CHECK ADS FOR ERRORS

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FURNISHED CABIN. One bedroom. No washer & dryer hook-up. References required. Six months lease. \$400 month, \$300 deposit. Available immediately. 675-9508, leave message.

LOW BANK waterfront house, west side Admiral's Cove, 2 bedrooms, 2 baths, excellent fireplace. \$750 month. First, last and deposit. 1-362-1735.

RENTAL WANTED by mature lady with mature dobie. Two bedroom, rustic, rural preferred, but whatever. Need March 10 or before. HELP! 321-4397.

TWO BEDROOM mobile home in park close to base. Gas heat, no pets. First month's rent and deposit. Phone 675-0887.

24. For Rent, Miscellaneous

CHECK ADS FOR ERRORS

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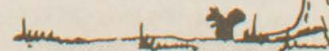
ISLAND PROPERTY MANAGEMENT

Houses, Apartments and Mobile Homes in Oak Harbor area. \$280 — \$560. Six month leases. No pets. Call 679-1571

PROTECT OUR ENVIRONMENT

RECYCLE

DIAL 1-800-RECYCLE



SPECIAL PURCHASE



'89 Sables

2 To Choose

V-6, auto, air, cruise.

\$9,999

1MBM500UG652655
1MBM500UG652847

'89 Taurus

2 To Choose

Pwr. locks, pwr. windows,

air, AM/FM cass., Cruise, tilt

\$10,999

1FADP52U4KG191780
1FADP52U2KG259834

Remember . . . Before you buy any car at any price from any dealer for any reason, come see . . .



5892 St. Hwy. 20, Oak Harbor • 679-4106

So much for so little



Justy® GL 4WD

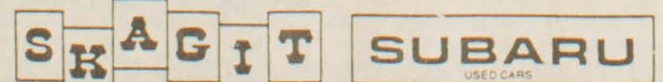
Get the security and extra traction of a Subaru Justy® 4WD 5-speed for only (\$000.00)* a month. Plus all this:

- "On Demand"™ 4-wheel-drive system gets you through rough roads and bad weather
- Smooth-shifting 3-cylinder engine
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THE 1990 SUBARU®

We built our reputation by building a better car.

Remember . . . Before you buy any car at any price from any dealer for any reason, come see . . .



5892 St. Hwy. 20, Oak Harbor • 679-4106



G. PROPERTY FOR SALE

25. Real Estate, Homes

3 BEDROOM HOME in Clinton, with 36'x36' shop, on five acres. \$129,500. Adjoining five acres available. 221-2734.

BY OWNER: Better-than-new 2 story in Ridgehaven, less than 2 years old. Tasteful neutral decor, custom drapes, shades, blinds, brick fireplace. 2,100 square feet, gas heat, 3 bedrooms, 2 1/2 baths, professional landscaping, fenced, deck, great neighborhood. Ready to enjoy. \$148,000. By appointment, 675-7530.

\$59,950 BY OWNER. Lake community, potential view. 3 bedrooms, 2 baths, 1,350 square feet, hot tub, deck. Secluded double wide. Must have good credit and 10% down. 321-5479.

COUPEVILLE MINI-FARM. 2-plus acres, bedrooms, bay window, garage with shop, barn, fenced pasture, greenhouse. Close to town. 207 S. Ft. Casey Rd. \$79,950. 678-3248.

FOR SALE BY OWNER: In Langley, 3 bedroom, 2 1/2 bath. 1,380 square feet, one-car garage. \$77,500. 221-2201 evenings.

KEEP UP WITH WHIDBEY: Subscribe to the News-Times or South Whidbey Record. For details call 675-6611 or 321-5300.

WANTED REAL ESTATE

Private party wants waterfront or view property. Langley okay. Call Tim at 321-0938 or 367-9192 (Seattle).

27. Real Estate, Mobile Homes

12'x48' MOBILE HOME, 2 bedroom. \$4,000. 321-0965.

WANTED: 10x45 MOBILE HOME. 321-4260.

28. Real Estate, Miscellaneous

CASH PAID for contracts and mortgages — Call Bob Hoss, 321-1536.

INVESTMENT PROPERTY located in Oak Harbor. 4,040 square foot commercial building. 83% occupied. Call 675-9091 for information.

COMMERCIAL

Retail, office, warehouse, light industrial. Excellent City and County locations. Planning new buildings now.

679-1571/2

50 TFC WT-700

29. Business Opportunities

FOR SALE: Lucrative business. Tractor, trencher, backhoe, blade & trailer, like new. \$12,000. 221-2265.

ROLL ENDS

28" to 35" inches wide. Priced from \$1 up. Stop by Whidbey Press, 3098 300 Avenue W., Oak Harbor. No phone calls, please.

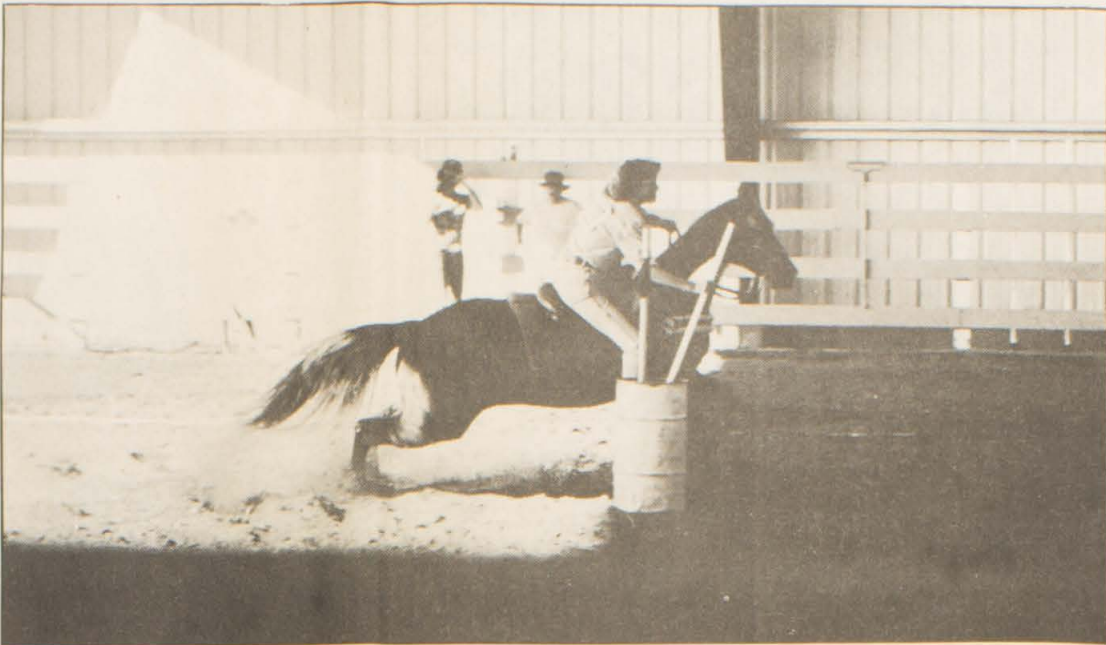
Fosnaugh wins 4-H horseman trophy

Nice things come in small packages. An old cliché, but, as Terri Fosnaugh discovered, seemingly true nonetheless. Fosnaugh recently received from Sue Dasch, co-leader of her horse 4-H group, a trophy which had been awarded to her in the recent monthly meeting of the Island County 4-H Horseleaders.

It seems that after all the points had been tallied, Fosnaugh won the overall high point in the horse division. Although awarded a little belatedly, the trophy represented the culmination of all the efforts she had put into the 1989 Island County Fair. With help from her four horses, Lady, Moses Big Injun, Angel and Azul's Blue Token, she competed and won prizes in the following categories:

In Games Showmanship, English Pleasure, Western Games, she received blue ribbons and won Grand Champions; in Performance Showmanship she won a blue ribbon and Reserve Champion; blue ribbons were won in English Equitation, Western Stockseat, Western Pleasure, Bareback Equitation, and Equitation over Fences; and a red ribbon was earned in Trail Class. In Yearling Class, she took a blue ribbon with a Reserve Champion. In the two-year-old class, she took a red ribbon. Fosnaugh said she didn't care how big the trophy was or how late it arrived. "Just knowing I won it is most important."

She moved to Oak Harbor 12 years ago with her parents, Dave and Peg Fosnaugh, and older sister,



Terri Fosnaugh and her horse, Lady, compete in individual flags competition at the Puyallup Fair, September 1989. Fosnaugh was the recent recipient of a trophy for her horse-riding ability.

Kelli. Within six months of arrival, the family bought their first three horses, and everyone has been riding since then. Fosnaugh and her father compete as members of Washington State Horsemen Western Games division, traveling across the state. Though participation is all year long, summer finds them gone almost every weekend. In 1989, they competed in Washington State Horsemen finals in Wenatchee, taking second in state in team poles.

As a member of the Spots 'n' Saddles 4-H Club, Terri was one of Island County's three intermediate games riders to compete at Western Washington State Fair in Puyallup, where she placed third in flags, eighth in keyrace, ninth in figure eight, and ninth in poles, out of the top 4-H gamers, numbering more than 200 in her division.

Fosnaugh is 14 years old and a student at Oak Harbor Junior High. She has played on the girls' varsity volleyball team for two years and is

currently playing on the girls' varsity basketball team, in her second year. Her family are members of Oak Harbor Lutheran Church, where Terri attends confirmation classes.

She is on her school honor roll, and though she professes to be a bookworm, she says her first love is her animals, primarily her horses. She is already looking ahead to her first game show of the season later this month.

Head Start accepting applications

Applications are being accepted for Headstart.

To be eligible children must be 4 years old by Aug. 31, 1989 and be

from a low-income home. For further information on this free comprehensive preschool program call 675-6656, 321-6685, or 679-4784.

CADA thanks community

Citizens Against Domestic Abuse wishes to thank the community for making its wood raffle a success, with special appreciation to Diane Dawson, Jim Haddon and John Kingma for donating the wood.

The drawing took place Jan. 31, and the winners were Judy Smith, Jim Allen and "Lew" Lewis.



Valentine royalty

The new Valentine queens of Beta Sigma Phi sorority, crowned Feb. 10 at a dinner and dance at the Elks Club, were, left to right, RuthAnn Davis, Laureate Alpha Beta; Joan Egelston, Preceptor Beta Kappa; Kristy Hillard, Xi Beta Omega; Joanne Wichers, Delta Tau; and Candy Habertur, Eta Beta.

Included in this week's
WHIDBEY TODAY

are the following advertising supplements:

Oak Harbor and Coupeville:

Pay-Less

Effective Sun., Feb. 25 through Sat., Mar. 3

Food Pavillion

Effective Mon., Feb. 26 through Sun., Mar. 11

Golden Corral

Effective Sun., Feb. 25 through Sun., Mar. 18

Full Run:

Ernst

Effective Sun., Feb. 25 through Thurs., Mar. 29

Pay n Save

Effective Sun., Feb. 25 through Sat., Mar. 3

Pay n Pak

Effective Sun., Feb. 25 through Sat., Mar. 10

K mart

Effective Sun., Feb. 25 through Sat., Mar. 3



Invest
Some Time in
America's
Youth

Be a

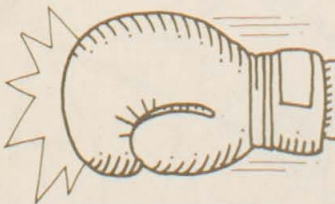


**VOLUNTEER
4-H LEADER**

Share Your Talents

CONTACT YOUR COUNTY
EXTENSION OFFICE

HELP KNOCK OUT BIRTH DEFECTS



**Saucy's
Pizza**

9027 90th N.W. No. A-7
OAK HARBOR

OPEN 2 p.m.-9 p.m. Monday through Saturday
675-9347



HOME OF THE WEEK

Family Rambler

Three bedroom starter home or rental. Lots of fun extras — tennis, pool, clam beach, boat ramp and more.

R4262

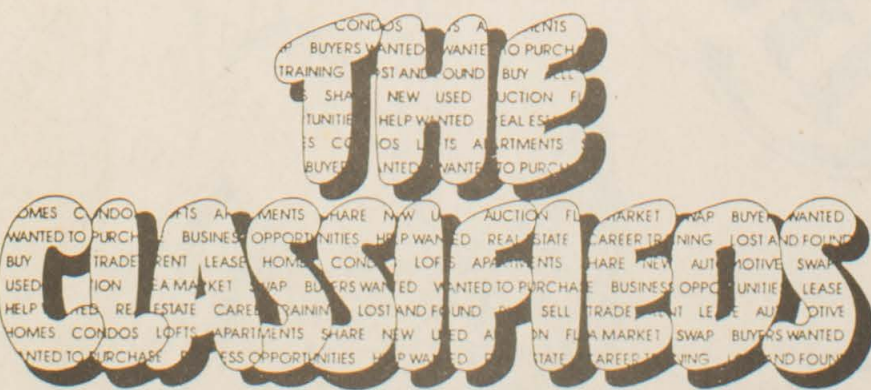
\$78,500



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ASSOCIATES, INC.** (206) 321-1666
REAL ESTATE • INVESTMENT

P.O. Box 620 • 4465 East Hwy 525 • Clinton, WA • 98236

If you would like to see your home featured in this individual advertisement, call us about listing.



For a classified ad in the Whidbey News-Times, South Whidbey Record, Crosswind or Whidbey Today call Whidbey Press 675-6611

**Classified Ads
Get RESULTS!**

Free hearing test given

Area residents can learn about the importance of hearing health awareness thanks to a free local telephone hearing screening test.

By calling 252-HEAR, an Everett-area number, callers are able to test their own hearing from the privacy of their home. "Dial A Hearing Screening Test," sponsored by Pacific Hearing & Speech Services, Everett, is a brief recording which introduces four technically tested tones for each ear.

For best results, place the call from a quiet room using a quality telephone. For "DAHST" programs outside the Everett area, call the "DAHST" National Information Center at 1-800-222-EARS from 9 a.m. to 6 p.m. EST, or write OHS, P.O. Box 1880, Media, Pa. 19063.

By offering the hearing screening test free to the community, Williams hopes to increase hearing health awareness so people will monitor their hearing regularly and decide for themselves when it is time to seek professional help.



Short-lived winter wonderland

The beach at Ebey's Landing held snow just long enough to give islanders a once-a-year glimpse at a winter wonderland. The snow, as a peek out the window attests to, didn't last for long. The weather trend continues to be one of warming temperatures, too.

SHRINE CIRCUS COLOR CONTEST

SEATTLE CENTER COLISEUM

The 46th Annual Nile Shrine Circus is coming to the Seattle Center Coliseum and you could win 4 tickets courtesy of Whidbey Today.

For nearly 1/2 a century, the arrival of the circus has heralded the coming of spring to the Puget Sound area. This year's show promises to be a 2 hour exercise in thrills, laughter and nostalgia for the many children and adults who will attend the circus' seven fun-filled performances from Friday, March 16 through Sunday, March 18.

Just color the clown picture, fill out the information needed, cut out and mail to Whidbey Today "Circus Contest," P.O. Box 10, Oak Harbor, WA 98277, or drop off your colored picture at our office at 3098 300th Ave. West in Oak Harbor

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Seven lucky kids will win 4 tickets each to the Shrine Circus. You must be 12 or under to enter. Entries must be received by 5 p.m. on Wednesday, March 7. Winners will be notified on Friday, March 9. Tickets must be picked up at Whidbey Press by Wednesday, March 14.



Whidbey News-Times

3098-300 West • Oak Harbor • 675-6611

Navy hospital changes phone numbers

With the move to new facilities, the Oak Harbor Naval Hospital has also changed all information and appointment lines to new numbers with the 257 prefix.

This change will assist the hospital in providing quality care for all types of patients by coordinating phone systems with the Whidbey Island Naval Air Station and bringing all departments under one hospital phone switch.

Essential new numbers to remember are listed as follows: Ault Field Ambulance Request Line, 257-9999; Emergency room, 257-9646; hospital front desk and main information, 257-9500; patient affairs, 257-9529; Bremerton and Madigan appointments, 257-9526; and Champus/Health Bene-

fits Advisor, 257-9542.

Clinics' new numbers are also as follows, with the number for appointments given first and the information number last:

Ambulatory care, 257-9851, 257-9854; aviation medicine, 257-9828, 257-9831; eye clinic, 257-9811, 257-9814; family practice, 257-9561, 257-9566; immunizations, no appointments, 257-9500; laboratory, no appointments, 257-9670; Ob/Gyn, 257-9761, 257-9764; orthopedics, 257-9689, 257-9752; pediatrics, 257-9778, 257-9782; pharmacy, no appointments, 257-9700; physical therapy, 257-9694, 257-9695; psychiatry/social work, 257-9485, 257-9488; radiology, 257-9629, 257-9631; radiology, 257-9629, 257-9631; and surgery clinic, 257-9750, 257-9752.

Government distributes food commodities

Government-surplus commodities will be given away to those in need by volunteers from South Whidbey Good Cheer Wednesday.

Commodities distributed include flour, corn meal, butter, peanut butter, and egg mix.

The food will be distributed from 2-5 p.m. at the Brookhaven Community Center at 3rd and Anthes streets in Langley.

People there to pick up the food will

not be admitted to the center until 2 p.m. The distribution may end prior to 5 p.m. if supplies are depleted.

Applicants will be required to present identification and to sign a log testifying that they are low income. Also required on the log are address and number of family members.

People are asked to furnish their containers such as paper bags.

For more information, call Isabel Norby at 321-1247.

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